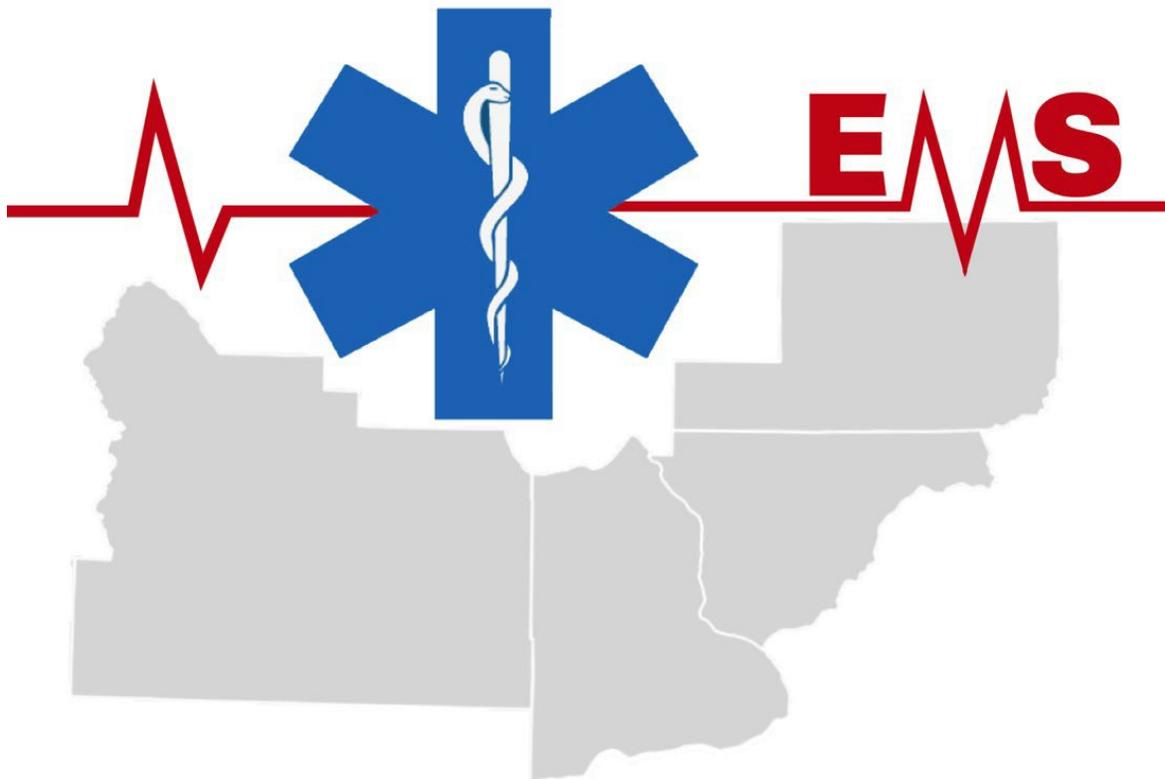

PRE-HOSPITAL PATIENT CARE GUIDELINES



**COUNTIES OF
Adams • Benton • Franklin • Yakima**

Written and Developed by:
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Reviewed January 2025

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Adams, Benton, Franklin, Yakima Counties Patient Care Guidelines

(Protocols)

(Reviewed January 2025)

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PROTOCOL TITLE: PREFACE

In order to ensure conformance with local guidelines for pre-hospital care in Adams, Benton, Franklin, and Yakima Counties, the designated Medical Program Director (MPD) will implement guidelines, review agency conformance to establish protocols, and develop changes in medical policies as needed. Each MPD or designee is ultimately responsible for setting the standards for pre-hospital care and must be familiar with existing protocols upon designation. If deemed necessary, the MPD should present changes to the Emergency Medical Service (EMS) Council and County Medical Society in a timely manner.

Due to ongoing changes to EMS practices, the MPD or designee must review the current protocols biannually, no later than 24 months after the last review. Petition to the MPD for protocol change consideration may be made, and all changes and review must be accompanied by signed approval of the current MPD at the end of this document.

The MPD is encouraged to designate other local physicians who demonstrate interest and expertise in emergency care as medical directors of ambulance agencies in the region. All ambulance agencies that provide Advanced Life Support (ALS) level of care must have a designated Medical Director who ensures compliance with these protocols and is responsible for providing ongoing continuing medical education (CME) for personnel. Each ambulance agency must have a current protocol reference manual available to personnel at all times. The MPD or his/her designee will make every attempt to notify appropriate agencies of changes as they occur. It is the responsibility of each agency to make changes known to personnel.

Each Medical Director (MD) of an ALS ambulance service must develop a monitoring system to ensure protocol compliance, as well as to assure adequate CME for the EMS personnel. This usually includes review by the MD of all ALS runs, schedule staff/CME meetings, as well as periodic review and update of these protocols by EMS personnel.

As EMS Medical Program Director for Adams, Benton, Franklin and Yakima Counties, I hereby declare that I have read, understand, and approve of these patient care guidelines.



Adams/Benton/Franklin/Yakima County MPD Signature

June 30, 2024
Date



Kevin Hodges, M.D
Medical Program Director
Adams, Benton, Franklin and Yakima Counties

April 4, 2022
Date

PREFACE

PROTOCOL TITLE: INTRODUCTION

Patient Care Guidelines (PCG) are the written guidelines for EMS activities in Adams, Benton, Franklin and Yakima Counties and any communities with which mutual care agreements are active. PCG are mandated by the State of Washington EMS law (RCW) and regulation (WAC). These PCG shall define the scope of practice of all EMS personnel (BLS/ILS/ALS) in Adams, Benton, Franklin, and Yakima Counties. All EMS activities are supervised by the County Medical Program Director (MPD), a licensed physician whose EMS authority includes recommending certification/rectification of EMS personnel, training, and the development of written protocols that specify the scope and practice of all EMS personnel in these counties.

These protocols provide EMS providers of all levels a broad range of options in the management of patients at the scene and during transport. Written protocol cannot cover every situation that will be encountered in the field. In most cases the protocols should be followed as written. However, in situations the protocols do not specifically address, or where there is a need for immediate intervention, e.g., patient in extremis, code situations, the EMT should not be encumbered by requirements for immediate approval by Medical Control or destination hospital physician. Clinical judgment should be used to tailor treatment to the patient and the particular circumstances of illness or injury. Patient care procedures for incidents not addressed in these protocols should be performed in accordance with currently accepted standards. In addition, any deviation from the PCG should:

1. Be in the patient's best interest.
2. Be within the EMS provider's training and level of certification.
3. Be appropriately documented including procedure and rationale.

EMS personnel performance will be monitored retrospectively through the *established County QA/QI process* and patient evaluation. Accurate and complete documentation is required.

EMS providers are expected to function at the level of their state certification, including all relative endorsements.

Question and comments about the PCG should be addressed to the Adams, Benton, Franklin, and Yakima Counties Medical Program Director.



 Adams, Benton, Franklin and Yakima County MPD Signature

June 30, 2024
 Date



 Kevin Hodges, M.D
 Medical Program Director
 Adams, Benton, Franklin and Yakima Counties

June 30, 2024
 Date

INTRODUCTION

PROTOCOL TITLE: BLUNT TRAUMA DETERMINATION OF DEATH IN THE FIELD

The outcome of patients who suffer out-of-hospital cardiorespiratory arrest from blunt trauma is uniformly poor. These patients do not benefit from further intervention. Any victim of blunt trauma who presents meeting criteria for blunt-trauma code can be assumed to have sustained a terminal injury. No further resuscitative measures are necessary. Any BLS interventions in progress may be stopped.

1. Criteria for blunt trauma code: (All must be present)
 - a. Present history of blunt trauma.
 - b. Pulseless.
 - c. Apneic / agonal respirations
 - d. No palpable blood pressure.
 - e. No heart sounds OR no electrical activity on monitor (asystole) OR wide-complex ventricular rhythm with rate less than 40/minute (agonal rhythm).
2. For all ALS units, documentation must include a rhythm strip unless obtaining the ECG strip is waived in preference for delivering care to multiple victims at the same scene. In the instance of one victim only, a rhythm strip will be used as part of the criteria for blunt trauma code and will be attached to the MIR.
3. Documentation on the run report must specifically address the above criteria.

An EMS provider may decide to continue resuscitative efforts for any reason. In this case, the documentation is expected to clearly document this decision-making process.



Kevin Hodges, M.D.
Medical Program Director

Adams, Benton, Franklin and Yakima Counties

June 30, 2024

Date

BLUNT TRAUMA DETERMINATION OF DEATH IN THE FIELD

PROTOCOL TITLE: COMMUNICATIONS WITH HOSPITAL

Medical Control for any call shall fall under the following designation:

1. In general, the expected destination hospital serves as Medical Control.
2. If the patient meets criteria for ANY protocol-specific designation (strokes, trauma, cardiac), the protocol-designated hospital is Medical Control even if it is not the closest hospital or the ultimate destination hospital.
3. The DMCC (Disaster Medical Coordination Center) in the setting of any mass casualty or disaster response is as follows:
 - a. Adams County- Deaconess Hospital
 - b. Benton and Franklin Counties- Kadlec Regional Medical Center (See also Benton-Franklin County MCI Plan) (509-412-2167)
 - c. Yakima County- Yakima County Department of EMS (509-941-3299)

Medical Control should be contacted for all medical and trauma patients at these intervals:

1. Enroute to medical or trauma call *if likely to require extensive ED resources*.
2. Enroute to the hospital with pertinent patient information as described below.

Additional contact with Online Medical Control and/or the receiving hospital may be indicated, especially in complex cases or multi-patient scenes.

If communications have been started with one hospital and the patient is ultimately transported to a different hospital, both the original Medical Control hospital and the receiving hospital should be notified immediately.

Communications between pre-hospital personnel and the supporting hospitals are a vital part of patient care. Transmissions should be succinct and follow the general outline below:

1. Patient's age and sex.
2. Chief complaint or problem.
3. Level of consciousness and vital signs.
4. Brief pertinent history, physical exam findings and pre-hospital treatment as needed to clarify patient status and stability.
5. An estimated time of arrival (ETA).
6. Any additional information requested by the receiving facility.



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June 30, 2024

Date

PROTOCOL TITLE: CRITERIA FOR ALS TRANSPORT

In service areas with only BLS/ILS providers, a “rendezvous” with an ALS ambulance should be attempted for all patients who would benefit from ALS intervention considering factors such as patient condition, time required to effect a rendezvous, and transfer patient care. In some cases it may be more effective for the BLS/ILS agency to transport the patient or to initiate transport and meet an ALS unit enroute. For units utilizing mixed ALS/BLS or ALS/ILS providers, this protocol may also be used to determine need to assign the patient and chart to the ALS provider. The following criteria is designed to assist you with the decision making process. When in doubt, default to ALS care, if available.

I. ABNORMAL VITAL SIGNS (ADULTS):

1. Altered mental status
 - a. GCS < or = 12.
 - b. Associated symptoms/history may include diabetic problems, head injury, overdose, intoxication, seizures, sepsis.
2. Hypotension
 - a. Systolic BP less than 90 mmHg or MAP less than 65 and/or
 - b. Associated symptoms may include chest pain, shortness of breath, syncope (fainting), trauma, GI bleed, anaphylaxis (allergic reaction), severe abdominal or back pain, and acute altered level of consciousness.
3. Bradycardia
 - a. Heart rate < 50 per minute with:
 - b. Associated symptoms including chest pain, shortness of breath, syncope, hypotension, acute altered level of consciousness.
4. Tachycardia
 - a. Heart rate: 100-120 per minute (mild); >120 per minute (significant) with:
 - b. Associated symptoms; chest pain, shortness of breath, hypotension, trauma, cyanosis, stridor, wheezing, choking, low oxygen saturation (by oximeter).
5. Respirations
 - a. Respiratory rate < 10 or > 29 per minute and/or

CRITERIA FOR ALS TRANSPORT



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Adams, Benton, Franklin and Yakima Counties

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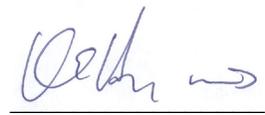
PROTOCOL TITLE: CRITERIA FOR ALS TRANSPORT

- b. Associated symptoms: chest pain, shortness of breath, hypotension, trauma, cyanosis, stridor, wheezing, choking, low oxygen saturation (by oximeter).
- 6. Pulse Oximetry (blood oxygen saturation or SaO₂).
 - a. Unreliable when patient not perfusing well or extremely tachycardic.
 - b. SaO₂ < 94% in patient without underlying pulmonary disease.
 - c. SaO₂ < 90% in patient with emphysema, or other chronic lung disease.
 - d. Readings are without supplemental oxygen or without additional supplemental oxygen if the patient is on long-term home oxygen therapy.
 - e. Associated symptoms: altered respiratory rate, chest pain, shortness of breath, hypotension, trauma, cyanosis, stridor, wheezing, choking.

II. ORGAN SYSTEM INVOLVEMENT

- 1. Neurologic Disease
 - a. Acute altered level of consciousness.
 - b. Recurrent or ongoing seizure activity.
 - c. New spinal cord injury (i.e., paralysis).
- 2. Cardiac Disease
 - a. Cardiac arrest (patient is unconscious and without a pulse).
 - b. Chest pain.
 - c. Palpitations
- 3. Respiratory Disease
 - a. Respiratory arrest (patient is not breathing).
 - b. Symptomatic asthma or emphysema.
 - c. Choking or difficulty breathing.
 - d. CPAP has been initiated.
- 4. Gastrointestinal Disease
 - a. Significant vomiting of blood (especially if associated with lightheadedness or weakness).
 - b. Significant rectal bleeding (especially if associated with lightheadedness or weakness).
 - c. Severe abdominal pain.

CRITERIA FOR ALS TRANSPORT



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Medical Program Director
Adams, Benton, Franklin and Yakima Counties

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PROTOCOL TITLE: CRITERIA FOR ALS TRANSPORT

- 5. Obstetrics
 - a. Active labor – regular uterine contractions with increasing frequency.
 - b. History of complicated deliveries.
 - c. Abnormal presentation.
 - d. Post-delivery complication (i.e., heavy vaginal bleeding).
 - e. Newborn complications.

III. TRAUMA

- 1. Any patient involved in a traumatic incident should be evaluated using the Washington State Trauma Triage Destination Procedures Tool. ALS rendezvous or Helicopter activation should be considered early in any patient meeting Trauma System Activation criteria (T-3)
- 2. Online Medical Control for every patient meeting Trauma Triage criteria is the highest level trauma center in the trauma system (See T-3). Pediatric trauma (age<14) medical control is the highest level pediatric trauma center in the trauma system.
- 3. Burns
 - a. Burns with possible airway involvement
 - b. Burns with associated injuries: electrical shock, fracture, airway
 - c. 2nd or 3rd degree burns to face/head
 - d. 2nd or 3rd degree burns > 20% of body

CRITERIA FOR ALS TRANSPORT



Kevin Hodges, M.D
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Adams, Benton, Franklin and Yakima Counties

June 30, 2024

Date

PROTOCOL TITLE: DO NOT RESUSCITATE ORDERS

Patients who receive treatment and/or transport under these protocols must be treated when life-threatening problems develop. The protocols can at times come into conflict with the ethical issue of the right-to-die of the terminally ill.

The purpose of this protocol is to attempt to clarify EMS personnel's responsibility to the patient.

1. When EMS personnel respond to a cardiac or respiratory arrest patient, full resuscitation must be initiated with the following exceptions:
 - a. The patient's private physician is present and orders that resuscitation attempts either not be initiated or be terminated.
 - b. When history and obvious physical signs are present which indicate that death occurred and resuscitation attempts are inappropriate [i.e., putrefaction, rigor mortis, complete partition of body parts incompatible with life, or dependent lividity (livor mortis)].
 - c. In the case of blunt trauma, see the Blunt Trauma Protocol ([G-3](#)).
 - d. A patient has a written and signed DNR form such as a POLST form that specifies "Do not attempt resuscitation".
 - e. The patient's family requests no resuscitation – in this case, you must establish who is requesting no resuscitation, their relationship with the patient and the reason given for requesting no resuscitation. These two elements must be clearly documented in the medical record.
 - f. When in doubt, start BLS resuscitation and contact On-line Medical Control.

2. For those patients suffering from a terminal illness, and who have not reached the point of cardiac and/or pulmonary arrest, and cannot expect to realize any long-term benefit from pre-hospital care, and who have a written DNR order or advance directive:
 - a. Do not perform resuscitative measures. (If resuscitation efforts have begun prior to learning of valid documentation, the following measures should be discontinued):
 - i. Cardiopulmonary resuscitation.
 - ii. Endotracheal Intubation (leave ET tube in place, but discontinue manual ventilation).
 - iii. Defibrillation.
 - iv. Administration of resuscitative medications.
 - v. Positive-pressure ventilation.

 - b. The following measures to ensure comfort are expected, as indicated:
 - i. Position of comfort.
 - ii. Manual airway control and suction.
 - iii. IV line for hydration, antiemetics, anxiolytics, and/or analgesics. (Medications required for comfort)

DNR



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Medical Program Director

Date

PROTOCOL TITLE: DO NOT RESUSCITATE ORDERS

- iv. Oxygen for dyspnea including noninvasive ventilatory measures such as CPAP if desired and indicated.
- 3. For patients with a Washington State POLST (see form), follow the directives as written, with special attention paid to sections A (Cardiopulmonary Resuscitation) & B (Medical Interventions).
 - a. Providers should verify:
 - i. The form is signed by the patient or Power of Attorney and a medical provider.
 - ii. If the form is not signed, it may be confirmed verbally by spouse and/or other family members present.
- 4. If any questions exist about presence of life or death or the presence of a viable DNR or POLST, resuscitation should be initiated at a BLS level while a determination of the level of care is determined.
- 5. If resuscitation appears unlikely after efforts have begun, consultation will be made with Medical Control to determine further action. (See Termination of Efforts in these protocols for further direction, [C-10](#))
- 6. Once resuscitation has been initiated, treatment will continue and progress from BLS to ALS unless ordered to stop by the physician in charge or until a valid POLST form specifying "Do not attempt resuscitation" is presented.
- 7. Details of the entire resuscitation effort and physician consultation shall be documented in detail on the Medical Incident Report form.
- 8. If the patient is transported, a copy of the POLST form should accompany the patient to the ED and be presented to the ED staff.
- 9. In case of DNR with Comfort-Focused Treatment, every effort should be made to ensure the comfort of the patient. In general, those patients do not wish transfer to an ED. However, if the patient's comfort issues cannot be reasonably managed at their current location, transport to the ED for comfort measures is reasonable and humane even if the patient is already enrolled in a hospice program. EMS providers should do everything reasonable within their scope of practice to ensure these patients' comfort needs are met.

The following measures to ensure comfort are expected, as indicated:

- a. Position of comfort.
- b. Manual airway control and suction.
- c. IV line for hydration, antiemetics, anxiolytics, and/or analgesics. (Medications required for comfort)



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Medical Program Director
Adams, Benton, Franklin and Yakima Counties

June 30, 2024

Date

DNR

PROTOCOL TITLE: DO NOT RESUSCITATE ORDERS

HIPAA PERMITS DISCLOSURE OF POLST TO OTHER HEALTH CARE PROVIDERS AS NECESSARY

| | | | |
|--|--|-------------------|---------------------|
|  <p>Washington POLST Portable Orders for Life-Sustaining Treatment A Participating Program of National POLST</p> | LAST NAME / FIRST NAME / MIDDLE NAME/INITIAL | | |
| | DATE OF BIRTH | GENDER (optional) | PRONOUNS (optional) |

This is a medical order. It must be completed with a medical professional. Completing a POLST is always voluntary.
IMPORTANT: See page 2 for complete instructions.

| | |
|--------------------------------------|-------------------------------------|
| MEDICAL CONDITIONS/INDIVIDUAL GOALS: | AGENCY INFO / PHONE (if applicable) |
|--------------------------------------|-------------------------------------|

A Use of Cardiopulmonary Resuscitation (CPR): When the individual has NO pulse and is not breathing.

CHECK ONE

YES – Attempt Resuscitation / CPR (choose FULL TREATMENT in Section B)

NO – Do Not Attempt Resuscitation (DNR) / Allow Natural Death

When not in cardiopulmonary arrest, go to Section B.

B Level of Medical Interventions: When the individual has a pulse and/or is breathing.
Any of these treatment levels may be paired with DNR / Allow Natural Death above.

CHECK ONE

FULL TREATMENT – Primary goal is prolonging life by all medically effective means. Use intubation, advanced airway interventions, mechanical ventilation, and cardioversion as indicated. Includes care described below. Transfer to hospital if indicated. Includes intensive care.

SELECTIVE TREATMENT – Primary goal is treating medical conditions while avoiding invasive measures whenever possible. Use medical treatment, IV fluids and medications, and cardiac monitor as indicated. Do not intubate. May use less invasive airway support (e.g., CPAP, BiPAP, high-flow oxygen). Includes care described below. Transfer to hospital if indicated. Avoid intensive care if possible.

COMFORT-FOCUSED TREATMENT – Primary goal is maximizing comfort. Relieve pain and suffering with medication by any route as needed. Use oxygen, oral suction, and manual treatment of airway obstruction as needed for comfort. Individual prefers no transfer to hospital. EMS: consider contacting medical control to determine if transport is indicated to provide adequate comfort.

Additional orders (e.g., blood products, dialysis): _____

C Signatures: A legal medical decision maker (see page 2) may sign on behalf of an adult who is not able to make a choice. An individual who makes their own choice can ask a trusted adult to sign on their behalf, or clinician signature(s) can suffice as witnesses to verbal consent. A guardian or parent must sign for a person under the age of 18. Multiple parent/decision maker signatures are allowed but not required. Virtual, remote, and verbal consents and orders are addressed on page 2.

| | | |
|--|---|------------------|
| Discussed with: <input type="checkbox"/> Individual <input type="checkbox"/> Parent(s) of minor <input type="checkbox"/> Guardian with health care authority <input type="checkbox"/> Legal health care agent(s) by DPOA-HC <input type="checkbox"/> Other medical decision maker by 7.70.065 RCW | <input checked="" type="checkbox"/> SIGNATURE – MD/DO/ARNP/PA-C (mandatory) | DATE (mandatory) |
| | PRINT – NAME OF MD/DO/ARNP/PA-C (mandatory) | PHONE |
| <input checked="" type="checkbox"/> SIGNATURE(S) – INDIVIDUAL OR LEGAL MEDICAL DECISION MAKER(S) (mandatory) | RELATIONSHIP | DATE (mandatory) |
| PRINT – NAME OF INDIVIDUAL OR LEGAL MEDICAL DECISION MAKER(S) (mandatory) | PHONE | |

Individual has: Durable Power of Attorney for Health Care Health Care Directive (Living Will)
Encourage all advance care planning documents to accompany POLST.

SEND ORIGINAL FORM WITH INDIVIDUAL WHENEVER TRANSFERRED OR DISCHARGED



All copies, digital images, faxes of signed POLST forms are valid. See page 2 for preferences regarding medically assisted nutrition. For more information on POLST, visit www.wsma.org/POLST.

Kevin Hodges

June 30, 2024

Kevin Hodges, M.D
Medical Program Director

Date

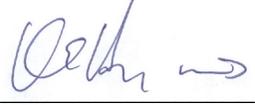
Adams, Benton, Franklin and Yakima Counties

DNR

PROTOCOL TITLE: DO NOT RESUSCITATE ORDERS

| HIPAA PERMITS DISCLOSURE OF POLST TO OTHER HEALTH CARE PROVIDERS AS NECESSARY | | | |
|---|--------------------|--|--|
| LAST NAME / FIRST NAME / MIDDLE NAME/INITIAL | | | DATE OF BIRTH / / |
| Additional Contact Information (if any) | | | |
| LEGAL MEDICAL DECISION MAKER(S) (by DPOA-HC or 7.70.065 RCW) | RELATIONSHIP | PHONE | |
| OTHER CONTACT PERSON | RELATIONSHIP | PHONE | |
| HEALTH CARE PROFESSIONAL COMPLETING FORM | ROLE / CREDENTIALS | PHONE | |
| Preference: Medically Assisted Nutrition (i.e., Artificial Nutrition) <input type="checkbox"/> Check here if not discussed | | | |
| <p><i>This section is NOT required. This section, whether completed or not, does not affect orders on page 1 of form.</i></p> <p>Preferences for medically assisted nutrition, and other health care decisions, can also be indicated in advance directives which are advised for all adults. The POLST does not replace an advance directive. When an individual is no longer able to make their own decisions, consult with the legal medical decision maker(s) regarding their plan of care, including medically assisted nutrition. Base decisions on prior known wishes, best interests of the individual, preferences noted here or elsewhere, and current medical condition. Document specific decisions and/or orders in the medical record.</p> <p>Food and liquids to be offered by mouth if feasible and consistent with the individual's known preferences.</p> <p><input type="checkbox"/> Preference is to avoid medically assisted nutrition.</p> <p><input type="checkbox"/> Preference is to discuss medically assisted nutrition options, as indicated.*</p> <p><i>Discuss short- versus long-term medically assisted nutrition (long-term requires surgical placement of tube).</i></p> <p>* Medically assisted nutrition is proven to have no effect on length of life in moderate- to late-stage dementia, and it is associated with complications. People may have documents or known wishes to not have oral feeding continued; the directions for oral feeding may be subject to these known wishes.</p> <p>Discussed with: _____ Individual _____ Health Care Professional _____ Legal Medical Decision Maker</p> | | | |
| Directions for Health Care Professionals | | NOTE: An individual with capacity may always consent to or refuse medical care or interventions, regardless of information represented on any document, including this one. | |
| <p><i>Any incomplete section of POLST implies full treatment for that section. This POLST is valid in all care settings. It is primarily intended for out of hospital care, but valid within health care facilities per specific policy. The POLST is a set of medical orders. The most recent POLST replaces all previous orders.</i></p> <p>Completing POLST</p> <ul style="list-style-type: none"> Completing POLST is voluntary for the individual; it should be offered as appropriate but not required. Treatment choices documented on this form should be the result of shared decision making by an individual or their health care agent and health care professional based on the individual's preferences and medical condition. POLST must be signed by an MD/DO/ARNP/PA-C and the individual or their legal medical decision maker as determined by guardianship, DPOA-HC, or other relationship per 7.70.065 RCW, to be valid. Multiple decision maker signatures are allowed, but not required. Virtual, remote, and verbal orders and consents are acceptable in accordance with the policies of the health care facility. For examples, see FAQ at www.wsma.org/POLST. POLST may be used to indicate orders regarding medical care for children under the age of 18 with serious illness. Guardian(s)/parent(s) sign the form along with the health care professionals. See FAQ at www.wsma.org/POLST. | | <p>NOTE: This form is not adequate to designate someone as a health care agent. A separate DPOA-HC is required to designate a health care agent.</p> <p>Honoring POLST Everyone shall be treated with dignity and respect.</p> <p>SECTIONS A AND B:</p> <ul style="list-style-type: none"> No defibrillator should be used on an individual who has chosen "Do Not Attempt Resuscitation." When comfort cannot be achieved in the current setting, the individual should be transferred to a setting able to provide comfort (e.g., treatment of a hip fracture). This may include medication by IV route for comfort. Treatment of dehydration is a measure which may prolong life. An individual who desires IV fluids should indicate "Selective" or "Full Treatment." <p>Reviewing POLST This POLST should be reviewed whenever:</p> <ul style="list-style-type: none"> The individual is transferred from one care setting or care level to another. There is a substantial change in the individual's health status. The individual's treatment preferences change. <p><i>To void this form, draw a line across the page and write "VOID" in large letters. Notify all care facilities, clinical settings, and anyone who has a copy of the current POLST. Any changes require a new POLST.</i></p> | |
| <p>Review of this POLST form: Use this section to update and confirm order and preferences.</p> <p>This meets the requirement of establishing code status and basic medical guidance for admission to nursing and other facilities.</p> | | | |
| REVIEW DATE | REVIEWER | LOCATION OF REVIEW | REVIEW OUTCOME <input type="checkbox"/> No Change <input type="checkbox"/> Form Voided <input type="checkbox"/> New Form Completed |
| SEND ORIGINAL FORM WITH INDIVIDUAL WHENEVER TRANSFERRED OR DISCHARGED | | | |

Copies, digital images, and faxes of signed POLST forms are legal and valid. May make copies for records.
For more information on POLST, visit www.wsma.org/POLST.



June 30, 2024

Kevin Hodges, M.D
Medical Program Director
Adams, Benton, Franklin and Yakima Counties

Date

DNR

PROTOCOL TITLE: DOCUMENTATION

All patient contacts shall be documented on an MPD-approved form. For ease of review and uniformity, the SOAP format is expected. The report is the medical legal document of the assessment and management of the patient. The importance of the completeness and accuracy of the report cannot be overemphasized. A complete and accurate document will assist with appropriate treatment after care of the patient has been transferred. This is a legal record and may be called upon as evidence in any court of law. All EMS medical documentation is expected to be reviewed under the local CQI process.

The narrative section of the EMS Patient Care Report form will be completed using the following S.O.A.P. charting format:

S – SUBJECTIVE and SCENE information:

[Unit] responded to [call type]

Patient is [age] year old [gender] with [pertinent past medical history] complaining of [chief complaint].

[HPI History of the present illness] – this is where you put a few sentences describing the events today as relayed by the patient/family/bystanders. This should include a readable narrative of events leading to the 911 call. This should also include pertinent negatives. This may include useful information using mnemonics such as “OPQRST” or some elements of “SAMPLED”.

[PMHx Past medical history] Additional PMHx goes here, may include past surgical history if relevant.

Medications:

Allergies:

O- OBJECTIVE information:

[Age] y/o [gender] with brief description of general appearance, location and position upon arrival. This may include appearance of the scene if relevant.

[Physical Exam] Should follow a reasonable and intuitive pattern such as:

Head to toe

Primary exam, Secondary exam

Systems based (HEENT, Cardiac, Pulmonary, GI... etc)

Focused exam (on main problem area), brief rest of exam

Exam findings must have specificity; location (proximal/distal), deviation (medial/lateral), rotation, swelling, dislocation, status of controlled or uncontrolled bleeding, etc.

[VS] – At least one set of vital signs or interpretation of vital signs (e.g. “tachycardic at 120, otherwise normal”.) May put in as many as necessary to give a good picture of the hemodynamic status of the patient.



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DOCUMENTATION

PROTOCOL TITLE: DOCUMENTATION

[Test results] – ECG interpretations (with at least three data points)
Rhythm strip interpretations (with at least three data points) Blood glucose, etc.

A - ASSESSMENT:

[Diagnoses] – These are your working diagnoses for the patient. You may have several diagnoses but MUST have at least one. Be as specific as you are comfortable being. For example, “Acute myocardial infarction” or “Acute Coronary Syndrome” or “PE”. You may also use the patient’s chief complaint as a diagnosis, (i.e. “Chest pain”), or combine the two ideas, “Chest pain, suspect MI”. Remember that all cardiac arrest charts MUST have “cardiac arrest” as one of the diagnoses as well as the initial presenting rhythm when applicable.

Note: Your assessments should clearly flow from your subjective and objective parts of the chart. Further, your assessments should be supported in the rest of the chart. (E.g. If you put “Polysubstance abuse” as a diagnosis, it should be clear in the chart that the patient was using multiple substances).

P - PLAN:

This is a narrative of what happened during the call. What interventions were performed? Why were they performed? (For example; 8 mg Zofran for nausea & vomiting.) What were we thinking? This is the appropriate place to document your medical decision making. This may include statements such as, “Repeat neuro assessment showed decreasing mental status to GCS 6 so decision to intubate to protect airway.” Any deviation from protocol should be narrated here as well such as, “Blood glucose not repeated by EMS due to value from patient’s machine just prior to arrival.” Or, “Splinting and bandaging not completed at time of arrival to ED due to short transport time.” If you obtained approval from an E.D. Physician, this should also be documented.

The result of the treatment (improved, increased BP, no change, etc.)
Final documentation here should be to whom you transferred patient care.

[Name of person completing the chart], [certification level], [date & time signed] (unless otherwise already specified in Electronic Medical Record format.)

[Co-signature of lead paramedic, if applicable]

DOCUMENTATION



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PROTOCOL TITLE: DOCUMENTATION

NOTE:

1. Document completely all instructions received via radio from Online Medical Control. Document the name of physician giving the order(s).
2. Document patient refusal of treatment, if it occurs (See G-10).
3. Document any rationale for any deviation from written protocol (See G-2).
4. Both a verbal report and written and or electronic report shall be provided to the supervising physician and/or designee at the time of patient transfer. If the written report cannot be provided at the time of patient transfer, a copy shall be completed within a reasonable time frame that shall **not exceed six (6) hours** after the patient has been delivered to the hospital.
5. If an agency is not using Image Trend, fax or fax server to transmit PCR's to the hospital is acceptable if security can be assured.

DOCUMENTATION



Kevin Hodges, M.D
Medical Program Director
Adams, Benton, Franklin and Yakima Counties

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PROTOCOL TITLE: INFECTIOUS DISEASE PROPHYLAXIS

All Washington State EMS and/or Fire Departments are required to have a written infection control plan.

The following guidelines should be followed in order to minimize risk to personnel:

1. Treat all patient contacts as potentially infectious.
2. Handle sharp items with extreme caution – Needles, scalpel blades and other sharp objects should be treated as potentially infective once they have been used. Place disposable items into puncture resistant containers located as close as possible to the area of use. Do not recap, bend, or purposefully break needles.
3. Wear protective gear when in contact with blood, body secretions, and tissue specimens as a safeguard, all blood, body secretions and tissue specimens should be treated as if they were contaminated. Emergency medical personnel shall wear protective disposable gloves with all patient contact both during treatment and when cleaning up. Safety glasses are to be worn when spattering is likely and disposable masks should be worn when signs of rash and/or fever indicate a communicable disease that may be spread through oral or respiratory secretions (chicken pox, measles, meningitis, whooping cough, TB, Covid-19).
4. Wash thoroughly as soon as possible after contact with blood or body secretions. Use an antiseptic soap and running water and rinse thoroughly. When running water is not available, scrub with germicidal towelette or foam, and follow with soap and water wash as soon as possible. When practical, wash thoroughly before and between patient contacts. Change clothing soiled with blood or body secretions. Disposable gowns are recommended when spattering likely.
5. Use ventilation device (BVM, pocket mask etc.), for cardiopulmonary resuscitation.
6. Personnel suspecting exposure to an infectious disease, or if the mouth, eyes or an unprotected cut are directly exposed to blood or body secretions, or if a needle stick injury has occurred the affected personnel shall wash thoroughly, follow departmental procedure, and inform their supervisor.
7. All EMS providers are required to be current on their, HEP-B and Tetanus vaccinations. It is strongly recommended that all EMS personnel have an annual Flu shot, a TB test, and Covid-19 Vaccination.

INFECTIOUS DISEASE PROPHYLAXIS

Kevin Hodges, M.D.
Medical Program Director
Adams, Benton, Franklin and Yakima Counties

June 30, 2024

Date

PROTOCOL TITLE: INTER-FACILITY TRANSPORT

Inter-facility transport will occur at BLS, ILS and ALS levels within the following general categories:

1. Transfer between hospitals for admission for services not available at originating hospital.
2. Transport and return of patient to facility.
3. Transport from hospital to extended care facility.
4. Transport of patient between other facilities at patient’s request.

As a general rule, it is the responsibility of the transferring facility to ensure that the medical necessities for safe patient transfer are met. Medical instructions of the attending physician and registered nurses will be followed unless specifically contrary to standing orders. If a physician attends the patient during transfer, he or she will direct all care regardless of standing orders. If a registered nurse attends the patient, he or she will direct the care of the patient from the standing orders given by the physician at transfer or by contact with the receiving hospital physician. The registered nurse may desire to defer emergency care in some situations to the paramedic.

The responsibility for transfer to another facility resides with the transferring facility. Patients will not be transferred to another facility without first being stabilized to the extent possible based on the capabilities of the transferring facility. Stabilization includes adequate evaluation and initiation of treatment to assure that transfer of a patient will not, within reasonable medical probability, result in material deterioration of the condition, death, or loss or serious impairment of bodily functions, parts, or organs, except in situations where not transferring the patient is more likely to result in death or serious harm. Evaluation and treatment of patients prior to transfer to include the following:

1. Establish and assure an adequate airway and adequate ventilation.
2. Evaluation and management of a patient in labor.
3. Initiate control of hemorrhage.
4. Stabilize and splint the spine or fractures, when indicated.
5. Establish and maintain adequate access routes for fluid administration.
6. Initiate adequate fluid and/or blood replacement.
7. Determine if the patient’s vital signs (including blood pressure, pulse, respiration, oximetry, and urinary output, if indicated) are sufficient to sustain adequate perfusion.

It is also the transferring facility’s responsibility to establish the need for BLS, ALS, or Critical Care transport.



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INTER-FACILITY TRANSPORT

PROTOCOL TITLE: INTER-FACILITY TRANSPORT

For an ALS response not meeting the above criteria, the following may apply:

1. You may initiate pre-hospital protocols and guidelines including the establishment of intravenous lines, airway control, etc.
2. You may refuse to transfer the patient until the facility has complied with the above evaluation and/or treatment. Should you decide this is necessary, contact Medical Control for concurrence and consultation, or contact the MPD directly.

If a BLS transport is requested and it is the judgment of the BLS crew that the patient needs to be transported by an ALS ambulance, it is mandated that dispatch is contacted and an ALS crew dispatched. Under no circumstances should a BLS crew transport a patient if, in their judgment, this is an ALS call. (Exception: mass casualty incidents and initiation of transport en route to meeting an ALS unit.)

Transporting personnel should be provided with a verbal or succinct written report (from either the physician or attendant RN) about the patient's condition, to include:

1. Present medical illness, including pertinent current medications.
2. Reason for transfer.
3. Pertinent medical history, including allergies.
4. Medications to be administered in transfer.
5. Patient's code status.

In the event of either an ALS or BLS crew onboard and an emergency occurs enroute that is not anticipated prior to transport, pre-hospital protocols and guidelines will immediately apply. The destination facility should be contacted as soon as possible to inform them of changes in the patient's condition, and for concurrence of any orders, as appropriate.

Responding to an Urgent Care Clinic, or other medical facility with a provider on-site

Establish whether or not the patient has been evaluated by a provider.

1. If the patient has not had a medical screening examination by a physician (MD or DO), PA-C, or ARNP, then proceed per normal protocols and transport destination guide.
2. If the patient has received a medical screening examination by a physician (MD or DO), PA-C, or ARNP, the medical provider on scene will dictate the transport destination. The provider may defer transport and treatment decision to the EMS crew or may ask for information or opinions of the EMS crew prior to the provider making the decision. If a medical provider has made a decision on destination, that decision must be honored by the EMS crew regardless of State or local EMS destination protocols.



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PROTOCOL TITLE: INTER-FACILITY TRANSPORT

Factors to consider:

- If a provider has arranged a destination and accepting provider already, deviation from this destination can cause significant medical and legal complications and should only be considered in the direst of medical circumstances (e.g. unstable and uncontrolled airway)
- Patient/family preference should generally play a large part in the initial destination decision.
- Recent procedure or history with a specific facility (e.g. Patient with chest pain had a cath two weeks ago at Trios, should typically go to Trios)
- All parties – EMS, medical provider, and patient/family, should be in agreement on destination prior to loading patient for, or otherwise initiating transport.
- In cases of disagreement between the patient and the medical provider regarding destination, the EMS crew should allow those two parties to decide on a destination prior to leaving the facility.

Any deviation from this guideline or from the transport protocols should be reported to the MPD.

Note: See also IFT protocol/appendix for advanced transfusion protocols for use by paramedics who have successfully completed the MPD-approved training program.

INTER-FACILITY TRANSPORT



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Adams, Benton, Franklin and Yakima Counties

PROTOCOL TITLE: REFUSAL OF TREATMENT AND/OR TRANSPORT

REFUSAL OR TREATMENT AND/OR TRANSPORT

It is necessary to obtain patient consent before rendering emergency medical care. Expressed/informed consent must be received from competent adult patients. Implied consent is assumed in the case of life-threatening injury or illness when the patient is unconscious, disoriented, a mentally incompetent adult, or a minor whose parent or legal guardian is unavailable.

Capacity relates to the soundness of mind and to an ability to comprehend both the nature and the consequences of one's acts.

Decision-making capacity exists along a continuum, referring to the ability of a patient to make a specific decision at a specific time; it is not a global determination. Medical decision-making capacity is present when the patient is able to understand information about the medical condition and its consequences, to reason and deliberate about the various choices, to make a choice consistent with his or her values and goals, to communicate this choice to the medical provider, and to maintain this choice consistently over time.

Decision-making capacity may be altered by acute physical or mental illnesses, substance abuse, and other factors. The presence of physical illness, mental illness, substance abuse or intoxication does not universally mean the person does not have the capacity to make informed decisions.

A competent adult has the right to refuse treatment.

When there is a disagreement between the patient and the EMS providers regarding medical need or care, in addition to the algorithm below, it is the duty of the EMS provider to:

1. Explain their medical concerns
2. Explain the recommended treatment course
3. Explain the benefits of this recommended course
4. Explain the risks of refusal of any or all of the recommended actions.
5. Assess the patient's ability to comprehend the situation and the consequences of refusing assessment, treatment, and/or transport.
6. Document all of the above including factors that weigh in your decision such as severity of the life-threat, presence of intoxicants, profound disability due to mental illness, head injury, and all other factors.

If a patient is unable to comprehend and understand the nature of the current event and/or the consequences of their decisions to refuse, then they lack capacity to make that decision for themselves. In these situations, an EMS crew may reasonably compel a patient to seek necessary medical treatment/transport.



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*MSE (Medical Screening Evaluation)

Includes: Hx, PE, VS, BG, ECG or 12 Lead as appropriate

PROTOCOL TITLE: REFUSAL OF TREATMENT AND/OR TRANSPORT

REFUSAL OR TREATMENT AND/OR TRANSPORT

A patient with the capacity to refuse care who elects to refuse treatment and/or transport must sign an MPD approved refusal form. In addition to a signed refusal form any patient contact must include a completed PCR to document the medical screening exam (MSE) including the patient's chief complaint, pertinent patient history, physical assessment, at least one set of vital signs, relevant medical testing (EKG, BG, etc.), proposed treatment, description of expected benefits of treatment/transport, and risks of refusal and patient's rational for refusal. It must be clear in the PCR that the patient's mental status has been assessed and the patient has the capacity to refuse.

If the patient refuses to sign the form, obtain a signature from someone that has witnessed the patient's refusal. The witness should ideally be someone other than yourself or your crewmember.

When the wishes of the patient and the recommendations of the EMS crew conflict, consider contacting Online Medical Control and fully document all your actions.



Kevin Hodges, M.D
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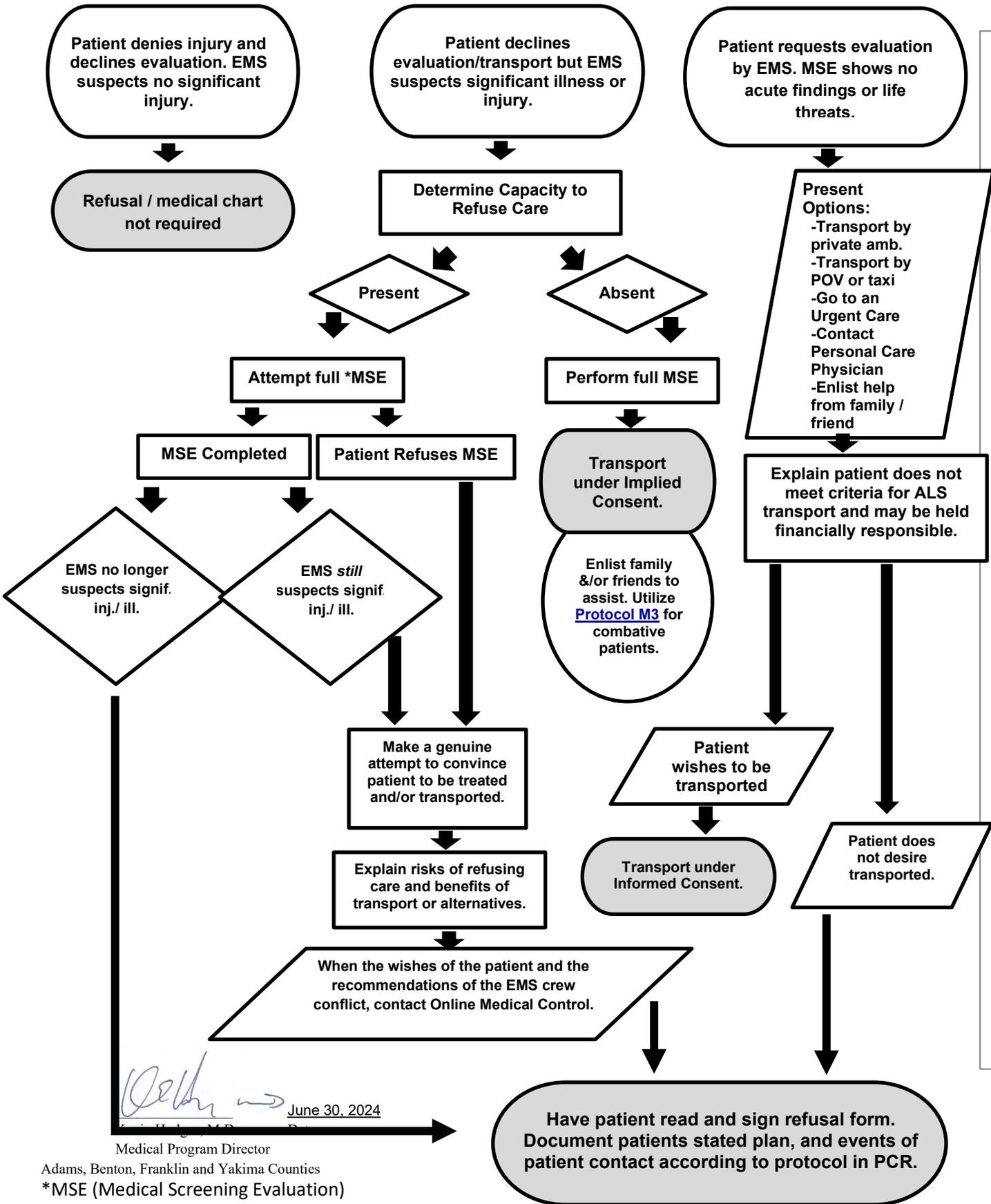
Adams, Benton, Franklin and Yakima Counties

*MSE (Medical Screening Evaluation)

Includes: Hx, PE, VS, BG, ECG or 12 Lead as appropriate

PROTOCOL TITLE: REFUSAL OF TREATMENT AND/OR TRANSPORT

REFUSAL OR TREATMENT AND/OR TRANSPORT



[Signature]
 June 30, 2024
 Medical Program Director

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 *MSE (Medical Screening Evaluation)
 Includes: Hx, PE, VS, BG, ECG or 12 Lead as appropriate

PROTOCOL TITLE: RESPONDING TO A MEDICAL FACILITY W/ A PROVIDER ON-SITE

Responding to an urgent care, clinic, or other medical facility with a provider on-site

Establish whether the patient has been evaluated by a provider:

1. If the patient has not been evaluated by a physician or PA-C, or ARNP, then proceed per normal protocols and transport destination guide.
2. If the patient has been evaluated by a physician, PA-C, or ARNP, the medical provider on scene will dictate the transport destination. The provider may defer transport and treatment decision to the EMS crew or may ask for information or opinions of the EMS crew prior to the provider making the decision. If a medical provider has made a decision on destination, that decision must be honored by the EMS crew regardless of State or local EMS destination protocols.

Factors to consider:

- If a provider has arranged a destination and accepting provider, deviation from this destination can cause significant medical and legal complications and should only be considered in the direst of medical circumstances (e.g. unstable and uncontrolled airway)
- Patient/family preference should generally play a large part in the initial destination decision.
- Recent related procedure or history with a specific facility (e.g. Patient with chest pain had a cath two weeks ago at Trios, should typically go to Trios)
- All parties – EMS, medical provider, and patient/family, should be in agreement on destination prior to loading patient for, or otherwise initiating transport.
- In cases of disagreement between the patient and the medical provider regarding destination, the EMS crew should allow those two parties to decide on a destination prior to leaving the facility grounds.

Any deviation from this guideline or from the transport protocols should be reported to the MPD.

RESPONDING TO A MEDICAL FACILITY W/ A PROVIDER ON-SITE



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Adams, Benton, Franklin and Yakima Counties

PROTOCOL TITLE: RELATIONSHIP BETWEEN EMS AND GOOD SAMARITAN PHYSICIAN ON-SCENE

When a physician, or other medical provider (PA-C, ARNP) is in attendance, on-scene at a location other than a medical facility (e.g. Good Samaritan at a MVC), the EMS team will attempt to comply with the provider’s instructions for the patient, including transport destination. Online Medical Control may be contacted if needed. Assisting providers should be made aware that the EMS unit is already operating directly under the Online Medical Control Physician.

The provider at the scene should be provided with the following options:

1. Request to talk directly to the Online Medical Control Physician to offer advice and assistance.
2. Offer assistance to the ALS team with another pair of eyes, hands or suggestions, leaving the ALS team under Medical Control.
3. Take total responsibility for the patient with the concurrence of the Medical Control Physician. If the physician elects this option, he/she must also accompany the patient in transport.

If during transport the patient’s condition should warrant treatment other than that requested by the private provider, Medical Control may be contacted for information and guidance.

RELATIONSHIP BETWEEN EMS AND GOOD SAMARITAN PHYSICIAN ON-SCENE



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Adams, Benton, Franklin and Yakima Counties

PROTOCOL TITLE: SCHEDULE 2 MEDICATIONS

Schedule 2 medications are those medications that are classified as controlled substances by the U.S. Food and Drug Administration. The purchase, storage, dispensing, and record keeping of Schedule 2 medications will be handled in the following manner:

RECORD KEEPING: Each EMS agency authorized to obtain and dispense Schedule 2 medications will maintain appropriate orderly records. Copies of these records will be provided to the County MPD at his/her request.

Upon written request, the EMS agency will provide the original records to the County Medical Program Director and/or the agency's medical advisor. The following information should be supplied with the audit request.

1. Names of all personnel who have access to Schedule 2 medications.
2. Name of the designated control person.
3. Name and FDA physician control number.

CONTROL: The EMS agency will designate one individual who will be responsible for record keeping and security of the controlled substance. This individual will be responsible for reporting any discrepancies to the County Medical Program Director.

PURCHASE: Purchase of Schedule 2 medications must be on a Federal Narcotics form DEA 222, which contains the name and address of the EMS agency, as well as the name and FDA physician control number of the Medical Program Director. Alternatively, agencies may work with the MPD or agency medical adviser to establish an on-line account (i.e: CSOS).

Copies of the DEA 222 indicating the source and date of purchase must be maintained by the EMS agency and the EMS/MPD administrative office for the purpose of inventory, should a problem arise.

STORAGE IN-HOUSE: Storage will be in a locked container that inhibits forced entrance. That container will be stored in a cabinet that is also locked.

Keys to the storage facility, if applicable, will be in control of the paramedic on duty. If no paramedic is on duty, the highest-ranking individual on duty at that facility will be responsible for the keys and for maintaining the appropriate records.

STORAGE IN THE FIELD: Schedule 2 medications will be handled in one of two ways in the field:

1. The paramedic may carry them in a container that slips on/over the belt and has a cover sufficient to keep the medications from freely falling out; or
2. They may be stored in a locked container that inhibits forced entrance, with that container being stored in a cabinet or compartment on the apparatus that is also


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SCHEDULE 2 MEDICATIONS

PROTOCOL TITLE: SCHEDULE 2 MEDICATIONS

locked. Keys to the apparatus storage will remain in control of the duty paramedic on the apparatus.

DAILY DRUG RECORD: Each agency is responsible for maintaining a mechanism to track who is responsible for controlled medications at all times and the amount of medications that are in said person's control. This should be a daily record so discrepancies can be found quickly.

1. Off-duty paramedic/provider signature.
2. On-duty paramedic/provider signature.
3. Milligrams/micrograms of medication changing hands.

DISPENSING: Control and dispensing of Schedule 2 medications is the sole responsibility of the paramedic. They will be responsible for properly recording the following information on the patient's PCR form and in the agency's record book:

1. Date.
2. Agency Run Number.
3. Amount of medication dispensed and wasted in mg/mcg.
4. Signature of paramedic dispensing medication, and witness of the wasting of medication.

RETURNS/DISPOSAL Returns/disposal of controlled substances shall be performed in accordance with current approved DEA and/or other applicable federal or state laws.

SCHEDULE 2 MEDICATIONS



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PROTOCOL TITLE: SUDDEN UNEXPLAINED INFANT DEATH (SUID)

The goal of field EMS care in the case of Sudden Unexplained Infant Death (SUID) is to provide resuscitation treatment to the infant, if indicated, as well as supportive care to the family until other resources can be mobilized.



Discuss transport decision with Medical Control.

1. If no signs of obvious death:
 - a. Verify cardiopulmonary arrest.
 - b. Refer to appropriate Pediatric Cardiopulmonary Arrest protocol.

2. If signs of obvious death; disfiguration of face with “squashed nose”; frothy, blood-tinged mucous around infant’s mouth or nostrils; livor mortis (pooling of blood in dependent body areas may appear as blotching); rigor mortis.
 - a. Do not initiate resuscitation procedures unless family refuses to acknowledge the infant’s death.
 - b. Acknowledge the parent’s and family’s feelings of grief, and provide calm, authoritative guidance.
 - c. Consider activation of the Critical Incident Stress Debriefing (CISD) Team after the incident.
 - d. Observe scene carefully and document:
 - i. Location and position of child.
 - ii. Objects immediately surrounding the child.
 - iii. Behavior of all individuals present.
 - iv. The explanations provided.
 - v. Emesis in mouth or foreign body present.

3. Assess for and consider possible abuse mechanism. If suspected, notify CPS by telephone immediately following completion of the call. Document notification time and CPS representative taking report or time voice message is left.

1-866-**ENDHARM** (1-866-363-4276)

<http://www.dshs.wa.gov/ca/safety/abuseReq.asp?2>

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SUDDEN UNEXPLAINED INFANT DEATH (SUID)

PROTOCOL TITLE: RESPIRATORY DISEASE PRE-HOSPITAL CARE

RESPIRATORY DISEASE PRE-HOSTAL CARE

I. Triggers

- 1. Activation of the EMS Viral Respiratory Disease, Pandemic SOPs is made by Agency Administrators and the MPD in consultation with the Public Health Officer.
- 2. Communications.
 - a. 9-1-1 Operations/Dispatch.
 - i. Activate their pre-determined applicable criteria-based dispatch protocol and advise emergency responders of positive symptom(s) patients.
 - b. Situation Reports.
 - i. The Public Health Officer, the Agency Administrators and MPD will ensure situation reports are provided to emergency responder agencies to distribute to stations/personnel.
 - c. Shift Briefings – All EMS agencies will provide ongoing shift briefings to include:
 - i. Status of outbreak including last 24 hour activity
 - ii. Hospital status
 - iii. PPE, Infection Control
 - iv. Status of EMS Pandemic SOP

II. Worker Safety/Infection Control

- 1. Personal Protective Equipment (PPE):
 - a. Enhanced PPE Procedures:
 - i. All Patient Contact – standard precautions or PPE including: gloves, NIOSH approved mask, and eye protection.
 - ii. Patients with respiratory/GI symptoms – PPE outlined above, plus: disposable gown/overalls and shoe covers; cover patient with surgical face mask.
 - iii. Change in response configuration to minimize personnel exposure at each call.
 - iv. Every job regardless of Pt. Contact – PPE including: NIOSH approved mask, eye protection, regular hand washing, and cleaning of work surfaces (minimum prior to each shift/staff change)



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PROTOCOL TITLE: RESPIRATORY DISEASE PRE-HOSPITAL CARE

RESPIRATORY DISEASE PRE-HOSPITAL CARE

- 2. Vaccination / Antiviral Therapy:
 - a. Emergency Responder Points of Distribution (POD) – Agency administrators in consultation with the County Health Department will consider/coordinate activation of the Emergency Responder PODs for appropriate vaccination/antiviral therapy.
 - b. Staff Entry Control Process:
 - i. All EMS agencies shall establish a decontamination and health care screening site(s) to clear employees prior to entering the work site and start of each shift.
- 3. Decontamination and Cleaning of Equipment/Work Areas.
 - a. Enhanced Decontamination Procedures:
 - i. Clean all surfaces and equipment (including glasses and stethoscope) using agency’s anti-microbial agents/disinfectants or alcohol-based hand cleaner.
 - ii. Dispose of all cleaning supplies in red hazardous waste bag
 - iii. (Driver Prior to Transport/Attending Technician at end of Transport/patient care) Remove disposable gown/overalls, face mask, gloves and disposable BP cuff into hazardous waste bag and secure.
 - iv. First Responders: Place all equipment used during the call in a red hazardous waste bag until decontamination prior or en route to next call.
 - v. Use bio-wipes or alcohol-based hand cleaner to clean hands and forearms until soap and water are available
 - vi. (Driver on arrival at receiving facility) Use new suit, gloves, face mask, and eye protection.
 - vii. Once patient has been transferred, decontaminate inside of ambulance patient care area and equipment prior to arrival at next call.

III. Patient Care and Transport (Respiratory Distress (Flu Like) Symptoms)

- 1. PPE & Standard Precautions.
- 2. Assess Patient for Priority Symptoms.
 - a. Chief Complaint.
 - b. Vital Signs (including temperature).
 - c. Medical History/Travel History.



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PROTOCOL TITLE: RESPIRATORY DISEASE PRE-HOSPITAL CARE

3. Medical Control will advise 9-1-1 and Fire/EMS agencies which of the following Care and Transport options to use:

a. **Care and Transport to ED.**

- i. Allow patient to achieve position of comfort
- ii. Cover patient with surgical face mask, or administer O2 via face mask, to reduce aerosolization of virus
- iii. EKG, IV TKO (if patient has signs of dehydration, administer fluids per protocol)
- iv. Administration of antiemetics as necessary based on patient symptoms.
- v. Passive cooling techniques based on temperature
- vi. Provide "Infection Control Guidance for Families".

1. If the equipment and the procedures have been provided to pre-hospital EMS agencies and time allows, based on patient condition, then do mouth and throat swabs of members within the immediate patient living/work area.

vii. Use proper patient isolation techniques.

- 1. Close off ambulance driver's compartment.
- 2. Drape patient / Isolation Pod.

viii. Early EMS Report

4. **Care and No Transport.**

- a. Provide a hand out explaining the demand of limited resources and decision of no transport.
- b. Provide "Home Care and Protective Equipment for Families Packet" and explain contents and use.
- c. Advice to call 9-1-1 should priority symptoms occur.
- d. Advise Home Health Care of patient condition and location for in home support and care.

If ordered by Public Health Officer, distribution of anti-viral medications.



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RESPIRATORY DISEASE PRE-HOSTAL CARE

- Obtain SAMPLE Hx
- Determine DNR Status
- Consider underlying causes

Bradycardia – Persistent symptomatic bradycardia or bradycardia causing hemodynamic changes

Oxygen via cannula @ 4 lpm if stable

Oxygen via NRM @ 15 lpm if unstable



HR > 60 Focus on O₂ & PPV
HR < 60 Start CPR
Neonatal HR < 100 BVM & PPV
Epinephrine IVP (0.01 mg/kg 1:10,000 IV/IO)

BLS - ILS
 Call for ALS Transport
 Keep in supine position
 ILS – Start IV **Crystalloid**

ALS
Stable or Unstable
 Persistent Bradycardia resulting in AMS, ischemic chest pain, breathing difficulty, unstable BP, N/V, dizziness, heart failure

Stable
 Narrow Complex Bradycardia
1 mg Atropine IVP

Search for reversible causes
 H's T's – (C11)

Unstable or Wide Complex
 (2nd or 3rd degree blocks)

No Response to Atropine
 • Repeat **Atropine** 1 mg IVP
 • Max dose 3 mg

Transcutaneous Pacing

Refractory to Atropine
 • **Epinephrine** 2–10 mcg/min (Titrate to effect)

No Response to TCP

BRADYCARDIA



PROTOCOL TITLE: CARIOGENIC SHOCK**I. BASIC LIFE SUPPORT**

1. Establish and maintain airway.
2. Administer **O₂** @ 10-15 L/min via nonrebreather mask.
3. Frequent vital signs.

II. INTERMEDIATE LIFE SUPPORT

4. Establish two large-bore IVs and administer 30mL/kg **Crystalloid** bolus.
 - a. **Reassess patient (including lung sounds) every 500mL.** Do not administer fluid challenge if patient displays signs and symptoms of volume overload. Stop fluid challenge if patient develops pulmonary edema.

III. ADVANCED LIFE SUPPORT

5. Establish cardiac monitor.
6. Administer **Norepinephrine** if fluids contraindicated, if no response, or inadequate response to fluid challenge. Initial rate of 2-4 mcg/min IV/IO, titrated to maintain systolic blood pressure >90mmHg.
 - a. Consult drug table for drip rates if necessary
7. For hypotension refractory to fluid bolus, may give **Glucagon** 2 mg IV push. Repeat per A-A1 Chart

CARDIOGENIC SHOCK

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June 30, 2024
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PROTOCOL TITLE: CHEST PAIN (Suspected cause Coronary Artery Disease)
I. BASIC LIFE SUPPORT

1. Establish and maintain airway.
2. If $\text{SaO}_2 < 94\%$ administer O_2 to keep $\text{SaO}_2 \geq 94\%$. Do not routinely use O_2 if $\text{SaO}_2 > \text{or} = \text{to } 94\%$
3. If able to swallow administer 324 mg chewable **Aspirin**.
4. If patient continues to have signs and symptoms of chest pain and has their own physician-prescribed **Nitroglycerine**, contact Online Medical Control for approval to assist patient with **Nitroglycerine** tablets or sublingual spray.
5. If provider has successfully completed MPD-approved 12-lead training: Obtain 12-Lead ECG at the earliest opportunity and transmit to Medical Control. Do not delay care or transport greater than 4 minutes to obtain ECG. If unable to transmit, present at ED upon arrival. (See triage guidelines for transport destination per Protocol C-9)
6. Reassessment after **Nitroglycerine** administration.
 - a. Monitor blood pressure.
 - b. Question patient about effect.
 - c. If systolic blood pressure > 100 mmHg and patient is still having chest pain, repeat Nitroglycerine dose every 5 minutes to maximum three doses.
 - d. Record & document all findings & reassessment.

II. INTERMEDIATE LIFE SUPPORT

7. Establish peripheral IV with **Crystalloid @ TKO** rate.
8. Administer **Nitroglycerine**, 0.4 mg, sublingual tablet or spray.
 - a. If systolic blood pressure > 100 mmHg and patient is still having chest pain, repeat **Nitroglycerine** dose every 3-5 minutes to maximum three doses.

III. ADVANCED LIFE SUPPORT

Note: Patients presenting with symptoms and EKG consistent with acute ST-elevation myocardial infarction (STEMI) shall be transported rapidly to the nearest facility capable of emergent cath-lab intervention. Exceptions in extreme circumstances will be reviewed by the MPD. In any case, follow triage guidelines for transport destination per Protocol C9.



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CHEST PAIN – (Suspected Cause Coronary Artery Disease)

PROTOCOL TITLE: CHEST PAIN (Suspected cause Coronary Artery Disease)

1. Obtain and transmit 12-lead ECG. Notify Online Medical Control immediately to review the ECG if suspected STEMI.
2. Establish IV **crystalloid** @ TKO rate and cardiac monitor.
3. Administer **Nitroglycerine**, 0.4 mg, sublingual, or spray.
 - a. If systolic blood pressure > 100 mmHg and patient is still having chest pain, repeat **Nitroglycerine** dose every 3-5 minutes to maximum three doses.
 - b. If suspected Right Ventricular Infarct administer 500 cc **crystalloid** bolus prior to **Nitroglycerine**. Consider use of opiate pain medication instead of Nitroglycerine.



1. If pain unrelieved after 3 **Nitroglycerine**, administer **Fentanyl** 1mcg/kg IV/IO titrated to effect, max dose of 3 mcg/kg.
2.
 - a. May substitute **Morphine Sulfate** 2-4 mg IV; may repeat every 3-5 minutes until pain relieved or to total 20 mg given
3. Watch for dysrhythmias.
4. Consider non-cardiac causes of chest pain; such as pericarditis, pneumonia, gastric esophageal reflux disease, pneumothorax, etc.

CHEST PAIN – (Suspected Cause Coronary Artery Disease)

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June 30, 2024
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PROTOCOL TITLE: CHF WITH ACUTE PULMONARY EDEMA**I. BASIC LIFE SUPPORT**

1. Initial assessment, to include lung sounds.
2. Sit patient up and dangle legs if possible.
3. If stable, administer **O₂** @ 4-6 L/min via nasal cannula.
4. If unstable, administer **O₂** @ 10-15L/min via nonrebreather mask.
5. If provider has successfully completed MPD-approved CPAP training: Consider CPAP per protocol P-2 and initiate ALS rendezvous.
6. If provider has successfully completed MPD-approved 12-lead training: Obtain 12-Lead ECG at the earliest opportunity and transmit to Medical Control. Do not delay care or transport greater than 4 minutes to obtain ECG. If unable to transmit, present at ED upon arrival.
7. Consider EtCO₂ monitoring if available.

II. INTERMEDIATE LIFE SUPPORT

8. Establish peripheral IV access with **crystalloid** @ TKO rate.
9. Reassess lung sounds frequently.

III. ADVANCED LIFE SUPPORT

10. Establish cardiac monitor.
11. If patient in extremis:
 - a. CPAP per Protocol P-2
 - b. BVM assist, intubate as needed.
 - c. BiPAP per protocol P-2
12. Drug Therapy – SBP > 100
 - a. **Nitroglycerine**, 0.4 mg sublingual every 3-5 minutes to a max. of 1.2 mg. and/or 2 inches **Nitropaste** applied to chest.

CHF WITH ACUTE PULMONARY EDEMA

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June 30, 2024

Date

- Obtain SAMPLE Hx
- Determine DNR Status Early & Obtain Paperwork
- Perform BLS if DNR status is in question

Definitions

HQ CC = High Quality Chest Compressions

HPCPR = High Performance CPR @ either 30:2 or 10:1 if highly trained & practiced.

POx = Passive Oxygen

Unresponsive or lifeless Patient

Check Carotid Pulse & Look for signs of Breathing Simultaneously for <10 Seconds

If Pulseless or HR<60



If Pulses Present but Not Breathing

Initiate Adult Rescue Breathing
1 Vent / 6 seconds
or



1 Vent / 3-5 seconds

Pulse Check every 2 minutes & Establish ECG

Initiate HQCC

Initiate HPCPR (P18) as Team Builds

- HQCC, AED/Defib
 - Asystole / PEA / No Shock: Place SGA before BVM
 - VF/pVT / Shock: Place NC w/ ETCO2 @ 15lpm for POx
 - Fill Timekeeper Roll ASAP with 3rd Rescuer.
- DO NOT Start IV Until 4th Rescuer Arrives**

Ventilate with Low Volume or Peds BVM

Continue HPCPR until AED / DEFIB Arrives

- 10:1 (Adult 2 Rescuer)
- 30:2 (Child 1 Rescuer)
- 15:2 (Child 2 Rescuer)

If ALS, & using Manual Defib – go to VF/Pulseless Algorithm

Place Pads A/P when Possible
Analyze for shockable rhythm ASAP
(Goal is 1-3 minutes after EMS arrival)

Shockabl

Not Shockable

- Monitor SaO2 & ETCO2 waveforms for CPR quality and ROSC
- Perform resuscitation where ETCO2 >20 for minimum of 40 minutes in VF/pVT and PEA arrest, minimum 30 minutes for Asystole

- Give 1 shock every 2 min if indicated
- Resume CPR immediately after shock
- Perform HPCPR 2 minutes between pulse & rhythms checks.

- Give 1 shock every 2 min if indicated
- Resume CPR immediately after shock
- Perform HPCPR 2 min between pulse & rhythms checks.

For refractory VF ensure pads are placed A/P and consider changing out pads if VF rhythm persists.

CPR & AED DEFIBRILLATION

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Pulseless Arrest
Establish HPCPR (P-18) with Emphasis on Chest Compressions.

- Obtain **SAMPLE Hx**
- Determine **DNR Status**
- Bring **DNR to ER**

Follow C5

VF / pVT

Asystole / PEA

- 1st Shock ASAP**
- 200 Joules (Lifepak)
 - 120 Joules (Zoll)

Resume HPCPR
Immediately resume CPR after defibrillation or determination that rhythm is non-shockable.

Asystole

PEA

- 2nd Shock**
- 300 Joules (Lifepak)
 - 150 Joules (Zoll)

Build Team

Epinephrine 0.5mg
Total of 2 doses (1 mg total) q 3-5 minutes.

- 3rd Shock**
- 360 Joules (Lifepak)
 - 200 Joules (Zoll)

Pulse / Rhythm Check
Every 2 Minutes

Levophed 4-10 mcg/min
Initiated ASAP after IV access is established and should be administered with crystalloid solution.

- Build Team in Order:**
1. Scout with HQCC
 2. Defib/AED & SGA
 3. Timekeeper
 4. IV/IO
 5. Advanced Airway

Primary focus should be on high quality chest compressions and defibrillation (when indicated).

Consider vector change if refractory VF/pVT after 3rd shock.
Anterior/Posterior -> Anterior/Lateral

LIMIT TIME OFF CHEST

TRAUMA
If non-shockable rhythm and arrest is suspected to be from hypovolemia, Epinephrine and Levophed are not indicated. Focus on fluid resuscitation.

- Search for **H's and T's**
- May repeat **Amiodarone** with 150 mg
- May repeat **Lidocaine** 0.5-.75 mg/kg for max 3 mg/kg
- Consider **Magnesium Sulfate** 2 g IV after conversion of Torsades

Rotate Compressors Every 2 minutes

Contact Medical Control to discontinue efforts.



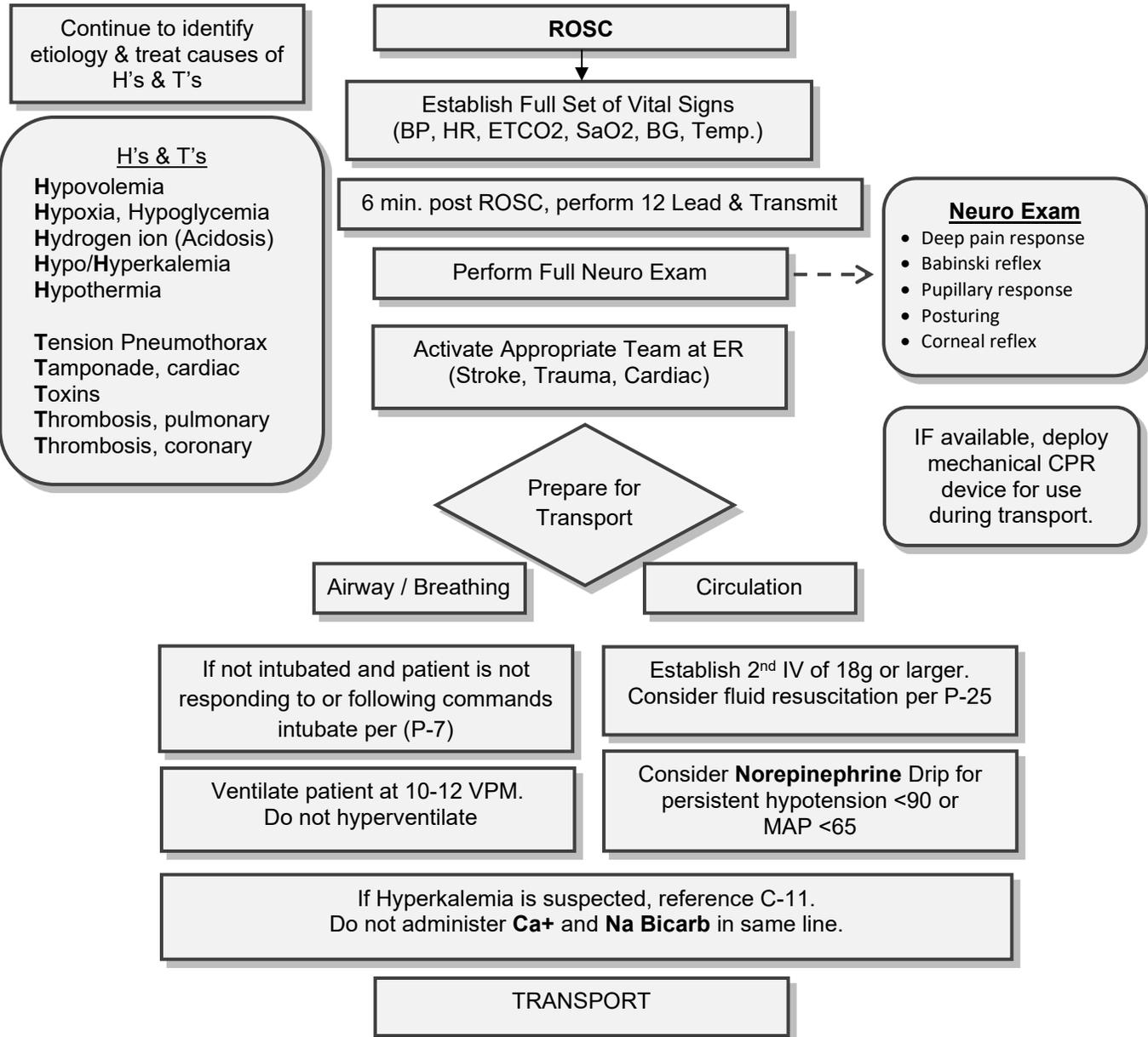
Pediatric Dosing

Epi (0.01 mg/kg 1:10,000)
Lidocaine (1 mg/kg)
Amiodarone (5mg/kg)




PROTOCOL TITLE: Post R.O.S.C Management

| | | |
|--|---|--|
| <p>History:</p> <ul style="list-style-type: none"> Confirmed cardiac arrest of presumed cardiac etiology or unknown etiology | <p>Signs/Symptoms:</p> <ul style="list-style-type: none"> Return of spontaneous circulation as evidenced by ETCO2 >20 and palpable blood pressure. | <p>Differential:</p> <ul style="list-style-type: none"> Continue to address specific differentials associated with the original dysrhythmia. |
|--|---|--|



POST R.O.S.C. MANAGEMENT

- Pearls:**
- Patients experiencing ROSC should be resuscitated and stabilized to the best ability of the EMS crew prior to transport.
 - Reassess airway frequently and with every patient move.
 - Document unusual events in Patient Care Report (PCR).
 - Document activation of Teams in PCR.

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June 30, 2024

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PROTOCOL TITLE: WIDE/NARROW TACHYCARDIA

C8

- Obtain **SAMPLE Hx**
- Determine **DNR Status**
- Bring **DNR to ER**

Tachycardia

BLS – ILS
 Apply oxygen if unstable*
 Call for ALS Transport
 Keep in supine position or POC
 ILS – Start IV **Crystalloid**

***Unstable Patient defined as:**
 Presence of ischemic chest pain, shortness of breath, n/v, back or jaw pain, hypotension, acute altered mental status, or acute heart failure

Unstable*
Narrow- Go straight to Synchronized Cardioversion @ 50 - 100 J
Wide- Go straight to Synchronized Cardioversion @ 100 J

ALS
 Determine Rhythm & Patient Status
 Perform 12 Lead

SVT
 (Regular Narrow Complex) Rate >150

Vagal Maneuvers

Adenosine 6 mg
 Rapid IVP 10 cc Flush

If flutter waves seen or no Response: Consider Atrial Dysrhythmia

Adenosine 12 mg
 Rapid IVP 10 cc Flush

Adenosine 12 mg
 Rapid IVP 10 cc Flush

A-Fib / Flutter
 > If rate is >(220-age) & SBP is >100

Diltiazem 0.25 mg/kg
 Slow IV, then drip 5-10 mg/hour

If No Response

After 10 min.
Diltiazem 0.35 mg/kg
 Slow IV then drip 15mg/hour

If No Response

Amiodarone 150 mg
 Over 10 minutes

If rate controlled initiate maintenance drip:
Amiodarone 1mg/min

V-Tach with Pulses

Amiodarone 150 mg
 Over 10 minutes

or

Lidocaine 0.5 - 0.75 mg/kg

If No Response

Amiodarone 300 mg Over 10 minutes
Lidocaine 1 – 1.5 mg/kg

If rate controlled with Lidocaine, initiate maintenance drip:
Lidocaine 1 – 4 mg/min

Lidocaine (1 mg/kg IV/IO), repeat up to 3 mg/kg
Amiodarone (5 mg/kg IV/IO), repeat up to 15mg/kg
Adenosine (0.1 mg/kg IV/IO), repeat at 0.2 mg/kg

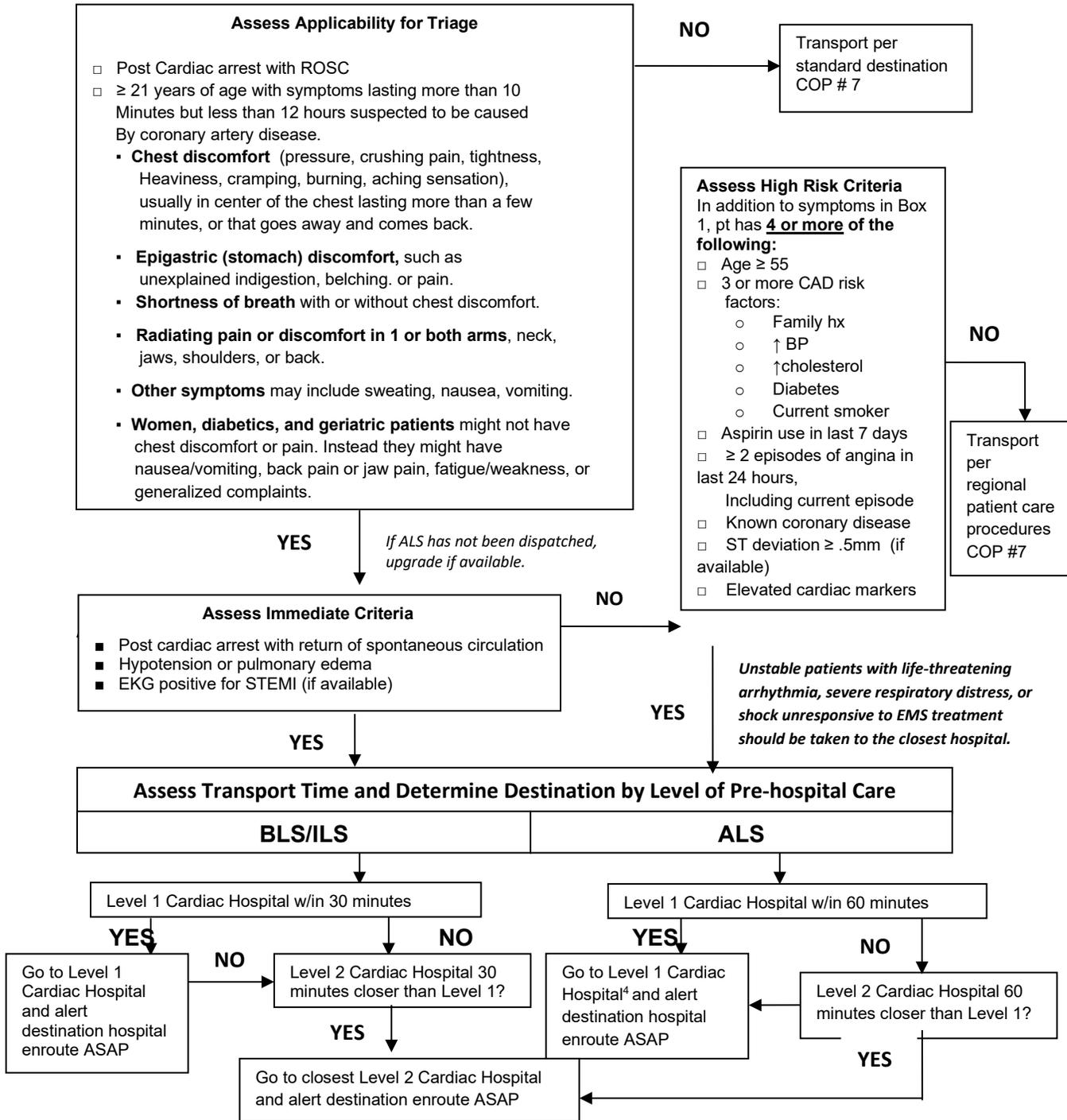
Other Considerations

- Consider underlying cause
- Consider **Diltiazem** for refractory SVT after **Adenosine**
- Consider refractory wide complex tachycardia could be aberrant SVT - use **Adenosine**
- Torsades - use **Mag Sulfate** ONLY after successful defib
- Consider **Procainamide** for Stable VT

WIDE/NARROW TACHYCARDIA

PROTOCOL TITLE: CARDIAC TRIAGE DESTINATION PROCEDURE

Pre-Hospital Cardiac Triage Destination Procedure



CARDIAC TRIAGE DESTINATION

NOTE: Hospital notification of "cardiac team activation" is for STEMI patients only.

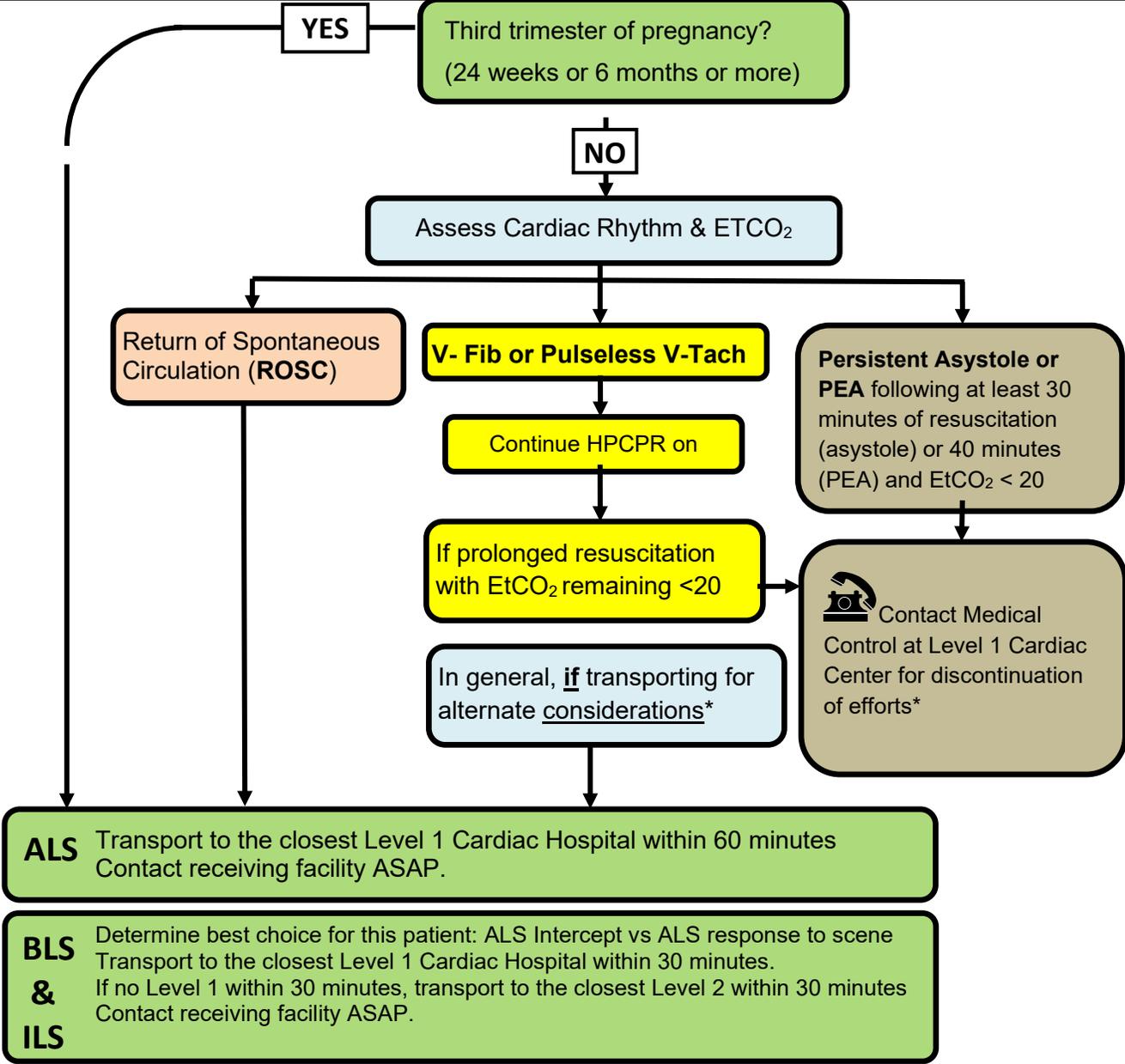
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PROTOCOL TITLE: CARDIAC ARREST TRANSPORT/TERMINATION GUIDELINE

CARDIAC ARREST TRANSPORT/TERMINATION GUIDELINE



- *Considerations
- Consider transport where location is not conducive to leaving patient, and appropriate to do so, e.g. public location
 - Consider transport if family members demanding transport, or similar
 - If transporting due to these considerations without ROSC, continue full HPCPR efforts until turnover of patient care
 - Do not discontinue resuscitation efforts while transporting
 - Transport prior to ROSC may decrease survival rates due to difficulty in maintain HPCPR
 - Do not transport patients after discontinuing resuscitation efforts on scene
 - Ensure a Chaplain or similar is on scene or enroute to assist family members


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PROTOCOL TITLE: SPECIAL CONDITIONS AND H's & T's

PREGNANCY

- 1. High Quality CPR
- 2. Defibrillate as appropriate and normal
- 3. Prioritize oxygenation and airway management
- 4. Start IV/IO above the diaphragm
- 5. Provide continuous lateral uterine displacement
 - a) Using two hands, push the gravid uterus from the right toward the left side of the abdomen
- 6. Transport ASAP to nearest hospital for emergency cesarean
 - a) Emergency cesarean section delivery improves maternal and fetal survival

H's & T's

Hypovolemia
 Hypoxia, Hypoglycemia
 Hydrogen ion (Acidosis)
 Hypo/Hyperkalemia
 Hypothermia

Tension Pneumothorax
 Tamponade, cardiac
 Toxins
 Thrombosis, pulmonary
 Thrombosis, coronary

HYDROGEN ION (ACIDOSIS)

- 1. Acidosis in cardiac arrest is best managed by normal ventilation
- 2. Sodium Bicarbonate should not be used for acidosis except in specific toxidromes (e.g. Tricyclic Antidepressant Overdose, Aspirin overdose)
- 3. For patients with suspected metabolic acidosis (e.g. DKA w/ BG > 500 mg/dL, ASA overdose, TCA overdose, Sepsis) initially presenting with spontaneous respirations, the patient's intrinsic respiratory rate and base line EtCO₂ should be considered the target values for ventilatory management

HYPOTHERMIA AND DROWNING

- 1. High Quality CPR
- 2. Standard airway management for aspiration of water (suction, PPV)
- 3. Remove all wet clothing, aggressively dry the patient, and prevent further heat loss
- 4. Follow standard ACLS guidelines for resuscitation. There is no evidence that standard resuscitative therapy is impacted by patient core body temperature, per AHA 2020 ACLS Guideline
- 5. Passive warming
- 6. Immediate rapid transport for invasive rewarming at the Emergency Department



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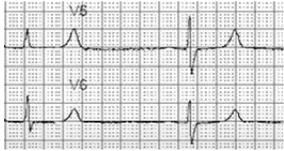
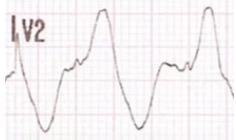
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SPECIAL CONDITIONS AND HS & TS

PROTOCOL TITLE: SPECIAL CONDITIONS AND H's & T's

HYPERKALEMIA (Peri-arrest, arrest or ROSC)

1. Patient presentation; consider treatment if any one of each column is present.

| Presentation/History | ECG Changes | |
|--|--|--|
| Missed Dialysis or | Peaked symmetrical T waves (Especially V3 – V6 amplitudes > 10 mm) |  |
| DKA (Diabetic Ketoacidosis) or | Unstable Bradycardia/Conduction Blocks w/ diminished or absent P waves |  |
| Hyperactive Delirium Accompanied by Severe Agitation or | Really Wide QRS Complex Rhythm |  |
| Rhabdomyolysis | Sign-Wave ECG (QRS merges w/ T wave) |  |

IF Hyperkalemia is suspected, DO NOT give Amiodarone or Lidocaine!

2. 1 - 2 g **Calcium Gluconate** IV (May need additional doses)
3. **Albuterol** Nebulizer treatments 5-10 mg
4. A normal ECG does not exclude a hyperkalemia diagnosis

BETA-BLOCKER OR CALCIUM CHANNEL BLOCKER OD (Arrest or Peri-arrest)

1. Presentation: Bradycardia and Hypotension
 - a) Monitor blood glucose level
 - i. Calcium channel blocker OD may result in hyperglycemia
 - ii. Beta-blocker OD may result in hypoglycemia
2. Consider **Calcium Gluconate** 1 – 2 grams q 10 minutes for Calcium Channel Blocker Overdoses



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SPECIAL CONDITIONS AND Hs & Ts

PROTOCOL TITLE: SPECIAL CONDITIONS AND H's & T's

3. Consider 2 mg **Glucagon** IV for refractory hypotension (most effective in bradycardia w/ pump failure, not effective in vasodilation) Glucagon half-life is 15 minutes, if hemodynamic improvement occurs re-dosing will be necessary
4. Administer vasopressors
 - a) **Epinephrine** 2-10 mcg/min to improve inotropy and chronotropy
 - b) **Norepinephrine** 1-30 mcg/min for vasoconstriction
 - i. Dihydropyridine CCB (e.g. amlodipine, nifedipine)
 - ii. Beta-blockers with vasodilatory effects (e.g., betaxolol, bucindolol, carteolol, carvedilol, celiprolol, labetalol, nebivolol)

CRASHING ASTHMATIC/CARDIAC ARREST

1. Continuous **Albuterol** nebulizer
2. IM **Epinephrine** 0.3 – 0.5 mg, may repeat 1-2 times
3. **Epinephrine** drip 2-15 mcg/min titrated up to 15 mcg/min
4. Consider **Magnesium sulfate** 2 g IV over 5 minutes
5. **Ketamine** 2 mg/kg and **Fentanyl Citrate** 1-3 mcg/Kg for sedation with intubation (may increase bronchial dilation) Use ideal body weight instead of actual body weight in obese patients.
6. Use 0 PEEP
7. Use low respiratory rate and low tidal volume to prevent AutoPEEP
8. If chest is distended, BVM ventilation becomes difficult, blood pressure decreases, or ventilator plateau pressure increases above 30 cmH₂O, disconnect BVM/ventilator and compress thorax to force exhalation and relieve AutoPEEP.
9. In cardiac arrest, evaluate for tension pneumothorax

ANAPHYLAXIS

1. Cardiac arrest secondary to anaphylaxis, standard resuscitative measures and immediate administration of **Epinephrine** takes priority



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June 30, 2024

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Medical Program Director

Adams, Benton, Franklin and Yakima Counties

PROTOCOL TITLE: SPECIAL CONDITIONS AND H's & T's**TRAUMA**

Standard ACLS is not effective for cardiac arrest due to trauma-related hypovolemia. Epinephrine and standard ACLS pharmacology should not be routinely used to treat traumatic arrest secondary to blood loss. Cardiac arrest in the setting of blunt force trauma has a statistically poor prognosis and protocol [G-3](#) should be referenced. Treatment of patients who suffer traumatic cardiac arrest while under the care of EMS personnel shall focus on BLS and finding reversible causes. Trauma that is primarily asphyxia in nature, such as hangings, diving or drowning, or some other mechanism of trauma specifically affecting the airway should focus on airway and breathing, and it may be appropriate to include traditional ACLS interventions. The following should be rapidly assessed or considered:

1. Ensure patent airway and adequate oxygenation/ventilation
2. Assume hemorrhagic shock. Control massive bleeding; apply tourniquets high on extremities with significant bleeding, control massive bleeding from junctional wounds by packing the wound with hemostatic dressings
3. Evaluate for tension pneumothorax, perform needle thoracentesis in accordance with protocol [\(P-15\)](#)
4. Apply occlusive dressing to open penetrating chest wounds
5. Apply pelvic splint for all multi-system trauma
6. Rapidly establish venous access and administer 30 mL/Kg **crystalloid** solution for volume expansion
7. Straighten and splint all long bone fractures
8. Initiate rapid transport per protocol [\(T-3\)](#)



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PROTOCOL TITLE: ACUTE ABDOMEN

An Acute Abdomen is defined as non-traumatic, severe, persistent abdominal pain of sudden onset that requires immediate medical or surgical review.

Examples of pathologies that may create an acute abdomen:

- Upper abdomen: Cholecystitis, peritonitis, acute hepatitis, acute pancreatitis, GERD/ulcers.
- Lower abdomen: Appendicitis, diverticulitis, ectopic ruptures, ovarian cysts.
- Other sites: AMI, abdominal aortic aneurysm (AAA), kidney stones, aortic dissection.

I. BASIC LIFE SUPPORT

1. Establish and maintain airway.
2. Apply O₂ via nasal cannula at 2-4 L/min.
3. Allow patient to lie in a position of comfort.
4. Pain management per protocol ([P-13](#))



- a. **Nitrous Oxide** (Nitronox)
- b. **Acetaminophen** (Tylenol) 650-1000 mg PO.
 - i. Pediatric Dose: 15 mg/kg PO.
5. Consider **Zofran (Ondansetron)** 4-8 mg PO for nausea or vomiting.
Note: BLS/ILS providers must complete A.B.F.Y. County course before authorized to administer Zofran (Ondansetron).
6. Consider ALS rendezvous per guideline.

II. INTERMEDIATE LIFE SUPPORT

7. Establish peripheral IV with **crystalloid** @ TKO rate if VS are normal.
8. BP < 90 mm/hg systolic and/or HR >120 should receive a 30cc/kg bolus of **crystalloid**.
9. Contact medical control for further fluid orders if VS still abnormal.

III. ADVANCED LIFE SUPPORT

10. Establish IV and Cardiac Monitor.
11. Consider immediate life-threatening causes, such as abdominal aortic aneurysm (AAA). If the patient is unstable:
 - a. Document presence or absence of pulses in lower extremities.
 - b. Consider multiple IVs.

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PROTOCOL TITLE: ACUTE ABDOMEN

- c. Frequent vital sign monitoring.
 - d. Do not delay transport.
12. Treat pain as needed per pain management protocol ([P-13](#)). Do not withhold pain medications in the Acute Abdomen.
13. Treat nausea/vomiting:
- a. **Zofran (ondansetron)** 4-8 mg IV, IM, PO.
 - OR**
 - b. **Reglan (metoclopramide)** 5-10 mg IV, IM.

ACUTE ABDOMEN

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June 30, 2024
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PROTOCOL TITLE: ANAPHYLAXIS AND ALLERGIC REACTION

I. BASIC LIFE SUPPORT

1. Establish and maintain airway.
2. **Albuterol (Proventil®)** 2.5 mg in 3 cc unit dose of 0.9% **NaCl** per nebulizer mask for wheezing.

Note: BLS providers must complete A.B.F.Y. County course before authorized to administer Albuterol.

3. **Diphenhydramine (Benadryl)** 25-50mg PO.

- a. **Pediatric dose;** 1-2 mg/kg PO.

Note: BLS/ILS providers must complete A.B.F.Y. County course before authorized to administer diphenhydramine.

If patient is displaying signs & symptoms of respiratory distress and/or shock (ie. Anaphylaxis):

4. Administer **Epinephrine Auto-injector** from your EMS supplies or patient's physician prescribed Epi.

- a. Adult – **EpiPen** (0.3 mg).

- i. If **Epi-Pen** not available, consider.
- ii. **Epinephrine**, 1:1,000, 0.3-0.5 mg IM.

- b. Infant/Child –**EpiPen Jr.** (0.15 mg) describes individual who is under 10 years of age and/or weighing < 60 lbs.

- i. If Epi-Pen not available: **Epinephrine** 1:1,000 0.15 mg IM.

Ensure Epi-PEN is not expired, cloudy or crystallized.

- c. Record time of injection & reassess in two minutes.
- d. Continue supportive care.

Note: BLS/ILS providers must complete A.B.F.Y. County course before authorized to administer Epinephrine.

II. INTERMEDIATE LIFE SUPPORT

5. Establish IV access with **crystalloid** at rate indicated by clinical findings and vital signs.
6. **Diphenhydramine** (Benadryl) 25-50 mg slow IVP, IO, deep IM
1-2mg/kg slow IVP, IO, IM



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PROTOCOL TITLE: ANAPHYLAXIS AND ALLERGIC REACTION

III. ADVANCED LIFE SUPPORT

Allergic reaction

Hives, redness, localized swelling or itching, swelling of the face or eyes, tightness in the throat, and/or wheezing.

- 7. **SoluMedrol** 125mg IV.
- 8. **Duoneb** per nebulizer mask or through BVM PRN wheezing. Repeat PRN.
- 9. EKG monitor

If no improvement, progressing laryngeal edema, worsening dyspnea, or hypotension consider:

- a. **Epinephrine**, 1:1,000, 0.3-0.5 mg IM.
- OR**
- b. **Epinephrine** 1:10,000, 0.3-0.5 mg IV, IO.
-  c. Consider **Racemic Epinephrine**, dilute 0.25-0.5 mL in 3 cc unit dose of **NS**, per nebulizer mask.
- d. Endotracheal intubation/RSI if respiratory failure.

Continued signs of shock despite treatment.

- a. **Epinephrine** drip.
- b. **May repeat Epinephrine 1:1000 or 1:10000 every 5 minutes if needed.**

Epi gtt info from drug table

1 mg Epi in 500 ml NS = 2 mcg/ml

| <u>Dose</u> | <u>gtt/min</u> <u>60 gtt set</u> |
|-------------|-------------------------------------|
| 0.1 mcg/min | 3 |
| 0.5 mcg/min | 15 |
| 1 mcg/min | 30 |
| 2 mcg/min | 60 |
| 4mcg/min | 120 |

PEDIATRIC: 

2 mg Epi in 500 ml NS = 4 mcg/ml

| <u>Dose</u> | <u>gtt/min</u> <u>60 gtt set</u> |
|--------------|-------------------------------------|
| 0.1mcg/min | 1.5 |
| 0.25 mcg/min | 3.75 |
| 0.5 mcg/min | 7.5 |
| 1 mcg/min | 15 |
| 2 mcg/min | 30 |

ANAPHYLAXIS AND ALLERGIC REACTION



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June 30, 2024
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PROTOCOL TITLE: BEHAVIORAL EMERGENCIES

I. BASIC LIFE SUPPORT and INTERMEDIATE LIFE SUPPORT

General Considerations

- Be aware of dangers to patient or medical personnel.
- Summon law enforcement.
- Request Mental Health Professional as needed.
- Approach patient in a calm manner.
- Show self-confidence and convey concern for patient.
- Reassure patient he/she should and will be taken to a hospital where there are people that are interested in helping him/her.

General Approach

- Transport the patient as quickly as possible to an appropriate facility without causing undue emotional or physical harm.
- If the patient appears to have significant mental or behavioral disorder and is refusing transport, determine capacity to refuse (G10). You may consider requesting police and/or mental health professional assistance. Police intervention may be limited by existing state law.

You may utilize additional mental health resources to assist with evaluation and care of a mental health emergency.

- Adams County utilize Adams County Mental Health at 509-488-5611.
 - Benton and Franklin counties call the county Crisis worker at 509-783-0500.
 - Yakima County request the DCR who may be contacted through the 911 dispatcher.
 - Other specific resources may exist in your area.
- Never stay alone with a violent patient and have enough help to restrain him/her if needed.
 - Consider the armed patient potentially homicidal as well as suicidal.
 - For severe or dangerous agitation/combativeness that represents an acute danger to the patient or EMS personnel, consider physical restraint:
 - 4-point soft restraints – secure patient safely in supine position to gurney or backboard.



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BEHAVIORAL EMERGENCIES

PROTOCOL TITLE: BEHAVIORAL EMERGENCIES

- Spitting or biting patients may be secured with a spit sock/hood, surgical mask, or an oxygen mask that has flowing oxygen.

***Violent patients judged as unsafe for transport may be sedated by ALS personnel.**

II. ADVANCED LIFE SUPPORT

1. For severe or dangerous agitation/combativeness refractory to verbal redirection, consider chemical restraint in conjunction with physical restraint:
 - a. **Ketamine** 250 mg IM / 1-2 mg/kg IV. May repeat x1 after 5 minutes if needed.
 - i. Good general chemical restraint with few contraindications.
 - b. **Versed (midazolam)** 1-5 mg IV, IM, or intranasal. May repeat x1 after 5 minutes if needed.
 - i. May be medication of choice (used with **Inapsine (droperidol)** in known or suspected sympathomimetic overdose or intoxication (e.g. cocaine, methamphetamines).
 - c. **Inapsine (droperidol)** 5 mg IV, IM.
 - i. May be used in conjunction with **Versed (midazolam)** for rapid onset of chemical sedation. When using **Inapsine (droperidol)** by itself, expect onset <15 minutes.

Note: Use of chemical restraint also falls under monitoring guidelines for sedation Protocol **P-23**.

Law enforcement personnel may assume responsibility for patient restraint but must accompany patient to the emergency department. Law enforcement restraint method must not prevent the patient from being transported in a supine position. EMS does NOT transport patients in metallic restraints without the presence of law enforcement or corrections officers in the ambulance with the patient.



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PROTOCOL TITLE: STROKE



I. BASIC LIFE SUPPORT

Notify Medical Control

1. Establish and maintain airway.
2. Place patient in lateral position, on paralyzed side if present.
3. If SaO₂ < 94%, administer oxygen if to keep SaO₂ > 94%.
4. Obtain blood glucose level. Treat hypoglycemia as necessary.
5. Complete BEFAST pre-screening criteria. Obtain and clearly note time of onset of symptoms and time last known normal.
6. Suction PRN.
7. If evidence of trauma, initiate cervical immobilization.
8. If time permits, complete "Thrombolytic Checklist" and Los Angeles Motor Scale (LAMS) Score. Notify the receiving hospital if positive for large vessel occlusion.

II. INTERMEDIATE LIFE SUPPORT

9. Establish peripheral IV with **crystalloid @** TKO rate.

III. ADVANCED LIFE SUPPORT

10. Assess airway, if unstable or if no gag reflex present consider endotracheal intubation/RSI.
11. Establish IV and cardiac monitor.
12. Screen for thrombolytic therapy. If patient may meet criteria for thrombolytics initiate rapid, early transport and early notification of the receiving hospital. Patients who may meet criteria for thrombolytic therapy should be preferentially transported to a facility capable of utilizing thrombolytics.

NOTE: Patients who meet the following criteria can be routed directly to CT when ordered to do so by the ER physician. It is paramount for EMS to ensure the following in order to help the Stroke Team reduce "Door to Drug" and/or intravascular intervention times.

1. Establish firm time of symptom onset less than 24 hours
2. Positive BEFAST Assessment and LAMS score
3. Airway managed and controlled appropriately
4. Blood Sugar controlled above 80 mg/dl

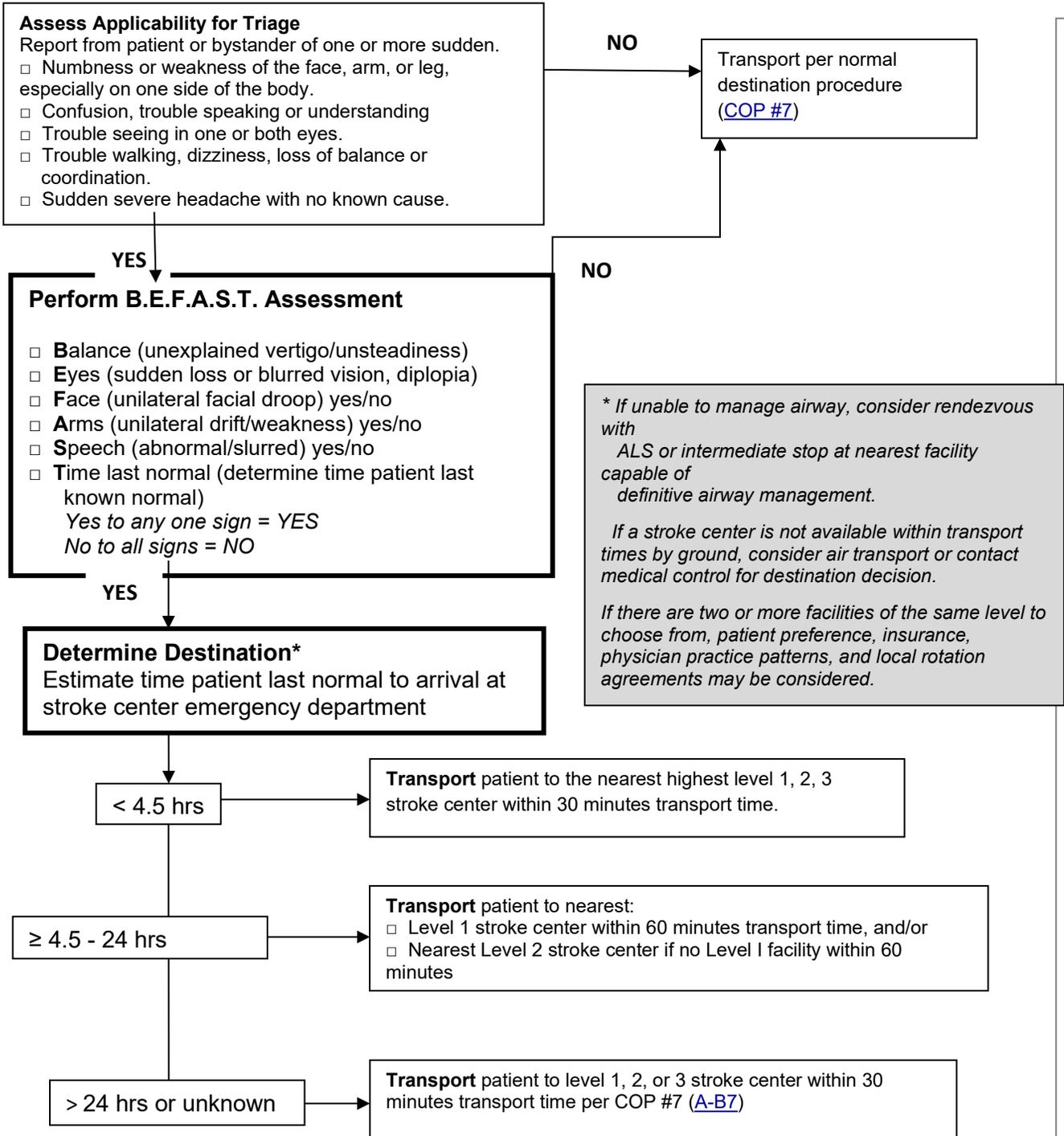
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STROKE

PROTOCOL TITLE: STROKE

Pre-hospital Stroke Triage Destination Procedure



STROKE

Limit scene time and alert destination hospital en route ASAP

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PROTOCOL TITLE: STROKE

Purpose

The purpose of the Stroke Triage and Destination Procedure is to help you identify stroke patients in the field so you can take them to the most appropriate hospital. Like trauma, stroke treatment is time-critical the sooner a patient is treated, the better their chances of survival. Fast treatment can mean less disability, too. For strokes caused by a blood clot in the brain (ischemic), systemic clot-bursting medication must be administered within 4.5 hours from the time they first have symptoms but in some cases intra-arterial interventions may be beneficial up to 24 hours after onset. For bleeding strokes (hemorrhagic), time is also critical. As an emergency responder, you play a crucial role in getting patients to treatment in time.

Stroke Assessment – B.E.F.A.S.T.

The B.E.F.A.S.T assessment tool (also known as the Cincinnati Prehospital Stroke Scale + Time) is a simple but reasonably accurate way to tell if someone might be having a stroke. It's easy to remember: Balance, Eyes, Facial droop, Arm drift, Speech, + Time. If face, arms, or speech is abnormal, it's likely your patient is having a stroke. You should immediately transport the patient to a stroke center per the triage tool and regional patient care procedures. Alert the hospital on the way. Transport should not be delayed for IV and EKG monitoring.

| Test | Normal | Abnormal |
|--|---|---|
| <u>B</u> alance: Subjective or objective findings of balance abnormalities | No physical exam indicators of balance abnormalities | Unexplained dizziness, unsteadiness or sudden falls especially when accompanied by any other symptoms below. |
| <u>E</u> yes: Check for diplopia, blurred vision, loss or sudden change in vision or eye deviation | No identified changes or abnormalities in vision | Sudden dimness or loss of vision, particularly in one eye, diplopia or blurred vision and/or eye deviation. |
| <u>F</u> acial droop: Ask patient to show his or her teeth or smile. |  <p>Both sides of the face move equally.</p> |  <p>One side of the face does not move as well as the other</p> |
| <u>A</u> rm drift: Ask the patient to close his or her eyes and extend both arms straight out for 10 seconds. The palms should be up, thumbs pointing out. |  <p>Both arms move the same or both arms are do not move at all.</p> |  <p>One arm drifts down, or one arm does not move at all.</p> |
| <u>S</u> peech: Ask the patient to repeat a simple phrase such as "Firefighters are my friends." | The patient says it correctly, with no slurring. | The patient slurs, says the wrong words, or is unable to speak. |
| <u>T</u>ime: Ask the patient, family or bystanders the last time the patient was seen normal. | | |

"BE FAST was developed by Intermountain Healthcare, as an adaptation of the FAST model implemented by the American Stroke Association. Reproduced with permission from Intermountain Healthcare. © 2011 Intermountain Healthcare. All rights reserved."


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STROKE

PROTOCOL TITLE: STROKE

Los Angeles Motor Scale (LAMS)

The LAMS scorecard assigns a point value to the facial droop, arm drift, and grip strength of a stroke patient. The results of this exam provide you with a score. A score of 4 or more has a high likely hood of the patient having a large vessel occlusion. Notification to the hospital should include your LAMS score for all stroke team activations.

LAMS SCORECARD

Would this patient benefit from Stroke EVT?



STEP 1 FACIAL DROOP

Ask the person to smile. Is there any weakness or facial droop?
0 Absent
1 Facial droop present

— **+**



STEP 2 ARM DRIFT

Bring the person's arm(s) up to a 90° angle and ask them to hold that position for 10 seconds. Is there any drift or drop of an arm?
0 Absent
1 Drifts Down
2 Falls Rapidly

+



STEP 3 GRIP STRENGTH

Ask the person to grip your hands. Does one hand have less power than the other?
0 Normal
1 Weak Grip
2 No Grip

=



**STEP 4
ADD
SCORE**
Total possible score is 5

If LAMS score is positive (4 or greater), patient may be eligible for EVT

January 13, 2021; Adapted from Northwestern Ontario Regional Stroke Network

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STROKE

PROTOCOL TITLE: HYPERGLYCEMIA**I. BASIC LIFE SUPPORT**

1. Establish and maintain airway.
2. Obtain vital signs.
3. Check blood glucose.

II. INTERMEDIATE LIFE SUPPORT

4. Establish peripheral IV with **crystalloid** and administer 30 mL/kg bolus if signs of dehydration or blood glucose > 300 mg/dL. If pediatric patient, administer 20 mL/kg IV bolus.
5. Transport and obtain follow-up vital signs.

III. ADVANCED LIFE SUPPORT

6. Establish cardiac monitor.
7. Consider possibility of DKA with or without hyperkalemia.
8. For altered mental status, consider a second IV line and see Protocol **M12**.

HYPERGLYCEMIA

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PROTOCOL TITLE: HYPOGLYCEMIA

I. BASIC LIFE SUPPORT

1. Establish and maintain airway.
2. If unstable, administer **O₂** @ 10-15 L/min via nonrebreather mask.
3. Determine blood sugar, if < 80 mg/dL and patient is conscious and able to swallow without difficulty:
 - a. Administer **Oral Glucose** 15 g.
Or
 - b. Orange juice or an equivalent high concentration of sugar solution PO.

An adult patient may elect not to be transported if:

- c. Blood sugar > 80.
- d. Normal LOC.
- e. The patient is able to eat on their own and re-check own blood glucose level.
- f. The patient has someone on scene to assist them, and summon EMS if necessary.
- g. See also Protocol **G10** – Patient refusal

Note: If patient is on oral hypoglycemics they are at high risk for recurrent hypoglycemia - call online medical control.

II. INTERMEDIATE LIFE SUPPORT

4. Establish peripheral IV access with **crystalloid** @ TKO rate.
 - a. May consider establishing IV access with a solution of **D₁₀**
5. Adult Administer **dextrose, D₅₀** 25 g IV, IO bolus.
 - a. If using **D₁₀**, administer 250 ml to achieve dose of 25g.
 - b. May repeat **D₅₀** or **D₁₀** up to 25g after 5-10 minutes if no response and blood glucose remains < 80 mg/dL.
6. Pediatrics 0.5-1 g/kg **dextrose** based on the following dilutions up to 25g. For **D₁₀**, 0.5 – 1.0 g/kg is equivalent to 5 ml – 10 ml/kg fluid
7. If unable to establish IV and patient is unable to take oral glucose, administer **glucagon**, 1.0 mg IM.



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PROTOCOL TITLE: HYPOGLYCEMIA

- a. Age < 1 year may use **D₁₀** or dilute **D₅₀** or **D₂₅** to **12.5 dextrose**.
- b. Age 1-8 years may use **D₁₀** or dilute **D₅₀** to **D₂₅**.
- c. Age > 8 years may use **D₁₀** or **D₅₀**.

III. ADVANCED LIFE SUPPORT

8. Consider cardiac monitor.
9. If suspected alcohol abuse and/or malnutrition, administer **thiamine (Betain®)** 100 mg IV bolus prior to administration of **D₅₀**.
 - a. May repeat **D₅₀** up to 25g (250 ml if using **D₁₀**) after 5-10 minutes if no response and blood glucose < 70.

HYPOGLYCEMIA

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PROTOCOL TITLE: HYPOTENSION /HYPOVOLEMIA- UNKNOWN ETIOLOGY

Adult with systolic blood pressure (SBP) < 90mm Hg or mean arterial pressure (MAP) < 65mm Hg, not clearly falling under another protocol.



Pediatric

Shock in children is subtle and may be difficult to detect. Use clinical judgment and incorporate vital signs.

Assessment and Vital Sign Parameters

Pt presents with cool, clammy, or mottled skin, and tachycardia. Pt. has a >5 second capillary refill. Additionally, pt is irritable or unresponsive, Altered mental status for self. History of vomiting and diarrhea, or trauma.

TACHYCARDIA

- Newborn----- HR > 180/min.
- Infant -----HR> 160/min.
- Toddler -----HR > 140/min.
- Preschooler----- HR> 130/min.
- Adolescent -----HR > 120/min.

LOW SYSTOLIC BLOOD PRESSURE

- Newborn----- < 60 mm Hg
- Age 1 year or older----< 70 + (2 x age in years)

I. BASIC LIFE SUPPORT

1. Establish and maintain airway.
2. Administer O₂ @ 10-15 L/min per NRM, assist as needed with BVM and OPA/NPA.
3. Control bleeding.
4. Consider shock position.



5. Maintain body temperature above 97° F.
6. If patient will tolerate position, place patient supine and elevate lower extremities.

II. INTERMEDIATE LIFE SUPPORT

7. Establish large-bore IV with **crystalloid**.
 - a. Administer fluid bolus of 30 mL/kg **crystalloid**. (May repeat x 1)



Administer 20 mL/kg **crystalloid**. (May repeat x 1)

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HYPOTENSION / HYPOVOLEMIA- UNKNOWN ETIOLOGY

PROTOCOL TITLE: HYPOTENSION /HYPOVOLEMIA– UNKNOWN ETIOLOGY**III. ADVANCED LIVE SUPPORT**

8. Establish cardiac monitor.
9. Administer **norepinephrine** if no response or inadequate response to fluid challenges. Initial rate of 2-4mcg/min IV/IO, titrated to maintain systolic blood pressure >90mmHg. Consult drip table (A-A2) for rates, rate adjustments should be limited to 2-4mcg/min every 5 minutes.
10. For hypotension refractory to fluid bolus, may give **glucagon** 2 mg IV push. Repeat PRN.
11. In the setting of acute hemorrhagic shock, with anticipated need for blood transfusion due to marked internal or external blood loss, the criteria for Tranexamic acid administration are:
 - a. Adult patients equal to or greater than 16 years of age.
 - b. Cause of bleeding less than 3 hours old.
 - c. Systolic BP 90mmHg or less, mean arterial pressure (MAP) <65, and/or sustained heart rate more than 110 bpm
 - d. Patient has received at least 500mL of crystalloids.

Tranexamic acid (TXA) 1gram IVP administered over 10 min. in 100 mL or 250 mL NS (may piggy-back).

Notify receiving facility that **TXA** was initiated in the field.



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PROTOCOL TITLE: NAUSEA AND VOMITING

I. BASIC LIFE SUPPORT

1. If stable, administer **O₂** @ 2-4 L/min via nasal cannula.
2. If unstable, administer **O₂** @ 10-15 L/min via nonrebreather mask.
3. Administer **ondansetron (Zofran)** 4-8 mg PO.
Note: BLS/ILS providers must complete A.B.F.Y. County course before authorized to administer ondansetron (Zofran).
4. Pediatrics administer **ondansetron (Zofran)** based on the following:



- a. <1 yo 1 mg PO.
- b. 1-8 yo 2 mg PO.
- c. >8 yo 4 mg PO.

5. Assess neurological and cardiac status.

II. INTERMEDIATE LIFE SUPPORT

6. Establish peripheral IV with **crystalloid** @ TKO rate.

Administer 30mL/kg IV bolus if evidence of hypovolemia.



Administer 20 mL/kg IV bolus if evidence of hypovolemia

7. Administer **ondansetron (Zofran)** 4-8 mg IV IM, IO, or PO.
8. Pediatrics administer **ondansetron (Zofran)** based on the following:



- d. <1 yo 1 mg IV, IO, IM, PO.
- e. 1-8 yo 2 mg IV, IO, IM, PO.
- f. >8 yo 4 mg IV, IO, IM, PO.

III. ADVANCED LIFE SUPPORT

9. If refractory vomiting, suspected migraine, or contraindication to **ondansetron (Zofran)**, consider **Reglan (metoclopramide)** 5-10mg IV, IM.
10. Establish Cardiac Monitor. Consider 12-lead ECG.

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PROTOCOL TITLE: OBSTETRICAL EMERGENCIES**I. BASIC LIFE SUPPORT**

Obtain history and perform physical assessment:

1. History to include, but not limited to:
 - a. Gravity (number of times pregnant).
 - b. Parity (number of life births).
 - c. How many weeks pregnant.
 - d. Medical problems during the pregnancy.
 - e. Presence or absence of prenatal care.
 - f. High risk patient.
 - g. Taking medications regularly (e.g., insulin, seizure medications).
 - h. Recent use of drugs, (e.g., cocaine, ETOH).
2. Assessment to include:
 - a. Any vaginal bleeding?
 - b. Any fluid loss?
 - c. Cramps or contractions and frequency.
 - d. Palpate fundus for contractions.
3. Establish and maintain airway.
4. If stable, administer **O₂** @ 2-4 L/min per nasal cannula.
5. If unstable, administer **O₂** @ 10-15 L/min per nonrebreather mask.
6. Transport in left lateral recumbent position.
7. **For Vaginal Bleeding: Transport any recognizable or suspected products of conception or fetal material present at the scene to the receiving facility.**
8. If crowning is present on visual examination, or if multiparous patient and contractions <2 minutes apart, and transport time >15 minutes, prepare for delivery.

II. INTERMEDIATE LIFE SUPPORT

For complicated obstetrical emergencies, contact medical control.

9. Establish large-bore peripheral IV with **crystalloid** @ TKO rate.



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PROTOCOL TITLE: OBSTETRICAL EMERGENCIES

III. ADVANCED LIFE SUPPORT

POST-PARTUM HEMORRHAGE



10. If postpartum hemorrhage profuse and patient exhibiting sign of shock massage uterus firmly, treat hypovolemia with positioning, oxygen and IV fluids. Contact medical control if considering **Tranexamic Acid (TXA)** administration.

TOXEMIA

1. Pre-eclampsia if BP >160/110 with edema, **Magnesium sulfate** 4 grams IV slow, over 30 minutes diluted in 50-100 ml crystalloid.
2. Eclampsia (Toxemia), seizure and/or postictal.
 - a. **Lorazepam** 2–4 mg IV, may repeat until cessation of seizure
 - b. **Magnesium sulfate** 4g IV slow, over 30 minutes diluted in 50-100 ml crystalloid.

CARDIO-PULMONARY ARREST

1. For those patients who suffer cardiopulmonary arrest who are in the third trimester of pregnancy, full resuscitative measures should be continued, even if it is obvious that the mother will not survive. Patients who meet criteria of obvious nonacute mortality (such as dependent lividity, see protocol **G6**) should not receive resuscitation efforts.

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PROTOCOL TITLE: OVERDOSE**I. BASIC LIFE SUPPORT**

1. Responsive, alert patient with gag reflex:
 - a. Establish and maintain airway.
 - b. Administer **O₂** via NC/NRB to maintain SpO₂ of 94-98%.
 - c. Ventilate or assist ventilation with BVM, OPA/NPA if patient apneic or hypoventilating.
2. If suspected **opioid overdose** and patient has a decreased or inadequate respiratory rate:
 - a. Administer **naloxone (Narcan®)**. 0.4 -2 mg Intranasally via intranasal drug delivery device. May repeat **ONCE** on opposite nostril if no respiratory improvement is noted after 5 minutes.

NOTE; If using a 2-5 mg pre-filled nasal delivery applicator, up to 4 mg may be given.



- b. Ongoing assessment with documentation of reaction to any administration of **naloxone (Narcan®)**.

II. INTERMEDIATE LIFE SUPPORT

3. Establish peripheral IV with **crystalloid @** TKO rate.
4. If suspected **opioid overdose** and patient has a decreased or inadequate respiratory rate:
 - a. Administer **naloxone (Narcan®)**, 0.4 - 2 mg IV, IM, IO, or IN via intranasal mucosal atomizer device. May repeat every 2-3 minutes to a maximum of 10 mg. Titrate to respiratory effect.
 - i. Consider direct distribution of naloxone to the patient or to those that are close to the patient (if available).
 - b. Ongoing assessment.

III. ADVANCED LIFE SUPPORT

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OVERDOSE

PROTOCOL TITLE: OVERDOSE

5. Assess airway, if unstable or if no gag reflex present consider endotracheal intubation/RSI.
6. EtCO₂ and cardiac monitor.
7. If ingestion unknown and patient has diminished level of consciousness or depressed respiratory rate:
 - a. May administer:
 - i. **Naloxone (Narcan)** 0.4-2 mg IV.
 - ii. **Thiamine** 100 mg IV.
 - iii. **Dextrose, D₅₀** or **D₁₀** 25 grams, may repeat x 1 in 5 minutes, PRN.
8. If suspected bath salts/MDPV/Synthetic Psychoactive Stimulants:
 - a. Consider prophylactic IV fluid bolus if suspected rhabdomyolysis.
 - b. **Lorazepam** 2-4 mg IV/IM/IO or **midazolam** 1-5 mg IV/IM/IO/intra-nasal for seizures, hypertension, or profound hypertension and/or severe tachycardia.
 - c. See protocol M3 for chemical restraint if indicated.
 - d. Monitor ECG, SaO₂, EtCO₂
9. If suspected **Tricyclic Antidepressant (TCA)** overdose:
 - a. If QRS widening (but still <0.12s), but not increasing, may give **Magnesium sulfate** 2 grams IVPB over 10 min.
 - b. If HR sustained greater than 120 bpm, EKG shows QRS widening more than 0.12s, hypotension refractory to fluid bolus, or ventricular dysrhythmias: may administer **Sodium bicarbonate** 1mEq/kg slow IV push.
 - c. May use **norepinephrine (Levophed)** 2-4 mcg/min for hypotension refractory to fluid bolus.
 - d. **Lorazepam** 2-4 mg IV/IM or **midazolam** 1-5 mg IV/IM/intranasal for seizures.
 - e. Amiodarone and beta blockers are contraindicated for ventricular dysrhythmias in TCA overdose.
10. If suspected Beta Blocker overdose:
 - a. For SBP<90 give IV **crystalloid** bolus 30ml/kg. Place patient in Trendelenburg position.
 - b. For hypotension refractory to fluid bolus, may give **glucagon** 2 mg IV push. Repeat PRN.



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Medical Program Director

Adams, Benton, Franklin and Yakima Counties

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OVERDOSE

PROTOCOL TITLE: OVERDOSE

- c. For bradycardia, may administer **atropine** 1mg IV with repeated doses at 5 minute intervals until desired response.
- d. May use **norepinephrine (Levophed)** drip initiate at 2-4mcg/min.

11. If suspected Calcium Channel Blocker overdose:

- a. May give **Calcium gluconate** 1-2 grams IV or **Calcium chloride** 1g IV over 5 min for signs and symptoms of toxicity (i.e. bradycardia or hypotension). May repeat dose in 10 minutes.
- b. May use **norepinephrine**. Administer **norepinephrine** if hypotension persists. Initial rate of 2-4mcg/min IV/IO, titrated to maintain systolic blood pressure >90mmHg. Consult drip table (A-A2) for rates, rate adjustments should be limited to 2-4mcg/min every 5 minutes.

12. If suspected cocaine, amphetamine, or PCP overdose:

- a. May administer **lorazepam** 1-2 mg increments IV for chest pain or hypersympathetic state (sustained HR>120 or SBP>180) related to overdose.
- b. Refer to Acute Coronary Syndrome protocol for patients with chest pain ([C-3](#)).
- c. If wide complex tachycardia with a pulse, consider **lidocaine** 1 mg/kg IVP.
- d. If cardiac arrest, may consider **Sodium bicarbonate** 1 mEq/kg IVP.

NOTE: In all cases follow ACLS guidelines for dysrhythmia (per protocol).

**OVERDOSE**

A handwritten signature in blue ink, appearing to read 'Kevin Hodges', with a horizontal line underneath.

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PROTOCOL TITLE: SEIZURES

I. BASIC LIFE SUPPORT

- 1. If stable, administer **O₂** @ 4-6 L/min via nasal cannula.
- 2. If unstable, administer **O₂** @ 10-15 L/min via nonrebreather mask.
- 3. Physical assessment and history.
- 4. Check blood glucose.
- 5. Airway measures as necessary (suction, NPA/OPA, etc)
- If seizure terminates spontaneously and patient has history of previous seizures with ongoing medical management of those seizures, and clinical situation dictates the patient may have option of not being transported to the hospital.
- Document a description of the seizure including duration and post-ictal findings.
- For pediatric patients, assess whether the seizure may be febrile in nature. If so, remove heavy or swaddling clothes, keep patient lightly dressed.
-  a. For pediatric seizures associated with a fever greater than 103° consider **Acetaminophen** 20 mg/kg PO or PR (suppository).

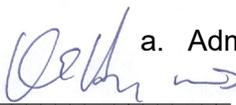
II. INTERMEDIATE LIFE SUPPORT

- 6. Establish peripheral IV with **crystalloid** @ TKO rate.
- 7. If blood glucose <80.
 - a. Administer **dextrose**, **D₅₀**, 25 g slow IV push or **D₁₀**, 250ml.
 - b. For children 8 years old or less administer 0.5-1.0 mg/kg up to 25g of **dextrose** diluted as follows:
 -  i. <1 years of age, **D₁₀** solution.
 - ii. 1-3 years not greater than **D₂₅** solution.
 - iii. >3 years may use **D₅₀** solution.

8. Patients experiencing seizures lasting greater than 5 minutes, having reoccurring seizures or experiencing new onset of seizure without prior history must be transported.

III. ADVANCED LIFE SUPPORT

- 9. In the case of witnessed continuous seizure activity >5min with respiratory compromise or repetitive seizures without a return to consciousness:
 - a. Administer:


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SEIZURES

PROTOCOL TITLE: SEIZURES

- i. **Lorazepam** 2 - 4 mg slow IV push, IM or IN using intranasal drug delivery device.
OR
- ii. **Midazolam** 1 - 5 mg IV, IM or IN using intranasal drug delivery device.
- c. Establish cardiac monitor.
- d. Continue monitoring airway.

**11. Pediatric Seizures**

- a) Consider **lorazepam** (peds dose) 0.1 mg/kg slow IV (max 4 mg) over 2-5 minutes or same dose IM/IN.
OR
- b) **Midazolam** 0.5-5mg IV or IM. For IN atomized **midazolam** 0.2 mg/kg using a nasal drug delivery device.
- c) After two unsuccessful attempts at peripheral venipuncture, and patient remains unconscious consider intraosseous (IO) route.

****Be alert for respiratory complications.***

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Adams, Benton, Franklin and Yakima Counties

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SEIZURES

PROTOCOL TITLE: ALTERED-MENTAL STATUS

I. BASIC LIFE SUPPORT

1. If patient has good gag reflex & adequate respiratory drive, administer O₂ @ 10-15 L/min, nonrebreather mask.
2. If patient has no gag reflex, establish OPA/NPA & assist ventilation with BVM & supplemental O₂ @ 10-15 L/min.
3. Look for underlying causes of unconsciousness as needed. Consider trauma.
 - a. Obtain blood sample with glucometer.
 - b. Normal levels run between 80-110 mg/dL.
 - c. Report findings to Medical Control.



4. If suspected opioid overdose and patient has a decreased or inadequate respiratory rate:
 - a. Administer **naloxone (Narcan®)**, 0.4 – 2 mg Intranasally via intranasal drug delivery device. May repeat **ONCE** in opposite nostril if no respiratory improvement is noted after 5 minutes.

NOTE: If using a 2 -5 mg pre-filled nasal delivery applicator, up to 4 mg may be given.



- b. Ongoing assessment with documentation of reaction to any administrations of **naloxone (Narcan®)**.

II. INTERMEDIATE LIFE SUPPORT

5. Establish IV access with crystalloid @ TKO rate.
6. If BG < 80 mg/dl, administer **dextrose D₅₀ or D₁₀** 25 gm IV.
7. Administer **naloxone (Narcan®)**, 0.4-2 mg IV, IM, IN. Titrate 0.4 mg PRN to maintain airway and respirations.

III. ADVANCED LIFE SUPPORT

8. Establish cardiac monitor.


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ALTERED-MENTAL STATUS

PROTOCOL TITLE: ALTERED-MENTAL STATUS

9. If suspected chronic alcohol abuse or malnutrition, administer **thiamine, (Betalin®)** 100 mg IV or IM, prior to administration of **dextrose**.

This protocol should be followed regardless of suspected events. If events unknown, all treatment should be given, no assumptions should be made.

ALTERED-MENTAL STATUS



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PROTOCOL TITLE: SEPSIS

I. BASIC LIFE SUPPORT

1. Establish and maintain airway.
2. Place patient in position of comfort.
3. Obtain blood glucose level. Treat hypoglycemia per Hypoglycemia (M6)
4. Obtain oral or rectal temperature.
5. Obtain EtCO₂ measurement if equipped and trained to do so. EtCO₂ < 25 mmHg is concerning for lactic acidosis.
6. Treat respiratory distress with O₂ as needed.
7. Evaluate history, signs and symptoms, and consider differential diagnoses.
8. Evaluate Sepsis Screen.
9. If Sepsis Screen positive and you are the transporting unit, notify receiving hospital.

Sepsis Screen

Must have obvious or suspected source of infection AND any of these SIRS criteria:

- SBP < 90 mmHg or MAP < 65
- Heart Rate > 90/min
- Respiratory Rate > 20/min
- GCS < 15
- Temperature > 100.3 F or < 96.0 F (>37.9 C or < 35.5 C)
- EtCO₂ < 26 mmHg on at least 2 consecutive measurements 5 minutes apart.

II.INTERMEDIATE LIFE SUPPORT

1. Establish vascular access; IV/IO
2. Review Altered Mental Status Protocol **M12** if applicable
3. **Crystalloid fluid** bolus IV/IO: 30ml/kg with reassessment every 500mL
 - a. Peds 20mL/kg with reassessment every 500mL



III.ADVANCED LIFE SUPPORT

1. If SBP < 90, MAP < 65, or age-appropriate hypotension after first fluid bolus:
 - a. Adult: Initiate **norepinephrine** infusion IV/IO 2-4 mcg/min.
Titrate to SBP > 90 mm/Hg up to 30 mcg/min
 - b. Peds: Initiate **norepinephrine** infusion IV/IO 0.1 - 2.0 mcg/kg/min
Contact medical control.
2. Use caution with PEEP > 5cm H₂O if CPAP or mechanical ventilation is used for airway management.



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SEPSIS

PROTOCOL TITLE: ASTHMA

I. BASIC LIFE SUPPORT

- 1. Establish and maintain airway.
- 2. Using pulse oximetry, if available, administer oxygen, titrate SaO₂ to >93%. Monitor respiratory status regularly.
- 3. **Albuterol** 0.5 ml (2.5 mg) in 3 cc 0.9% **NaCl** if wheezing. Repeat as needed.

Note: BLS providers must complete A.B.F.Y. County course before they are authorized to administer Albuterol.

- a. Consider adding **Ipratropium bromide (Atrovent)** 2.5 ml per nebulizer mask. May repeat prn q 5 min. x 2.

OR

Duoneb 3ml mixed in nebulizer may be substituted for **albuterol/Atrovent** treatments.

- 4. CPAP is indicated for moderate to severe asthma.
- 5. If patient has no gag reflex, establish OPA and assist ventilation with pocket mask or BVM and supplemental oxygen @ 15 L/min.
- 6. Place I-Gel if patient is in respiratory arrest.

II. INTERMEDIATE LIFE SUPPORT

- 7. Establish peripheral IV with 0.9% **NaCl** @ TKO rate.
- 8. Ongoing assessment.

III. ADVANCED LIFE SUPPORT

- 9. Consider IV and cardiac monitor, supplemental oxygen.
- 10. For moderate to severe asthma exacerbation:
 - a. **SoluMedrol** 125mg IV
- 11. For severe asthma exacerbation with suspected allergy or anaphylaxis, consider:
 - a. **Epinephrine** (1:1,000) 0.3-0.5 mg IM, SQ or **epinephrine** (1:10,000) 0.3-0.5 mg IV.
 - b. **Racemic epinephrine** – 0.25-0.5 ml of 2.25% diluted in 3ml NaCl, nebulized.



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ASTHMA

PROTOCOL TITLE: ASTHMA

- 12. CPAP or BiPAP is indicated for moderate to severe asthma in conjunction with pharmacotherapy.
- 13. Consider endotracheal intubation/RSI and positive-pressure ventilation if patient has a decreased level of consciousness or other signs of respiratory failure.



PEDIATRIC ASTHMA DOSING

- 1. **Epinephrine** - 0.01 mg/kg of 1:1,000 SQ, (max: 0.3 cc).
 - a. May repeat in 20 minutes.
- 2. **SoluMedrol** - 1-2 mg/kg IV to max 125mg, for severe or refractory episode.
- 3. **Racemic Epinephrine** – 0.25-0.5 mL in 3 cc unit dose of 0.9% **NaCl** per nebulizer mask.
- 4. **Epinephrine drip** (per table A-A2)



ASTHMA

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Adams, Benton, Franklin and Yakima Counties

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PROTOCOL TITLE: CHRONIC OBSTRUCTIVE PULMONARY DISEASE
I. BASIC LIFE SUPPORT

1. Establish and maintain airway.
2. Administer **O₂** @ 2-4 L/min by nasal cannula.
3. If hypoventilating, assist ventilation with BVM.
4. Monitor SaO₂ & attempt to maintain at 90%.
5. **Albuterol (Proventil®)**, 2.5mg in 3 cc unit dose of 0.9% **NaCl** via nebulizer. Repeat as needed

Note: BLS providers must complete A.B.F.Y. County course before authorized to administer Albuterol.

- a. Consider mixing with **Ipratropium bromide (Atrovent)** 2.5 ml (0.02% soln.) per nebulizer mask. May repeat as needed. This may be mixed with first and any subsequent albuterol nebulizer treatment.

Note: **Duoneb** may be substituted for individual **albuterol/Atrovent** treatments.

Consider CPAP

II. INTERMEDIATE LIFE SUPPORT

6. Establish peripheral IV.

III. ADVANCED LIFE SUPPORT

7. Establish IV and cardiac monitor and oxygen supplementation.
 - a. For moderate to severe COPD exacerbation:
 - i. **SoluMedrol** 125mg IV.
 - b. Consider BiPAP.
 - c. Consider endotracheal intubation/RSI and positive-pressure ventilation if patient has a decreased level of consciousness or other signs of respiratory failure.



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PROTOCOL TITLE: PEDIATRIC RESPIRATORY EMERGENCIES

PEDIATRIC RESPIRATORY EMERGENCIES

I. BASIC LIFE SUPPORT



- 1. Establish and maintain airway. If obstruction present, treat per protocol for airway obstruction.
- 2. Administer O₂ @ 10-15 L/min per nonrebreather mask. If not tolerated, may administer blow-by oxygen.
- 3. **Albuterol (Proventil®)** 2.5 mg in 3 cc (unit dose) of 0.9% **NaCl** per nebulizer mask. May repeat x 2 as needed. (May substitute **DuoNeb**)

Note: BLS providers must complete A.B.F.Y. County course before authorized to administer albuterol.

- 4. Frequent vital signs.
- 5. If decreased level of consciousness assist ventilation with BVM.
- 6. Monitor SaO₂.

II. INTERMEDIATE LIFE SUPPORT



- 7. Establish IV.
- 8. If indicated, consider IO route.

III. ADVANCED LIFE SUPPORT

- 9. Establish IV and cardiac monitor.
- 10. **Albuterol** 0.5 ml (2.5 mg) in 3 cc 0.9% **NaCl** if wheezing.
- 11. Consider endotracheal intubation/RSI and positive-pressure ventilation if patient has failed BVM ventilation and has a decreased level of consciousness or other signs of respiratory failure.

ASTHMA



- 1. **Albuterol** 0.5 ml (2.5 mg) in 3 cc 0.9% **NaCl** if wheezing. (May Substitute **DuoNeb**)
- 2. **Solumedrol** 1-2 mg/kg IV
- 3. If severe asthma exacerbation in setting of suspected allergy/anaphylaxis, consider **epinephrine** - 0.01 mg/kg of 1:1,000 IM, (max: 0.3 cc). (May repeat in 20 minutes).

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PROTOCOL TITLE: PEDIATRIC RESPIRATORY EMERGENCIES

4. **Racemic epinephrine** – 0.25-0.5 mL in 3 cc unit dose of 0.9% **NaCl** per nebulizer mask.

CROUP / EPIGLOTTITIS

1. Calm patient if possible keep patient in a seated position.
2. Assess rate and quality of respirations: note retractions.
3. Nebulizer of humidified oxygen for mild respiratory distress.
4. For stridor or retractions which are present at rest, or signs of significant respiratory distress:
 - a. Humidified High flow O₂
 - b. **Racemic epinephrine** (may be contraindicated if true epiglottitis)
 - i. <6mo: 0.25ml (2.25%) mixed in 3-5 cc 0.9% **NaCl** via nebulizer mask.
 - ii. > 6mo: 0.25 - 0.5ml (2.25%) mixed in 3-5 cc 0.9% **NaCl** via nebulizer mask.
 - c. **Solumedrol** 1-2 mg/kg IV
5. If child loses consciousness or develops periods of apnea with respiratory depression, initiate BVM ventilation.

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Medical Program Director

Adams, Benton, Franklin and Yakima Counties

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PROTOCOL TITLE: UPPER AIRWAY OBSTRUCTION

I. BASIC LIFE SUPPORT

- 1. If complete foreign body obstruction:
 - a. Use abdominal and/or chest thrusts. For pregnant patients, use chest thrusts.
 - b. Post-removal, suction and place patient in left lateral recumbent position.
- 2. Administer O₂ @ 10-15 L/min, per nonrebreather mask.
- 3. If partial obstruction and patient breathing satisfactorily, or if hypoxic after removal, administer O₂ @ 10-15 L/min per nonrebreather mask and transport ASAP in position of comfort.

II. INTERMEDIATE LIFE SUPPORT

- 4. Establish IV access, after airway is managed.

III. ADVANCED LIFE SUPPORT

- 5. If manual attempts are unsuccessful, perform direct laryngoscopy and attempt removal with Magill forceps or other appropriate instrument.
- 6. Follow with endotracheal intubation, if necessary.
- 7. If ventilation still not possible on adult patient, perform cricothyrotomy per protocol ([P-11](#)).
- 8. For failed airway, consider needle cricothyrotomy ([P-12](#)).



UPPER AIRWAY OBSTRUCTION

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Adams, Benton, Franklin and Yakima Counties

June 30, 2024
Date

PROTOCOL TITLE: BURNS**I. BASIC LIFE SUPPORT**

1. Critical burns are defined as combination burns involving partial thickness (2nd degree burns) and full thickness (3rd degree burns) involving more than 20% combined of the total body surface, or the presence of facial burns, or respiratory involvement.
2. Remove patient from hazardous environment.
 - a. Remove all constricting items and smoldering or non-adherent clothing.
 - b. Brush any dry solids off patient.
 - c. Dilute and rinse any chemicals with water.
3. Ensure an adequate airway.
4. If critical burns, administer O₂ @ 10-15 L/min per nonrebreather mask.
5. Determine location, extent, and depth of burns and any associated trauma or complications.
6. Cover small burns with sterile dressing moistened with normal saline.
7. Cover moderate to severe burns with dry, sterile dressings.
8. If hands or feet involved, separate digits with sterile gauze pads.
9. Cover to conserve body heat and keep patient warm.
10. Obtain history to include: mechanism or source of burn; time elapsed since burn; whether patient was in a confined space with smoke or steam, and how long; and whether there was loss of consciousness.

II. INTERMEDIATE LIFE SUPPORT

Establish large bore IV with **Lactated Ringers (LR)**, or other **crystalloid** if LR unavailable. If total burn surface area is >15-20% infuse 500ml for an adult, 250ml for pediatric, or 125ml for infant over the first hour.

III. ADVANCED LIFE SUPPORT

11. Monitor airway status and treat as indicated with supplemental O₂. Consider early endotracheal intubation/RSI for airway burns with respiratory distress.
12. Establish cardiac monitor.
14. **Morphine Sulfate or Fentanyl Citrate** per pain management protocol ([P-13](#) , [P-14](#)).

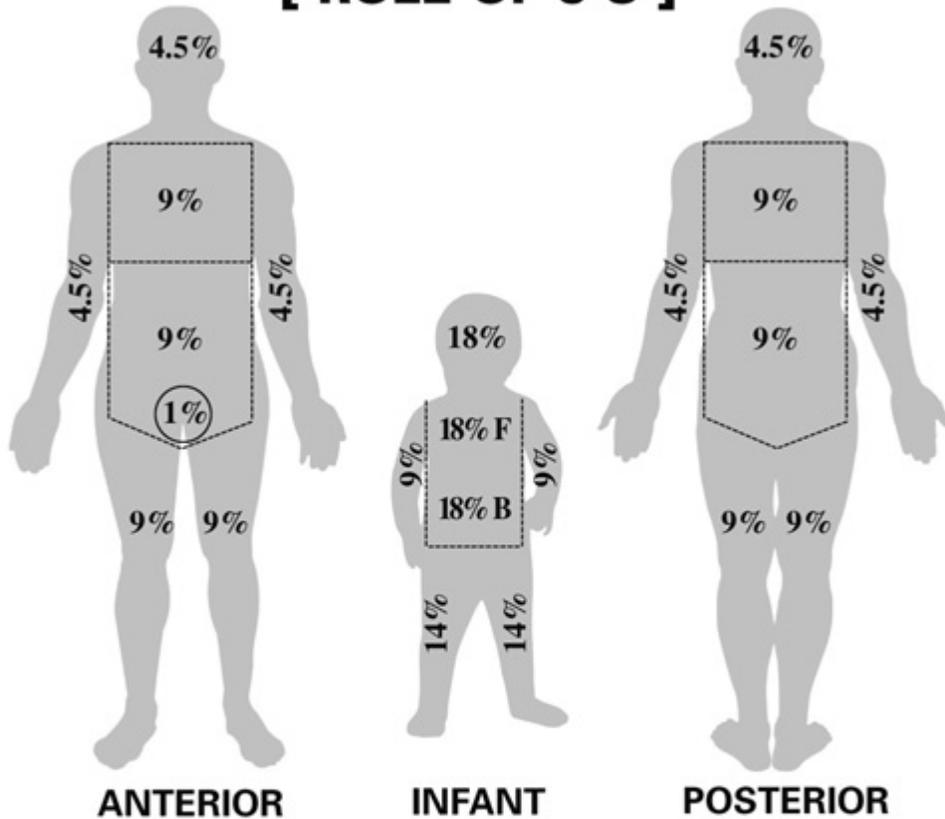


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June 30, 2024
Date

PROTOCOL TITLE: BURNS

[RULE OF 9'S]



PALMAR METHOD
(Patient's palm)

1%

BURNS

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Medical Program Director
Adams, Benton, Franklin and Yakima Counties

June 30, 2024
Date

PROTOCOL TITLE: CHEST INJURIES**I. BASIC LIFE SUPPORT**

1. Establish and maintain airway.
2. If stable, administer **O₂** @ 2-4 L/min via nasal cannula.
3. If unstable, administer **O₂** @ 10-15 L/min per nonrebreather mask.
4. Assess for penetrating injuries and apply occlusive dressings.
5. Cervical immobilization as indicated (T-4).

II. INTERMEDIATE LIFE SUPPORT

6. If BP < 90 mmHg:
 - a. Establish large-bore peripheral IV with 0.9% **NaCl** and run at rate that maintains blood pressure at 90 systolic or greater.
 - i. Consider additional IV lines.
7. If BP >90 mmHg and patient is stable:
 - a. Establish large bore IV with 0.9% **NaCl** and run at TKO rate.

III. ADVANCED LIFE SUPPORT

8. Monitor airway status and treat as indicated with supplemental **O₂**. Consider early endotracheal intubation/RSI for severe chest injury with respiratory distress.
9. Assess for tension pneumothorax and perform needle chest decompression as indicated. (P-12)
10. Establish cardiac monitor and IV/IO. Consider 2nd IV access for unstable pt.
 - a. Other considerations:
 - i. IV fluid resuscitation.
 - ii. Occlusive dressings for penetrating injuries.
11. For any severe chest injury, rapid transport and trauma team activation is indicated.
12. Pain management per protocol. ([P-13](#), [P-14](#))



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April 4, 2022
Date

PROTOCOL TITLE: MULTISYSTEM TRAUMA**I. BASIC LIFE SUPPORT**

12. Establish and maintain airway.
13. Administer **O₂** @ 10-15 L/min by nonrebreather mask.
14. Control severe external hemorrhage as indicated.
 - a. Apply direct pressure to uncontrolled, active hemorrhaging.
 - b. If extremity wound and hemorrhage is uncontrolled, consider application of tourniquet.
 - c. If unable to control hemorrhage and location of wound is not conducive to tourniquet application, consider application of an MPD approved hemostatic agent (QuikClot, per manufacturer's guidelines)
15. Early transport and activation of the trauma system
16. Provide cervical immobilization as indicated per protocol T-4.
17. Stabilize unstable pelvic or femur fractures.
 - a. Pelvic sling.
 - b. Femur traction splint.
18. **Do not delay** transport to splint minor fractures or treat minor injuries.

II. INTERMEDIATE LIFE SUPPORT

19. Establish 2 large-bore IVs 0.9 % **NaCl** and run at rate that maintains systolic blood pressure of 90.

III. ADVANCED LIFE SUPPORT

20. Consider early endotracheal intubation/RSI as patient clinical status indicates.
21. Assess for tension pneumothorax and perform needle chest decompression as indicated. ([P-12](#))
22. Pain management ([P-13](#), [P-14](#))
23. For major crush or suspension injuries, consider early consultation with online medical control (OMC) for further guidance.



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PROTOCOL TITLE: MULTISYSTEM TRAUMA

24. In the setting of hemorrhagic shock from trauma less than 3 hours old, with anticipated need for massive blood transfusion due to marked internal or external blood loss, the criteria for Tranexamic acid administration are:

- a. Adult trauma patients equal to or greater than 16 years of age.
- b. Traumatic injury less than 3 hours old.
- c. Hemorrhagic shock due to trauma: systolic BP 90mmHg or less: and/or sustained heart rate more than 110 bpm
- d. Patient has received at least 500mL of crystalloids and other hemorrhagic control measures have been initiated, i.e. direct pressure, etc.

Tranexamic acid (TXA) 1gram IVP administered over 10 min. in 100 mL or 250 mL NS (may piggy-back).

Notify receiving facility that **TXA** was initiated in the field.

IV. TRAUMA

1. Any patient involved in a traumatic incident should be evaluated using the Washington State Trauma Triage Destination Procedures Tool.
 - a. Consider early helicopter activation per COPS A-B5

Reminder: Online Medical Control for any patient meeting trauma system criteria is the expected trauma center destination for the patient.

State of Washington Trauma Criteria defines pediatric patient as age <14.



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June 30, 2024

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PROTOCOL TITLE: MULTISYSTEM TRAUMA

Red Criteria: High Risk for Serious Injury

| Injury Patterns | Mental Status & Vital Signs |
|--|--|
| <ul style="list-style-type: none"> • Penetrating injuries to head, neck, torso, and proximal extremities • Skull deformity, suspected skull fracture • Suspected spinal injury with new motor or sensory loss • Chest wall instability, deformity, or suspected flail chest • Suspected pelvic fracture • Suspected fracture of two or more proximal long bones • Crushed, degloved, mangled, or pulseless extremity • Amputation proximal to wrist or ankle • Active bleeding requiring a tourniquet or wound packing with continuous pressure | <p>All Patients</p> <ul style="list-style-type: none"> • Unable to follow commands (motor GCS < 6) • RR < 10 or > 29 breaths/min • Respiratory distress or need for respiratory support • Room-air pulse oximetry < 90% <p>Age 0–9 years</p> <ul style="list-style-type: none"> • SBP < 70mm Hg + (2 x age in years) <p>Age 10–64 years</p> <ul style="list-style-type: none"> • SBP < 90 mmHg or • HR > SBP <p>Age ≥ 65 years</p> <ul style="list-style-type: none"> • SBP < 110 mmHg or • HR > SBP |

Patients meeting any RED criteria should be transported to the closest level I or II trauma service within 30 minutes transport time (air or ground). Transport times greater than 30 minutes, take to the closest most appropriate trauma service.

Yellow Criteria: Moderate Risk for Serious Injury

| Mechanism of Injury | EMS Judgement |
|---|---|
| <ul style="list-style-type: none"> • High-risk auto crash <ul style="list-style-type: none"> - Partial or complete ejection - Significant intrusion (including roof) <ul style="list-style-type: none"> ▪ >12 inches occupant site OR ▪ >18 inches any site OR ▪ Need for extrication for entrapped patient - Death in passenger compartment - Child (age 0-9 years) unrestrained or in unsecured child safety seat - Vehicle telemetry data consistent with severe injury • Rider separated from transport vehicle with significant impact (e.g., Motorcycle, ATV, horse, etc.) • Pedestrian/bicycle rider thrown, run over, or with significant impact • Fall from height > 10 feet (all ages) | <p>Consider risk factors, including:</p> <ul style="list-style-type: none"> • Low-level falls in young children (age ≤ 5 years) or older adults (age ≥ 65 years) with significant head impact • Anticoagulant use • Suspicion of child abuse • Special, high-resource healthcare needs • Pregnancy > 20 weeks • Burns in conjunction with trauma • Children should be triaged preferentially to pediatric capable centers <p>If concerned, take to a trauma service</p> |

Patients meeting YELLOW criteria, WHO DO NOT MEET THE RED CRITERIA, should be transported to a designated trauma service, it need not be the highest level.



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 Date

MULTISYSTEM TRAUMA

PROTOCOL TITLE: ASSESSMENT OF SPINAL INJURIES

- High Risk Criteria:**
- Fall from a height (>6 feet, or down 5 stairs.)
 - Motor vehicle collision (high speed, rollover, ejection, motorcycle, pedestrian.)
 - Diving injuries.
 - Obvious blunt force trauma above the clavicles.
 - Found unconscious with signs of significant trauma above the clavicles.
 - Any other mechanism of injury that may indicate significant energy transfer to the spinal column.

- Low Risk Criteria:**
- Falling from a standing position where there are no signs of trauma above the clavicles.
 - Penetrating trauma **unless** neurological deficit is present.



Maintain C-spine while performing assessment.

Perform standard patient assessment and obtain full history & vital signs.

- Perform C-Spine Clearance Evaluation in Order:**
1. Age is greater than 65
 2. GCS less than 15 or Mental Status Orientation is less than 4/4 (Person, Place, Time, Event)
 3. There are signs of intoxication (drugs or alcohol)
 4. There are major distracting injuries; (fractures, burns, significant chest or abdominal trauma).
 5. There are focal neurological deficits; (loss of sensation or motion in any extremity).
 6. There is pain, deformity or tenderness to posterior cervical or upper thoracic spine. (**See Note**)
 7. Patient is unable to turn head 45 degrees left & right without pain, numbness, or loss of sensation in any extremities.
 8. Patient experiences pain in cervical or upper thoracic spine with deep cough.

Assessment produces any concerns for cervical spine trauma.

Patient C-spine is cleared and patient may be transported in a position of comfort.

- Immobilize the neck/cervical spine**
- Utilize cervical collar and fit appropriately to the patient.
 - May substitute padding along the back & sides of neck for anatomically difficult patients.
 - Allow patient to assume any position of comfort.
 - Utilize other padding and positioning methods as needed with goal of comfort during transport.

NOTE ON LBBs:
 In general, long spine boards are not to be used for routine immobilization or transport. Use LBB, along with slat stretcher, scoop stretcher, KED, and other adjuncts as needed to facilitate transfer/extrication and patient comfort. LBB is also indicated to facilitate good chest compressions during CPR.

ASSESSMENT OF SPINAL INJURIES

Kevin Hodges

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Medical Program Director
Adams, Benton, Franklin and Yakima Counties

June 30, 2024
Date

Attention to spinal precautions among at-risk patients is paramount. This includes application of a cervical collar, adequate security to a stretcher, minimal movement/transfers, and maintenance of stabilization during any necessary movement/transfers.

PROTOCOL TITLE: BLOOD DRAWS FOR LAW ENFORCEMENT**I. BLOOD DRAWS FOR LAW ENFORCEMENT**

1. Blood may be drawn for legal alcohol and/or drug determination at the request of law enforcement as provided by RCW 46.61.520 and RCW 46.61.522. Blood samples for law enforcement may be obtained only if:
 - a. The patient's condition indicates the need for IV therapy as required by protocol.
 - b. The procedure would not result in a transport delay which could potentially be detrimental to the patient.
 - c. The patient is unconscious, or
 - d. The patient is under arrest for the crime of vehicular homicide or vehicular assault, or
 - e. The patient is under arrest for the crime of driving under the influence of intoxicating liquor or drugs, which arrest results from an accident in which another person is injured and there is a reasonable likelihood that said person may die as a result of injuries sustained in the accident.
2. Law enforcement will provide an evidence kit that contains two gray top vacutainers. These are the only containers to be used when obtaining blood samples for law enforcement.
3. Remember that alcohol preps cannot be used to prepare skin for needle insertion. The pad must contain no alcohol. A pad containing Betadine or Povidone-Iodine is acceptable.
4. Law enforcement must complete and sign the ***Adams-Benton-Franklin-Yakima Counties Direction To Take A Blood Test*** form and return it to the provider while at the scene.
5. Attach the completed form to your agency's copy of the medical incident report (a copy may also be attached to the patient's hospital chart).
6. Document the procedure on the medical incident report.

BLOOD DRAWS FOR LAW ENFORCEMENT

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June 30, 2024

Date

ADAMS-BENTON-FRANKLIN-YAKIMA COUNTIES DIRECTION TO TAKE A BLOOD TEST

INSTRUCTIONS: This form must be completed and signed by a law enforcement officer and returned to the attending EMS personnel. Law enforcement must provide the appropriate blood tubes.

PATIENT: _____ DATE: _____ TIME: _____

EMS AGENCY TO PERFORM PROCEDURE:

The undersigned states that the above name patient is either (1) unconscious or (2) under arrest for the crime of vehicle homicide as provided in RCW 46.61.520, or vehicular assault as provided in RCS 46.61.522, or that such person is under arrest for the crime of driving under the influence of intoxicating liquor or drugs as provided in RCW 46.61.502, which arrest results from an accident in which another person has been injured and there is reasonable likelihood that such a person may die as a result of injuries sustained in the accident.

The undersigned directs personnel from the above named agency to administer a blood test (draw blood) without the consent of the patient so unconscious or so arrested.

Officer: _____ Signature: _____

Law Enforcement Agency:



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June 30, 2024
Date

PROTOCOL TITLE: CPAP / BIPAP

CPAP is an alternative method to maintain oxygenation in some patients. It should never be used if a patient is in severe distress that requires Intubation.

I/II. BLS/ILS



Advise Medical Control ASAP when pt is placed on CPAP, so preparation can be made for patient arrival.

Indications

- 1. Acute Congestive Heart Failure.
- 2. Acute hypoxic respiratory failure (including asthma).
- 3. Severe worsening COPD.
- 4. Patient's preference to avoid intubation.

Exclusion Criteria/Contraindications

- 1. Facial deformity.
- 2. Hemodynamic instability.
- 3. Inability to clear secretions.
- 4. Inability to tolerate mask.
- 5. Inability to maintain airway or respiratory drive.
- 6. Patient unable to follow directions due to AMS.
- 7. Suspected pneumothorax.

Initiating CPAP Therapy

- 1. Explain therapy to patient.
- 2. Assemble CPAP system per manufacturer's instructions.
- 3. If available, place E_{tCO_2} nasal canula on patient. This is to obtain baseline value and to remain on under the CPAP mask to monitor the patient's status during treatment.
- 4. Start therapy with a CPAP of 5 cmH_2O .

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Date

CPAP / BIPAP

PROTOCOL TITLE: CPAP / BIPAP

- 5. Initially hold the mask in place on the patient's face to establish a good seal and allow the patient to become comfortable with the mask, then fasten mask straps.
 - a. Any leaks will be manifested with the sound of air hissing when pt is not breathing.
 - i. Press the mask firmly on patient's face and hissing should stop.
 - ii. Re-adjust straps if necessary.
 - b. Oxygen supply will be rapidly consumed if there is a mask leak.
- 6. Reassess the patient's work of breathing, SpO₂, and EtCO₂. If the patient continues to appear dyspneic or if the SpO₂ remains less than 90%, increase the CPAP by 2 cmH₂O increments to a maximum of 10 cmH₂O. If the patient continues to be hypoxic, increase the FiO₂ to 100%. If FiO₂ is not adjustable, turn on oxygen via EtCO₂ nasal cannula to 15 LPM.
- 7. If the patient is unable to maintain their airway or starts to have an altered mental status, discontinue CPAP and transition to assisting ventilations via BVM. The nasal cannula should remain in place to provide additional oxygen to that delivered by the BVM.
- 8. It should be noted that due to high airway pressures, supra glottic airways are ineffective for ventilating patients with COPD/Asthma. The BVM should be used and special attention should be given to patient positioning (ramp) and mask seal.

III. ALS

BI-LEVEL VENTILATION (BIPAP)

- 1. Indications
 - a. Respiratory distress and hypoxia consistent with CHF, pulmonary edema, COPD, or hypoxemic respiratory failure.
 - b. May be used for preoxygenation of select patients prior to intubation. If used for preoxygenation a provider shall be assigned to monitor for airway patency and vomiting.
- 2. Contraindications
 - a. Systolic blood pressure <100 in adult patients.
 - b. Pediatric patients.
 - c. Respiratory arrest.
 - d. Inability to cooperate.
 - e. Inability to protect and maintain airway.
 - f. Presence of tracheostomy or recent esophageal anastomosis.



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PROTOCOL TITLE: CPAP / BIPAP

- g. Inability to maintain adequate mask seal.
- h. Active vomiting.
- i. Chest trauma.
- j. Suspected pneumothorax.

3. Adverse Effects/Complications

- a. Barotrauma.
- b. Increased intra-thoracic pressure, decreased venous return to the heart, decreased cardiac output (presenting as hypotension & tachycardia).
- c. Gastric insufflation may result in vomiting.
- d. Drying of mouth and nasal passages.
- e. Skin and facial irritation from mask and harness.
- f. Non-invasive ventilation-associated pneumonia.

4. Procedure

- a. Assemble equipment per manufacturer’s recommendations.
- b. Place E_{tCO_2} nasal cannula on patient and obtain a baseline E_{tCO_2} value. The cannula is to remain in place for the duration of the procedure and to monitor E_{tCO_2} values.
- c. Explain the process to the patient.
- d. Select non-invasive ventilation mode on the ventilator.
 - i. Set inspiratory positive airway pressure to 15 cmH_2O (Pressure Support 10 cmH_2O).
 - ii. For CHF, set expiratory positive airway pressure (PEEP) to 5 cmH_2O , for Obstructive Disease patients set expiratory positive airway pressure (PEEP) to 0 (ZEEP).
 - iii. Ensure that the Apnea ventilation program is set to 10-12 breaths per minute.
- e. Initiate FiO_2 at 30-40%.
- f. Once ready to initiate BiPAP, initially hold the mask in place on the patient’s face to establish a good seal and allow the patient to become comfortable with the mask, then fasten mask straps.
- g. Check for air leaks, adjusting the mask and harness as needed.
- h. Continuously reassess the efficacy of ventilations via physical findings (e.g. chest rise, auscultation, skin signs) and monitoring equipment (e.g. PIP’s, E_{tCO_2} , SpO_2) keeping in mind that E_{tCO_2} monitoring may be unreliable in BiPAP patients.
- i. IPAP or the sum of PEEP and Pressure Support cannot exceed 30 cmH_2O . This creates the potential to exceed the plateau pressure (Pplat) and places the patient at risk for barotrauma/ARDS.
- j. After the patient is on BiPAP for 5 minutes, evaluate E_{tCO_2} and SpO_2 . If E_{tCO_2} is elevated, increase the IPAP (Pressure Support) by 5 cmH_2O . If SpO_2 is less than 90%, alternate increasing the EPAP (PEEP) by increments of 2 cmH_2O and increasing FiO_2 by increments of 10% until



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CPAP / BIPAP

PROTOCOL TITLE: CPAP / BIPAP

the target SpO₂ is achieved. Remember if EPAP is increased, IPAP must be increased by the same amount in order to maintain the same Pressure Support.

- k. If high pressure alarm sounds, immediately reassess equipment for kinked tubing, and coach the patient on their breathing, if appropriate. The Peak Pressure (P_{peak}) may be as high as 50-60 cmH₂O in Obstruction patients (COPD/Asthma) due to constricted airways.
- l. If low pressure alarm sounds, immediately reassess for leaks or disconnection.

5. Considerations

- a. EPAP/PEEP and FiO₂ affect the patient's oxygenation (SpO₂ levels).
- b. IPAP/Pressure Support affects ventilation (E_tCO₂ levels).
- c. All BiPAP patients must have continuous waveform capnography, pulse oximetry, and ECG monitoring.
- d. BiPAP can be very uncomfortable. Provide reassurance and coaching to the patient.
- e. BiPAP patients can deteriorate rapidly, be prepared to intubate if the patient's mental or respiratory status declines.
- f. Consider administering a light dose of **Fentanyl**, **Ketamine**, or **Lorazepam** to aid with air hunger or anxiety.
- g. Due to high airway pressure needed to ventilate Obstructive airway patients, iGel is not an effective rescue device. If you are unable to oxygenate and unable to ventilate the patient, a cricothyrotomy must be established.
- h. Ensure that the backup respiratory rate is slower than the patient's respiratory rate. BiPAP is intended to support respirations, not to initiate them.

CPAP / BIPAP



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June 30, 2024
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PROTOCOL TITLE: BLOOD GLUCOSE MONITORING

INDICATIONS

- Any altered mentation.
- Seizure or postictal states.
- Known or suspected diabetic.
- Clinically suspected hyper or hypoglycemia.

I. BLS

1. Use appropriate BSI precautions.
2. Prepare all necessary equipment.
3. Turn on meter, make sure meter is coded correctly to match strip.
4. Obtain blood sample.
 - a. Cleanse area with alcohol prep and allow to dry.
 - b. Use lancet device to obtain a capillary blood droplet.
 - c. Apply the drop of blood to the test spot. Make sure the drop of blood completely covers the test spot on the test strip.



Contact Medical Control with test results.

5. Record the results.
 - a. Normal levels for a non-diabetic pt. run between 60 – 110 mg/dl.
 - b. A diabetic pt. with a blood sugar of 80 mg/dL or less showing signs & symptoms of hypoglycemia should be given **oral glucose** (sugar) if conscious and able to swallow safely.

II. ILS

1. N/A

III. ALS

1. N/A

BLOOD GLUCOSE MONITORING

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June 30, 2024
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PROTOCOL TITLE: INTRAOSSEOUS INFUSION EZ-IO ADULTS & PEDIATRIC

I. BLS
N/A

II./III. ILS/ALS

This procedure is only for ILS and ALS providers who have been trained in this technique.

EZ-IO DEVICE

The use of I.O. for venous access in adults when vascular access is needed and peripheral IV cannot be established and patient exhibits ONE or more of the following:

- 1. An altered mental status (GCS of 8 or less)
- 2. Respiratory failure, respiratory arrest
- 3. Hemodynamic instability
- 4. Cardiac arrest
- 5. Severe burns

CONTRAINDICATIONS

- 1. Suspected or known fractures in the extremity targeted for IO infusion.
- 2. Previous IO attempt in the same bone within 48 hours
- 3. Pre-Existing Medical Condition (tumor near site or peripheral vascular disease).
- 4. Infection at insertion site.
- 5. Inability to locate landmarks.

PROCEDURE – TIBIAL INSERTION

- 1. Locate insertion site and cleanse using aseptic techniques (anterior-medial tibial plateau 1-3 cm below tibial tuberosity).
 - a. Push the needle set through the skin at the insertion site until you feel the needle tip encounter the bone, ensuring the 5mm mark on the needle is visible. Using the drill, apply firm steady pressure through the cortex. Stop when the flange touches the skin or a sudden decrease in resistance is felt.



2. Confirm placement.

June 30, 2024

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Date

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Adams, Benton, Franklin and Yakima Counties

INTRAOSSEOUS INFUSION EZ-10 ADULTS AND PEDIATRIC

PROTOCOL TITLE: INTRAOSSEOUS INFUSION EZ-IO ADULTS & PEDIATRIC

- a. ALS Only: Consider administering 20 - 50 mg (1 - 2.5ml) **Lidocaine** over two minutes to the conscious adult pt., for anesthetic.
- b. Flush or bolus the EZ-IO catheter rapidly with 10 ml of **crystalloid** solution.
- 3. Dress site, secure tubing.
- 4. If unsuccessful, or subcutaneous swelling occurs:
 - a. Remove needle and dress wound.
 - b. Make second attempt at another site.

PROCEDURE- PROXIMAL HUMERAL INSERTION

WARNINGS: Selection of the proximal humeral site is not indicated in patients weighing less than 40kg.

- a. Caution should be exercised with the proximal humeral site in patients that may become awake/combatative as dislodgement may occur.
 - b. Sites near total joint replacements should not be first choice.
 - c. Abduction of the humerus should be avoided and securing the extremity should be routine.
 - d. The yellow 45 mm EZ-IO needle is the only needle approved for use when utilizing the humeral insertion method.
1. Position the patient for the procedure. Choose one of the following two options for positioning the patient prior to proximal humeral insertion:

OPTION #1

- a. With the patient in the supine or semi-fowlers position, place the patient's hand over their abdomen (elbow adducted and humerus internally rotated).
- b. Secure the patient's arm in place across the abdomen.

OPTION #2

- a. Place the patient's arm alongside of the body adducting the patient's elbow then pronate the wrist so that the thumb is down and out, thus internally rotating the humerus.



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INTRAOSSEOUS INFUSION EZ-10 ADULTS AND PEDIATRIC

PROTOCOL TITLE: INTRAOSSEOUS INFUSION EZ-IO ADULTS & PEDIATRIC

- b. Secure the patient's arm in place to prevent movement.
2. Locate the insertion site (the most prominent aspect of the greater tubercle 1 to 2 cm above the surgical neck).
- a. Stabilize the IO site and push the needle set through the skin at the insertion site until you feel the needle tip encounter the bone, ensuring the 5mm mark on the needle is visible. Using the drill, apply firm steady pressure through the cortex. (Note: for best results, when utilizing the humeral insertion method, the manufacturer recommends inserting the needle completely to the flange and not leaving any part of the needle exposed).
 - b. Confirm placement
 - i. ALS Only: Consider administering 20-50 mg (1-2.5 ml) **Lidocaine** over two minutes to the conscious adult patient for anesthetic.
 - ii. Flush or bolus the EZ-IO catheter rapidly with 10 ml of **crystalloid** solution.
 - c. Dress site, secure tubing.
 - d. If unsuccessful or subcutaneous swelling occurs:
 - i. Remove needle and dress wound.
 - ii. Make second attempt at another site.

INTRAOSSEOUS INFUSION EZ-10 ADULTS AND PEDIATRIC



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PROTOCOL TITLE: INTRAOSSEOUS INFUSION-JAMSHIDI TECHNIQUE

- I. **BLS**
- 1. N/A

II./III. ILS and ALS

This procedure is for ILS and ALS providers who have been trained to perform this technique.



Jamshidi style needle

- 1. The technique is indicated in children 6 years and under, generally pt is unconscious.
- 2. The use of Intraosseous Infusion (IO) for venous access in children is indicated when urgent vascular entry is required in a critically ill child and cannulation of peripheral veins has failed.
- 3. The preferred site is the proximal tibia.
 - a. Choose leg least injured, if trauma.
 - i. Prepare equipment. #15g and #18g Jamshidi needle, 5cc syringe, 10cc, sterile crystalloid solution, betadine pads, tape.
 - a. 18g for infants, possibly toddlers.
 - b. 15g for larger children.
 - ii. Prep anterior tibial plateau with betadine, 1-3 cm below tibial tuberosity, on the flat medial surface of bone.
 - iii. place and secure extremity in an externally rotated position, place towel roll under knee for support.
 - iv. Insert 1" bone marrow needle with obturator in place through skin, periosteum and cortex of bone at a right angle to the bone and 45-60° angle away from the knee. Rotate needle as you advance it.
 - v. When needle "pops" into marrow of tibia, remove obturator and attach 10 cc syringe with 5cc crystalloid solution and aspirate.
 - vi. Administer the 5cc of saline and bone marrow mixture back into the bone, there should be minimal resistance.
 - vii. Attach IV tubing using a burette chamber to needle hub and flush with crystalloid solution. If successful, IV solution should flow rapidly.
 - viii. Tape-secure needle and tubing to leg.
 - ix. Administer indicated drugs and fluids.
 - b. If unsuccessful, or subcutaneous swelling occurs:
 - i. Remove needle and dress wound.
 - ii. Make second attempt in other leg.

INTRAOSSEOUS INFUSION-JAMSHIDI TECHNIQUE

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June 30, 2024
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PROTOCOL TITLE: I-GEL AIRWAY

I. BLS with supraglottic airway endorsement / ILS

INDICATIONS

- 1. Airway management of unconscious and unresponsive patient; may be used as primary advanced airway or rescue device when placement of ETT has failed.

CONTRAINDICATIONS

- 1. Responsive patient with intact gag reflex.
- 2. Facial trauma or distorted airway prevents glottic seal

INSERTION INSTRUCTIONS

| I-Gel Size | Patient Size | Patient Weight (Kg) |
|------------|--------------|---------------------|
| Yellow 3 | Small Adult | 30-60 |
| Green 4 | Medium Adult | 50-90 |
| Orange 5 | Large Adult | 90+ |

- 1. Select appropriate size I-Gel, reference chart above.
- 2. Apply light layer of lubricant to all sides of the cuff as well as front and back of the stem. Ensure no large amounts of lubricant obstructing distal airway.
- 3. Grasp lubricated I-Gel firmly along integral bite block and position device with the cuff opening directed upward (anterior)
- 4. Place patient in sniffing position and gently pull chin to open mouth. Use modified jaw thrust in C-spine precaution patients.
- 5. Introduce the distal end into the mouth and glide the device downward along the hard palate with continuous pressure until resistance is felt after the cuff seats the glottic opening and the patient's teeth are resting on the integral bite block.
- 6. Ventilate with supplemental O2 and confirm proper placement with chest rise, bilateral lung sounds and ETCO2 capnography if available.
- 7. Once confirmed, secure I-Gel using standard methods, i.e. ETT tape, etc.



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I-GEL AIRWAY

PROTOCOL TITLE: I-GEL AIRWAY

II. ALS

GASTRIC CHANNEL USE

| I-Gel Size | Maximum NG Tube (FG) |
|-----------------|----------------------|
| Yellow 3 | 12 |
| Green 4 | 12 |
| Orange 5 | 14 |

1. Select appropriate size NG tube, reference chart above.
2. Measure NG tube from I-Gel NG port to halfway between xiphoid process and umbilicus for insertion depth.
3. Apply liberal amount of lubricant to the I-Gel NG port and introduce NG tube while gently advancing to appropriate depth.

I-GEL AIRWAY



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June 30, 2024
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PROTOCOL TITLE: OROTRACHEAL INTUBATION (OTI)

- I. **BLS**
N/A
- II. **ILS**
N/A
- III. **ALS**

It is expected that the procedure for orotracheal intubation is well understood and practiced by the paramedic. This protocol is a general protocol for OTI and other advanced airway management procedures performed by the paramedic. OTI should be initiated in a short period of time so as to prevent delay in the provision of adequate ventilation, and airway protection.

1. Prepare the following equipment and supplies:
 - a. BVM with functioning O₂ system.
 - b. Suction unit with rigid pharyngeal tip.
 - c. Laryngoscope, endotracheal tubes, lubricant, stylet, and 10mL syringe.
2. Assess and document (MOANS/LEMON) for possible difficult airway. Have a back-up plan.
3. Assist ventilation with supplemental O₂ as necessary; hyperoxygenate prior to intubation attempt.
4. Perform the intubation.
5. Nasal/oral gastric tube may be placed to aid in decompression of the stomach.

Primary placement confirmation

1. Direct visualization, watching tube pass through vocal cords.
2. Watch for chest to rise & fall.
3. Look for mist in the tube.
4. Auscultate lateral lung fields and epigastrium with a stethoscope.

Secondary placement confirmation

1. Cardiac Arrest: Use the EDD and end-tidal CO₂.



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OROTRACHEAL INTUBATION

PROTOCOL TITLE: OROTRACHEAL INTUBATION (OTI)

2. Perfusing Rhythm: use the end-tidal CO₂ detection device. May additionally use EDD but this should not replace CO₂ detection device.
3. Once ET tube placement has been confirmed, secure tube and continue ventilation with the BVM.
4. Proper tube placement using a primary and secondary confirmation technique must be reassessed following any point at which a patient is moved (e.g., floor to stretcher; ambulance to ED; etc.).

NOTE: If unable to intubate using ETT after three attempts by the most experienced provider, consider using a King LT, or other rescue device. See P10 (Airway Algorithms)

Documentation of OTI

1. Proper documentation of the placement of an Endotracheal Tube (ETT) requires the following items:
 - a. Date and time.
 - b. MOANS/LEMON or other appropriate documentation of difficult airway assessment.
 - c. Medications used if applicable.
 - d. Primary placement confirmation technique used.
 - e. Secondary placement confirmation technique used.
 - f. ETT Placement verification used after significant patient movement.
 - g. Size of tube, and depth of tube at the teeth.
 - h. How tube was secured.

OROTRACHEAL INTUBATION

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PROTOCOL TITLE: 2ND CONFIRMATION DEVICES-OROTRACHEAL INTUBATION

ESOPHAGEAL DETECTOR DEVICE (EDD)

PURPOSE

1. The EDD, (syringe aspirating device that connects to proximal end of the ET tube) is used following orotracheal intubation of adult patients.
2. It is **not** to be used in pediatric patients.
3. Proper placement **MUST** also be verified through auscultation of the lungs and over the epigastrium.

PROCEDURE

1. Attach the EDD to the ET tube and rapidly pull back on the syringe.
 - a. Free flow of air supports placement of the ET tube into the trachea.
 - b. Resistance to flow suggests that the ET tube may be in the esophagus or right mainstem.
 - c. If unsure ET tube is in the proper position, remove immediately.

CONTRAINDICATED



1. Pediatric Intubation with uncuffed tubes.

END-TIDAL CO₂ / CAPNOGRAPHY

1. Quantitative End Tidal Monitoring is the preferred method. In the absence of quantitative measuring equipment, a colorimetric device may be substituted.
2. Observe for waveform on monitor.
3. Attach _{ETCO₂} detection device in line between ET tube and BVM.
4. Cardiac Arrest _{ETCO₂} readings may be used to assist evaluation of chest compressions.
5. RSI _{ETCO₂} readings:
6. End-tidal readings should be maintained between 35-45 mm/Hg, may vary for people with lung disease.
 - a. If ET CO₂ is >45 increase RR.
 - b. If ET CO₂ is <35 decrease RR.

NOTE: The absence of returned end-tidal CO₂ in a patient who is in cardiac arrest is not itself an indication for extubation but should cause the paramedic to further investigate the placement of the ETT

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2ND CONFIRMATION DEVICES-OROTRACHEAL INTUBATION

PROTOCOL TITLE: RSI

III. ADVANCED LIFE SUPPORT

RAPID SEQUENCE INTUBATION (RSI)

1. **Prepare** the following equipment and supplies:
 - a. BVM with functioning O₂ system
 - b. Suction unit with rigid pharyngeal tip
 - c. Laryngoscope, endotracheal tubes, stylet, and syringe
 - d. Appropriate medications to be utilized
 - i. Ensure functioning and secure IV line is in place.
 - ii. Establish cardiac monitor, pulse oximetry, ETCO₂ monitoring
 - iii. Assess (MOANS/LEMON) for possible difficult airway, have a back-up plan.

2. **Pre-Oxygenate**
 - a. Patient on NRB high flow for > 3 minutes or 8-10 vital capacity breaths.
OR
 - b. Patient with CPAP on 100% FiO₂ for > 3 minutes.
OR
 - c. Assisting ventilations with BVM but DO NOT FORCE AIR INTO GUT, no positive pressure ventilations.
OR
 - d. Consider apneic oxygenation therapy via high-flow nasal cannula.

- NOTE:** BVM ventilation is preferred management in children < 8 years. Intubation should be attempted **only** if attempts to ventilate with BVM are ineffective. Pediatrics- same dose as adults, consult Broselow tape. Do not use paralytics if age < 12 months.

3. **Paralysis with Induction** Administer an Induction agent (sedation):
 - a. **Etomidate (Amidate)** 0.3 mg/kg IV. Use with caution in patients with hypotension, severe asthma, or severe cardiovascular disease.
OR
 - b. **Midazolam (Versed®)** 2.5-5 mg IV or IM.
OR
 - c. **Ketamine** 1-2 mg/kg IV. **Ketamine** may be the drug of choice for patients with reactive airway disease or refractory seizures.
 - d. Position patient in preparation for intubation and explain to them what you are doing.
 - e. Administer paralytic medication
 1. **Succinylcholine** (immediately after the induction agent) 1-2 mg/kg IV (depolarizing agent).



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RSI

PROTOCOL TITLE: RSI

OR

2. **Rocuronium** (immediately after the induction agent) 1-1.5 mg/kg IV (non-depolarizing agent).

4. **Protect and Position the Airway-**

- a. May consider laryngeal manipulation (BURP) if needed for assistance with visualization of the glottis.
- b. Elevation of the head of the bed at 20-30 degrees of Semi-Fowler's position is indicated, if possible, to help prevent aspiration.

5. **Placement and Proof-** Perform direct laryngoscopy and place ET Tube per Endotracheal Intubation protocol.

- a. If first attempt is unsuccessful, re-oxygenate using BVM for 30-60 seconds.
- b. If relaxation was inadequate, administer a second dose of paralytic agent.
- c. If repeated intubation attempts fail, ventilate with BVM until spontaneous respiration returns, or move to rescue airway. (See P10 – Airway Algorithms)
- d. If further intubation attempts fail and patient cannot be ventilated per BVM go to (P10) – Airway Algorithms
- e. Confirm tube placement utilizing primary and secondary confirmation techniques.

6. **Post Intubation Management-**

1. **Midazolam (Versed)** 2.5 - 5 mg for post-intubation sedation of patient begins to resist ventilation or VS indicate patient is distressed.

OR

2. **Fentanyl** 1 – 3 mcg/kg

7. **Consider Long-Term Neuromuscular Inhibition:** If any of the following:

- a) Prolonged transport time
- b) Inadequate control of line or ETT integrity despite above sedatives

- (1) **Required: Continuous reliable End-tidal CO₂ monitoring**

- (a) Administer **Rocuronium** 0.5 mg/kg IV

1. May repeat q 30 minutes PRN strong muscular activity threatening line or ETT integrity despite sedation



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Medical Program Director

Adams, Benton, Franklin and Yakima Counties

June 30, 2024

Date

RSI

PROTOCOL TITLE: RSI

Bradycardia in the Adult secondary to RSI

1. In the event that bradycardia occurs in the adult during the direct laryngoscopy attempt, stop and ventilate per BVM with supplemental O₂.

Administer 1 mg **Atropine** IVP prior to any reattempt at intubation.

Hypotension in the Adult secondary to RSI

1. In the event that hypotension occurs in the adult during the direct laryngoscopy attempt, **push dose Epinephrine 1;100,000** 5-20 mcg every 1-5 minutes may be administered until fluid resuscitation and/or a vasopressor drip is started.

1ml of **Epinephrine** 1:10,000 mixed with 9ml of Normal Saline creates 10 mcg/ml **push dose epinephrine**.

RSI

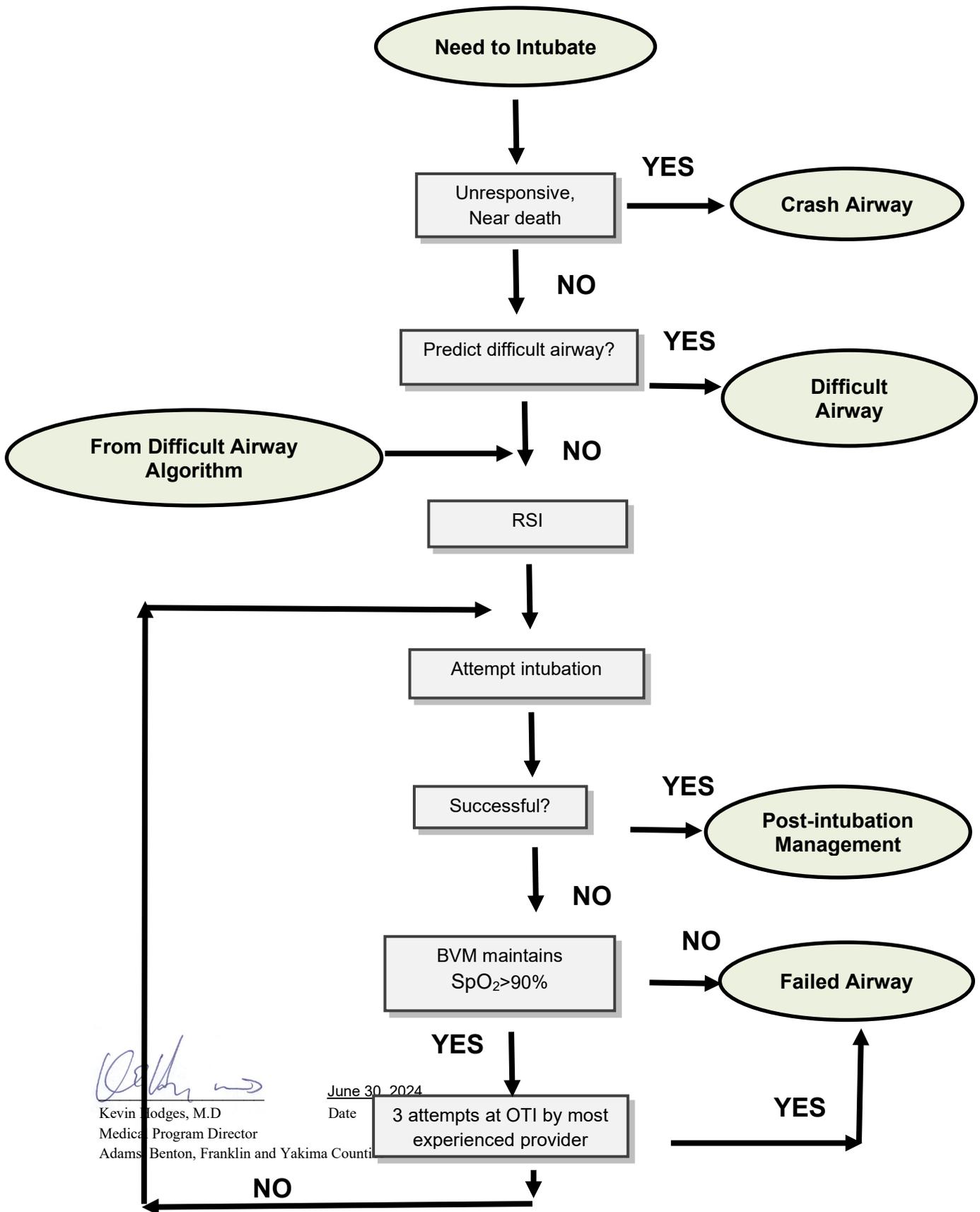


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PROTOCOL TITLE: AIRWAY ALGORITHMS

MAIN EMERGENCY AIRWAY MANAGEMENT ALGORITHM



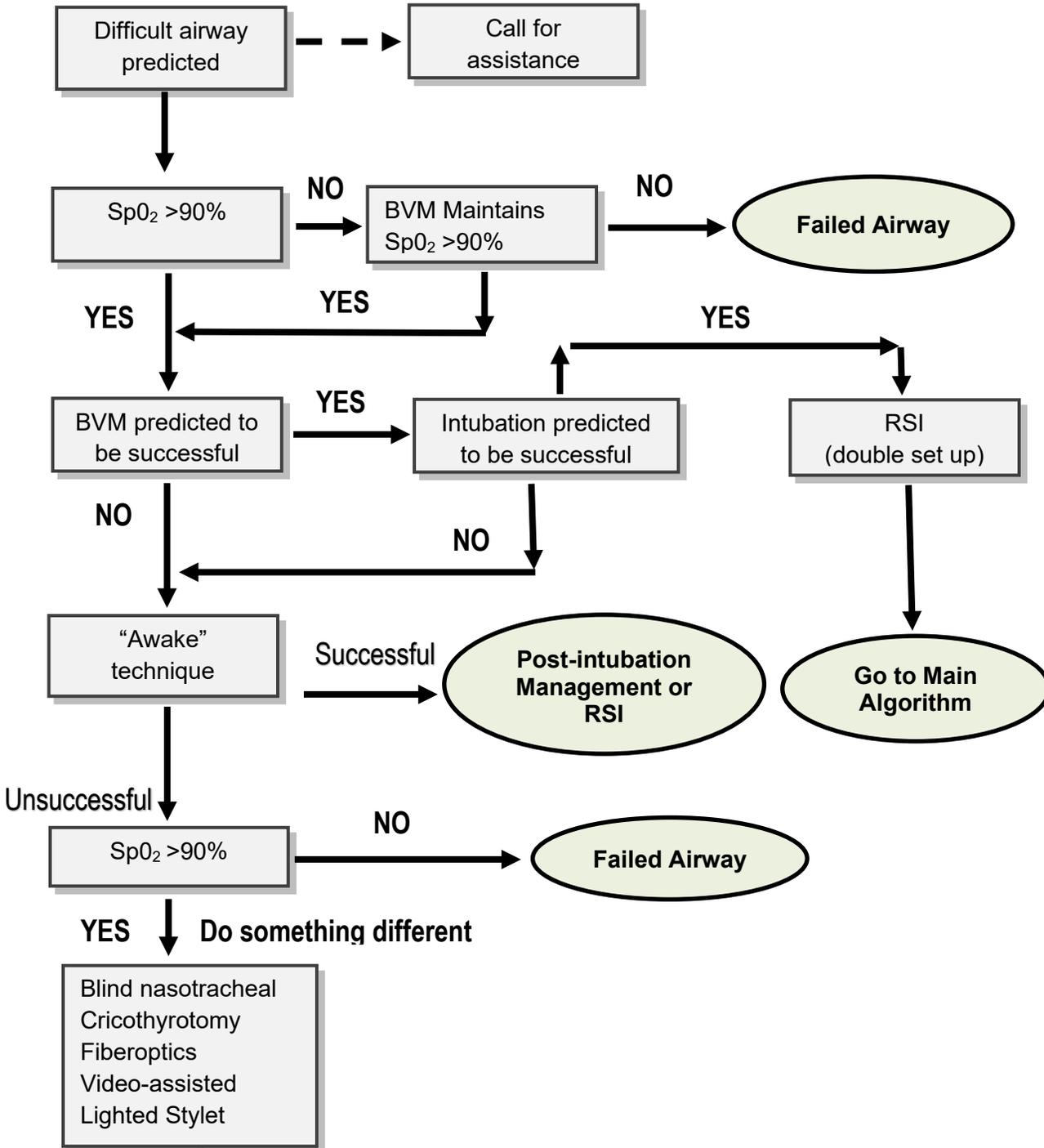
AIRWAY ALGORITHMS

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June 30, 2024
Date
3 attempts at OTI by most experienced provider

PROTOCOL TITLE: AIRWAY ALGORITHMS

DIFFICULT AIRWAY ALGORITHM

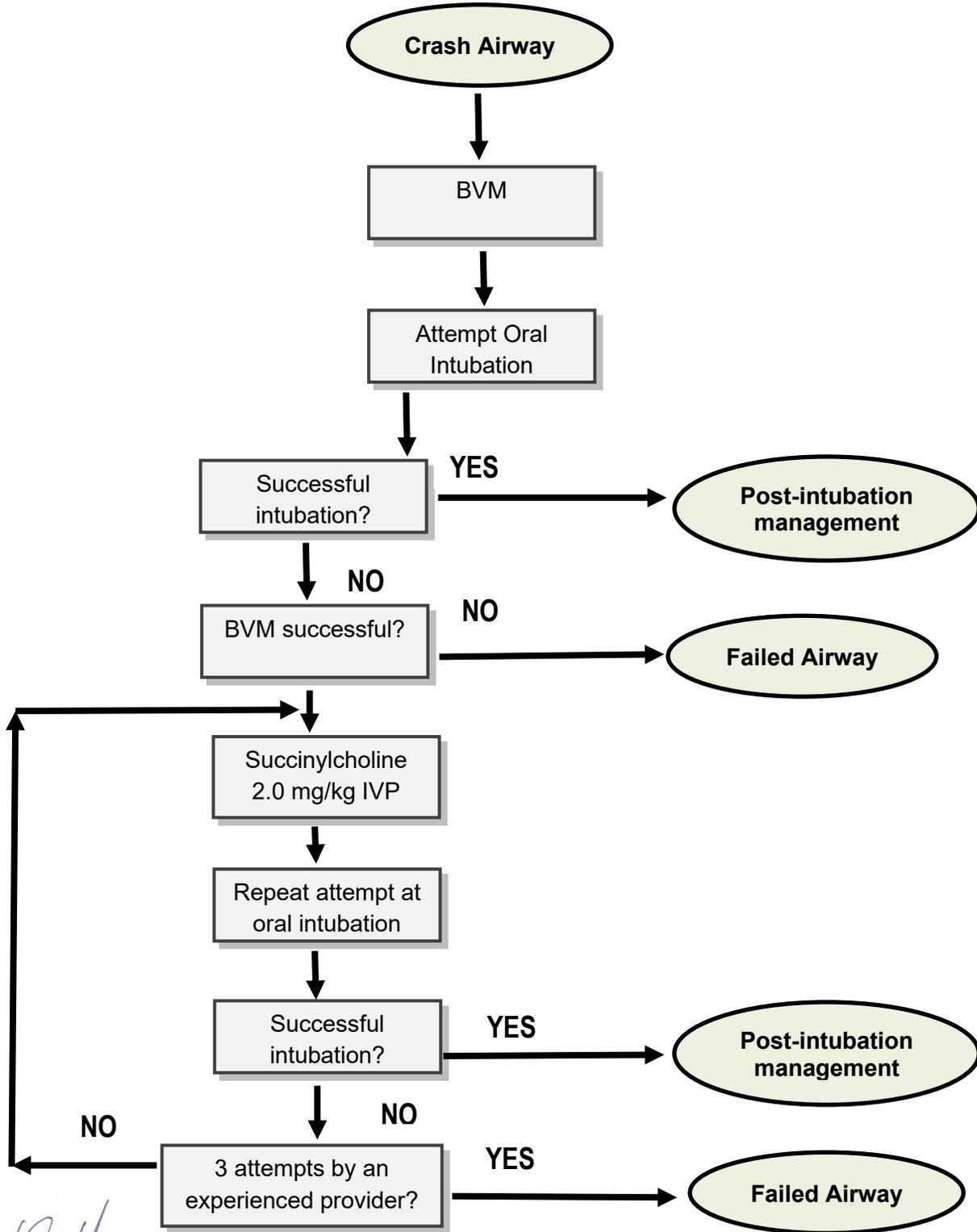


AIRWAY ALGORITHMS

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June 30, 2024
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CRASH AIRWAY ALGORITHM

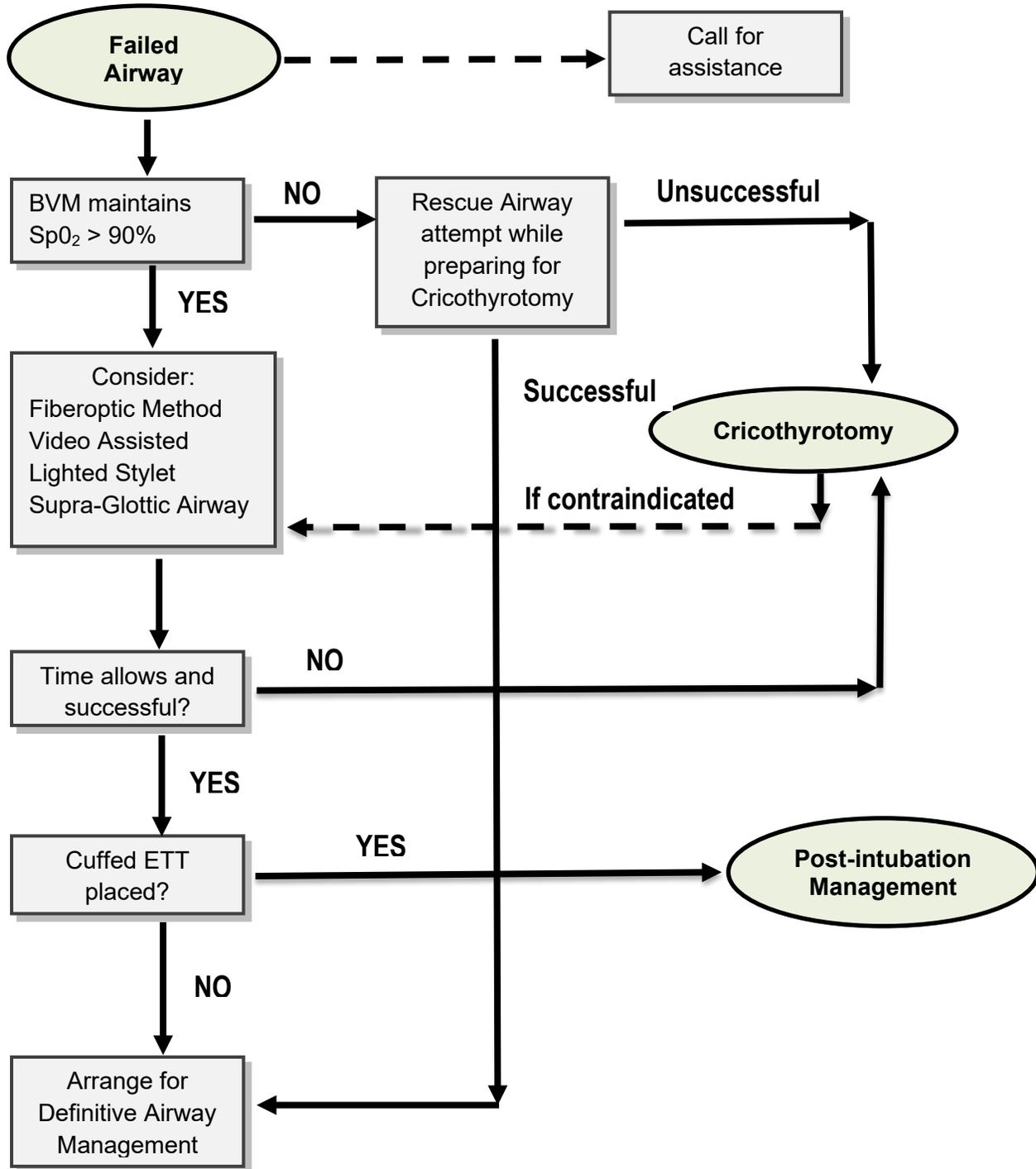


AIRWAY ALGORITHMS

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FAILED AIRWAY ALGORITHM



AIRWAY ALGORITHMS

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June 30, 2024
Date

PROTOCOL TITLE: OPEN CRICOTHYROTOMY

ALS personnel should be trained in this procedure prior to performing this procedure.

ADVANCED PROCEDURE

OPEN CRICOTHYROTOMY

III. ALS

INDICATION

Life-threatening upper airway obstructions where other non-invasive or manual measures have failed to establish an airway and attempts at ventilation have failed and tracheal intubation is not feasible or has failed.

NOT TO BE USED IN PEDIATRIC MANAGEMENT.

PROCEDURE

1. Decision made to perform surgical cricothyrotomy based on failed airway.
 - a. Elevate head of bed to 30 degrees, protect cervical spine, as indicated.
 - b. Identify the cricothyroid membrane in the midline between the thyroid and cricoid cartilage. Consider marking site or do not take finger from site after locating.
 - c. Prep with iodine soap or equivalent.
 - d. Manually stabilize the cricothyroid cartilage with thumb and index finger.
 - e. Make a vertical skin incision approximately 2.5 cm in length over the lower one-half of the cricothyroid membrane and expose the membrane.
 - f. Make a horizontal incision through the cricothyroid membrane.
 - g. Insert a Bougie, your finger, or Trousseau Dilator into the incision to maintain control of the stoma, dilating the hole with your finger, Trousseau Dilator or tracheal hook.
 - h. Insert an appropriately sized, cuffed ET tube or tracheostomy tube into the cricothyroid membrane incision. Direct the tube caudally into the trachea. Inflate the cuff and ventilate the patient.
 - i. Secure the ET tube.
 - j. Control local bleeding with direct pressure.
 - k. Rapid transport.

OPEN CRICOTHYROTOMY



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June 30, 2024
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PROTOCOL TITLE: PEDIATRIC NEEDLE CRICOTHYROTOMY

ALS personnel should be trained in this procedure prior to performing this procedure.

III. ALS**INDICATIONS**

1. Foreign body airway obstruction that cannot be removed by laryngoscopy and Magill forceps, and is not distal to the cricothyroid membrane.
2. Infection (epiglottitis), trauma, angioedema or other conditions that preclude proximal access to the glottic opening.
3. Only to be used in the pediatric patient under 12 years old.
4. Multiple failed attempts at orotracheal intubation by the most skilled provider.
5. Complete inability to ventilate patient using a BVM despite repositioning.
6. A last resort rescue procedure where the alternative is death.

This is considered a temporizing means of rescue oxygenation until a more definitive airway can be placed.

PREPARE THE FOLLOWING IN ADVANCE:

1. 12-14 gauge 1 1/4 inch angiocath.
2. BVM or Transtracheal Jet Ventilation device (TTJV) or similar device with regulator.
3. 10 cc Syringe with 3 cc NaCl.
4. 3.0 ETT with the BVM-ETT attachment piece removed (fits on a 14 gauge angio- catheter).
5. Betadine swabs.

PROCEDURE:

1. Identify the cricothyroid membrane if possible, using the same technique as in adult cricothyrotomy. Place a towel under the shoulders to facilitate hyperextension.
2. Cleanse the area with betadine or equivalent.
3. Immobilize the larynx with thumb and middle finger of non-dominant hand, while the index finger palpates the membrane.
4. Introduce a 14 gauge 1.25 inch angiocatheter attached to a 10 cc syringe with 3 cc of crystalloid through the cricothyroid membrane caudally in the long axis of the trachea at a 30 degree angle to the skin.
5. As the needle enters the trachea pull back on the syringe, and bubbling should be seen indicating successful placement into the trachea. Resistance indicates the catheter is in the tissue.
6. Once in the trachea, the catheter can be advanced and the needle with syringe removed.

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PROTOCOL TITLE: PEDIATRIC NEEDLE CRICOTHYROTOMY

7. Attach the BVM-ETT adaptor from a 3.0 ETT to the angio catheter.

VENTILATION:

1. Pediatric patient <5 years old:
 - a. Use of a BVM attached to an oxygen source is adequate, and preferred in the pediatric patient less than 5 years old.
 - b. Provide a 0.5 to 1 second burst ventilation with the BVM to overcome resistance.
 - c. The I:E ratio for BVM method should be 1:3, and adjusted based on oxygen saturation and ETCO_2 readings, and chest rise.

2. Pediatric Patient >5 years old:
 - a. A BVM may be used, and should be attempted first, and evaluated for oxygen saturation and chest rise.
 - b. Provide a 0.5 to 1 second burst ventilation with the BVM to overcome resistance.
 - c. If oxygenation and chest rise is inadequate use TTJV. The pressure should be turned down to 20psi (from the normal 50 psi in the adult) to prevent barotrauma.
 - d. The I:E ratio should be 1:3, and adjusted based on oxygen saturation and ETCO_2 readings, and chest rise.

Note: If progressive resistance is encountered with bag ventilations, allow for additional expiratory time and consider manually expelling air with gentle bilateral chest compression.

The pressures required to ventilate the pediatric patient through a needle catheter using a BVM will cause the pop-off valve to open. This valve must be occluded to allow flow into the catheter.



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PROTOCOL TITLE: PAIN CONTROL

I. BLS

1. Nitrous Oxide (Nitronox)

Note: BLS/ILS providers must complete A.B.F.Y. County course before authorized to administer Nitrous Oxide (Nitronox).



2. Acetaminophen (Tylenol), 650-1000mg PO x 1
Pediatric dose: 15 mg/kg PO

II. ILS

Note: For nausea administer Ondansetron (Zofran) 4-8 mg IV,IO,IM, PO.

III. ALS

When controlling and managing pain, pain medications should be administered in a timely and prudent manner.

1. The use of the following medications are appropriate for pain management in addition to ILS measures:

a. Fentanyl Citrate 50mcg IV/IO/IM (opioid naïve patient), or 100mcg IV/IO/IM (opioid tolerant patient), May repeat dose Q 10 minutes as needed for severe pain to max 3mcg/kg.

Pediatric dose: 1 mcg/kg IV/IO (Do not exceed adult single dose of 50mcg or 100mcg).



OR

Fentanyl Citrate 2mcg/kg intranasal

b. Morphine Sulfate, 2-10 mg IV, IO (opioid naïve patient) or 4-20mg IV/IO (opioid tolerant patient). May repeat Q 10 minutes titrated to effect.

Pediatric dose: 0.1 - 0.2 mg/kg IV, IO, IM



c. Ketorolac (Toradol), 15mg IV or 30mg IM. Note: May be drug of choice in renal colic (kidney stone), pelvic pain, and chronic pain.

Note: Intramuscular injections have no role in the treatment of chronic pain.



2. Administration of Fentanyl Citrate beyond 3mcg/kg or Morphine Sulfate beyond 20 mg requires consultation with medical control.

3. Ketamine 15mg IV x 1 may be used in conjunction with above therapies. If utilized it should be given early in therapy.

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PAIN CONTROL

PROTOCOL TITLE: PAIN MANAGEMENT IN SEVERE TRAUMA**STANDARD**

Management of patients with significant orthopedic or major soft-tissue trauma who require increased pain control and where traditional analgesics will be ineffective/inadequate. In these patients a dissociative agent such as ketamine may be beneficial. This decision should be made early as this dissociative dose is intended to replace, not supplement, the standard pain control protocol.

PURPOSE

Patients with severe trauma and/or abnormal circumstances may need more pain relief than routine patients. **Ketamine** can be used in its dissociative dosing to achieve pain control without the hemodynamic effects and respiratory depression of opiate pain medications.

Ketamine for full dissociation could be beneficial in the following circumstances:

- Severely entangled patients with significant trauma
- Traumatic amputation
- Severe burns
- Severe, multi-system trauma (i.e.: numerous long bone fractures, pelvic fractures, etc.)
- Patients in whom the paramedic feels traditional pain control will be inadequate

REQUIREMENTS

- Mechanism must be an acute traumatic incident, NOT chronic pain or exacerbation of chronic pain
- Clearly objective findings are required; subjective report of extreme pain is not sufficient
- Age > 12 months

PROCEDURE**ADVANCED LIFE SUPPORT ONLY**

1. Obtain needed history from patient PRIOR to dissociation.
2. Elevate head of bed.



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PROTOCOL TITLE: PAIN MANAGEMENT IN SEVERE TRAUMA

Monitoring Requirements:

- Must be able to monitor patient's airway
- Continuous SaO₂ monitoring
- Continuous ETCO₂ monitoring
- 4-Lead ECG

DOSING

1. **Ketamine** 1-2 mg/kg IV or 250-500 mg IM
2. Repeat dose may be necessary if prolonged prehospital time

For pediatric patients:



1. **Ketamine** 1mg/kg IV or 4 mg/kg IM
2. Repeat dose may be necessary if prolonged prehospital time

SIDE EFFECTS / PRECAUTIONS

Patient will be sedated and may not be able to answer questions or follow commands.

Laryngospasm could occur- Assist ventilations and initiate Larson Maneuver to correct

Emergence reactions- Some patients experience agitation, crying, hallucinations, dreams, or altered perceptions when ketamine is wearing off.

In order to mitigate these symptoms:

1. Repeat dose of **Ketamine** OR
2. Add **Midazolam (Versed)** 1-5 mg IV/IM

For pediatric patients:



1. Repeat dose of **Ketamine** OR
2. Add **Midazolam (Versed)** 0.03 mg/kg IV/IM

CONTRAINDICATIONS

- Age < 12 months
- Non-acute pain/trauma
- Allergy to ketamine
- Known pregnancy
- Unavailability of appropriate monitoring

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PAIN MANAGEMENT IN SEVERE TRAUMA

PROTOCOL TITLE: PLEURAL DECOMPRESSION

I/II. BLS/ILS
N/A

III. ALS

INDICATION

Tension pneumothorax in a rapidly deteriorating, unstable patient.

PROCEDURE

1. Establish airway.
2. Administer 100% O₂ via NRB mask 10-15 LPM.
3. Follow trauma protocol for chest trauma
4. Decompress chest.
 - a. Identify the second intercostal space in midclavicular line on the side of the tension pneumothorax
OR
 - b. 4th or 5th intercostal space in the anterior axillary line
 - c. Prep with iodine soap or equivalent.
 - d. Attach a #10-#14 gauge over-the-needle catheter to a 35 or 50 mL syringe.
 - e. If conscious, place patient in upright or semi-fowler position.
 - f. If unconscious the patient may be supine when procedure performed.
 - g. Insert needle/catheter into the skin at a 90 degree angle to chest wall directly over the superior aspect of the third rib into the second intercostal space.
 - h. Intercostal nerve, artery and vein run beneath the ribs so avoid this area.
 - i. Puncture the parietal pleura; a “pop” is usually felt. A rush of air with a rapidly improving patient helps confirm the diagnosis.
 - j. Aspirate as much air as possible; if necessary, the syringe can be removed to allow “free flow” of air from the pneumothorax until equilibrium is reached.
 - k. Remove the needle, secure the catheter to the skin; apply a flutter-valve, if possible.

CAUTIONS

1. Understand and review the signs and symptoms of tension pneumothorax.
 - a. Hypoxia, respiratory distress, hypotension
 - b. Hyperresonance over the affected side
 - c. Distended neck veins, tracheal shift away from the affected side is a very late finding and may not be present at all.
 - d. Traumatic arrest, significant blunt or penetrating trauma
2. This procedure to be used only in life-threatening situations.
3. Complications include local hematomas, cellulitis, and pneumothorax.
4. This procedure will create a pneumothorax whether one previously existed or not.



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PLEURAL DECOMPRESSION

PROTOCOL TITLE: TRANSCUTANEOUS PACING

I/II. BLS/ILS
N/A

III. ALS

TRANSCUTANEOUS PACING

INDICATIONS

- A. Hemodynamically unstable or symptomatic bradycardia. (e.g. hypotension, AMS, angina, pulmonary edema)
- B. Type II second degree heart block
- C. Third degree heart block
- D. Bradycardia with symptomatic ventricular escape rhythms.

PROCEDURE

1. Establish rhythm and baseline vitals.
2. High flow O₂ via NRB mask 10-15 lpm..
3. **Atropine** per bradycardia protocol **C1**.
4. Attach pacing pads, and monitoring electrodes.
5. Turn pacer function "on"
6. Select: demand operation, if stand-alone pacemaker.
7. Adjust ECG gain to sense intrinsic QRS complexes if necessary.
8. Set pacing rate 60-80 bpm.
9. Increase mA incrementally until electrical capture is achieved.
 - a. Electrical capture: wide QRS, and broad T- wave after each pacer spike.
 - b. Add 2 mA to setting to maintain capture
10. Feel for a pulse, preferably femoral or radial to confirm mechanical capture.
 - a. Mechanical capture: Pulse, rise in BP, increase in LOC, improved color/temperature, etc.
11. Document with rhythm strips.

SEDATION

12. If patient is conscious, assess patient comfort, consider sedation as needed.
 - a. **Lorazepam (Ativan)** 1-2 mg IV
 - b. **Midazolam (Versed)**, 1-5 mg, may repeat to max 5 mg IV, IO.
13. Pain management per protocol P13.



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TRANSCUTANEOUS PACING

PROTOCOL TITLE: TRANSCUTANEOUS PACING**DOCUMENTATION**

1. Date, time baseline rhythm, pacing rhythm strips.
2. Current (mA) required to capture.
3. Pacing rate and mode selected.
4. Patient response to pacing: electrical/mechanical.
5. Medications used.
6. Date, time pacing terminated.

CONTRAINDICATIONS

- A. Asystole as presenting rhythm.
- B. Pediatric patient too small for correct application of pacer pads.
- C. Severe hypothermia.
- D. Patient meeting death in field criteria.
- E. Patient with signs of penetrating or blunt trauma.

TRANSCUTANEOUS PACING

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June 30, 2024
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PROTOCOL TITLE: ISTAT BLOOD CHEMISTRY ANALYSIS

*****Participating agencies only*****

- I. Basic Life Support
N/A
- II. Intermediate Life Support
N/A
- III. Advanced Life Support

Indications

1. iStat blood panels may be drawn and run in lieu of collecting blood specimens for hospital laboratory testing.
2. iStat blood draws should only be performed when an IV is to be started and the patient has consented to being transported to a hospital.
3. iStat values are not to be used to determine if a patient should be transported to a hospital or refuse care.
4. CG4+ and Chem 8+ panels should be run together on the initial blood draw.
5. EC 8 panels may be used in place of CG4+ and Chem 8+ depending on availability.
6. CG4+ panels should be run for all sepsis patients to establish lactate values in addition to blood gases.
7. CG4+ and Chem 8+ or EC8 panels should be drawn and run for patients with a nature of illness/injury of trauma, medical, or shortness of breath/dyspnea anytime an IV is started.
8. Serial EC 8 panels should be drawn for any patient on a ventilator to validate ventilator settings. The venous blood gas values should be used to titrate ventilatory rate, PEEP, and FiO₂ settings.
9. cTnI (Troponin I) panels should be drawn for all patients complaining of chest pain, shortness of breath, or suspected Acute Coronary Syndromes/anginal equivalents.

Precautions

1. Do not delay patient transport to obtain blood chemistry values. The blood draw should occur at the time of the IV start and cartridge testing can be performed en route to the destination hospital.
2. Avoid prolonged tourniquet application during venipuncture, potassium values elevate with venous stasis.
3. Avoid having the patient clench and relax their fist in attempting to locate a suitable vein, this may result in erroneously elevated potassium values.
4. If serial blood draws are necessary for trending values, a second IV should be established away from any IV fluid administration sites and used for serial blood draws. Fluid administration will dilute the sample and cause inaccurate values.



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ISTAT BLOOD CHEMISTRY ANALYSIS

PROTOCOL TITLE: ISTAT BLOOD CHEMISTRY ANALYSIS**Technique**

1. Prepare the venipuncture site as normal for starting an IV.
2. Once the catheter is in place, remove the stylet and attach a heparin syringe to the catheter hub and draw blood until the syringe is full. The syringe must be full in order for the blood/heparin ratio to be correct for blood chemistry analysis purposes. Normal procedures to prevent hemolysis should be followed during the draw. If frothy blood occurs in the syringe, discard the syringe and attempt the draw again with a new syringe.
3. Immediately expel any air, cap the heparin syringe, connect the IV tubing, and set the appropriate drip rate for the patient's condition. If the blood sample syringe is left uncapped, the blood gas values may be inaccurate.
4. Roll the syringe in hand 6 times, invert the syringe and repeat. This creates a homogeneous blood/heparin mixture.
5. If drawing from an established IV saline lock; first take a 10 mL syringe, withdraw 5 mL of blood and discard, then draw 1 mL with the heparin syringe. Flush with 10 mL NS after completing the draw.
6. CG4+ cartridges must be run as soon as practicable for the lactate values to be accurate. The blood gas values are accurate up to 10 minutes after the draw.
7. Chem 8+ cartridges must be run within 10 minutes of the draw for the iCa and TCO₂ values to be accurate. The rest of the values are accurate if the cartridge is run within 30 minutes of the draw.
8. EC 8 cartridges should be run within 10 minutes of the draw for pH and PCO₂ values to be accurate. The rest of the values are accurate if the cartridge is run within 30 minutes of the draw.
9. cTnl cartridges must be run within 30 minutes of draw.
10. To place a blood sample in an iStat cartridge and perform a test:
 - a. Roll the heparin syringe in hand 6 times
 - b. Invert and roll the syringe again 6 times
 - c. Remove the cap, discard 4 drops of blood onto a 4x4 gauze
 - d. Add blood sample to cartridge well to the indicated fill line
 - e. Close cover over the sample well
 - f. Replace the cap on the sample syringe if a second test will be run from the same sample
 - g. Place the test cartridge in the analyzer
 - h. Allow the test to run for the specified time, print the results and review
11. Significant out of range results should be reported to the Medical Control physician. The Level of Action for cTnl is 0.08 ng/mL
12. A printed copy of all test results should be left with the receiving facility staff. The patient's name must be recorded on the results print out.
13. iStat blood analysis values will be documented in the electronic patient care report (ePCR) and a scanned copy of the iStat results print out shall be attached to the ePCR to meet Medical Testing Site licensing requirements.



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PROTOCOL TITLE: ISTAT BLOOD CHEMISTRY ANALYSIS

Special Notes

Chem 8 Reference Ranges:

| | REPORTABLE RANGE | REFERENCE RANGE (ARTERIAL) | REFERENCE RANGE (VENOUS) |
|--------------------------|----------------------------------|-----------------------------------|-----------------------------------|
| Sodium (Na) | 100-180 mmol/L (mEq/L) | 138-146 mmol/L (mEq/L) | 138-146 mmol/L (mEq/L) |
| Potassium (K) | 2.0-9.0 mmol/L (mEq/L) | 3.5-4.9 mmol/L (mEq/L) | 3.5-4.9 mmol/L (mEq/L) |
| Chloride (Cl) | 65-140 mmol/L (mEq/L) | 98-109 mmol/L (mEq/L) | 98-109 mmol/L (mEq/L) |
| TCO ₂ | 5-50 mmol/L (mEq/L) | 23-27 mmol/L (mEq/L) | 24-29 mmol/L (mEq/L) |
| Anion Gap* | (-10)-(+99) mmol/L (mEq/L) | 10-20 mmol/L (mEq/L) | 10-20 mmol/L (mEq/L) |
| Ionized Calcium (iCa) | 0.25-2.50 mmol/L, 1.0-10.0 mg/dL | 1.12-1.32 mmol/L, 4.5-5.3 mg/dL | 1.12-1.32 mmol/L, 4.5-5.3 mg/dL |
| Glucose (Glu) | 1.1-38.9 mmol/L, 20-700 mg/dL | 3.9-5.8 mmol/L, 70-105 mg/dL | 3.9-5.8 mmol/L, 70-105 mg/dL |
| Urea Nitrogen (BUN)/Urea | 3-140 mg/dL, 1-50 mmol/L (Urea) | 8-26 mg/dL, 2.9-9.4 mmol/L (Urea) | 8-26 mg/dL, 2.9-9.4 mmol/L (Urea) |
| Creatinine (Crea) | 0.2-20.0 mg/dL, 8-1768 μmol/L | 0.6-1.3 mg/dL, 53-115 μmol/L | 0.6-1.3 mg/dL, 53-115 μmol/L |
| Hematocrit (Hct) | 15-75%PCV, 0.15-0.75 Fraction | 38-51%PCV, 0.38-0.51 Fraction | 38-51%PCV, 0.38-0.51 Fraction |
| Hemoglobin* (Hgb) | 5.1-25.5 g/dL, 51-255 g/L | 12-17 g/dL, 120-170 g/L | 12-17 g/dL, 120-170 g/L |

CG4+ Reference Ranges:

| TEST | UNITS * | REPORTABLE RANGE† | REFERENCE RANGE | |
|----------------------------------|-------------------|-------------------|------------------------------|------------------------------|
| | | | (arterial) | (venous) |
| MEASURED | | | | |
| pH | pH units | 7.00 - 7.70 | 7.35 - 7.45 ¹³ | 7.31 - 7.41** |
| PO ₂ | mmHg | 15 - 530 | 80 - 105 ^{14***} | |
| | kPa | 2.0 - 70.6 | 10.7 - 14.0 ^{14***} | |
| PCO ₂ | mmHg | 15 - 130 | 35 - 45 ¹³ | 41 - 51 |
| | kPa | 2.00 - 17.33 | 4.67 - 6.00 | 5.47 - 6.80 |
| Lactate/Lac | mmol/L | 0.30 - 20.00 | 0.36 - 1.25 ^{2****} | 0.90 - 1.70 ^{2****} |
| | mg/dL | 2.7 - 180.2 | 3.2 - 11.3 ^{2****} | 8.1 - 15.3 ^{2****} |
| CALCULATED | | | | |
| Bicarbonate/ HCO ₃ | mmol/L (mEq/L) | 1.0 - 85.0 | 22 - 26** | 23 - 28** |
| TCO ₂ | mmol/L (mEq/L) | 5 - 50 | 23 - 27** | 24 - 29** |
| Base Excess/ BE | mmol/L (mEq/L) | (-30) - (+30) | (-2) - (+3) ¹³ | (-2) - (+3) ¹³ |
| sO ₂ | % | 0 - 100 | 95 - 98 ¹⁴ | |



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ISTAT BLOOD CHEMISTRY ANALYSIS

PROTOCOL TITLE: ISTAT BLOOD CHEMISTRY ANALYSIS

EC8 Reference Ranges:

| | REPORTABLE RANGE | REFERENCE RANGE (ARTERIAL) | REFERENCE RANGE (VENOUS) |
|--------------------------|--------------------|----------------------------|--------------------------|
| Sodium (Na) | 100-180 mmol/L | 138-146 mmol/L | 138-146 mmol/L |
| Potassium (K) | 2.0-9.0 mmol/L | 3.5-4.9 mmol/L | 3.5-4.9 mmol/L |
| Chloride (Cl) | 100-180 mmol/L | 138-146 mmol/L | 138-146 mmol/L |
| Anion Gap* | 100-180 mmol/L | 138-146 mmol/L | 138-146 mmol/L |
| Glucose (Glu) | 20-700 mg/dL | 70-105 mg/dL | 70-105 mg/dL |
| Urea Nitrogen (BUN)/Urea | 100-180 mmol/L | 138-146 mmol/L | 138-146 mmol/L |
| Hematocrit (Hct) | 15-75%PCV | 38-51%PCV | 38-51%PCV |
| Hemoglobin* (Hgb) | 5.1-25.5 g/dL | 12-17 g/dL | 12-17 g/dL |
| pH | 6.5-8.2 | 7.35-7.45 | 7.31-7.41 |
| PCO ₂ | 5-130 mmHg | 35-45 mmHg | 41-51 mmHg |
| TCO ₂ * | 5-50 mmol/L | 23-27 mmol/L | 24-29 mmol/L |
| HCO ₃ * | 1.0-85.0 mmol/L | 22-26 mmol/L | 23-28 mmol/L |
| Base Excess (BE)* | (-30)-(+30) mmol/L | (-2)-(+3) mmol/L | (-2)-(+3) mmol/L |

cTnI Reference Ranges:

| | REPORTABLE RANGE | REFERENCE RANGE (VENOUS) |
|---------------------------|------------------|---|
| Cardiac Troponin I (cTnI) | 0.00-50.00 ng/mL | 0.00-0.08 ng/mL* |
| | | * Represents the 0 to 99% range of results. |

ISTAT BLOOD CHEMISTRY ANALYSIS



Kevin Hodges, M.D
 Medical Program Director
 Benton-Franklin Counties

June 30, 2024
 Date

PROTOCOL TITLE: HIGH PERFORMANCE CPR

STANDARD

Improve survival rates for all pre-hospital sudden cardiac arrest patients.

PURPOSE

The High Performance CPR (HPCPR) guideline is built upon a common framework including: clearly identified roles, common terminology, interoperability between agencies, similar equipment, continually practiced skills, and a common goal of increased survival for cardiac arrest patients.

PROCEDURE

Agencies and responders are encouraged to do the best you can with the resources available. Agencies should develop practices to identify how they will fill the HPCPR common roles and how to best utilize their resources to achieve success. Agencies and responders should practice and reinforce their skills on a frequent and regular basis utilizing CPR training equipment capable of providing CPR quality feedback as much as possible.

- 1. HPCPR COMMON ROLES
 - a. Scout / Initial Compressor
 - b. AED / Defibrillation / SGA Placement
 - c. Time Keeper / Coordinator
 - d. IV / Advanced Airway

The common roles are listed in order of priority and should be filled in that order as much as possible and resources allow. It is understood that these rolls may be shared or combined based on the resources available on scene until additional help arrives.

- 2. SCOUT / INITIAL COMPRESSOR
 - a. Responders assuming this role should quickly locate the patient and identify the presence of cardiac arrest. Patients in cardiac arrest will be unconscious and not breathing, or not breathing normally, e.g. agonal respirations, and will not have a pulse. Pulse checks should be achieved in less than 10 seconds.
 - b. If possible "Push clothes up" to reveal the chest; otherwise begin compressions on clothing until it can be removed.
 - c. Immediately start high quality chest compressions.
 - i. Chest compressions should begin where the patient is located. High quality chest compressions include compressions on a hard surface with full recoil, the proper depth and appropriate rate. This may require the patient to be moved once adequate personnel are present to do so safely. Full recoil means the personnel performing the compressions does not lean or place any weight on the patient between compressions. The proper depth for adult compressions is 50 mm or 2 inches. The compression rate is 100-120 per minute. The compressor should count out loud during compressions. Strictly limit



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interruptions. **Do not stop compressions for IV/IO, ETT, or other procedures.**

- ii. Any pause in compressions should be limited to <10 seconds in duration.
- iii. Mechanical compression devices (Lucas 2, Autopulse, others), may be utilized only in the setting of MPD approved device used according to manufacturer's instructions, and only in the absence of adequate personnel to perform adequate HP-CPR, longer duration of events, or due to safety issues, such as during transport. **The deployment of a mechanical device shall not delay the initiation of chest compressions.** (See Mechanical Devices below)

3. AED / DEFIBRILLATOR OPERATOR

- a. The AED / Defibrillator operator should set up and apply the AED/ Defibrillator to the patient as quickly as possible. Do NOT disturb compressor, do not interrupt compressions. Cut or remove the clothes from the patient.
- b. Perform a quick look and shock as appropriate:
 - i. If rhythm is VF/pVT or AED advises "Shock", after delivering the shock, place passive oxygenation with nasal cannula at 15 lpm.
 - a. Passive oxygenation may be delivered for up to 6 minutes prior to placement of the SGA and positive pressure ventilations
 - b. Use a pediatric or low volume BVM for pediatric and adult patients at a ratio of 10:1 (compressions/ventilations) non-synchronized
 - 1. Check with your manufacturer to deliver the appropriate Lpm to achieve 100% FiO₂. (Pediatric BVM delivers higher FiO₂ at a lower Lpm flow than adult BVM's.)
 - 2. BVM's with PEEP valves set at 5cm/H₂O are preferred.
 - ii. If rhythm is Asystole/PEA, immediately place an SGA (Supraglottic Airway) and deliver appropriate ventilations
 - a. Use a pediatric or low volume BVM for pediatric and adult patients at a ratio of 10:1 (compressions/ventilations) non-synchronized.
 - b. Check with your manufacturer to deliver the appropriate Lpm to achieve 100% FiO₂. (Pediatric BVM delivers higher.
 - c. BVM's with PEEP valves set at 5 cm/H₂O are preferred.



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4. TIME KEEPER COORDINATOR

- a. Every effort shall be made to ensure one of the first three rescuers fills the timekeeper role. The Time Keeper / Coordinator starts and monitors the stop watch on scene and communicate the time to all the providers on scene. The Coordinator is responsible to evaluate CPR performance, ensuring the compressor is performing compressions correctly with full recoil, proper depth, and the appropriate rate. The Coordinator is responsible to ensure interruptions to compressions are strictly limited to the 2 minute mark. The Coordinator is also responsible to coordinate compressors and ensure smooth compressor transitions every 2 minutes. **Time Keepers are highly encouraged to use a cardiac arrest flow sheet to track progress through the code.**
- b. The Coordinator calls out the time **BENCHMARKS**.
 - i. **"30 Seconds"** – This allows all the providers on scene to keep track of time.
 - ii. **"1 minute"** – The half way mark.
 - iii. **"1 minute 30 seconds"** – The trigger for the monitor operator to get into position and prepare for charging. At this point the Coordinator solicits or if necessary, designates the next compressor, who should move into position to prepare to take over compressions.
 - iv. **"1 minute 45 seconds, Charge The Defibrillator"** – The Monitor operator selects the energy level and charges the monitor, and checks for a pulse during compression to verify pulse, therefore is in position to check for a pulse during rhythm analysis. (Follow AHA/manufacture prescribed joules settings.)
 - v. **"10, 9, 8, 7, 6, 5, 4, 3, 2, 1 – 2 minutes"** – The pivotal moment that requires strict coordination and practice to ensure the absolutely shortest pause as possible, no more than 10 seconds. Rhythm analysis occurs, clearing the patient, and shocking occurs as appropriate. The next compressor is in position immediately begins compressions following the shock or no shock indication.
- c. AED Specific 2 minute Guideline
 - i. Do not touch the patient during rhythm analysis. If SHOCK is indicated – Perform 30 compressions while AED is charged and then SHOCK. If NO-SHOCK is indicated check pulse for < 10 seconds and immediately start 2 minutes of CPR if no pulse.

5. IV/AIRWAY

- a. The IV/IO skills are to be completed by the appropriately certified personnel during the 2 minute compression periods. Do not interrupt compressions to complete these procedures. If the first line ACLS



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medication can be administered soon, IV/IO should be given priority over airway.

- i. Peripheral IV access with a large bore catheter is preferred.
- ii. If unable to obtain IV access, next look to humoral head IO. Only use the tibial IO if no other access is available.
- b. Placement of an advanced airway (ETT) is appropriate for longer duration events, after ROSC, or if the GA is not providing adequate airway management.

6. MECHANICAL CHEST COMPRESSION DEVICES (MCD)

- a. Follow the manufacturer’s instructions regarding appropriate use. MCD’s can be utilized for patients older than 12 years old and are appropriate for cardiac arrest of non-traumatic nature.
- b. Use of MCD’s should not delay or significantly interrupt high quality chest compressions and should be implemented by highly trained and very proficient providers. Agencies and providers who utilize MCD’s should be prepared for possible device failure and have the necessary resources available to continue HPCPR without their use.
- c. The use of MCD’s only replaces the task of HQCC (High Quality Chest Compressions). All other elements of HPCPR shall be accomplished, including pulse checks, $ETCO_2$ monitoring, verification of compression quality, etc.

7. FOLLOW-UP

Following completion of the cardiac arrest incident, providers should complete a thorough and complete patient care report.



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PROTOCOL TITLE: MEDICAL BLOOD DRAWS

STANDARD

Accomplish blood draws in the field that meet Joint Commission standards, which includes labeling of the specimens, to include patient name, DOB, date & time of draw, and phlebotomists name or initials.

PURPOSE

The medical standard for blood draws require certain elements of documentation occur at the time of the blood draw, in the presence of the patient to ensure labs do not get mixed with other patients in the facility, which could lead to deadly reactions or treatments if the incorrect blood is attributed to the wrong patient.

Blood draws accomplished in the field can be very beneficial to the patient and staff in the Emergency Department. Labs drawn in the field can reduce the time to laboratory results as much as 20 – 30 minutes.

The following are patients who could benefit most from labs being drawn in the field:

- Ischemic chest pain
- Stroke patients
- Metabolic imbalances
- Toxicological
- Trauma

PROCEDURE

Paramedics, AEMTs, and EMTs with an IV endorsement shall follow this procedure when performing a blood draw in the field setting. Blood draws should not be accomplished if obtaining the blood draw will delay more critical care required by the patient.

If the provider determines it is appropriate and beneficial to the patient to accomplish the blood draw at the time of intravenous access, the following procedure must be followed.

1. Using as large of a cannula as possible, (preferably 20 ga or larger), slowly and gently draw labs into a 10 – 12 cc syringe. Care should be taken to put the least amount of back pressure on the syringe as possible. Use of a Vacutainer adapter instead of the syringe method is permitted.
2. After the syringe is filled to the 10 cc mark, immediately connect the syringe to an approved blood transfer device for vacutainer filling.
3. Fill blood tubes in the following order and to the appropriate amount. (See table)



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MEDICAL BLOOD DRAWS

PROTOCOL TITLE: MEDICAL BLOOD DRAWS

| Order to be Drawn | Tube Color | Additive | Purpose | Amount | Mix by Inverting |
|-------------------|------------------------|-----------------|-----------------------------------|-------------------------------------|------------------|
| 1 | Blue | Citrate | Coag Studies | Vacuum | 3 – 4 x |
| 2 | Gold / Tiger-top / Red | SST | Serum chemistries | Half | 5 x |
| 3 | (Sage) Green | Lithium Heparin | Point of care troponin/creatinine | To Label Line or at least half-full | 8 – 10 x |
| 4 | (Light) Green | Lithium Heparin | Chemistry, Drug levels, Troponin | To Label Line | 8 – 10 x |
| 5 | Purple / Lavender | EDTA | Blood count | To Label Line | 8 – 10 x |

4. After filling the tubes, gently mix the blood by inverting the tubes 180 degrees, the appropriate number of times for mixing of additive. (See table)

5. Immediately after filling the tubes, the provider who witnessed the blood leaving the draw site and entering the syringe, and witnessed the blood transfer from the syringe into the vacutainer, must initiate labeling and maintain the custody of the blood until the labs are fully labeled.
 - a. Using a permanent marker, write the patient name, DOB, time/date of draw and providers name on medically clean zip lock bag.
 - b. Place lab specimens in the zip lock bag and seal.
 - c. Tape the zip lock bag and lab specimens to the IV bag.
 - d. Maintain contact with patient and labs until arriving at the Emergency Department and individual labeling of each vacutainer is accomplished.
 - i. It is permissible to use the hospital labels that are created for the patient to identify the patient and time of draw.
 - ii. **IMPORTANT:** The person maintaining the custody of the blood specimens must maintain visual contact of the blood specimens until the tubes are individually labeled.
 - iii. Blood tubes CANNOT be handed over to ER Staff until the labs are labeled by the EMS person, using the facility labels / stickers.

MEDICAL BLOOD DRAWS

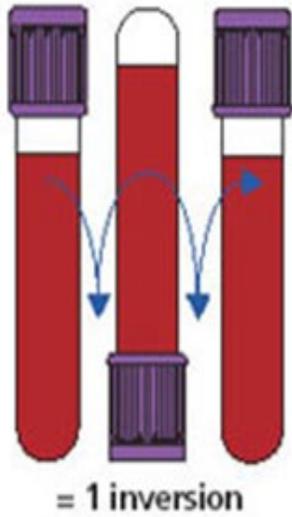


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PROTOCOL TITLE: MEDICAL BLOOD DRAWS

1. Prior to labeling the tubes, the provider should verify the patient name and DOB one last time.



MEDICAL BLOOD DRAWS

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PROTOCOL TITLE: WOUND PACKING OF PENETRATING INJURIES-ADULTS**I./II./III. BLS / ILS / ALS****Wound packing with Combat Gauze - wound packing shall only be done utilizing “Combat Gauze Brand” gauze.****INDICATIONS**

1. A penetrating junctional injury (a wound that is in the portion of the extremity unable to be reached by a tourniquet).
2. A penetrating wound to the patient’s pelvis or shoulder.
3. An extremity wound uncontrolled by the use of a tourniquet.

CONTRAINDICATIONS

1. Use in the abdominal or chest cavity.
2. Use in place of a tourniquet in a distal injury.

PROCEDURES

1. Attempt to control hemorrhage with tourniquet or direct pressure on wound.
2. Open one end of the Quick Clot package and begin to pull dressing out.
3. Pack wound with two finger method as deep as possible, filling cavity.
4. Use entire package until gauze is packed to the outside of the cavity.
5. If more than one package is needed, a second package can be used, or normal gauze packed on top.
6. If bleeding is not controlled, all gauze should be removed and new gauze applied to the wound again, starting the process over.
7. Continuous pressure over gauze may be needed to facilitate in hemorrhage control.

WOUND PACKING OF PENETRATING INJURIES - ADULTS

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PROTOCOL TITLE: EMS MEDICAL ERROR INCIDENT FORM

Standard

In keeping with best practices for self-reporting of patient near misses as they relate to medical errors; EMS providers will self-report these types of incidents to the MPD using the appropriate documentation.

The sole intention of this or any other self-reporting practice is for quality assurance and improvement in the EMS system as a whole.

Exception: Those instances which arise to the level of criminal act, gross negligence, carelessness, or willful and wanton misconduct, as defined within WAC 192-150-205.

Purpose

1. Studies show that when medical errors occur, be it a medication or procedural error, and the error is quickly reported, patients have better outcomes, higher satisfaction ratings, and are less likely to sue the agency or institution involved.
2. When an EMS provider performs or witnesses a medical error (as defined) it is paramount that the incident be reported in a timely manner, so steps can be taken to reduce the chance of significant concomitant harm to the patient.

First, staff must recognize when errors occur. Second, the reporting system must be user-friendly, not difficult or time-consuming. Third, the organization must have a just culture, one that encourages and rewards reporting and focuses not on individual blame and punishment but rather on improving systems and processes. As an organization works to become more safety-oriented by training staff to identify errors and unsafe conditions, and as its senior leadership fosters a just culture, it can expect to see more and more self-reported medication errors.

Institute for Healthcare Improvement
<http://www.ihl.org/resources/Pages/Measures/NumberOfSelfReportedMedicationErrors.aspx>

3. A medical error is defined as a preventable adverse effect of care, whether or not it is evident or harmful to the patient. This might include an inaccurate or incomplete diagnosis or treatment of a disease, injury, syndrome, behavior, infection, or other ailment.
 - a. For the purposes of Adams, Benton, Franklin and Yakima County EMS, a Medical Error will be defined as follows:
 - i. A preventable adverse effect of care, as provided by administration of a medication or procedure, whether or not it is evident or harmful to the patient.



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EMS MEDICAL ERROR INCIDENT FORM

PROTOCOL TITLE: EMS MEDICAL ERROR INCIDENT FORM

ii. Examples:

1. **Wrong medication;** (e.g.: Use of a medication for a condition that is not medically acceptable or prescribed within the BF County Protocols.)
2. **Use of medication where it is contraindicated;** (e.g.: Administration of Diltiazem when patient blood pressure is less than 100 SBP.)
3. **Medication overdose or under dose;** (e.g.: Any dosing that is not consistent with the current BF County Protocols)
4. **Wrong medication route ;** (e.g.: Administering a medication via a route that is not consistent or is contraindicated. i.e.: Giving 1:1,000 Epinephrine IV vs IM/SQ)
5. **Failing to administer an appropriate medication without cause;** (e.g.: Not administering Narcan for a patient suffering from an opiate OD.)
6. **Failed or inappropriate use of a procedure without rapid recognition and rapid corrective action;** (e.g.: Unsuccessful Rapid Sequence Intubation, esophageal intubation, cricothyrotomy, needle decompression, chemical restraint, etc.)
7. **Technical errors or omissions during a procedure;** (e.g.: failing to administer an induction agent for a patient with an RSI being performed.)
8. **Failure to recognize the loss or ineffectiveness of a procedure or care;** (e.g.: infiltrated IV site where large bolus of medication or fluid is administered into tissue, failure to recognize a displaced endotracheal tube, etc.)
9. **Any other occurrence where a provider believes an error may have occurred.**

Procedure

1. Paramedics, AEMTs and EMTs must maintain a heightened sense of awareness for medical errors such as medication administration issues and procedural missteps.
2. When an EMS provider realizes a Medical Error has occurred, they will follow these steps:



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EMS MEDICAL ERROR INCIDENT FORM

PROTOCOL TITLE: EMS MEDICAL ERROR INCIDENT FORM

- a. Report the medical error to the ER physician and RN who is receiving the patient at the ER.
 - i. If the medical error occurs, with a patient who is not transported to the ER, the EMS provider will notify the MPD at BFCountyMPD@gmail.com as soon as possible after the completion of the call.
- b. The EMS provider will fully document the care of the patient in a standard PCR, to include the medical error and any observed effects or absence of effects on the patient due the error. This shall also include any interventions taken to correct or monitor adverse effects.
- c. Once back in service and as soon as time permits, the EMS Provider shall complete the Medical Error Form and submit it to his/her agencies EMS Officer for review.
- d. After the EMS Officer is satisfied with the documentation provided, the EMS Officer will forward the completed documentation to the MPD's Office for review.
 - i. There will be no punitive action taken by the MPD's Office or the Agency in relation to a Medical Error **if the above procedure is followed.**
 - ii. If through review of the event, the incident rises to the level of required reporting as defined by the U.D.A (Uniform Disciplinary Act), the incident will be forwarded to the Washington State Department of Health as required by RCW 18.130.

EMS MEDICAL ERROR INCIDENT FORM



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PROTOCOL TITLE: EMS MEDICAL ERROR INCIDENT FORM



South Central Region
MEDICAL ERROR REPORT FORM
For QA/QI Purposes

Each person who played a role in the medical error must complete this document.

Form with fields for Date, Incident #, Personnel Involved/Witness, Hospital Patient was Transported to, and Doctor whom error was reported to.

Describe the actions and events that led to the medical error/incident. Please reference Protocol P21 for the definition of what constitutes a medical error.

Text input box for describing the actions and events that led to the medical error.

Describe in detail the steps that will be taken to prevent a future medical errors of this nature; process, team interaction, education, training, communication, etc.

Text input box for describing the steps to prevent future medical errors.

Provider Signature

Provider Name (Print/Type)

EMS Officer

Medical Program Director

Complete this form, print, sign and forward to agency EMS Officer. Confidential / QA

Handwritten signature of Kevin Hodges, M.D., Medical Program Director, Benton-Franklin Counties.

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EMS MEDICAL ERROR INCIDENT FORM

PROTOCOL TITLE: PICC LINE ACCESS

I/II BLS/ILS
N/A

III ALS

A PICC line is, by definition and per its acronym, a peripherally inserted central catheter. It is long, slender, small, flexible tube that is inserted into a peripheral vein, typically in the upper arm, and advanced until the catheter tip terminates in a large vein in the chest near the heart to obtain intravenous access. It is similar to other central lines as it terminates into a large vessel near the heart. However, unlike other central lines, its point of entry is from the periphery of the body, the extremities. Typically, the upper arm is the area of choice.

I. Indications:

PICC lines may be accessed when:

- 1. There is a need for drug or fluid administration and traditional means of venous access are unsuccessful.
- 2. Patient or patient's caregiver requests use of PICC line

II. Contraindications:

- 1. Inability to aspirate or infuse through the catheter.
- 2. Catheter located in any place other than the patient's upper arm.
- 3. Need for rapid fluid resuscitation.

III. Procedure

- 1. Use clean gloves and maintain sterility as much as possible.
- 2. If there is a needleless type port on the distal end of the catheter, perform the following: (see figure 1*)
 - a. Scrub the port with an alcohol pad for at least 15 seconds and allow drying for at least 5 seconds.
 - b. Attach a 10 ml syringe (without saline) to the port.
 - c. Unclamp if necessary (needleless port may not have a clamp)
 - d. Attempt to aspirate at least 5 ml of blood. Blood should draw freely. If it does not, remove the syringe and DO NOT use the catheter for access.



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PICC LINE ACCESS

PROTOCOL TITLE: PICC LINE ACCESS

- e. If blood aspirates freely, remove the 10 ml syringe with blood and discard.
 - f. Attach a 10 ml syringe with NS and gently flush the line. Never use a smaller syringe and DO NOT use the catheter for access
 - g. If line flushes, remove the syringe and attach the catheter to the end of the IV tubing and begin infusion of NS> Adjust the rate to the needs of the patient within the limits of the catheter.
 - h. Administer medications through IV tubing port if indicated.
3. If there is a capped needle-type port on the distal end of the catheter, perform the following: (see figure 2**)
- a. Scrub the cap with an alcohol pad for at least 15 seconds and allow to dry for at least 5 seconds.
 - b. Clamp the catheter tubing using ONLY the existing clamp on the catheter and then remove the cap. **Never allow a central line to be open to air.**
 - c. Attach a 10 ml syringe on the catheter end.
 - d. Unclamp the catheter.
 - e. Attempt to aspirate at least 5 ml of blood. Blood should draw freely. If it does not, re-clamp the line and remove the syringe. DO NOT use the catheter for access.
 - f. If blood aspirates freely, clamp the catheter again.
 - g. Remove the 10ml syringe with blood and discard.
 - h. Attach a 10 ml syringe with isotonic solution.
 - i. Unclamp and gently flush the line. Never use a smaller syringe. If line does not flush, re-clamp the line and remove the syringe. DO NOT use the catheter for access.
 - j. If line flushes, re-clamp and remove the syringe.
 - k. Attach the catheter to the end of the IV tubing.
 - l. Unclamp the catheter and begin infusion of NS. Adjust the rate according to the needs of the patient within the limits of the catheter.
 - m. Administer medications through IV tubing port if indicated.



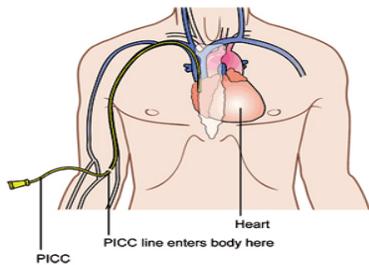
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PROTOCOL TITLE: PICC LINE ACCESS

IV. NOTES & PRECAUTIONS

1. Do not administer medications, flush or aspirate with less than a 10 cc syringe. Smaller size syringes generate too much pressure and can damage the catheter.
2. Do not attempt reinjection of aspirated blood as it may contain clots.
3. The maximum flow rates for a PICC line is 125 ml/hr. for less than size 2.0 French and 250 ml/hr for catheters over 2.0 size French.
4. Keep patient’s arm straight to avoid kinking the PICC line and obstructing flow.
5. Ensure all line connections are secure.
6. PICC lines access the patient’s central circulation and the risk of infection is high. Avoid contamination to ports and connections while accessing.
7. Do not administer the following medications through PICC line:
 - a. **Adenosine** – The line may rupture during rapid infusion due to over pressurization.
 - b. **Dextrose 50%** - The catheter can be damaged due to the viscosity of the fluid.



*Figure 1 – Needleless port



**Figure 2-Needle type port with cap

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PICC LINE ACCESS

PROTOCOL TITLE: SEDATION

Definition: Procedural sedation and analgesia, previously referred to as conscious sedation, is defined as “a technique of administering sedatives or dissociative agents with or without analgesics to induce a state that allows the patient to tolerate unpleasant procedures while maintaining cardiorespiratory function”.

III. ADVANCED LIFE SUPPORT

1. Possible Indications:

- a. Pre-procedural sedation to facilitate painful procedures such as electrical cardioversion
- b. Induction for RSI
- c. Dramatic examples of severely painful injuries such as large body percentage burns (P14)
- d. Chemical restraint to prevent bodily harm to EMS personnel, patients, and/or bystanders due to violent patients in the setting of Hyperactive Delirium Accompanied by Severe Agitation. (M3)

2. Selecting a sedative agent: Your selection may take into consideration route of administration, onset of action, duration of action, patient allergies or prior adverse reactions, and primary indication for sedation.

- a. **Benzodiazepines** – Sedative hypnotics creating a sleep-like state with impairment of memory of events following administration: “anterograde amnesia”. May have some respiratory and hemodynamic depression, especially when used in combination with other sedatives. Benzodiazepines may be the sedative of choice in the setting of alcohol withdrawal complications such as Delirium Tremens.

- i. **Versed (Midazolam)** – Short acting benzodiazepine sedative hypnotic. Onset of action 1-2 minutes with peak effect in 5-10 minutes. Duration of action highly variable and may range from 45 minutes to 6 hours.
 - Sedative dose 1-5 mg IV. May repeat Q 5 minutes PRN but generally should not exceed 10mg

- ii. **Lorazepam (Ativan)** – Longer acting benzodiazepine sedative hypnotic. Rapid onset of action when given IV at about 1-2 minutes with significant clinical effect. IM administration is rapidly and predictably absorbed very well at 83-100% of the total dose though therapeutic onset may take 5-10 minutes when given intramuscularly. Duration of action may be 8 hours or more.
 - Sedative dose 1-2 mg IV or IM, may repeat Q5 minutes PRN but should generally not exceed 4 mg



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PROTOCOL TITLE: SEDATION

b. **Geodon (Ziprasidone)** – Antipsychotic, long-acting. May be drug of choice in a patient with known schizophrenia or other psychotic disorder. Can prolong QT making patient more susceptible to dysrhythmias, especially in conjunction with other QT-prolonging medications such as Zofran (ondansetron). Onset of sedative effects may take 15-30 minutes with 5-12 hours of clinical effect

– Dose is 10-20mg IM only. Due to the QT-prolonging effects of Geodon (ziprasidone) it should NOT be given intravenously.

c. **Ketamine (Ketalar, others)** – Dissociative agent with NMDA blocking and other effects producing a catatonic-like state with anesthesia. Rapidly absorbed and effective IM or IV. Ketamine preserves airway reflexes including the gag reflex. Ketamine has some bronchodilatory effects that may make it the induction agent of choice in the setting of asthma.

- Dose is 250 mg IM / 1-2 mg/kg IV

d. **Etomidate (Amidate)** – Short-acting general anesthetic. IV only. Onset of action in 45-90 seconds with peak effect in about 2 minutes. Duration of action is variable but may be reliably expected to be 7-11 minutes. Etomidate has very little statistical effect on respiratory and hemodynamic (HR and BP) status so may be the agent of choice for particularly hemodynamically fragile patients. Etomidate is associated with increased mortality in septic patients, thought to be due to induced adrenal insufficiency.

–Dose is 0.3 mg/kg IV

3. Monitoring Requirements

- a. All sedated patients are expected to be continuously monitored with:
 - i. Cardiac monitoring
 - ii. SaO2 monitoring
 - iii. ETCO2 monitoring (with wave-form monitoring if available)
 - iv. Frequent mental status assessments
 - v. VS reassessment Q 5 min or more frequently

- b. When sedating a patient the paramedic should always be ready to provide ABC interventions including, but not restricted to:
 - i. Supplemental oxygen
 - ii. BVM ventilation
 - iii. Intubation or other advanced airway protection and management



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SEDATION

PROTOCOL TITLE: SEDATION

iv. IV fluids for sedative-induced hypotension

Sedated patients are expected to have IV access prior to, or soon after, sedation.

Consider two large-bore IVs to ensure access and ability to rapidly administer IV fluids in the setting of dehydration or hypotension.

Documentation of sedation is expected to include all of the above including specific rationale/indication for the sedation.

Pearls-

- Sedation is potentially hazardous and should never be performed without clear indication, planning, preparation, monitoring, and documentation.
- Risks of sedation increase significantly in the setting of polypharmacy due to other drugs taken or given to the patient (especially sedative medications) including prescription medications, other EMS medications, or illegal/recreational drug use.
 - Use special caution with combination of benzodiazepines and opioid medications.
- Other factors increasing the risks of sedation include advanced age, predicted difficult airways, and comorbid diseases such as underlying heart and lung diseases.

SEDATION



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PROTOCOL TITLE: PORTABLE VENTILATORS**III. ADVANCED LIFE SUPPORT****Indications**

1. Inter-facility transport of an intubated patient.
2. Mechanical ventilation of a patient intubated in the pre-hospital setting.

Contraindications

1. Intubated patient with a known pneumothorax without a chest tube in place.
2. Patients less than 20 kg except for inter-facility transfers of ventilated patients.

Adverse Effects/Complications

1. Increased intra-thoracic pressure.
2. Decreased venous return to the heart and decrease cardiac output (hypotension, tachycardia).
3. Increased V/Q ratio (ventilation/perfusion ratio).
4. Decreased blood flow to the kidneys with resultant fluid retention (edema).
5. Air trapping and intrinsic PEEP (auto PEEP).
6. Barotrauma.
7. Nosocomial infections of the lungs and sinuses.
8. Respiratory alkalosis.
9. Agitation and increased respiratory distress.
10. Increased work of breathing.

Procedure

1. **Lung Protection Strategy (all patients except COPD / Emphysema / Asthma)**
 - a. Assemble per manufacturer's recommendations and if available set PEEP to 5 cm H₂O.
 - b. A Heat and Moisture Exchange Filter should be used, if available, to heat inspired air, add moisture, and filter out debris and pathogens.
 - c. Determine patient's height and IBW using chart included below and select appropriate tidal volume between 6-8 ml/kg.
 - d. Set initial respiratory rate to 18 breaths/minute (this RR will equal and I:E ratio of 1:2 and allows for complete exhalation).
 - e. Initially set FiO₂ to 1.0 (100%).
 - f. Set inspiratory time (0.5 - 1 seconds for adults, 0.5 second for pediatrics 2-12 years old).
 - g. Set pressure support to 10 cm/H₂O if available
 - h. Once the patient is intubated and tube placement is confirmed, attach the ventilator circuit and begin ventilation.



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- i. Allow the ventilator to operate for 2 minutes, then assess for the following:
 - i. Plateau Pressure: maintain at less than 30 cmH₂O. If Plateau Pressure exceeds 30 cmH₂O, decrease Tidal Volume by 10% every 2 minutes until the target pressure is achieved. If the ventilator alarms “Low Minute Volume” and Plateau Pressure is less than 30 cmH₂O, Tidal Volume may be increased by 10% every 2 minutes until the alarm is satisfied, provided the Plateau Pressure remains below 30 cmH₂O.
 - ii. EtCO₂: Maintain between 35-45 mmHg. If EtCO₂ is high, increase respiratory rate every 2 minutes until target is achieved. If EtCO₂ is low, decrease respiratory rate every 2 minutes until target is achieved. Use caution in metabolic acidosis and closed head injury patients. (see Special Considerations below)
 - iii. SpO₂: After 2 minutes, reduce FiO₂ to 0.3 (30%) and monitor, SpO₂ target should be 90-98%. If SpO₂ falls below 90%, increase FiO₂ and PEEP stepwise using the ARDSNET chart below, FiO₂ and PEEP should increase and decrease in tandem to achieve target SpO₂.

| | | | | | | | | |
|-------------|-----|-----|-----|-----|-----|-----|-----|-----|
| FiO2 | 0.3 | 0.4 | 0.4 | 0.5 | 0.5 | 0.6 | 0.7 | 0.7 |
| PEEP | 5 | 5 | 8 | 8 | 10 | 10 | 10 | 12 |

| | | | | | | |
|-------------|-----|-----|-----|-----|-----|-------|
| FiO2 | 0.7 | 0.8 | 0.9 | 0.9 | 0.9 | 10 |
| PEEP | 14 | 14 | 14 | 16 | 18 | 18-24 |

2. Obstruction Patients (COPD, Emphysema, Asthma)

- a. Assemble per manufacturer’s recommendations and if available set PEEP to 0 cm H₂O (ZEEP).
- b. A Heat and Moisture Exchange Filter should be used to heat inspired air, add moisture, and filter out debris and pathogens.
- c. Determine patient’s height and IBW using chart and select appropriate tidal volume starting at 6 mL/kg.
- d. Set initial respiratory rate to 10 breaths/minute (this RR will equal an I:E ratio of 1:6 and allows for complete exhalation).
- e. Initially set FiO₂ to 1.0 (100%).
- f. Set inspiratory time (1.0 seconds for adults, 0.5-1 seconds for pediatrics).
- g. Set pressure support to 10 cm/H₂O if available.
- h. Once the patient is intubated and tube placement is confirmed attach the ventilator circuit and begin ventilation.
- i. Allow the ventilator to operate for two minutes then assess for the following:
 - i. Plateau Pressure: maintain at less than 30 cmH₂O. If Plateau Pressure exceeds 30 cmH₂O, decrease



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respiratory rate to 6–8 BPM. By decreasing the RR the I:E ratio increases to allow complete exhalation. An I:E ratio of 1:6–1:8 may be necessary. Decreasing tidal volume does not work to decrease Plateau Pressure in obstructive airway disease patients.

- ii. E_{tCO_2} : Air trapping is a primary problem with COPD/Emphysema/Asthma patients. Allowing for complete exhalation is essential. These patients may have elevated E_{tCO_2} . Hypercarbia up to 80 mmHg is acceptable for short term transport. Increasing the respiratory rate to adjust the E_{tCO_2} is ineffective as this will interfere with exhalation and increase the potential for barotrauma.
- iii. SpO_2 : After 2 minutes reduce FiO_2 to 0.3 (30%) and monitor. SpO_2 target should be 90-98%. If SpO_2 falls below 90% increase FiO_2 by 0.1-0.2 (10-20%) every 1-2 minutes to achieve target SpO_2 . PEEP should not be increased as the patient already has increased physiologic PEEP due to air trapping.
- iv. Patients who have AutoPEEP may require an IV **Epinephrine** infusion as an adjunct to control bronchiole constriction.

3. Monitoring ventilator patients during transport

- a. Continuously monitor Plateau Pressure (or Peak Pressure if Plateau Pressure is not available), E_{tCO_2} , SpO_2 , lung sounds, chest rise, and adequacy of sedation.
- b. Verify respiratory rate by counting ventilations delivered for one minute.
- c. If pressure-limit alarm sounds, immediately reassess equipment and patient for kinked tubing, airway obstruction, tension pneumothorax, etc.
- d. Always have BVM device available for use in the event of device failure.

Considerations

- All ventilated patients must be monitored for waveform capnography, pulse oximetry, and ECG monitoring.
- Ensure adequate sedation and analgesia throughout the transport.
- Patients with suspected metabolic acidosis (diabetic ketoacidosis, sepsis, ASA or TCA poisonings, etc.) that present with E_{tCO_2} less than 32 mmHg should be maintained at their initial E_{tCO_2} value as the patient is compensating for acidosis through increased ventilatory rate.



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PROTOCOL TITLE: PORTABLE VENTILATORS

- Maintain SPO₂ level of 90% to 98%. Asthma/COPD patients may be permissively allowed to stay in the range of 88-92% to prevent excessive Plateau Pressure.
- If the high-pressure alarm alerts or if the patient is unable to maintain SpO₂ values above 90%, remove the ventilator, resume ventilations with BVM with 5 cmH₂O PEEP and 100% O₂, and evaluate for the following:
 1. Displaced tube.
 2. Tension pneumothorax.
 3. Post intubation hemodynamic collapse.
 4. Air trapping in the lungs (Auto PEEP).
 5. ET tube cuff leak.
 6. Obstruction of the ET tube.
 7. Obstruction of the ventilation circuit.
 8. Failure of the oxygen source.
 9. Equipment failure.
- If patient has sudden decrease in SpO₂, BP, increase in P-Plat, and/or increase/decrease in HR, evaluate for developing Tension Pneumothorax. EtCO₂ is notoriously inaccurate in patients with hypovolemia, chest/pulmonary trauma, and closed head injuries. EtCO₂ should not be used as a target value in these patients. A ventilatory rate of 10-18 breaths per minute in order to maintain an SPO₂ of 90-98% and maintaining a SBP >90 mmHg should be the target goal.



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PROTOCOL TITLE: PORTABLE VENTILATORS

| MALES | | | | Patient Height | FEMALES | | | |
|-------|-----|-----|-----|----------------|---------|-----|-----|-----|
| IBW | 6ml | 7ml | 8ml | | IBW | 6ml | 7ml | 8ml |
| 22.4 | 134 | 157 | 179 | 4'0" | 17.9 | 107 | 125 | 143 |
| 24.7 | 148 | 173 | 198 | 4'1" | 20.2 | 121 | 141 | 162 |
| 27 | 162 | 189 | 216 | 4'2" | 22.5 | 135 | 158 | 180 |
| 29.3 | 176 | 205 | 234 | 4'3" | 24.8 | 149 | 174 | 198 |
| 31.6 | 190 | 221 | 253 | 4'4" | 27.1 | 163 | 190 | 217 |
| 33.9 | 203 | 237 | 271 | 4'5" | 29.4 | 176 | 206 | 235 |
| 36.2 | 217 | 253 | 290 | 4'6" | 31.7 | 190 | 222 | 254 |
| 38.5 | 231 | 270 | 308 | 4'7" | 34 | 204 | 238 | 272 |
| 40.8 | 245 | 286 | 326 | 4'8" | 36.3 | 218 | 254 | 290 |
| 43.1 | 259 | 302 | 345 | 4'9" | 38.6 | 232 | 270 | 309 |
| 45.4 | 272 | 318 | 363 | 4'10" | 40.9 | 245 | 286 | 327 |
| 47.7 | 286 | 334 | 382 | 4'11" | 43.2 | 259 | 302 | 346 |
| 50 | 300 | 350 | 400 | 5'0" | 45.5 | 273 | 319 | 364 |
| 52.3 | 314 | 366 | 418 | 5'1" | 47.8 | 287 | 335 | 382 |
| 54.6 | 328 | 382 | 437 | 5'2" | 50.1 | 301 | 351 | 401 |
| 56.9 | 341 | 398 | 455 | 5'3" | 52.4 | 314 | 367 | 419 |
| 59.2 | 355 | 414 | 474 | 5'4" | 54.7 | 328 | 383 | 438 |
| 61.5 | 369 | 431 | 492 | 5'5" | 57 | 342 | 399 | 456 |
| 63.8 | 383 | 447 | 510 | 5'6" | 59.3 | 356 | 415 | 474 |
| 66.1 | 397 | 463 | 529 | 5'7" | 61.6 | 370 | 431 | 493 |
| 68.4 | 410 | 479 | 547 | 5'8" | 63.9 | 383 | 447 | 511 |
| 70.7 | 424 | 495 | 566 | 5'9" | 66.2 | 397 | 463 | 530 |
| 73 | 438 | 511 | 584 | 5'10" | 68.5 | 411 | 480 | 548 |
| 75.3 | 452 | 527 | 602 | 5'11" | 70.8 | 425 | 496 | 566 |
| 77.6 | 466 | 543 | 621 | 6'0" | 73.1 | 439 | 512 | 585 |
| 79.9 | 479 | 559 | 639 | 6'1" | 75.4 | 452 | 528 | 603 |
| 82.2 | 493 | 575 | 658 | 6'2" | 77.7 | 466 | 544 | 622 |
| 84.5 | 507 | 592 | 676 | 6'3" | 80 | 480 | 560 | 640 |
| 86.8 | 521 | 608 | 694 | 6'4" | 82.3 | 494 | 576 | 658 |
| 89.1 | 535 | 624 | 713 | 6'5" | 84.6 | 508 | 592 | 677 |
| 91.4 | 548 | 640 | 731 | 6'6" | 86.9 | 521 | 608 | 695 |
| 93.7 | 562 | 656 | 750 | 6'7" | 89.2 | 535 | 624 | 714 |
| 96 | 576 | 672 | 768 | 6'8" | 91.5 | 549 | 641 | 732 |

PORTABLE VENTILATORS


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 Benton-Franklin Counties

June 30, 2024
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PROTOCOL TITLE: ISOTONIC (CRYSTALLOID) FLUID BOLUS

I. BASIC LIFE SUPPORT

- N/A

II. INTERMEDIATE LIFE SUPPORT

- Large bore IV(s) with isotonic fluids.
- Unless otherwise specified in the guidelines (i.e. Burns, hyperglycemia) titrate isotonic IV goal is 30ml/kg (may use ideal body weight instead of actual body weight in obese patients to avoid excessive volume). May titrate to SBP > 90mmHg in trauma patients.
- May repeat bolus x 1 if needed.



- Peds 20ml/kg. Repeat x 2 if needed to max 60ml/kg.

III. ADVANCED LIFE SUPPORT

- If patient is refractory to first 30ml/kg IV fluid bolus may initiate vasopressors. Target to MAP of 65mmHg.
- May repeat bolus x 1 if needed.
- Fluid bolus should not delay aggressive medical interventions and resuscitation in unstable patients.

ISOTONIC FLUID BOLUS

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June 30, 2024
Date

PROTOCOL TITLE: INTERFACILITY INTRAVENOUS INFUSIONS

The purpose of the protocols in this section is to authorize paramedics to monitor specified intravenous infusions in adult patients during interfacility transports.

Only those paramedics who have successfully completed a training program approved by the county MPD office for the specified medications will be permitted to monitor them during interfacility transports. Training must include the use of mechanical infusion pumps.

Initiation & Maintenance:

1. Patients that are candidates for paramedic transport will have the infusions initiated by the sending facility staff, prehospital personnel will not initiate the infusions.
2. Paramedics are allowed to transport up to two medication infusions and one maintenance fluid. There may not be more than one vasopressor medication infusing.
3. All effort should be made for the medication to be infused by mechanical intravenous infusion pump. If pump failure occurs and cannot be corrected, the paramedic will stop the infusion and notify the transferring hospital.
4. Paramedics may restart an infusion if there is an interruption due to infiltration or accidental disconnection of the IV line, provided that the IV site is patent.
5. Signed transfer orders from the transferring physician must be obtained prior to initiating transport. Transfer orders must certify that the patient is stable for transfer and orders for maintaining the medication during the transport.

Monitoring:

1. The patient shall be placed on cardiac, blood pressure, and pulse oximetry monitors. Vital signs shall be monitored continuously every 15 - 30 minutes unless otherwise specified
2. The infusion dose, rate, and concentration shall be checked by the paramedic to ensure that the medication is administered in compliance with transferring physician's orders.
3. The infusion rate will be maintained as ordered by the transferring physician. In no case will changes be made to the medication drip rate, except to stop the infusion for the reasons specified within these protocols.

All calls involving the transfer of patients with the infusions listed within these protocols shall be reviewed through the ambulance provider's CQI program to determine compliance with policy and transferring physician orders. Reports of audits will be submitted to the county MPD Office when requested.



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June 30, 2024
Date

PROTOCOL TITLE: INTERFACILITY INTRAVENOUS ACETYLCYSTEINE INFUSIONS

The purpose of this protocol is to authorize paramedics to monitor intravenous acetylcysteine infusions during interfacility transport.

Only those ALS Ambulance providers approved by the county MPD office are permitted to provide the service of monitoring acetylcysteine infusions during interfacility transports from approved hospital(s) within their service area.

1. General information on acetylcysteine:

- a. Acetylcysteine (Mucomyst) is an antioxidant and glutathione inducer used to help prevent or lessen liver damage caused by taking large quantities of acetaminophen. It can also be used as a mucolytic in patients with certain lung conditions.
- b. Indications:
 - i. Acetaminophen overdose.
 - ii. Thins and loosens mucus in lung diseases such as emphysema, bronchitis, cystic fibrosis, pneumonia.
- c. Contraindications:
 - i. Known hypersensitivity to acetylcysteine
- d. Precautions:
 - i. May cause bronchospasm in asthmatic patients, monitor asthmatic patients closely and discontinue infusion if bronchospasm occurs, treating symptoms per protocol for asthma.
- e. Interactions:
 - i. There are several medications that are known to interact with acetylcysteine including:
 - Activated Charcoal
 - Azithromycin
 - Erythromycin
 - Vancomycin
- f. Standard dosing for IV infusions:
 - i. Loading dose: 150 mg/kg infused over one hour.
 - ii. Second dose: 50mg/kg infused over four hours.
 - iii. Third dose: 100mg/kg infused over sixteen hours.
- g. Indications for discontinuing infusion include but are not limited to:
 - i. Infiltration of IV site, may resume infusion through new IV site at same rate.
 - ii. Active bleeding
 - iii. Mechanical infusion pump failure
 - iv. Allergic reaction

INTERFACILITY INTRAVENOUS ACETYLCYSTEINE INFUSIONS

Kevin Hodges, M.D
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June 30, 2024
Date

PROTOCOL TITLE: INTERFACILITY INTRAVENOUS ANTIBIOTIC INFUSIONS

The purpose of this protocol is to authorize paramedics to monitor intravenous antibiotic infusions during interfacility transport.

Only those ALS Ambulance providers approved by the county MPD office are permitted to provide the service of monitoring antibiotic infusions during interfacility transports from approved hospital(s) within their service area.

1. General Information on Antibiotics

a. **Beta-Lactams:** The beta-lactams include penicillins and cephalosporins. The mode of actions (MOA) of all beta-lactams is to bind to and inactivate enzymes required for bacterial wall synthesis.

i. **Penicillins:** Penicillins are used for disease due to gram-positive organisms and some gram-negative cocci. These medications are inexpensive but can cause a life-threatening anaphylactic reaction in those who are allergic.

1. Examples of Penicillins: penicillin, ampicillin, piperacillin and tazobactam (Zosyn) and ampicillin and sulbactam (Unasyn)
2. Indications: Bacterial infections such as syphilis, endocarditis, respiratory tract infections, bacterial meningitis, urinary tract infections and gastrointestinal infections.
3. Dose Range: Dose is influenced by patient weight, but for ampicillin is typically 500 mg every 6 hours. Administered in 10-15 minutes.
4. Medication interaction: Ampicillin is **incompatible** with D5W, dopamine, diphenhydramine, lorazepam, midazolam, ondansetron, and sodium bicarb.
5. Side Effects: Nausea, vomiting, diarrhea, and rash.
6. Reasons to stop infusion: Allergic reaction, infiltration, cardiac arrest

ii. **Cephalosporins:** Cephalosporins are used with both gram-positive and gram-negative activity. They typically do not produce an anaphylactic reaction, but people can be allergic to it.

1. Examples: cephalexin (Keflex), cefazolin (Ancef), ceftriaxone (Rocephin)
2. Indications: Cholecystitis, urinary tract infection, and cellulitis
3. Dose Range: ceftriaxone (Rocephin) dose is 1 to 2 Gms IV over 30 minutes
4. Medication Interaction: ceftriaxone is **incompatible** with amiodarone, diltiazem, morphine, and sodium bicarbonate
5. Side Effects: pain at injection site, headache, nausea, vomiting, and seizures
6. Reasons to stop infusion: allergic reaction, infiltration, cardiac arrest, seizure.



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PROTOCOL TITLE: INTERFACILITY INTRAVENOUS ANTIBIOTIC INFUSIONS

NOTE: Cross-reactivity of allergic reactions to cephalosporins in patients allergic to PCN is <15%

- b. Quinolones: broad-spectrum antibiotics (effective for both Gram-negative and Gram-positive bacteria) that play an important role in treatment of serious bacterial infections, especially hospital-acquired infections and others in which resistance to older antibacterial classes is suspected.
- i. Examples: ciprofloxacin (Cipro), Levaquin, Avelox
 - ii. Indications: hospital acquired pneumonia, UTI, pyelonephritis
 - iii. Typical Doses: *ciprofloxacin* (Cipro) – 400 mg, *levofloxacin* (Levaquin) – 500 mg, *moxifloxacin* (Avelox) – 400 mg all over 60 minutes
 - iv. Medication Interaction: Can cause QT prolongation, use caution with other medications that prolong QT interval
 - v. Side Effects: Nausea, diarrhea, abdominal pain, headache, dizziness, tendonitis and tendon rupture
 - vi. Reasons to stop infusion: allergic reaction, infiltration, cardiac arrest, pump failure, administration/completion of full dose
- c. Sulfonamides: One of a group of drugs derived from sulphanilamide that prevents the growth of bacteria.
- i. Examples: sulfamethoxazole and trimethoprim (Bactrim)(Septra)
 - ii. Indications: Severe UTI, Prophylaxis for immunosuppressed, MRSA and other skin infections
 - iii. Dose Range: 10-20 mg/kg/24 hours spread over 6, or 12 hours. Administered in 60-90 minutes.
 - iv. Medication Interaction: incompatible with diltiazem, lorazepam, magnesium sulfate and morphine
 - v. Side Effects: Nausea, vomiting, and rash are most frequent
 - vi. Reasons to stop infusion: allergic reaction, infiltration, cardiac arrest, pump failure, administration/completion of full dose. Treat symptoms of nausea and vomiting with ondansetron.
- d. Macrolides: Action is primarily bacteriostatic but may be bactericidal at high concentrations, or depending on the type of microorganism.
- i. Examples: azithromycin (Zithromax)
 - ii. Indications: Community-acquired pneumonia, Pelvic Inflammatory Disease (P.I.D.)
 - iii. Dose Range: 500 mg over at least 1 hour
 - iv. Medication Interaction: **Incompatible** with amiodarone and midazolam
 - v. Side effects: Usually mild to moderate in severity and reversible after discontinuation – abdominal pain, arrhythmias, cough, dizziness, dyspnea, facial edema, hypotension, injection site pain, rash, and vomiting.
 - vi. Reasons to stop: Allergic reaction, infiltration, cardiac arrest
- e. Atypical:
- i. Vancomycin: Vancomycin is primarily used to treat serious infections caused by gram-positive bacteria which are known or suspected to be resistant to other antibiotics.



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PROTOCOL TITLE: INTERFACILITY INTRAVENOUS ANTIBIOTIC INFUSIONS

1. Example: Vancomycin
2. Indications: Complicated skin infections, bloodstream infections, endocarditis, bone and joint infections, and meningitis
3. Dose Range: 7.5 mg/kg up to 500 mg at a rate of 10 mg/min or 60 minutes, whichever is longer
4. Medication Interaction: **Incompatible** with amiodarone, diltiazem, lorazepam, magnesium sulfate, midazolam, morphine, ondansetron and sodium bicarbonate
5. Side Effects: Severe hypotension with or without red blotching of the face, neck, chest, and extremities, and cardiac arrest can occur with too-rapid administration. Chills, dizziness, fever, rashes, pain at infection site, anaphylaxis, dyspnea, Stevens-Johnson Syndrome, and wheezing.
6. Reasons to stop infusion: Allergic reaction, infiltration, cardiac arrest, pump failure, administration/completion of full does. If minor side effects are progressive or any major side effect occur, discontinue the drug

ii. Flagyl: Works by stopping the growth of bacteria and protozoa

1. Example: metronidazole (Flagyl)
2. Indications: Used to treat bacterial infections of the vagina, GI tract, skin, joints, and respiratory tract.
3. Dose Range: 15 mg/kg over 1 hour
4. Medication Interaction: **Incompatible** with diltiazem, dopamine, lorazepam, magnesium sulfate, methylprednisolone, midazolam, morphine, and vasopressin.
5. Side Effects: Most serious include – aseptic meningitis, encephalopathy, and optic and peripheral neuropathy. Others include – abdominal cramping, dizziness, dry mouth, epigastric distress, fever, flushing, metallic taste (expected), nausea, rash, seizures and Stevens-Johnson Syndrome.



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PROTOCOL TITLE: INTERFACILITY INTRAVENOUS BLOOD PRODUCT INFUSIONS

The purpose of this protocol is to authorize paramedics to monitor blood product infusions during interfacility transport.

Only those ALS ambulance providers approved by the county MPD office will be permitted to provide the service of monitoring blood product infusions during interfacility transports from approved hospital(s) within their service area.

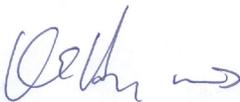
The following parameters shall apply in all cases where paramedics transport patients with preexisting infusions of blood products:

1. Blood Product Administration:

- a. Signed transfer orders from the transferring physician must be obtained prior to transport. Transfer orders must certify that the patient is stable for transfer and provide orders for number of units to be infused, as well as any parameters for additional units expected to be infused during transport.
- b. The paramedic shall confirm that blood products are within 4 hours from their removal from the blood bank.
- c. Paramedics will verify blood compatibility by performing cross-checks including patient information, blood product type, Rh factor, and expiration date prior to administration.
- d. Additional units may be initiated as infusions complete, as ordered by the transferring physician.
- e. Blood products should only be administered through large bore (18g or greater) IV, central line, or intraosseous needle. Smaller bore is acceptable in children or if approved by physician.
- f. Blood product infusions should only be administered through blood-specific tubing with an in-line filter, primed with normal saline. Associated fluid must be normal saline, blood products must not be infused alongside Lactated Ringers.
- g. Blood products may be infused via infusion pump, provided the pump is has been tested and approved as safe for use with the product being infused.
- h. No medication shall be administered through the same line as blood products.

2. Patient Monitoring:

- a. Baseline vital signs, including an initial temperature reading will be obtained, as close to the initiation of the infusion as possible.
- b. A follow-up temperature will be obtained 15 minutes later, with the infusion being discontinued if the patient reaches a temperature of $>38^{\circ}\text{C}$ or an increase of 1°C above the starting temperature. This process should be repeated for each additional unit administered.
- c. Vital signs shall be monitored and documented at a minimum of every 5-15 minutes while blood products are being infused.



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PROTOCOL TITLE: INTERFACILITY INTRAVENOUS BLOOD PRODUCT INFUSIONS

- d. If signs of a transfusion reaction develop, (fever, chills, hives, dyspnea, pain at the transfusion site) the transfusion should be immediately discontinued.

INTRAVENOUS BLOOD PRODUCT INFUSIONS



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June 30, 2024
Date

PROTOCOL TITLE: INTERFACILITY INTRAVENOUS HEPARIN INFUSIONS

The purpose of this protocol is to authorize paramedics to monitor intravenous heparin infusions during interfacility transport.

Only those ALS ambulance providers approved by the county MPD office will be permitted to provide the service of monitoring heparin infusions during interfacility transports from approved hospital(s) within their service area.

1. General Information on Heparin:

- a. Heparin is an anticoagulant which acts to: prevent the conversion of fibrinogen to fibrin, prevent the conversion of prothrombin to thrombin, inactivate Factor X and enhance the inhibitory effects of antithrombin III.
- b. Pharmacokinetics:
 - i. SC: Onset 20-60 minutes; duration 8-12 hours
 - ii. IV: Onset immediate; peak 5 minutes; duration 2-6 hours
 - iii. Metabolized in the liver and the reticuloendothelial system
 - iv. Excreted in urine
 - v. Half-life of 1.5 hours.
- c. Indications for the use of Heparin:
 - i. In preventing additional clot formation or growth in DVT, MI, Pulmonary embolism, DIC, stroke or arterial thrombosis
 - ii. Prophylactically to keep IV lines open (i.e. heparin flushes and locks);
 - iii. Prophylactically before open heart surgery
 - iv. Post DVT, PE and MI to prevent clotting
 - v. Atrial fibrillation to prevent embolization
 - vi. As an anticoagulant in transfusion and dialysis
- d. Contraindications:
 - i. Allergy to heparin
 - ii. Bleeding disorders – hemophilia, etc.
 - iii. Blood dyscrasias such as leukemia with bleeding
 - iv. Peptic ulcer disease
 - v. Severe hypertension
 - vi. Severe hepatic disease
 - vii. Subacute bacterial endocarditis
 - viii. Active bleeding from any site.
- e. Precautions:
 - i. Pregnancy (class C);
 - ii. Alcoholism (due to decreased liver function)
 - iii. Elderly (due to decrease liver and renal function and increased injury capability).
 - iv. Severe renal disease
- f. Adverse Effects:
 - i. Hemorrhage from any site. May manifest as easy bruising, petechiae, epistaxis, bleeding gums, hemoptysis, hematuria, melena

INTRAVENOUS HEPARIN INFUSIONS

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June 30, 2024

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PROTOCOL TITLE: INTERFACILITY INTRAVENOUS HEPARIN INFUSIONS

- ii. Fever, chills (due to allergy)
 - iii. Abdominal cramps, nausea, vomiting, diarrhea (due to allergy)
 - iv. Anorexia (secondary to above)
 - v. Rash, urticaria (due to allergy)
- g. Interactions:
- i. Oral anticoagulants warfarin (Coumadin) – increase the actions of heparin
 - ii. Salicylates (aspirin) – increase the actions of heparin
 - iii. Corticosteroids – increase the actions of heparin
 - iv. Corticosteroids – actions are decreased by heparin
 - v. Dextran – increase the action of heparin
 - vi. Nonsteroidal anti-inflammatory drugs ibuprofen, naproxen (Aleve, Naprosyn) (Midol), *ketorolac* (Toradol), piroxicam (Feldene), indomethacin (Indocin) – increase the actions of heparin
 - vii. Diazepam – action increase by heparin
- h. Standard Dosages and Routes:
- i. Paramedics may not transport heparin infusions if dose exceeds 2000 units per hour.
 - ii. DVT/PE prophylaxis: 5,000 units subcutaneous every 8-12 hours
 - iii. Active clot suppression:
 - 1. Loading Dose (1) Adult: 5000 -7000 units IVP. (2) Child: 50-100 units/kg IVP.
 - 2. Maintenance (1) Adult: 1000-2000 units per hour IV titrated to a PTT level. (2) Child 15-25 units per hour IV titrated to a PTT level.
- i. Special Considerations:
- i. Avoid IM injections of other procedures, which may cause bleeding.
 - ii. Overdoses are treated in hospital with protamine sulfate 1:1 solution (protamine is not authorized for paramedic use.)
- j. Indications for discontinuing infusion include but are not limited to:
- i. Infiltration of IV site, may resume infusion through new IV site at same rate.
 - ii. Active bleeding
 - iii. Mechanical infusion pump failure
 - iv. Allergic reaction

INTRAVENOUS HEPARIN INFUSIONS

Kevin Hodges, M.D
Medical Program Director
Benton-Franklin Counties

June 30, 2024
Date

PROTOCOL TITLE: INTRAVENOUS INSULIN INFUSIONS

The purpose of this protocol is to authorize paramedics to monitor intravenous insulin infusions in **adult** patients during interfacility transport.

Only those ALS ambulance providers approved by the county MPD office will be permitted to provide the service of monitoring insulin infusions during interfacility transports from approved hospital(s) within their service area.

1. Insulin Infusions:

- a. Blood Sugar shall be checked at a minimum of twice per transport – once when assuming patient care as well as just prior to arrival at receiving facility. Additional blood-sugar readings should be obtained at least once per hour.
- b. Insulin infusion concentrations are generally 1 unit per 1ml, confirm any variations with sending healthcare personnel.

2. General Information on Insulin:

- a. Hypoglycemia is associated with worse outcomes than hyperglycemia. The danger of both hyperglycemia and hypoglycemia is related to the level and duration of the glucose abnormality. The aim is to reduce such glucose variability. Important considerations include allowing 6-8 hours to safely lower glucose to target, reducing the risk of hypoglycemia, accounting for patient insulin sensitivity and resistance. Hyperglycemia may result from stress, infection, steroid therapy, decreased physical activity, discontinuation of outpatient regimens, and nutrition.
- b. Pharmacokinetics:
 - i. Onset 5-10 minutes
 - ii. Half-life of 5-10 minutes
- c. Indications for the use of Insulin:
 - i. Hyperglycemia >200mg/dl
 - ii. Diabetic Ketoacidosis
 - iii. Hyperkalemia
- d. Contraindications:
 - i. Hypoglycemia
 - ii. Known Hypersensitivity. Bovine / Porcine
- e. Precautions:
 - i. Hypoglycemia
 - ii. Hypokalemia
 - iii. Due to unpredictable sugar metabolism and uptake, patients on an insulin drip should be NPO

INTRAVENOUS INSULIN INFUSIONS

Kevin Hodges, M.D
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Benton-Franklin Counties

June 30, 2024

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PROTOCOL TITLE: INTRAVENOUS INSULIN INFUSIONS

- f. Adverse Effects:
 - i. Headache
 - ii. Nausea
 - iii. Rhinitis
 - iv. Diarrhea
 - v. Local allergic reaction

- g. Standard Dosages for Insulin drips:
 - i. Continuous IV Infusion: Insulin infusions are generally set up with a concentration of 1 unit per 1ml, confirm and variations with sending healthcare personnel. Insulin should be administered at rate dictated by sending physician and is typically 0.1 units/kg/hr.

- h. Stoppage of drip / medication
 - i. If complications develop, consult online medical control and notify receiving facility of change in condition – if hypoglycemia develops, do not discontinue infusion, instead administer 25g D50 and initiate D5drip at 150-250ml/hr.

INTRAVENOUS INSULIN INFUSIONS

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June 30, 2024
Date

PROTOCOL TITLE: INTRAVENOUS INTERFACILITY NITROGLYCERIN INFUSIONS

The purpose of this protocol is to authorize paramedics to monitor intravenous nitroglycerin infusions during interfacility transport.

Only those ALS ambulance providers approved by the county MPD office will be permitted to provide the service of monitoring nitroglycerin infusions during interfacility transports from approved hospital(s) within their service area.

1. Nitroglycerin (Tridil) Infusions:

- a. Infusion fluid shall be D5W or NS
- b. Nitroglycerin infusion concentration shall be 25 mg/250 ml or 50 mg/250ml.
- c. In cases hypotension (SBP < 90), the medication drip will be discontinued, and the transferring hospital and base hospital will be notified.

2. General Information on Nitroglycerin

- a. Nitroglycerin is a vasodilating agent that belongs to a group of drugs referred to as nitrates. Nitroglycerin acts to: relax vascular smooth muscle; vasodilate both arteries and veins (especially veins); increase venous pooling; decrease venous return to the heart; increase arterial relaxation; decrease systemic vascular resistance; decrease cardiac workload; decrease cardiac oxygen consumption; dilate the large epicardial arteries; and lower diastolic more than systolic blood pressure.

b. Pharmacokinetics:

- i. SL: Onset 1 - 3 minutes; duration 30 minutes
- ii. Transdermal (patch): Onset 0.5 - 1 hour; duration 12 - 24 hours
- iii. Transdermal (ointment): Onset 0.5 - 1 hour; duration 2 - 12 hours
- iv. PO (sustained release): Onset 20 - 40 minutes; duration 3 - 8 hours
- v. IV: Onset usually immediate; duration is variable
- vi. Metabolized by the liver
- vii. Excreted in urine
- viii. Half-life of 1 - 4 minutes.

c. Indications for the use Nitroglycerin:

i. Sublingual:

1. Relief of acute anginal pain or related ischemic symptoms
2. Congestive Heart Failure (CHF) to decrease preload, reducing myocardial workload.

ii. Intravenous:

1. Diagnosed MI or unstable angina pectoris, even in the absence of chest pain, to decrease
2. Relief of persistent ischemic chest pain that does not respond to other medications;
3. Hypertension when associated with diagnosed MI of unstable angina pectoris (not used solely for blood pressure control).
4. Congestive Heart Failure (CHF) to decrease preload, reducing myocardial workload.

d. Contraindications:

- i. Allergy to nitrates;



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PROTOCOL TITLE: INTRAVENOUS INTERFACILITY NITROGLYCERIN INFUSIONS

- ii. Increased intracerebral pressure such as in cases of stroke, head trauma or intracerebral bleeding;
 - iii. Hypotension;
 - iv. Hypovolemia;
 - v. Treatment of hypertension without progressively worsening signs of organ damage, ischemia or neurologic deficit.
- e. Precautions:
- i. Pregnancy (class C);
 - ii. Glaucoma patients (can increase intraocular pressure);
 - iii. Lactation (fetal effects in animal studies);
 - iv. May require decreased dosing in patients with liver disease.
 - v. Patient taking erectile dysfunction medications (e.g. Cialis, Viagra)
- f. Adverse Effects:
- i. Hypotension;
 - ii. Headache (from vasodilation);
 - iii. Dizziness and syncope (from hypotension)
 - iv. Nausea / Vomiting;
 - v. Tachycardia (in response to hypotension);
 - vi. Paradoxical bradycardia (in rare instances);
 - vii. Pallor, sweating (from hypotension);
 - viii. Flushing, sweating (from vasodilation);
 - ix. Rash, if allergic to nitrates.
- g. Interactions:
- i. Alcohol – combined with nitroglycerin can worsen hypotension;
 - ii. Aspirin – can increase serum nitrate concentrations;
 - iii. Calcium channel blockers – combined with nitroglycerin can worsen orthostatic hypotension;
 - iv. B-blockers, diuretics, anti-hypertensives – can increase actions of nitroglycerin.
- h. Standard Dosages for nitroglycerin drips:
- i. For diagnosed patients with ischemic symptoms:
 - 1. Continuous IV Infusion: Starting 10 - 20 mcg/min and increased by 5 or 10 mcg/min every 5 -10 minutes until the desired hemodynamic or clinical response is achieved. Most patients respond to 50 - 200 mcg/min and the lowest possible dose should be used. When indicated, rates should be decreased in 10 minute intervals.
- i. Special Considerations:
- i. Glass infusion bottles and non-polyvinyl tubing must be used, as plastics will absorb nitroglycerin and alter the dose administered.
 - ii. Do not use in-line filters.
 - iii. Attach drip to port closest to catheter insertion.



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June 30, 2024
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PROTOCOL TITLE: INTRAVENOUS INTERFACILITY OCTREOTIDE INFUSIONS

The purpose of this protocol is to authorize paramedics to monitor intravenous octreotide infusions during interfacility transport.

Only those ALS ambulance providers approved by the county MPD office will be permitted to provide the service of monitoring octreotide infusions during interfacility transports from approved hospital(s) within their service area.

1. General information on Octreotide:

- a. Octreotide is a peptide drug that decreases the secretion of gastroenterohepatic peptides. Octreotide-potent inhibitor of GH, insulin, and glucagon secretion. Also decreases splanchnic blood flow and inhibits release of serotonin, gastrin, vasoactive intestinal peptide.
- b. Indications:
 - i. Short bowel syndrome
 - ii. GI fistulas
 - iii. GI bleeding
 - iv. Variceal bleeding
 - v. AIDS related diarrhea
 - vi. Diarrhea due to chemotherapy
- c. Contraindications:
 - i. Known hypersensitivity to acetylcysteine
- d. Precautions:
 - i. Use with caution in patients with hepatic disease.
- e. Interactions:
 - i. Beta blockers
 - ii. Bromocriptine
 - iii. Cyclosporine
 - iv. Insulin
 - v. Oral hypoglycemic agents
- f. Standard dosing for IV infusions:
 - i. 25-50 mcg/hr
- g. Indications for discontinuing infusion include but are not limited to:
 - i. Infiltration of IV site, may resume infusion through new IV site at same rate.
 - ii. Active bleeding
 - iii. Mechanical infusion pump failure
 - iv. Allergic reaction



Kevin Hodges, M.D
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Benton-Franklin Counties

June 30, 2024
Date

PROTOCOL TITLE: INTRAVENOUS INTERFACILITY PANTOPRAZOLE INFUSIONS

The purpose of this protocol is to authorize paramedics to monitor intravenous pantoprazole infusions during interfacility transport.

Only those ALS ambulance providers approved by the county MPD office will be permitted to provide the service of monitoring pantoprazole infusions during interfacility transports from approved hospital(s) within their service area.

1. Pantoprazole (Protonix) is a proton pump inhibitor that decreases the amount of acid produced in the stomach. Pantoprazole is used to treat erosive esophagitis.
 - a. Indications:
 - i. Peptic ulcer bleeding
 - ii. Erosive esophagitis
 - iii. Zollinger-Ellison syndrome
 - iv. Stress ulcer prophylaxis
 - b. Contraindications:
 - i. Known hypersensitivity to pantoprazole or similar medications (lansoprazole, omeprazole, Nexium, prevacid, Prilosec)
 - ii. Medications containing rilpivirine (Edurant, Complera, Juluca, Odefsey)
 - c. Precautions:
 - i. May cause new or worsening symptoms of lupus.
 - ii. Osteoporosis
 - iii. Hypomagnesemia
 - d. Interactions:
 - i. There are several medications that are known to interact with pantoprazole including:
 - Aspirin
 - Digoxin
 - Furosemide
 - Gentamicin
 - Hydrochlorothiazide
 - Levothyroxine
 - Lovastatin
 - Simvastatin
 - Warfarin
 - e. Standard dosing for IV infusions:
 - i. 80mg doses, administered at 8 mg/hr.
 - f. Indications for discontinuing infusion include but are not limited to:
 - i. Infiltration of IV site, may resume infusion through new IV site at same rate.
 - ii. Active bleeding
 - iii. Mechanical infusion pump failure
 - iv. Allergic reaction



PROTOCOL TITLE: INTRAVENOUS INTERFACILITY PANTOPRAZOLE INFUSIONS

The purpose of this protocol is to authorize paramedics to monitor intravenous nitroglycerin (NTG) infusions in adult patients during interfacility transport.

Only those ALS Ambulance providers approved by the Adams/Benton/Franklin/Yakima County MPD Office are permitted to provide the service of monitoring nitroglycerin infusions during interfacility transports from approved hospital(s) within their service area.

INTRAVENOUS INTERFACILITY PANTOPRAZOLE INFUSIONS



Kevin Hodges, M.D
Medical Program Director
Benton-Franklin Counties

June 30, 2024
Date

PROTOCOL TITLE: INTRAVENOUS INTERFACILITY POTASSIUM INFUSIONS

The purpose of this protocol is to authorize paramedics to monitor intravenous potassium infusions during interfacility transport.

Only those ALS ambulance providers approved by the county MPD office will be permitted to provide the service of monitoring potassium infusions during interfacility transports from approved hospital(s) within their service area.

1. Potassium Infusions:

- a. KCl infusion concentration will not exceed 40 mEq / liter administered at a mechanically controlled rate not to exceed 10 mEq / hour through a peripheral line.
- b. If fluid bolus or IV medications are needed, they should be administered through an alternate IV site. If no other site is available, the KCl infusion shall be discontinued and a new IV solution without KCl shall be used as replacement. **DO NOT BOLUS FLUIDS CONTAINING KCl.**

2. Monitor patient for adverse effects during transport including:

- a. Cardiovascular: Dysrhythmias, cardiac arrest
- b. Respiratory: depression / arrest
- c. Gastrointestinal: nausea / vomiting, diarrhea, abdominal pain
- d. Neurological: paresthesia of extremities, muscular paralysis, confusion
- e. IV infiltration: monitor IV site as infiltration may cause necrosis. If patient complains of burning or irritation at the insertion site, the IV should be checked for patency and the infusion rate slowed or discontinued.

3. General Information on potassium chloride

- a. Potassium is an essential macromineral in human nutrition with a wide range of biochemical and physiological roles. Among other things, it is important in the transmission of nerve impulses, the contraction of cardiac, skeletal and smooth muscle, the production of energy, the synthesis of nucleic acids, the maintenance of intracellular tonicity and the maintenance of normal blood pressure.
- b. Indications for the use potassium chloride
 - i. The treatment of potassium depletion in patients with hypokalemia when oral replacement is not feasible.
 - ii. Treatment of digitalis intoxication.
- c. Contraindications:
 - i. Renal impairment with oliguria or azotemia
 - ii. Untreated Addison's Disease
 - iii. Hyperadrenalism associated with adrenogenital syndrome
 - iv. Extensive tissue breakdown as in severe burns
 - v. Adynamia episodica hereditaria
 - vi. Hyperkalemia of any etiology
- d. Precautions:
 - i. Pregnancy Category C
 - ii. Chronic renal disease



PROTOCOL TITLE: INTRAVENOUS INTERFACILITY POTASSIUM INFUSIONS

- iii. Adrenal insufficiency
 - iv. Any other condition which impairs potassium excretion
 - v. Potassium should be used with caution in diseases associated with heart block
- e. Adverse Effects:
- i. Fever
 - ii. Venous thrombosis, infection at injection site
 - iii. Extravasation, phlebitis, pain at injection site
 - iv. Hypervolemia
 - v. Hyperkalemia
 - vi. Abdominal Pain
 - vii. Nausea / vomiting
 - viii. Paresthesias of the extremities
 - ix. ECG abnormalities, heart block
 - x. Mental confusion
 - xi. Hypotension
- f. Interactions:
- i. Cardiac arrest can occur with high potassium conditions, such as chronic renal failure, burns, acidosis, dehydration, and potassium sparing diuretic usage such as spironolactone.
 - ii. Drug interactions causing elevation of potassium can occur with ACE inhibitors (used to treat high blood pressure) and certain diuretics (aldactone and triamterene)
- g. Standard Dosages for Potassium Chloride Infusions:
- i. For serum potassium level $>2.5\text{mEq/L}$
 - 1. Continuous IV Infusion: 10mEq/hour in a concentration up to 40mEq/L .
Max dose of 200mEq/day
 - ii. For serum potassium level < 2.0 with electrocardiographic changes and/or muscle paralysis, potassium chloride may be administered at a rate up to 40mEq/hour . (This rate is not approved for EMS personnel).
- h. Special Considerations:
- i. Potassium must be diluted prior to administration.
 - ii. Administer at a rate not to exceed 10mEq/hour through peripheral line.
 - iii. Infusion rate may not exceed 20mEq/hour via central line or MedPort.
 - iv. Monitor electrolyte, fluid and acid-base balances
- i. Indications for discontinuing infusion include but are not limited to:
- i. Infiltration of IV site, though the paramedic may resume infusion through new IV site at same rate
 - ii. Widening QRS
 - iii. Ventricular dysrhythmias not caused by hypokalemia
 - iv. Mechanical infusion pump failure
 - v. Allergic reaction



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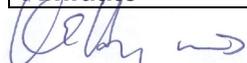
June 30, 2024

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PROTOCOL TITLE: DRUG PROFILES CHART

| NAME | DOSING | DRUG PROFILE | PROTOCOL |
|---|---|---|--|
| Acetaminophen  | Adult: <i>Pain control:</i> 650-1000 mg PO x 1. Peds: <i>Febrile Seizure (or) fever >103 degrees:</i> 20mg/kg Suppository <i>Pain control:</i> 15 mg/kg PO | Indications: Pain control, Febrile seizure, Fever >103 degrees Contradictions: None SE: None | M-1 M-11 P-13 |
| Adenosine (Adenocard®) Antiarrhythmic  | Adult: 6 mg IV, rapidly via proximal IV. Flush with 10mL saline. If no effect in 1-2 minutes, Second dose of 12 mg IV rapidly. May repeat 12 mg bolus. Peds: 0.1 mg/kg IV, IO max 6 mg first dose max 12 mg second dose. | Indications: PSVT refractory to vagal maneuvers Contraindications: 2 nd or 3 rd degree heart block, sick sinus syndrome, known hypersensitivity SE: facial flushing, HA, SOB, dizziness, nausea all self limiting | C-8 P-22 |
| Albuterol (Proventil®) Sympathetic agonist B2 selective  | Adult: 2.5 mg (0.5ml) diluted in 3 mL 0.9% NaCl via nebulizer mask. Peds: 2.5 mg (0.5ml) diluted in 3 mL 0.9% NaCl via nebulizer mask. | Indications: Bronchospasm, COPD, Asthma Contraindications: Known hypersensitivity SE: palpitations, anxiety, dizziness, HTN, arrhythmia chest pain, N/V | C-11 M-2 R-1 R-2 R-3 |
| Amidate | See Etomidate | See Etomidate | |

DRUG PROFILES CHART


 Kevin Hodges, M.D.
 Medical Program Director
 Benton-Franklin Counties

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| <p>Amiodarone Antiarrhythmic</p>  | <p>Adult: <i>Pulseless Arrest:</i> 300 mg IV, IO. May repeat 150 mg IV, IO in 3-5 min.</p> <p><i>Wide-Complex Tach. (Stable):</i> 150 mg IV over 10-15 min., may repeat 150 mg IV once. See Drug table for recommendation.</p> <p>Peds: <i>Refractory V-fib Pulseless V-tach:</i> 5mg kg IV, IO, bolus may repeat x2 max of 15 mg/kg in 24 hours.</p> <p><i>Perfusing arrhythmias supraventricular and ventricular:</i> 5 mg/kg load IV, IO over 20-60 minutes. may repeat x 2, max dose 15 mg/kg in 24 hours. Max single dose 300 mg.</p> | <p>Indications: Used in life threatening cardiac arrhythmias such as V-Tach or V-Fib; control of PVC's</p> <p>Contraindications: Severe sick sinus syndrome, 2nd and 3rd degree AV block, symptomatic bradycardia, known hypersensitivity</p> <p>SE: hypotension, bradycardia</p> | <p>C-6 C-8</p> |
| <p>Anectine</p> | <p>See Succinycholine</p> | <p>See Succinycholine</p> | |
| <p>Aspirin Acetylsalicylic Acid Non-enteric coated</p> <p>Platelet aggregation inhibitor & anti-inflammatory agent</p>  | <p>Adult: 324 mg</p> <p>Peds: N/A</p> | <p>Indications: Chest Pain suggestive of AMI</p> <p>Contraindications: Known hypersensitivity, relative contraindication in active ulcer disease, asthma</p> <p>SE: Heart burn, wheezing, N/V, prolonged bleeding</p> | <p>C-3</p> |



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PROTOCOL TITLE: DRUG PROFILES CHART

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| <p>Ativan</p> | <p>See Lorazepam</p> | <p>See Lorazepam</p> | |
| <p>Atropine Sulfate</p> <p>Anticholinergic, (parasympatholytic)</p>  | <p>Adult: <i>Symptomatic Bradycardia:</i> 1 mg IV q 3-5 minutes; up to 3 mg</p> <p><i>Organophosphate Poisoning:</i> 1 – 5 g IV q 5 minutes until vital signs improve.</p> <p>Peds: <i>Symptomatic bradycardia:</i> 0.02 mg/kg, may double the dose for 2nd IV or IO dose. (Minimum dose: 0.1mg) (Maximum dose: Child 1 mg Adolescent 2 mg)</p> <p><i>Organophosphate Poisoning:</i> 0.05 mg/kg in children until vital signs improve.</p> <p>Pediatric RSI: If bradycardia occurs following intubation attempt, 0.02 mg/kg (minimum of 0.1mg)</p> | <p>Indications: Asystole, PEA hemodynamically significant symptomatic bradycardia Organophosphate Poisoning, GB, VX Nerve Agent exposure, Asthma</p> <p>Pediatrics: Symptomatic bradycardia unresponsive to oxygenation ventilation and epinephrine.</p> <p>Efficacy in cardiac arrest is unknown, trial dose may be given.</p> <p>Contraindications: None in the emergent setting</p> <p>SE: Blurry vision, dilated pupils, dry mouth, tachycardia, drowsiness, and confusion</p> | <p>C-1 M-10 P-9 P-16</p> |
| <p>Atropine/ 2-PAM</p> <p>(MARK 1 Kit)</p> <p>2-PAM</p>  | <p>Adult: <i>GB, VX Nerve Agent Exposure</i> See Nerve Agent Protocol 2-PAM dose:</p> | <p>Indications: Severe organophosphate poisoning as characterized by muscle twitching, respiratory depression, and paralysis</p> <p>Contraindications:</p> | |

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PROTOCOL TITLE: DRUG PROFILES CHART

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| <p>Cholinesterase reactivator</p>  | <p>1-2 g in 250-500 ml 0.9% NaCl infused over 30 minutes.</p> <p>Peds: 2-PAM dose 20-40 mg/kg by the same method as above.</p> | <p>Poisonings other than organophosphates</p> <p>SE: Excitement, manic behavior</p> | |
| <p>Atrovent</p> | <p>See Ipratropium Bromide</p> | <p>See Ipratropium Bromide</p> | |
| <p>Benadryl</p> | <p>See Diphenhydramine</p> | <p>See Diphenhydramine</p> | |
| <p>Calcium Gluconate</p> <p>Electrolyte</p>  | <p>Adult: 1 – 2 g slow IV, repeated as necessary at 10 min intervals.</p> <p>Peds: N/A</p> | <p>Indications: Treat cardiac toxicity or hyperkalemia, as an antidote for hypermagnesemia. To treat calcium channel blocker and Beta blocker OD</p> <p>Contraindications: Ventricular fibrillation; caution in patients on digoxin, renal or cardiac insufficiency, and immobilized patients.</p> <p>SE: CNS:-Tingling CV:-hypotension, bradycardia, dysrhythmias, syncope, cardiac arrest Local Reactions:- tissue irritation, burning, cellulitis, soft tissue calcification, necrosis.</p> | <p>C-7 C-11 M-10</p> |
| <p>Cardizem</p> | <p>See Diltiazem</p> | <p>See Diltiazem</p> | |

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| <p>Dextrose 50%</p> <p>Nutrient, carbohydrate</p>  | <p>Adult: 25 g IV, IO, may repeat with additional 25 g.</p> <p>Peds: 0.5 – 1.0 g/kg up to 25 g.</p> <p><1 year old dilute to 12.5% concentration 1-8 year old dilute to 25% concentration >8 year old 50% concentration</p> | <p>Indications: Coma, unconscious unresponsive unknown etiology, hypoglycemia, insulin shock</p> <p>Contraindications: None in the emergent setting</p> <p>SE/complication: tissue necrosis and phlebitis at injection site.</p> | <p>M-6 M-11 M-12 M-10 P-22</p> |
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DRUG PROFILES CHART

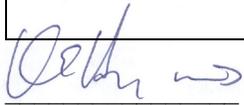

 Kevin Hodges, M.D
 Medical Program Director
 Benton-Franklin Counties

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PROTOCOL TITLE: DRUG PROFILES CHART

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| <p>Diazepam (Valium) Benzodiazepine</p> <p>Substitute for Lorazepam during shortages.</p>  | <p>Adult: <i>Actively seizing:</i> 2 - 10 mg IV slow push, IM</p> <p><i>Sedation before cardioversion/pacing</i> 2 – 10 mg IV slow push, IM</p> <p><i>Severe anxiety:</i> 2 – 5 mg IV slow push, IM</p> <p><i>Chest pain in sympathomimetic overdose:</i> 2 – 5 mg IV slow push, IM</p> <p>Peds: <i>Seizures-Status epilepticus:</i> 0.1 – 0.3 mg/kg IV slow push, IM</p> <p><i>Sedation before cardioversion or pacing:</i> 0.1 – 0.3 mg/kg IV slow push, IM</p> | <p>Indications: Active seizure, Status epilepticus, Sedation before cardioversion/pacing, severe anxiety, chest pain in sympathomimetic OD.</p> <p>Contraindications: Hypersensitivity</p> <p>SE: CNS depression, drowsiness, respiratory depression, hypotension, venous thrombosis.</p> | |
| <p>Diltiazem (Cardizem®) Calcium Channel Blocker</p>  | <p>Adult: 0.25 mg/kg IV slow over 2 min. May repeat in 15 min, @ 0.35 mg/kg slow over 2 min.</p> <p>Drip at 5 - 15 mg/HOUR after bolus to maintain rate control</p> <p>Peds: Not FDA Approved</p> | <p>Indications: To control rapid ventricular rate in A-Fib & A-Flutter., PSVT</p> <p>Contraindications: Hypersensitivity, 2nd or 3rd degree Heart Block, Sick Sinus Syndrome, WPW, cardiogenic shock, V-Tach,</p> <p>Caution: AV Block, CHF, can cause systemic hypotension</p> | <p>C-8</p> |

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| | | <p>SE: Hypotension (3-4%), dizziness, headache, vomiting (1.5-3%),</p> | |
| <p>Diphenhydramine (Benadryl®) Antihistamine</p>  | <p>Adult: <i>Allergic reaction:</i> 25 – 50 mg PO, slow IVP, IO, deep IM</p> <p><i>Extra Pyramidal symptoms:</i> 25 – 50 mg PO, slow IVP, or deep IM</p> <p>Peds: <i>Allergic reaction:</i> 1 – 2 mg/kg PO, slow IVP, IO, IM</p> | <p>Indications: Allergic reactions, Extra pyramidal symptoms</p> <p>Contraindications: neonates</p> <p>SE: Sedation, confusion,</p> | <p>M-2</p> |
| <p>Dopamine (Intropin®) Inotrope, sympathomimetic, vasopressor</p> | <p>Adult: <i>Bradycardia:</i> 2 – 10 mcg/kg/min</p> <p>Peds: Same as adult</p>  | <p>Indications: Bradycardia refractory to atropine</p> <p>Contraindications: Hypovolemic shock in which complete fluid resuscitation has not occurred.</p> <p>SE: Ectopic beats, tachycardia, angina, hypotension, headache, dyspnea, N/V.</p> | |
| <p>Duoneb (optional) Commercially prepared mixed solution of 3.0 mg albuterol and 0.5 mg atrovent, yielding 3 ml total fluid volume.</p>  | <p>Adult: 3 ml vial of Duoneb placed into a nebulizer. May repeat up to 3 total doses.</p> <p>Peds: Same as adult dose.</p> | <p>Indications: Bronchospasm associated with COPD, Asthma</p> <p>Contraindications: History or known hypersensitivity to atropine or Atrovent</p> <p>SE: Palpitations, tachycardia, arrhythmia, nervousness, HA</p> | <p>R-1 R-2 R-3 M-2</p> |

DRUG PROFILES CHART

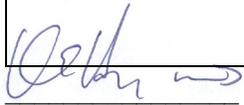

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| <p>Epinephrine</p> <p>(Adrenalin®) Sympathomimetic</p> | <p>Adult: <i>Allergic reaction:</i> 0.3 – 0.5 mg 1:1000 IM.</p> <p><i>See Epinephrine auto Injector</i></p> <p><i>Anaphylaxis:</i> 0.3 – 0.5 mg 1:1000 IM (or) 0.3 – 0.5 mg 1:10,000 IV, IO</p> <p><i>Asthma:</i> 0.3 – 0.5 mg 1:1,000 IM (or) 0.3 – 0.5 mg 1:10,000 IV.</p> <p><i>Asthma or anaphylaxis with severe respiratory distress, refractory</i> S&S: Epi drip 2–15 mcg/min Start at 2 mcg and titrate to effect up to 15 mcg</p> <p><i>Cardiac arrest:</i> 1 mg IV, IO 1:10,000 q 5 minutes.</p> <p><i>Symptomatic Bradycardia</i> Epi-drip 2 – 10 mcg/min</p> <p><i>Hypotension from RSI:</i> 5-20 mcg IV 1:100,000 push dose</p> | <p>Indications: Allergic reaction Anaphylaxis, Asthma, Cardiac arrest, Bradycardia</p> <p><i>Note:</i> IM route is preferred over SQ.</p> <p>Contraindications: Patients with known underlying cardiovascular disease, HTN, pregnancy, tachyarrhythmias</p> <p>SE: Palpitations, anxiety, tremors, N/V</p> | <p>C-1 C-6 C-11 M-2 R-1 R-3 P-9 P-24</p> |
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|  | <p>Peds: <i>Pulseless Arrest and Symptomatic Bradycardia:</i> 0.01 mg/kg 1:10,000 (0.1 ml/kg) IV, IO q 4 min (or)</p> <p>0.1 mg/kg (0.1 ml/kg) of 1:1000 ETT.</p> <p><i>Allergic reaction:</i> 0.01 mg/kg 1:1000 IM, SQ (max 0.5 mg)</p> <p><i>Anaphylaxis:</i> 0.01 mg/kg 1:1000 IM, SQ (max 0.5 mg)</p> <p><i>Asthma:</i> 0.01 mg/kg 1:1000 SQ (max 0.5 mg)</p> <p><i>Severe persistent hypotension, severe refractory S&S:</i> Epi drip 0.1 – 2 mcg/min</p> | | |
| <p>Epinephrine Auto-Injector</p> |  <p>Adult: <i>Allergic Reaction, Anaphylaxis:</i> 1 auto-injector 0.3 mg.</p> <p>Peds: <i>Allergic reaction; anaphylaxis:</i> 1 auto-injector 0.15 mg.</p> | <p>Indications: severe allergic reaction</p> <p>Contraindications: known cardiovascular disease</p> <p>SE: Palpitations, anxiety, tremors, N/V</p> | <p>M-2</p> |
| <p>Etomidate (Amidate)</p> | <p>Adult: 0.3 mg/kg IV.</p> | <p>Indications: Induction and maintenance of general anesthesia, May be used to decrease ICP</p> | <p>P-9</p> |

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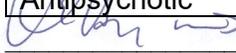

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| <p>Induction agent, non barbiturate hypnotic; lacks analgesic activity.</p> | <p>Peds: Same as adult</p>  | <p>and depress cerebral metabolism</p> <p>Contraindications: Known hypersensitivity</p> <p>Cautions: None if used with paralytic</p> <p>SE: None</p> | <p>P-23</p> |
| <p>Fentanyl Citrate (Sublimaze) Synthetic narcotic</p> | <p>Adult: <i>Pain Control:</i></p> <p>50mcg IV/IO/IM (opioid naïve patient), or 100mcg IV/IO/IM (opioid tolerant patient), May repeat dose Q 10 minutes as needed for severe pain to max 3mcg/kg</p> <p>1 mcg/kg titrated to max of 3 mcg/kg slow IV, IO (or) 2mcg/kg intranasal</p> <p><i>AMI chest pain:</i> 1mcg/kg slow IV, IO titrated to effect (max 3 mcg/kg)</p> <p>RSI: 1 – 3 mcg/kg IV for post-intubation pain control</p> <p>Peds: <i>Pain Control:</i> 1mcg/kg slow IV, IO</p>  | <p>Indications: Pain Control, AMI, adjunct to RSI, maintenance of analgesia.</p> <p>Contraindications: Known hypersensitivity, shock</p> <p>SE: Potentially fatal respiratory depression if not monitored, chest wall rigidity if administered to quickly. May use ideal body weight instead of actual body weight in obese patients</p> | <p>C-3 C-11 T-1 P-2 P-9 P-13</p> |
| <p>Geodon (Ziprasodone) Antipsychotic</p> | <p>Adult: 10 – 20 mg IM Only. (15 – 30 minute onset time)</p> | <p>Indications: Antipsychotic, control of agitation</p> | <p>P-23</p> |

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|  | <p>Peds: Not recommended</p> | <p>Contraindications: Known history of QT Prolongation, recent AMI or uncompensated heart failure. SE: Somnolence, EPS, tachycardia, orthostatic hypotension</p> <p>Reconstitution required: A. Single-dose vial requires reconstitution prior to administration.</p> <ol style="list-style-type: none"> 1. Using aseptic technique, withdraw 1.2 mL of Sterile Water 2. Add the Sterile Water for Injection to vial of Geodon for injection. 3. Shake vigorously until drug is dissolved to afford a colorless to pale pink solution, approximately 1 minute. 4. Using a new needle and syringes: <ol style="list-style-type: none"> a. For 10 mg of Geodon, draw up 0.5 mL of this solution b. For 20 mg of Geodon, draw up 1.0 mL of this solution. | |
| <p>Glucagon (GlucaGen) hormone</p> | <p>Adult: <i>Hypoglycemia:</i> 1 mg or unit (1 ml) IM. <i>Hypotension:</i> Refractory to fluids give 2mg IV.</p> | <p>Indications: Hypoglycemia with altered mental status in a diabetic, Beta blocker or calcium channel blocker overdose with hypotension, Cardiogenic shock with hypotension refractory to fluid bolus,</p> | <p>C-2 C-11 M-6 M-7 M-10</p> |


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|  | <p><i>Beta Blocker or Calcium Channel blocker OD:</i> 2 mg IV, may repeat Q 2 min up to 10mg PRN hypotension.</p> <p><i>Cardiogenic Shock:</i> 2.0 mg IV</p> <p>Peds: <i>Hypoglycemia, Beta Blocker OD Calcium Channel Blocker OD:</i> 0.1 mg/kg IV up to 1 mg.</p> | <p>Hypotension/hypovolemia – unknown etiology</p> <p>Contraindications: Known hypersensitivity</p> <p>SE: Occasional N/V, rash</p> | |
| <p>Inapsine (Droperidol) Antipsychotic</p> | <p>Adult: 5 mg IV or IM.</p> | <p>Indications: Antipsychotic, control of agitation, chemical restraint.</p> <p>Contraindications: None</p> <p>SE: Uncontrolled and repetitive body movements (EPS), QT prolongation, arrhythmias.</p> | <p>M-3</p> |
| <p>Ipratropium Bromide (Atrovent) Anticholinergic, bronchodilator</p>  | <p>Adult: 2.5ml per nebulizer mask. May repeat prn q 5 min as needed. Duoneb 3ml mixed in nebulizer may be substituted</p> <p>Peds: 2.5ml per nebulizer mask. May repeat prn q 5 min. Duoneb 3ml mixed in nebulizer may be substituted</p> | <p>Indications: Bronchospasm associated with COPD, Asthma, allergic reaction chronic bronchitis in adults.</p> <p>Contraindications: Known hypersensitivity</p> <p>SE: Dizziness, HA, nervousness, palpitations</p> | <p>R-1 R-2</p> |


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| <p>IV Solutions:</p> <p>Normal Saline (0.9% NaCl) and Lactated Ringer's Isotonic solution-volume expander </p> <p>2.5% Dextrose in Water (D5W) Hypotonic dextrose-containing solution </p> | <p>Adult: <i>Hypotension:</i> 30 ml/kg may repeat one time.</p> <p>Peds: <i>Hypotension:</i> 20 ml/kg may repeat one time.</p> <p>Adult: variable</p> <p>Peds: variable</p> | <p>Indications: Hypotension, maintenance of venous access</p> <p>Contraindications: none</p> <p>SE: Pulmonary edema, fluid overload</p> <p>Indications: IVF of choice for dilution of certain IV drugs</p> <p>Contraindications: Should not be used for fluid replacement in Hypovolemic states</p> <p>SE: rare in therapeutic dosages</p> | <p>ALL</p> |
| <p>Ketamine (Ketalar) Dissociative anesthetic</p> | <p>Adult: <i>Chemical restraint/Sedation:</i> 250 mg IM or 1-2 mg IV. May repeat x1 after 5 min if needed.</p> <p><i>Pain control:</i> 15 mg IV early in pain therapy in conjunction with other agents.(age ≥16 only)</p> <p><i>Pain management in severe trauma meeting P14 criteria:</i> 1-2 mg/kg IV (or) 250-500 mg IM</p> <p><i>RSI Induction:</i> 1-2 mg/kg IV, IM</p> <p>Peds: 1 mg/kg IV (or)</p> | <p>Indications: Chemical restraint, Pain control, RSI Induction</p> <p>Contraindications: Increased intracranial pressure, Head trauma, Use caution with known liver disease or sympathomimetic intoxication (methamphetamines, cocaine)</p> <p>SE: Sedation, increased salivation Rare: cardiac arrest</p> | <p>M-3 M-10 C-11 P9 P13 P14 P-23 P-2</p> |


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| | 4 mg/kg IM | | |
| Ketorolac (Toradol) NSAID, Analgesic | Adult: 15 mg IV (or) 30 mg IM | Indications: Pain control Contraindications: Renal disease Major trauma Dehydration Active bleeding, IM dose not for treatment of chronic pain. | P13 |
| Levophed | See Norepinephrine | See Norepinephrine | |
| Lidocaine 2% (Xylocaine®) Antiarrhythmic | Adult: <i>Cardiac arrest VT/VF:</i> 1-1.5 mg/kg IV, IO; then repeat at 0.5-0.75 mg/kg q 5-10 minutes. Maximum 3 mg/kg. <i>Stable VT with pulse:</i> 0.5-0.75 mg/kg IV/IO. repeat at 1-1.5 mg/kg if needed. Use maintenance drip after conversion. <i>IO Anesthetic:</i> 20-50 mg in 1-2.5 ml over 1-2 minutes. <i>Lidocaine Drip:</i> After conversion to a pulsed rhythm at >60 bpm, start drip @ 1 – 4 mg/min. | Indications: Cardiac arrest VT/VF, Pulsed ventricular tachycardia, Malignant PVC's, Anesthetic for procedures. Contraindications: High degree heart blocks, PVC's in conjunction with bradycardia SE: Anxiety, drowsiness, dizziness, confusion, N/V, Convulsions widening of QRS | C6 C-8 P-4 |

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| | <p>Peds: 1 mg/kg IV</p> | | |
| <p>Lorazepam (Ativan) Anticonvulsant/sedative</p> | <p>Adult: <i>Actively seizing:</i> 2 - 4 mg IV, IM, IN</p> <p><i>Sedation before cardioversion/pacing</i> 1 – 2 mg IV, IM, IN</p> <p><i>Severe anxiety:</i> 1 – 2 mg IV, IM, IN</p> <p><i>Chest pain in sympathomimetic overdose:</i> 1 – 2 mg IV, IM, IN rpt Q 5 minutes to max 4mg.</p> <p><i>Vertigo:</i> 0.5 -1 mg IV. May repeat 1 time after 5 minutes for total of 2mg.</p> <p> Peds: <i>Seizures-Status epilepticus:</i> 0.1 mg/kg IV, IM, IN (max 4 mg)</p> <p><i>Sedation before cardioversion or pacing:</i> 0.1 mg/kg IV, IM, IN (max 4 mg)</p> | <p>Indications: Active seizure, Status epilepticus, Sedation before cardioversion/pacing, Severe anxiety, chest pain in sympathomimetic OD, vertigo.</p> <p>Contraindications: Hypersensitivity</p> <p>SE: Hypotension, bradycardia, decreased LOC</p> | <p>M-9 M-10 M-11 P-2 P-16 P-23</p> |
| <p>Magnesium Sulfate anticonvulsant, antiarrhythmic</p> | <p>Adult: <i>Seizures 2° eclampsia:</i> 2 – 4 g IV over 30 minutes, diluted in 50-100 ml crystalloid</p> | <p>Indications: Seizures 2° eclampsia, polymorphic V-Tach, Hypomagnesemia, Refractory VF/VT, TCA overdose with widening QRS</p> | <p>C-6 C-8 C-11 M-9 M-10</p> |

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|  | <p><i>Torsades des Pointes:</i> 2 g diluted in 50 – 100 ml crystalloid SIVP over 5 minutes.</p> <p><i>Hypomagnesemia, Refractory VF/VT:</i> 2 g diluted in 50 – 100 ml crystalloid SIVP over 5 minutes</p> <p><i>TCA overdose with widening QRS:</i> 2 g diluted in 50 – 100 ml crystalloid SIVP over 5 minutes</p> <p>Peds: Not indicated</p> | <p>Contraindications: None in the pre-hospital setting if the indications are present</p> <p>SE: Hypotension, flushing, depressed cardiac function, chest pain, circulatory collapse, respiratory paralysis</p> | |
| <p>Metoclopramide (Reglan) Antiemetic</p>  | <p>Adult: 5-10 mg IV, IM</p> <p>Peds: not indicated</p> | <p>Indications: Nausea & vomiting, especially in migraine or pregnancy.</p> <p>Contraindications: Hypersensitivity, GI bleed.</p> <p>Precautions: May cause EPS. EPS may be prevented or treated with diphenhydramine (Benadryl) 25 mg IV.</p> <p>SE: Drowsiness</p> | <p>M-1 M-8</p> |
| <p>Midazolam (Versed) Sedative/anxiolytic</p>  | <p>Adult: <i>Sedation:</i> 1-5 mg slow IV, IM, IN, up to 5 mg dose maximum</p> <p><i>Seizures:</i> 1-5 mg IV, IM, IN</p> | <p>Indications: Sedation, seizures, status epilepticus, induction agent, post intubation management to promote amnesia</p> <p>Contraindications: Caution --Rapid bolus</p> | <p>M-3 M-10 M-11 P-9 P-14 P-16 P-23</p> |

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| | <p><i>Induction agent or post intubation management:</i> 2.5-5 mg slow IV or IM q 2-3 minutes up to 5 mg.</p> <p>Peds: <i>Sedation or induction:</i> 0.5-1 mg IV over 2-3 minutes.</p> <p><i>Seizures:</i> 0.1 mg/kg IN 0.5mg-5mg IV or IM</p> | <p>SE: Respiratory depression and arrest, pediatrics can lead to hypotension</p> | |
| <p>Morphine Sulfate Narcotic Analgesic</p>  | <p>Adult: <i>Pain Control:</i> 2 – 10 mg IV, IO, IM. Opioid naïve patient 4 – 20 mg IV, IO, IM Opioid tolerant patient.</p> <p>AMI: 2 – 4 mg IV, may repeat q 3-5 min until pain relieved or to total 20 mg given</p> <p>Peds: <i>Pain Control:</i> 0.1 – 0.2 mg/kg IV, IO, IM</p> | <p>Indications: Analgesia, Acute pulmonary edema</p> <p>Contraindications: Known hypersensitivity, volume depletion</p> <p>SE: Respiratory depression</p> | <p><u>C-3</u> <u>T-1</u> <u>P-13</u></p> |

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| <p>Naloxone (Narcan®) Narcotic antagonist</p> | <p>BLS 0.4 - 2 mg IN, may repeat once with 1mg in opposite nostril after 5 minutes if no improvement in respiratory status. Naloxone may take 5-10 minutes before full effect is seen with IN administration. If using a 2 – 4 mg pre-filled nasal delivery applicator, up to 4 mg may be given.</p> <p>ILS 0.4-2 mg IV, IM, IN may repeat every 2-3 minutes to a maximum of 10 mg. titrate to respiratory effect.</p> <p>ALS: above plus Narcan drip: mix 4 mg naloxone in 500 mL 0.9% NaCl. Start drip at 125 ml/hour may titrate to effect.</p> <p>Peds: 0.01 mg/kg x1 IV, IO, IN, may repeat with 0.1 mg/kg.</p> | <p>Indications: Opiate overdose, coma</p> <p>Contraindications: known hypersensitivity</p> <p>SE: Vomiting, withdrawals</p> | <p>M-10 M-12</p> |
| <p>Nitroglycerine Tablets Nitroglycerine Paste Nitro Spray</p> <p>antianginal</p> | <p>Adult: <i>Nitro tabs:</i> 0.4 mg SL, may repeat in 3-5 minutes (maximum: 3 doses).</p> <p><i>Nitro Spray:</i></p> | <p>Indications: Angina, Hypertension, CHF with acute pulmonary edema</p> <p>Contraindications: Hypotension, children under 12, taken erectile</p> | <p>C-3 C-4 IFT-5</p> |



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|  | <p>Spray for 0.5 – 1.0 sec. @ 5 min, intervals.</p> <p>Nitropaste: 2 inches applied to chest.</p> <p>Peds: Not indicated</p> | <p>dysfunction medication within 24 hours (Viagra, Cialis)</p> <p>SE: <i>Hypotension, dizziness, HA</i></p> | |
| <p>Nitrous Oxide (Nitronox) Analgesic, gas</p>  | <p>Adult: Give mask to patient and allow self-administering.</p> <p>Peds: Give mask to patient and allow self-administering.</p> | <p>Indications: Analgesia/sedation</p> <p>Contraindications: Intoxicated patient, head injured patient with AMS, COPD</p> <p>SE: HA, dizziness, giddiness, N/V</p> | <p>M-1 P-13</p> |
| <p>Norepinephrine (Levophed) Sympathomimetic, Vasopressor</p>   | <p>Adult: Initial Dose: 2 – 4 mcg/min Dosing range 1 – 30 mcg/min.</p> <p>Peds: Initial: 0.1 mcg/kg/min Max of 2 mcg/kg/min (Contact Medical Control for use & dosing)</p> | <p>Indications: Cardiogenic shock, hypotension, low cardiac output, poor perfusion of vital organs.</p> <p>Contraindications: MAOI's & hypersensitivity</p> <p>S/E: Headache, dizziness, anxiety, cardiac dysrhythmias including bradycardia, dyspnea.</p> | <p>C-2 C-6 C-7 C-11 M-7 M-10 M-13</p> |
| <p>Ondansetron (Zofran) Antiemetic agent</p>  | <p>Adult: 4-8 mg IV, IO, IM, PO</p> <p>Peds: <1 yr 1 mg IV, IO, IM, PO 1-8 yrs 2 mg IV, IO, IM, PO >8 yrs 4 mg IV, IO, IM, PO</p> | <p>Indications: Prevention or cessation of nausea and vomiting. ** Will not prevent motion sickness</p> <p>Contraindications: Allergy to Zofran</p> <p>SE: HA, dizziness, diarrhea</p> | <p>M-1 M-8 P-13</p> |

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| <p>Procainamide (Procanbid) Antidysrhythmic</p>  | <p>Adult: 20mg/min IV/IO infusion until one of the following: -Cardioversion -Hypotension -QRS widens >50% -Total of 17mg/kg</p> <p>Maintenance 1-4 mg/min continuous infusion, (Do not exceed 50 mg/min)</p> <p>Peds: 5 mg/kg IV/IO infusion over 5 min, (maximum single dose 100 mg)</p> | <p>Indications: Stable VT with pulse</p> <p>Contraindications: High degree AV block, myasthenia gravis</p> <p>Precautions: Use caution with hypotension, AMI, CHF</p> <p>SE: Dizziness, hypotension, AV block, VF, flushing</p> | <p>C-8</p> |
| <p>Racemic Epinephrine (microNEFRIN) Sympathomimetic, bronchodilator</p>  | <p>Adult: 0.25-0.5 ml of 2.25% diluted in 3 ml NaCl, nebulized</p> <p>Peds: <i>Croup/Asthma:</i> Age <6mo: .25 ml of 2.25% diluted in 3 ml NaCl, nebulized. Age >6mo: .25-0.5 ml of 2.25% diluted in 3 ml NaCl nebulized</p> <p>Substitute: 1mg 1:1,000 Epinephrine mixed with 3 ml NaCl nebulized</p> | <p>Indications: Asthma, croup, acute bronchospasm, upper respiratory edema with severe dyspnea</p> <p>Contraindications: epiglottitis</p> <p>SE: Palpitations, anxiety, HA, tachycardia, rebound airway constriction</p> | <p>R-1 R-3 M-2</p> |

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| <p>Rocuronium Bromide (Zemuron) Non-depolarizing neuromuscular blocker</p> | <p>Adult: <i>Post Intubation Management:</i> 0.5 mg/kg IV, IO for long term neuromuscular inhibition. May repeat Q20 min. PRN strong muscular activity threatening ETT integrity</p> <p><i>RSI Paralytic:</i> 1 - 1.5 mg/kg IV, IO</p> | <p>Indications: Prolonged neuromuscular blockade for intubated patients with prolonged transport times or threatened compromise in tube/line integrity.</p> <p>May be used as a first line paralytic if succinylcholine contraindicated.</p> <p>Contraindications: None other than hypersensitivity in emergency setting.</p> <p>Side Effects: Apnea, rash</p> | <p>P-9</p> |
| <p>Sodium Bicarbonate (NaHCO₃) Alkalinizer</p>  | <p>Adult: <i>Tricyclic antidepressant OD with QRS > .12sec:</i> 1 mEq/kg slow IVP</p> <p><i>ROSC with hyperkalemia:</i> 1 mEq/kg slow IVP</p> <p>Peds: Same as adult dose</p> | <p>Indications: Tricyclic antidepressant overdose, ROSC with hyperkalemia.</p> <p>Contraindications: Alkalotic states</p> <p>SE: <i>Alkalosis</i></p> | <p>C-7 M-10</p> |
| <p>Solumedrol (methylprednisolone)</p> <p>Synthetic glucocorticoid corticosteroid</p>  | <p>Adult: 125 mg IV</p> <p>Peds: 1-2 mg/kg IV</p> | <p>Indications: Anaphylaxis, Asthma, COPD</p> <p>Contraindications: Systemic fungal infections, TB, Cushing disease.</p> <p>SE: None in the emergent setting. Sodium and water retention, CHF, HTN, HA, vertigo, hypokalemia, seizures, N/V, dysrhythmias</p> | <p>M2 R-1 R-2 R-3</p> |

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PROTOCOL TITLE: DRUG PROFILES CHART

| | | | |
|--|---|--|--|
| <p>Succinylcholine (Anectine®) depolarizing neuromuscular blocker</p>  | <p>Adult: 1 – 2 mg/kg IV/IO (onset: 1 minute/recovery: 4 – 6 minutes).</p> <p>Peds: BVM use is the preferred method of ventilation for children < 8 years old. Intubation should be attempted only if attempts to ventilate with BVM are ineffective Dosing, Age 1-8 years: 1 – 2 mg/kg IV/IO. Consult Broselow tape</p> <p>Do not use paralytics if age < 12 months.</p> | <p>Indications: Temporary paralysis to facilitate oral intubation</p> <p>Contraindications: Hypersensitivity, penetrating eye injuries, narrow angle glaucoma, providers inexperienced with its use and application</p> <p>SE: wheezing, respiratory depression, apnea, aspiration, arrhythmia, bradycardia, sinus arrest, hypertension, hypotension, increased intraocular pressure, increased ICP</p> | <p>P-9 P-10</p> |
| <p>Thiamine (Betalin®) vitamin</p>  | <p>Adult: 100 mg IV or IM preferably prior to IV glucose.</p> <p>Peds: 25 mg IV or IM (Rarely indicated)</p> | <p>Indications: Thiamine deficiency, mental confusion or coma</p> <p>Contraindications: None in the emergent setting</p> <p>SE: Rare if any</p> | <p>M-6 M-10 M-12</p> |
| <p>Toradol</p> | <p>See Ketorolac</p> | <p>See Ketorolac</p> | |
| <p>Tranexamic Acid (TXA) Fibrinolysis Inhibitor</p>  | <p>Adult: Loading Dose: 1 gram in 100 mL crystalloid IV over 10 min. May piggy-back.</p> <p>Receiving facility must be made</p> | <p>Indications (all four criteria must be met)</p> <ol style="list-style-type: none"> 1. Adult patients equal to or greater than 16 years of age. 2. Source of bleeding less than 3 hours old. 3. Hemorrhagic Shock due to bleeding internal | <p>M-7 M-9 T-3</p> |



Kevin Hodges, M.D
Medical Program Director
Benton-Franklin Counties

June 30, 2024
Date

DRUG PROFILES CHART

PROTOCOL TITLE: DRUG PROFILES CHART

| | | | |
|---------------------------------------|--|--|--|
| | <p>aware that TXA was initiated in the field.</p> <p><i>Post-partum hemorrhage</i> (Contact Medical control)</p> | <p>or external: systolic BP 90mmHg or less: and/or sustained heart rate more than 110 bpm</p> <p>4. Patient has received 500 ml of crystalloids & other hemorrhagic control measures have been initiated, i.e. direct pressure, etc.</p> <p>Contraindications: Patient less than 16 yrs. of age. Bleeding more than 3 hours old.</p> <p>Precautions:</p> <ol style="list-style-type: none"> 1. Not yet approved for intraosseous (IO) administration. 2. TXA should not delay volume resuscitation for appropriate patients. 3. Not to be administered through the same line being used for blood products. 4. Once reconstituted, it should be administered within 24 hours. <p>NOTE: Use caution if known history of thrombotic disorder (DVT or pulmonary embolus)</p> | |
| <p>Vasopressin Pressor</p> | <p>Adult: IV, IO doses for cardiac arrest: 40 U IV push x 1, may replace the first or second dose of Epinephrine. Insufficient evidence</p> | <p>Indications: May be used as an alternative pressor to epinephrine in the treatment of adult shock-refractory VF (Class IIb), Asystole and PEA.</p> | |

DRUG PROFILES CHART


Kevin Hodges, M.D.
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Benton-Franklin Counties

June 30, 2024
Date

PROTOCOL TITLE: DRUG PROFILES CHART

| | | | |
|---|---|---|--|
|  | to recommend the endotracheal route. Peds: Not indicated | Contraindications: None in the emergent setting | |
| Versed | See Midazolam | See Midazolam | |
| Zofran | See Ondansetron | See Ondansetron | |

DRUG PROFILES CHART


Kevin Hodges, M.D
Medical Program Director
Benton-Franklin Counties

June 30, 2024
Date

PROTOCOL TITLE: DRUG DRIP TABLE

| DRUG | Concentration | Admin. Set | Rate | Dose |
|--|--|------------------|---------------------------|--------------------------------|
| Lidocaine-Premixed | 4mg/ml | 60 gtt secondary | 30 gtts/min | 2 mg/min |
| | | | 45 gtts/min | 3 mg/min |
| | | | 60 gtts/min | 4 mg/min |
| Amiodarone (10 minute bolus) | <i>Inject 150 mg Amiodarone in 50 ml of D5W or NaCl</i> | | | |
| | 3mg/ml | 10 gtt secondary | 50 gtts/min | 150 mg/10 min |
| | Alternative Method: | | | |
| | <i>Inject 150 mg Amiodarone into 100 ml of D5W or NaCl</i> | | | |
| | 1.5 mg/ml | 10 gtt secondary | 100 gtts/min | 150 mg/10 min |
| Dopamine-Premixed | 1600 mcg/ml | 60 gtt secondary | See table below | Renal dose: 2-5 mcg/kg/min |
| | (400 mg total) | | | Inotropic dose: 5-10mcg/kg/min |
| | | | | Pressor dose: >10 mcg/kg/min |
| Epinephrine | <i>Inject 2 mg epi into 500 ml NaCl</i> | | | |
| | 4 mcg/ml | 60 gtt secondary | See chart below | Adult: 2-10 mcg/min |
| | | | | Pediatric 0.1-2 mcg/min |
| Narcan | <i>Inject 4 mg Narcan into 500 ml NaCl</i> | | | |
| | 8 mcg/ml | 60 gtt secondary | 125 ml/hr (125 drops/min) | 1 mg/hr |
| Diltiazem {Cardizem} (Maintenance Infusion) | <i>100 mg Diltiazem into 100 ml NaCl or D5W</i> | | | |
| | 1 mg/ml | 60 gtt secondary | 5-15 gtts/min | 5-15 mg/hr |

DRUG DRIP TABLE


 Kevin Hodges, M.D.
 Medical Program Director
 Benton-Franklin Counties

June 30, 2024
 Date

PROTOCOL TITLE: DRUG DRIP TABLE

Dopamine weight-based dosing chart:

| mcg/kg/min Desired Dose | <i>Patient weight in kg</i> | | | | | | | | | | | |
|--|-----------------------------|---|----|-----|----|----|----|----|----|----|----|-----|
| | 2.5 | 5 | 10 | 20 | 30 | 40 | 50 | 60 | 70 | 80 | 90 | 100 |
| 2 mcg | * | * | * | 1.5 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 5 mcg | * | 1 | 2 | 4 | 6 | 8 | 9 | 11 | 13 | 15 | 17 | 19 |
| 10 mcg | 1 | 2 | 4 | 8 | 11 | 15 | 19 | 23 | 26 | 30 | 34 | 38 |
| 15 mcg | 1.4 | 3 | 6 | 11 | 17 | 23 | 28 | 34 | 39 | 45 | 51 | 56 |
| 20 mcg | 2 | 4 | 8 | 15 | 23 | 30 | 38 | 45 | 53 | 60 | 68 | 75 |
| micro drops per minute or ml/hr | | | | | | | | | | | | |

Epinephrine infusion table:

| DOSE mcg/min | ADULT Mix 1 mg epinephrine in 500 ml NaCl 2mcg/ml concentration | ADULT Mix 2 mg epinephrine 500 ml NaCl 4 mcg/ml concentration | PEDIATRIC Mix 2 mg epinephrine 500 ml NaCl 4 mcg/ml concentration |
|-----------------|---|---|--|
| 0.1 | 3 gtt/min | N/A | 1.5 gtt/min |
| 0.25 | 7.5 gtt/min | N/A | 3.75 gtt/min |
| 0.5 | 15 gtt/min | N/A | 7.5 gtt/min |
| 1 | 30 gtt/min | N/A | 15 gtt/min |
| 2 | 60 gtt/min | 30 gtt/min | 30 gtt/min |
| 3 | 90 gtt/min | 45 gtt/min | N/A |
| 4 | 120 gtt/min | 60 gtt/min | N/A |
| 5 | N/A | 75 gtt/min | N/A |
| 6 | N/A | 90 gtt/min | N/A |
| 7 | N/A | 105 gtt/min | N/A |
| 8 | N/A | 120 gtt/min | N/A |
| 9 | N/A | 135 gtt/min | N/A |
| 10 | N/A | 150 gtt/min | N/A |

DRUG DRIP TABLE


 Kevin Hodges, M.D
 Medical Program Director
 Benton-Franklin Counties

June 30, 2024
 Date

PROTOCOL TITLE: DRUG DRIP TABLE

Norepinephrine infusion table:

| Desired Dose | 2mg/250ml | 4mg/250ml |
|---------------------|------------------|------------------|
| # mcg/min | gtts/min | gtts/min |
| 2 | 16 | 8 |
| 4 | 30 | 15 |
| 6 | 44 | 22 |
| 8 | 60 | 30 |
| 10 | 76 | 38 |
| 12 | 90 | 45 |
| 14 | 105 | 53 |
| 16 | 120 | 60 |
| 18 | 135 | 68 |
| 20 | 150 | 75 |
| 22 | 165 | 83 |
| 24 | 180 | 90 |
| 26 | 195 | 98 |
| 28 | 210 | 105 |
| 30 | 225 | 113 |

DRUG DRIP TABLE



Kevin Hodges, M.D
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June 30, 2024
Date

APPENDIX A

BENTON-FRANKLIN COUNTIES

PATIENT CARE GUIDELINES

ABBREVIATIONS



Kevin Hodges, M.D.
Medical Program Director
Benton-Franklin Counties

June 30, 2024

Date

PROTOCOL TITLE: ABBREVIATIONS

| | | | |
|-----------------------|---|-----------------------|---|
| ABCs | Airway, Breathing, Circulation | DVT | Deep vein thrombosis |
| abd | Abdomen | ECG | Electrocardiogram |
| AC | Antecubital | ED | Emergency Department |
| ACE | Angiotensin Converting Enzyme | ETC02 | End Tidal Carbon Dioxide |
| ACS | Acute Coronary Syndrome | ETI | Endotracheal intubation |
| AED | Automated External defibrillator | ETT | Endotracheal tube |
| AF | Atrial Fibrillation | ETOH | Alcohol (ethanol) |
| ALS | Advanced life support | ER | Emergency Room |
| AOSTG | Arrived on scene to find | F | Female |
| ARB | Angiotensin Receptor Blocker(s) | fx | Fracture |
| ASA | Aspirin | g | gauge |
| AMI | Acute Myocardial Infarction | GI | Gastrointestinal |
| AVPU | Alert, Verbal, Painful, Unresponsive (Stimuli) | GCS | Glasgow coma scale |
| BP | Blood Pressure | GSW | Gun-shot wound |
| BS | Breath sounds/Blood sugar | gtt | Drop |
| BBB | Bundle Branch Block | HCTZ | Hydrochlorothiazide |
| BLS | Basic Life Support | HEENT | Head, ears, eyes, nose, throat |
| BSA | Body surface area | Hg | Mercury |
| BSI | Body substance isolation | HIV | Human Immunodeficiency virus |
| BVM | Bag-valve mask | HP-CPR | High Performance CPR |
| Ca | Cancer | H₂O | Water |
| Cath-Lab | Catheterization Laboratory | HR | Heart Rate |
| CBG | Capillary Blood Glucose | hr(s) | Hour(s) |
| CC | Chief Complaint | HTN | Hypertension |
| CHF | Congestive heart failure | Hx, hx | History |
| CO | Carbon Monoxide | IDDM | Insulin dependent diabetes mellitus |
| CO₂ | Carbon Dioxide | IM | Intramuscular |
| c/o | Complaining of | IO | Intraosseous |
| COPD | Chronic obstructive pulmonary disease | IV | Intravenous |
| CP | Chest pain | IVP | Intravenous push |
| CPAP | Continuous Positive Airway Pressure | JVD | Jugular vein distension |
| CPR | Cardiopulmonary resuscitation | KVO | Keep vein open |
| CVA | Cerebrovascular accident | kg | Kilogram |
| DKA | Diabetic Ketoacidosis | KRMC | Kadlec Regional Medical Cntr. |
| DOA | Dead on arrival | LLQ | Left lower quadrant |
| DOB | Date of birth | LOC | Level of consciousness\loss of consciousness |
| DM | Diabetes Mellitus | LPM | Liter per minute |
| DNR | Do not resuscitate | LUQ | Left Upper Quadrant |
| | | M | Male |
| | | mcg | Microgram |
| | | mg | milligram |

ABBREVIATIONS


Kevin Hodges, M.D.
Medical Program Director
Benton-Franklin Counties

June 30, 2024
Date

PROTOCOL TITLE: ABBREVIATIONS

| | | | |
|------------------------|--|------------|---------------------------|
| MCI | Mass Casualty Incident | TIA | Transient ischemic attack |
| mL | Milliliter | TKO | to keep (vein) open |
| NC | Nasal cannula | Tx | Treatment |
| NKDA | No known drug allergies | VF | Ventricular fibrillation |
| NIDDM | Non-insulin dependent diabetes mellitus | VT | Ventricular Tachycardia |
| NRM | Non-rebreather mask | VS | Vital signs |
| NS | Normal saline | w/ | with |
| NSR | Normal sinus rhythm | WNL | Within normal limits |
| NTG | Nitroglycerine | w/o | without |
| N/V | Nausea / vomiting | x | Times |
| O₂ | Oxygen | y/o | Year old |
| SaO₂ | Oxygen saturation | | |
| OD | Overdose | | |
| PD | Police Department | | |
| PEA | Pulseless electrical activity | | |
| PERL | Pupils equal and reactive to light | | |
| PE | Pulmonary embolism | | |
| PJC | Premature Junctional Contraction | | |
| PMS | Pulse, Motor function, Sensation | | |
| POLST | Physician's Orders for Life Sustaining Treatment | | |
| PSVT | Paroxysmal supraventricular tachycardia | | |
| PT | Physical Therapy | | |
| Pt | Patient | | |
| PTA | Prior to arrival | | |
| PVC | Premature ventricular contraction | | |
| PWD | Pink, warm, dry | | |
| Q | Every | | |
| RLQ | Right lower quadrant | | |
| ROM | Range of motion | | |
| RUQ | Right upper quadrant | | |
| SL | sublingual | | |
| RN | Registered Nurse | | |
| RR | Respiratory rate | | |
| Rx | Prescription medication | | |
| SOB | Shortness of breath | | |
| SOG | Standard operating guidelines | | |
| S/S | Signs and symptoms | | |
| STEMI | ST-Elevation Myocardial Infarction | | |
| SVT | Supraventricular Tachycardia | | |

ABBREVIATIONS


 Kevin Hodges, M.D.
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 Benton-Franklin Counties

June 30, 2024
 Date

APPENDIX B

SPECIAL CONSIDERATIONS

For the following specific medical/traumatic issues, consider early contact with online medical control for further guidance.

- I. Compartment Syndrome
- II. Crush Injuries
- III. Suspension Trauma
- IV. Epistaxis
- V. OB Patient

SPECIAL CONSIDERATIONS

Kevin Hodges, M.D.
Medical Program Director
Benton-Franklin Counties

June 30, 2024
Date

APPENDIX C

COUNTY OPERATING POLICIES (COPS)

TABLE OF CONTENTS

BENTON FRANKLIN COUNTIES PATIENT CARE GUIDELINES

| | | |
|---------|--|----------------------|
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| COPS# 2 | ALS Initial Certification Prerequisite | A-C2 |
| COPS# 3 | AED-King LT CME Requirement | A-C3 |
| COPS# 4 | ALS Mandatory MPD Meeting Requirement..... | A-C4 |
| COPS# 5 | Helicopter response | A-C5 |
| COPS# 6 | EMS/Medical Control Communication..... | A-C6 |
| COPS#7 | Hospital Destination | A-C7 |
| COPS#8 | Continuing Education Requirements | A-C8 |



Kevin Hodges, M.D
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April 4, 2022
Date

PROTOCOL TITLE: COUNTY OPERATING POLICY #1

| | | |
|------------------------------------|---|-----------------|
| COUNTY OPERATING POLICY # 1 | Effective Date: 4/1/91 Reviewed: 08/21/2018 | Page: 1 of 1 |
| SUBJECT: ACLS AND PALS REQUIREMENT | | |

I. STANDARD

To retain Protocol Privilege within Benton-Franklin Counties all pre-hospital ALS personnel shall maintain a current ACLS certification and a current PALS certification.

II. PURPOSE

To ensure that the ALS care giver has the most current information provided by the American Heart Association for the treatment of a broad range of patients with life-threatening cardiac rhythms and other life threatening illnesses and injuries.

III. PROCEDURE

1. Participate and pass an approved AHA ACLS class at least once every 2 years.
2. Participate and pass an approved AHA PALS course at least once every 2 years.

IV. QUALITY ASSURANCE:

ACLS codes will be reviewed by the MPD and/or designee. Deviation from a standard algorithm may require on-line physician consultation. These algorithms should not be construed as prohibiting flexibility as long as each action is justified and thoroughly documented. Critical or otherwise atypical/interesting cases may be reviewed by the MPD QA/QI process.

COUNTY OPERATING POLICY #1



Kevin Hodges, M.D
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June 18, 2019
Date

PROTOCOL TITLE: COUNTY OPERATING POLICY #2

| | | |
|--|--|-----------------|
| COUNTY OPERATING POLICY # 2 | Effective Date: 1/1/98 Reviewed: 9/12/11 | Page: 1 of 2 |
| SUBJECT: ALS INITIAL CERTIFICATION BENTON -FRANKLIN COUNTY | | |

I. STANDARD

To provide a uniform method for ALS EMS personnel either new to field, or new to the area, to become familiar with local, regional and state patient care protocols and procedures.

II. PURPOSE

1. To ensure EMS providers are qualified to provide an advanced level of medical care in the pre-hospital setting.
2. To ensure the EMS providers are familiar with local, regional and state patient care protocols and precedents.

III. PROCEDURE

1. Prior to the MPD recommending ALS personnel for state certification and the ability to practice in Benton-Franklin Co. the following shall be accomplished.
 - a. Pass the National Registry Exam or Washington State Paramedic Exam(s) and provide proof of current certification.
 - b. Meet all state requirements for certification identified in WAC 246-976-142.
 - c. Pass the County Protocol Exam with a minimum score of 80%.
 - d. Provide documentation of satisfactory completion in ACLS, PALS and PHTLS (or equivalent).
 - e. Provide letters of recommendation, on official letterhead, from (1) most recent employer or agency of association in the field of emergency medical service, and (2) MPD and/or Paramedic Course Instructor/Physician Advisor.

COUNTY OPERATING POLICY #2


Kevin Hodges, M.D.
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Benton-Franklin Counties

June 18, 2019

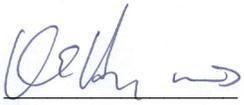
Date

PROTOCOL TITLE: COUNTY OPERATING POLICY #2

| | | |
|--|---|-----------------|
| COUNTY OPERATING POLICY # 2 | Effective Date: 1/1/98 Reviewed: 08/21/18 | Page: 2 of 2 |
| SUBJECT: ALS INITIAL CERTIFICATION BENTON -FRANKLIN COUNTY | | |

- 2. After the above has been accomplished and the provider receives his/her state certification card, the following should be completed to the satisfaction of the MPD before functioning in the field in an unsupervised setting, (as the sole lead Paramedic).
 - a. Render care in the field in conjunction with a jointly approved agency preceptor, to a minimum of twenty (20) ALS patients.
 - b. ALS patient contacts should include but are not limited to;
 - i. One ACLS code
 - ii. One trauma that meets the criteria for modified or full trauma team activation at the receiving facility.
 - c. Administering medications, starting IV's, I.O.'s Oral-tracheal Intubation, etc.
 - d. Demonstrate proficiency at writing Patient Care Reports and radio communication
 - e. Meet with the MPD for an oral interview. At this time proof of completion of the above must be presented to the MPD office.
 - f. The above requirements are meant as a general guideline and are not meant to cause an undue burden on a paramedic or agency. In any event a "good faith" effort is expected and exceptions to the above must have the express written permission of the MPD.

COUNTY OPERATING POLICY #2


Kevin Hodges, M.D
Medical Program Director
Benton-Franklin Counties

June 18, 2019
Date

PROTOCOL TITLE: COUNTY OPERATING POLICY #3

| | | |
|---|--|-----------------|
| COUNTY OPERATING POLICY #3 | Effective Date: 1/1/98 Reviewed: 9/12/11 | Page: 1 of 2 |
| SUBJECT: AED & KING LT CONTINUING EDUCATION. REQUIREMENTS | | |

I. STANDARD

All EMS providers that have a special skills endorsement for a King LT are required to maintain additional CME to remain certified in Benton Franklin Co.

AED updates will be covered in BLS OTEP.

II. PURPOSE

To assure that providers maintain proficiency in the use of AED and/or King LT.

III. PROCEDURE

1. Participate in approved skill maintenance continuing education annually.
2. Training Components – AED.
 - a. CE shall be completed on appropriate time schedule.
 - b. Each person will be evaluated as team leader on three simulated cardiac arrest exercises to include: VF, a non-treatable rhythm, and some type of equipment malfunction or other type of problem.
3. Training Components – King LT.
 - a. CE shall be completed on appropriate time schedule.
 - b. Each person must successfully complete practical skills exam which includes intubation and extubation on an airway manikin. Practices session must include simulated “megacode” situations.
4. Each individual’s CE will need to be documented and a record kept on file for audit by the MPD and/or designee.

COUNTY OPERATING POLICY #3



Kevin Hodges, M.D
Medical Program Director
Benton-Franklin Counties

June 18, 2019
Date

PROTOCOL TITLE: COUNTY OPERATING POLICY #3

| | | |
|---|---|-----------------|
| COUNTY OPERATING POLICY #3 | Effective Date: 1/1/98 Reviewed: 08/21/18 | Page: 2 of 2 |
| SUBJECT: AED & KING LT CONTINUING EDUCATION. REQUIREMENTS | | |

IV. QUALITY ASSURANCE

Actual occurrences will be reviewed on a regular basis by MPD and/or designee.

Training records will be audited for compliance. Failure to maintain CE may result in the loss of the MPD's permission to perform these special skills.

COUNTY OPERATING POLICY #3



Kevin Hodges, M.D
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Benton-Franklin Counties

June 18, 2019
Date

PROTOCOL TITLE: COUNTY OPERATING POLICY #4

| | | |
|--|---|-----------------|
| COUNTY OPERATING POLICY # 4 | Effective Date: 1/1/01 Reviewed: 08/21/18 | Page: 1 of 2 |
| SUBJECT: MPD MANDATORY MEETING REQUIREMENT | | |

I. STANDARD

To maintain protocol privileges in Benton-Franklin Counties all paramedics are required to physically attend a minimum of 6 (50%), MPD meetings within their 3 year certification period. All Paramedics are required to view the recordings of all MPD meetings they did not attend. All online cognitive and practical skills tests must be completed.

II. PURPOSE

The purpose of this requirement is to insure that all Paramedics have an on-going forum to:

1. Develop a Dialogue with the County MPD.
2. Review and receive feedback on patient care issues.
3. Receive information on new protocols and protocol changes.
4. Share system problems and goals.
5. Have periodic formal evaluation of skills and knowledge.

III. PROCEDURE

MPD meetings will be held quarterly. Individuals must attend at least 6 (50%), MPD meetings within the individual's 3 year certification period.

Individuals are responsible for registering their attendance at these meetings by signing the roster. The roster shall be maintained by the MPD Assistant Your attendance will be tracked for compliance. Your agency supervisor will be notified of non-compliance to this policy. Failure to maintain these annual requirements may result in the loss of the Protocol privileges in Benton-Franklin Co. Reinstatement will occur once the provider has successfully made up the meetings missed or completed other remediation and education tasks to the satisfaction of the MPD.



Kevin Hodges, M.D.
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June 18, 2019
Date

PROTOCOL TITLE: COUNTY OPERATING POLICY #4

| | | |
|--|---|-----------------|
| COUNTY OPERATING POLICY # 4 | Effective Date: 1/1/01 Reviewed: 08/21/18 | Page: 2 of 2 |
| SUBJECT: MPD MANDATORY MEETING REQUIREMENT | | |

IV. QUALITY ASSURANCE

Strive to link the CME programs to CQI. Provide a mechanism to help ensure a uniform application of performance standards and enhance the system's ability to provide quality patient care.

COUNTY OPERATING POLICY #4


Kevin Hodges, M.D
Medical Program Director
Benton-Franklin Counties

June 18, 2019
Date

PROTOCOL TITLE: COUNTY OPERATING POLICY #5

| | | |
|-----------------------------------|--|-----------------|
| COUNTY OPERATING POLICY #5 | Effective Date: 9/3/96 Reviewed 08/21/18 | Page: 1 of 2 |
|-----------------------------------|--|-----------------|

SUBJECT:
HELICOPTER ALERT & RESPONSE

I. STANDARD

To appropriately request an aero medical evacuation of a critically ill or injured patient in an expeditious manner when ground transport could likely put the patient at increased risk of morbidity or mortality.

II. PURPOSE

To define the criteria for requesting an aero medical evacuation, and who may initiate the request.

III. PROCEDURE

1. On-scene ALS helicopter may be requested for time critical patients in areas where air transport will save 15 minutes or more over ground ambulance transport.

Responding EMS or Fire shall consider alerting helicopter service to a stand-by or launch mode in those cases where there are prolonged response and return times, gravity of the incident, prolonged extrications, or seriousness of the patient's condition, .

2. Ideally the highest level EMS certified person on-scene should determine the need for helicopter response; however, on-scene law enforcement personnel may request helicopter response where EMS personnel are not readily available.
3. Request for on-scene ALS helicopter shall be initiated through the appropriate emergency-dispatching agency. The dispatching agency will provide the helicopter with the correct radio frequency to use to contact the ground unit.
4. If the patient meets trauma system or triage criteria 1 the ALS helicopter will transport the trauma patient to the highest-level trauma facility within 30 minutes air transport time and the helicopter crew is expected to make contact with the receiving trauma facility in a timely manner while transporting the patient.

COUNTY OPERATING POLICY #5



Kevin Hodges, M.D
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Benton-Franklin Counties

June 18, 2019
Date

PROTOCOL TITLE: COUNTY OPERATING POLICY #5

| | | |
|---|--|-----------------|
| COUNTY OPERATING POLICY #5 | Effective Date: 9/3/96 Reviewed 08/21/18 | Page: 1 of 2 |
| SUBJECT: HELICOPTER ALERT & RESPONSE | | |

IV. QUALITY ASSURANCE

1. The Benton-Franklin Counties CQI Committee and/or local MPD will review all helicopter emergency launches, including cancellations.

COUNTY OPERATING POLICY #5



Kevin Hodges, M.D
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Benton-Franklin Counties

June 18, 2019
Date

PROTOCOL TITLE: COUNTY OPERATING POLICY #6

| | | |
|--|---|-----------------|
| COUNTY OPERATING POLICY # 6 | Effective Date: 10/18/97 Reviewed: 08/21/18 | Page: 1 of 1 |
| SUBJECT: EMS/MEDICAL CONTROL COMMUNICATION | | |

I. STANDARD

Communications between Pre-hospital personnel and Medical Control will be standardized for all complicated medical and trauma patients.

Reference "Communication with the Hospital Protocol" in Benton-Franklin County Patient Care Guidelines for additional information.

II. PURPOSE

To define methods of expedient communications between Pre-hospital personnel and Medical Control.

III. PROCEDURE

1. Contact Medical Control as often as necessary to provide adequate notification and instructions for all complicated medical and trauma patients.

This may include, but is not limited to contact:

- a. En Route.
- b. At the scene, with quick scene size-up.
- c. Report with pertinent patient information.

IV. QUALITY ASSURANCE

1. Communication problems will be reviewed through local measures and reported to the Regional CQI committee for review if necessary.
2. Communication problems effecting patient care will be reviewed locally and reported to the Regional CQI committee for review.

COUNTY OPERATING POLICY #6


Kevin Hodges, M.D
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June 18, 2019
Date

PROTOCOL TITLE: COUNTY OPERATING POLICY #7

| | | |
|------------------------------------|---------------------------------------|-----------------|
| COUNTY OPERATING POLICY # 7 | Effective Date: Reviewed: 08/21/18 | Page: 1 of 2 |
| SUBJECT: HOSPITAL DESTINATION | | |

I. STANDARD

To define a standard method in Benton/Franklin Counties for determining patient's destination.

II. PURPOSE

To assure prompt transport to the appropriate Hospital.

III. PROCEDURE:

In general, patients with non life-threatening injuries or illnesses may request transport to the hospital of their choice. This destination may also be selected by the patient's family members or private physician as appropriate. This hospital choice should be within reasonable range of the ambulance and not unnecessarily take the transporting unit out of service for an extended period of time. For example, a patient in Prosser may request transportation to a Tri-Cities hospital or to Sunnyside, however transport to Ellensburg or Spokane would likely be unreasonable.

In certain cases, the choice of hospital destination may be determined by protocol. Such cases include the need for immediate PCI/cath lab, Trauma System entries, or need for a hyperbaric chamber or other hospital-specific resources. (RCW 70.168.015). Trauma patients shall be triaged in the field by EMS and transported to the trauma facility with the appropriate resources.

In the event of an unstable airway uncontrolled in the field, the patient should be transported to the nearest Emergency Department for stabilization regardless of eventual destination.

Hospital destination choice shall be made prior to leaving the scene. On selecting a hospital destination, and before initiating transport, the transporting unit will contact their dispatcher to determine the "Ambulance Status" of the hospital of choice. If the hospital of choice is currently diverting ambulances the transporting unit and the dispatcher shall work together to select the next closest appropriate facility with the ability to accept the patient.

COUNTY OPERATING POLICY #7



Kevin Hodges, M.D
Medical Program Director
Benton-Franklin Counties

June 18, 2019

Date

PROTOCOL TITLE: COUNTY OPERATING POLICY #7

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| SUBJECT: HOSPITAL DESTINATION | | |

Hospital Ambulance Status shall be according to the following designations:

- GREEN:** Hospital is accepting all ambulance patients.
- YELLOW:** Hospital is selectively diverting ambulance traffic (for example, unable to accept critical patients due to lack of OR or ICU beds).
- RED:** Hospital is diverting all ambulance patients.

Policies for changing a hospital's Ambulance Status are the discretion of the receiving hospital. For the good of the patient and the community, notification of "ambulance divert" status (YELLOW or RED) must be made to the 911 dispatch service in advance and should not affect a transporting unit already enroute with a patient. It is the duty of the hospital to notify the 911 dispatch service any time the status of the hospital changes.

Exceptions to intended transport destinations in extreme circumstances may be requested by online medical control and should be immediately honored by the transporting unit. Any exceptions will be referred by the transporting unit to be reviewed by the county Medical Program Director.

V. QUALITY ASSURANCE

Hospital Destination Issues will be reviewed through local measures and reported to the regional CQI Committee for review if necessary.

| Emergency Department | Trauma Level | Stroke Level | Cardiac Level |
|--------------------------------|--------------|--------------|---------------|
| Kadlec Regional Medical Center | III | II | I |
| Trios Health (Southridge) | III/III peds | II | II |
| Lourdes Medical Center | IV | II | N/A |
| Prosser Memorial Hospital | IV | III | N/A |

COUNTY OPERATING POLICY #7


 Kevin Hodges, M.D
 Medical Program Director
 Benton-Franklin Counties

June 18, 2019
 Date

PROTOCOL TITLE: COUNTY OPERATING POLICY #8

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| COUNTY OPERATING POLICY # 8 | Effective Date: Reviewed: 08/21/18 | Page: 1 of 18 |
| SUBJECT: CONTINUING EDUCATION REQUIREMENTS | | |

I. STANDARD

Continuing education is a requirement for recertification at the state and local level. EMS Personnel maintaining certification within Benton/Franklin County will follow WAC 246-976-161 - Educational Requirements for Recertification. Additional skill and or educational requirements specific to Benton and Franklin counties have been added to this document.

Educational requirements for the recertification or renewal of Washington State EMS certification, (EMR, EMT, AEMT or Paramedic) may be completed through the two following methods:

1. **The "Continuing medical education (CME) method"** WAC 246-976-162 is a series of education courses following initial certification to maintain and enhance skill and knowledge to meet educational requirements for recertification. CME requires the successful completion of a written and practical skills certification examination as part of the recertification requirements.
2. **The "Ongoing training and evaluation program (OTEP) method"** WAC 246-976-163 is a program of education for EMS personnel, approved by the MPD and the Department of Health to meet the education requirements and core topic content for recertification. OTEP includes cognitive, affective and psychomotor evaluations following completion of each topic presentation to determine student competence of topic content.

To retain Protocol Privileges within Benton-Franklin Counties all paramedics shall document completion of CME requirements of one of the above methods.

II. PURPOSE

To provide uniformed on-going continuing medical education training program that focuses on continuous quality improvement in a wide variety of EMS subjects and skill sets.

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| SUBJECT: CONTINUING EDUCATION REQUIREMENTS | | |

III. PROCEDURE

When completing recertification through traditional CME method, a wide variety of formats for CE can be observed including case reviews, hands-on skill review sessions, formal lectures, satellite / internet programs and self-instructional programs. All non-OTEP CME training must be approved by the MPD; pre-approval is strongly recommended.

1. Education is required for the recertification of all certified EMS personnel. This education may be obtained by completing the continuing medical education (CME) method, **or** through the ongoing training and evaluation program (OTEP) method, identified below.

- a. **CME topic content:**

- i. Must meet annual and certification period educational requirements identified in Table A of this section, utilizing:
 - A. Cognitive, affective and psychomotor objectives for the level of certification being taught.
 - B. Current national standards published for CPR, foreign body airway obstruction (FBAO), and automatic defibrillation.
 - C. County medical program director (MPD) protocols, regional patient care procedures, and county operating procedures.
 - D. Training updates in standards as identified by the department.
- ii. Must be approved by the MPD.
- iii. May incorporate nationally recognized training programs as part of CME for content identified in this subsection.

- b. **To complete the CME method you must:**

- i. Complete and document the educational requirements, indicated in Table A of this section, appropriate to your level of certification.

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- ii. Complete and document the skills maintenance requirements, indicated in Table B of this section, appropriate to your level of certification.
 - A. IV starts for IV technicians, combined IV/airway technicians, ILS technicians, combined ILS/airway technicians, or paramedics:
 - I. During your first certification period, you must perform a minimum of one hundred eight successful IV starts.
 - a. During the first year, you must perform a minimum of thirty-six successful IV starts.
 - b. During the second and third year, you must perform a minimum of thirty-six successful IV starts per year, which may be averaged over the second and third years of the certification period.
 - II. If you have completed a certification period, you must demonstrate proficiency in starting IVs to the satisfaction of the MPD (see later certification periods in Table B of this section).
 - B. Endotracheal intubations for airway technicians, combined IV/airway technicians, combined ILS/airway technicians or paramedics:
 - I. During your first certification period, you must perform a minimum of thirty-six successful endotracheal intubations.
 - a. During the first year, you must perform a minimum of twelve successful endotracheal intubations of which four of the endotracheal intubations must be performed on humans.
 - b. During the second and third year, you must perform a minimum of twelve endotracheal intubations per year, which may be averaged over the second and third years of the certification period.

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Four of these endotracheal intubations per year must be performed on humans.

- II. If you have completed a certification period, you must perform a minimum of four successful human endotracheal intubations per year, which may be averaged over the three-year certification period (see later certification periods in Table B of this section).
 - III. All individuals will complete an approved difficult airway / advanced airway course every two years.
 - IV. Upon approval of the MPD, individuals unable to complete the required endotracheal intubations during the certification period, may meet the endotracheal intubation requirements by completing a MPD and department-approved intensive airway management training program, utilizing cognitive, affective and psychomotor objectives covering all aspects of emergency airway management.
- iii. Successfully complete the Washington state written examination and practical skills examination as identified in WAC [246-976-171](#).
 - c. Any applicant changing from the CME method to the OTEP method must meet all requirements of the OTEP method.
 - d. **(OTEP) Ongoing training and evaluation programs:**
 - i. Must meet annual and certification period educational requirements identified in Table A, utilizing:
 - A. Cognitive, affective and psychomotor objectives for the level of certification being taught, in the following core content areas:
 - I. Airway/ventilation (including intensive airway management training for personnel with advanced airway qualifications to determine competency).

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- I. Cardiovascular.
 - II. Medical emergencies/behavioral.
 - III. Trauma (including intensive IV therapy training for personnel with qualifications to determine competency).
 - IV. Obstetrics and pediatrics.
 - V. Operations.
- B. The current national standards published for CPR, foreign body airway obstruction (FBAO), and defibrillation and patient care appropriate to the level of certification.
- C. County medical program director (MPD) protocols, regional patient care procedures, and county operating procedures.
- D. Training updates in standards as identified by the department.
- I. Must provide cognitive, affective and psychomotor evaluations following completion of each topic presentation to determine student competence of topic content.

Psychomotor skill evaluations may be recorded on skill evaluation forms from nationally recognized training programs with approval of the MPD. The MPD may also approve skill evaluation forms created by the ALS OTEP committee.
 - II. Must be approved by the MPD; any additions or major changes to an approved OTEP require documented approval from the county MPD and the department.
 - III. Must be presented and evaluated by course personnel meeting the following qualifications:
- E. Evaluators must:

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- I. Be a currently certified BLS or ALS provider who has completed at least one certification cycle. Certification must be at or above the level of certification being evaluated.
 - II. Complete an MPD approved evaluator's workshop, specific to the level of certification being evaluated.
 - III. Complete the evaluator application, DOH Form 530-012;
 - IV. Be approved by the county MPD and the department.
- F. Instructors must:
- I. Be a currently certified BLS or ALS provider who has completed at least one certification cycle at or above the level of certification being taught.
 - II. Be a currently approved evaluator at the level of certification being taught.
 - III. Be approved by the county MPD to instruct and evaluate EMS topics.
- G. Guest lecturers, when utilized, must have specific knowledge and experience in the skills of the prehospital emergency care field for the topic being presented and be approved by the county MPD to instruct EMS topics.
- I. May incorporate nationally recognized training programs within an OTEP for the core content areas identified in WAC 246-976-162 and 246-976-163.
- e. **To complete the OTEP method you must:**
- i. Complete a department- and MPD-approved OTEP that includes requirements indicated in Table A of this section, appropriate to your level of certification.

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- ii. Complete and document the skills maintenance requirements, indicated in Table C OTEP Table of this section, appropriate to your level of certification.
 - A. IV starts for IV technicians, combined IV/airway technicians, ILS technicians, combined ILS/airway technicians, or paramedics:
 - I. During your first certification period, you must perform a minimum of thirty-six successful IV starts.
 - 1. During the first year, you must perform a minimum of twelve successful IV starts.
 - 2. During the second and third year, you must perform a minimum of twelve successful IV starts per year, which may be averaged over the second and third years of the certification period.
 - II. If you have completed a certification period, you must demonstrate proficiency in starting IVs to the satisfaction of the MPD (see later certification periods in Table C of this section).
 - B. Endotracheal intubations for airway technicians, combined IV/airway technicians, combined ILS/airway technicians or paramedics:
 - I. During your first certification period, you must perform a minimum of twelve successful endotracheal intubations.
 - 1. During the first year, you must perform a minimum of four successful human endotracheal intubations.
 - 2. During the second and third year, you must perform a minimum of four human endotracheal intubations per year, which may be averaged over the second and third years of the certification period.

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- II. If you have completed a certification period, you must perform a minimum of two successful human endotracheal intubations per year, which may be averaged over the three-year certification period (see later certification periods in Table C of this section).
- III. All individuals will complete an approved difficult airway / advanced airway course once during each certification period.
- IV. Paramedics must average a minimum of 4 ALS pt. contacts per month as the lead transporting paramedic. This may be averaged over a 12 month period.
- C. Skills maintenance requirements may be obtained as part of the OTEP.
- D. Individuals participating in an OTEP meet skill maintenance requirements by demonstrating proficiency in the application of those skills to the county MPD during the OTEP.
 - a. Any applicant changing from the OTEP method to the CME method must meet all requirements of the CME method.
 - b. Education requirements for recertification - **Table A**

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OTEP classes will be created to meet the educational requirement of the WAC 246-976-163. However, due to the competency-based nature of OTEP, fewer class hours may be needed to complete these requirements than the total course hours indicated in Table A.

- c. Skill maintenance requirements for recertification - **Table B CME Skills**
- d. Skill maintenance requirements for individuals requesting reciprocal certification:
 - i. Reciprocity candidates credentialed less than three years must meet Washington state's skill maintenance requirements for the initial certification period identified above.
 - ii. Reciprocity candidates credentialed three years or more must meet Washington state's skill maintenance requirements for second and subsequent certification periods.
 - iii. The county MPD may evaluate an individual's skills to determine if the individual is proficient in the application of those skills prior to recommending certification. The MPD may recommend an individual obtain specific training to become proficient in any skills deemed insufficient by the MPD or delegate.
- e. Description of selected terms used in **Tables A, B and C.**
 - i. Class hours: Actual hours spent to become knowledgeable in a topic(s) or proficient in a skill(s).
 - ii. Course hours: The predetermined time scheduled to conduct a course or topic.
 - iii. CPR and airway management includes foreign body obstruction (FBAO) and the use of airway adjuncts appropriate to the level of certification, for adults, children and infants following national standards, assuring the following pediatric objectives are covered.

Pediatric objectives - The EMS provider must be able to:

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- A. Identify and demonstrate airway management techniques for infants and children.
- B. Demonstrate infant and child CPR.
- C. Demonstrate FBAO technique for infants and children.
- iv. Endotracheal intubation: Proficiency includes the verification of proper tube placement and continued placement of the endotracheal tube in the trachea through procedures identified in county MPD protocols.
- v. Infectious disease: Infectious disease training must meet the requirements of chapter [70.24](#) RCW.
- vi. Intraosseous infusion: Proficiency in intraosseous line placement .
- vii. IV starts: Proficiency in intravenous catheterization performed on sick, injured, or preoperative adult and pediatric patients. With written authorization of the MPD, IV starts may be performed on artificial training aids.
- viii. Multi-lumen airway placement: Proficiency includes the verification of tube placement and continued placement of the multi-lumen airway through procedures identified in county MPD protocols.
- ix. Other pediatric topics: This includes anatomy and physiology and medical problems including special needs patients appropriate to the level of certification, assuring the following pediatric objectives are covered.
 - A. Anatomy and physiology - The EMS provider must be able to:
 - I. Identify the anatomy and physiology and define the differences in children of all ages.

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- II. Identify developmental differences between infants, toddlers, preschool, school age and adolescents, including special needs children.
- B. Medical problems including special needs patients - The EMS provider must be able to:
 - I. Identify the differentiation between respiratory distress and respiratory failure.
 - II. Identify the importance of early recognition and treatment of shock in the infant and child patient.
 - III. Identify causes and treatments for seizures.
 - IV. Identify life-threatening complications of meningitis and sepsis.
 - V. Identify signs and symptoms of dehydration.
 - VI. Identify signs and symptoms of hypoglycemia.
 - VII. Identify how hypoglycemia may mimic hypoxemia.
 - VIII. Identify special needs pediatric patients that are technologically dependent (tracheotomy tube, central line, GI or feeding tubes, ventilators, community specific needs).
 - IX. Identify the signs and symptoms of suspected child abuse.
 - X. Identify the signs and symptoms of anaphylaxis and treatment priorities.
 - XI. Identify the importance of rapid transport of the sick infant and child patient.
- x. Patient assessment: This includes adult, pediatric and geriatric patients appropriate to the level of certification, assuring the following pediatric objectives are covered.

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Pediatric objectives - The EMS provider must be able to:

- A. Identify and demonstrate basic assessment skills according to the child's age and development.
- B. Demonstrate the initial assessment skills needed to rapidly differentiate between the critically ill or injured and the stable infant and child patient.
- C. Identify and demonstrate the correct sequence of priorities to be used in managing the infant and child patient with life threatening injury or illness.
- D. Identify that the priorities for a severely injured and critically ill infant and child are:
 - I. Airway management
 - II. Oxygenation
 - III. Early recognition and treatment of shock
 - IV. Spinal immobilization
 - V. Psychological support
- E. Demonstrate a complete focused assessment of an infant and a child.
- F. Demonstrate ongoing assessment of an infant and a child.
- G. Identify the differences between the injury patterns of an infant and a child compared to that of an adult.
- H. Identify the psychological dynamics between an infant and a child, parent or caregiver and EMS provider.

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- xi. Pharmacology: Pharmacology specific to the medications approved by the MPD (not required for first responders).
- xii. Proficiency: Ability to demonstrate and perform all aspects of a skill properly to the satisfaction of the MPD or delegate.
- xiii. Spinal immobilization and packaging: This includes adult, pediatric and geriatric patients appropriate to the level of certification, assuring the following pediatric objectives are covered.

Pediatric objectives - The EMS provider must be able to:

- A. Demonstrate the correct techniques for immobilizing the infant and child patient.
 - B. Identify the importance of using the correct size of equipment for the infant and child patient.
 - C. Demonstrate techniques for adapting adult equipment to effectively immobilize the infant and child patient.
- xiv. Trauma: For adult, pediatric and geriatric patients appropriate to the level of certification, assuring the following pediatric objectives are covered.

Pediatric objectives - The EMS provider must be able to:

- A. Identify the importance of early recognition and treatment of shock in the infant and child patient.
- B. Identify the importance of early recognition and treatment of the multiple trauma infant and child patient.
- C. Identify the importance of rapid transport of the injured infant and child patient.

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SPECIAL NOTE:

For additional information regarding recertification at any EMS level, reference:
<http://www.doh.wa.gov/hsqa/emstrauma/educreq.htm>

Individual Educational Requirements for certified EMS personnel:

| |
|---|
| <u>Emergency Medical Responder (EMR)</u> |
| <u>EMT</u> |
| <u>Advanced Emergency Medical Technician (AEMT)</u> |
| <u>Paramedic</u> |

IV. QUALITY ASSURANCE

1. Evaluation of the Continuing Education methods utilized within Benton/Franklin Counties at all EMS levels will include:
 - a. testing of knowledge through written exams
 - b. testing of skill ability through practical skill assessment
 - c. retrospective evaluation of the care actually given to patients

VI. Benton/Franklin County BLS OTEP

1. Agencies choosing to utilize OTEP as a method of accomplishing BLS Training shall use the MPD Approved "King County EMS On-line BLS OTEP" plan.

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VI. Benton/Franklin County ALS OTEP

1. Agencies choosing to utilize OTEP as a method of accomplishing ALS Training shall use the MPD Approved program administered by Columbia Basin College and overseen by the ALS OTEP Committee, comprised of one member from each of the user agencies.

NOTE: For more information on the specific ALS OTEP Curriculum and plan, contact your agencies EMS Administrator.

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Table A

Education Requirements for Recertification

| | EMR | EMT | AEMT | Paramedic |
|---|--------|--------|--------|-----------|
| Annual Requirements | | | | |
| Cardiovascular education and training | X | X | X | X |
| Spinal immobilization | X | X | X | X |
| Patient assessment | X | X | X | X |
| Certification Period Requirements | | | | |
| Infectious disease | X | X | X | X |
| Trauma | X | X | X | X |
| Pharmacology | | X | X | X |
| Other pediatric topics | X | X | X | X |
| Total minimum education hours per certification period: | 15 hrs | 30 hrs | 60 hrs | 150 hrs |

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Table B

Skills Maintenance Requirements for the CME Method

| | EMR | EMT | AEMT | Paramedic |
|--|-----|--|------|-----------|
| First Certification Period or Three Years | | | | |
| <input type="checkbox"/> First Year | | | | |
| IV starts | | EMT w/IV therapy skill 36 | 36 | 36 |
| Endotracheal intubations (4 must be performed on humans) | | | | 12 |
| Intraosseous infusion placement | | EMT w/IV therapy skill X | X | X |
| <input type="checkbox"/> Second and Third Years | | | | |
| IV starts over the two-year period | | EMT w/IV therapy skill 72 | 72 | 72 |
| Endotracheal intubations over the two-year period (4 per year must be performed on humans) | | | | 24 |
| Intraosseous infusion placement | | EMT w/IV therapy skill X | | |
| During the Certification Period | | | | |
| Pediatric airway management | | | | X |
| Supraglottic airway placement | | EMT w/supraglottic airway skill X | X | X |
| Defibrillation | X | X | X | X |
| Later Certification Periods | | | | |
| <input type="checkbox"/> Annual Requirements | | | | |

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| | IV starts | | EMT w/IV therapy skill | X | X |
| | | | X | | |
| | Endotracheal intubations (2 per year must be performed on humans) | | | | 4 |
| | Intraosseous infusion placement | | EMT w/IV therapy skill | X | X |
| | | | X | | |
| <input type="checkbox"/> | During the Certification Period | | | | |
| | Pediatric airway management | | | | X |
| | Supraglottic airway placement | | EMT w/supraglottic airway skill | X | X |
| | | | X | | |
| | Defibrillation | X | X | X | X |

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Table C

Skills Maintenance Requirements for the OTEP Method

| | | EMR | EMT | AEMT | Paramedic |
|--|---|-----|--------------------------------------|------|-----------|
| First Certification Period or Three Years | | | | | |
| <input type="checkbox"/> | First Year | | | | |
| | IV starts | | EMT w/IV therapy skill 12 | 12 | 12 |
| | Human endotracheal intubations | | | | 4 |
| | Intraosseous infusion placement | | EMT w/IV therapy skill X | X | X |
| <input type="checkbox"/> | Second and Third Years | | | | |
| | IV starts over the two-year period | | EMT w/IV therapy skill 12 | 24 | 24 |
| | Human endotracheal intubations over the two-year period | | | | 8 |
| | Intraosseous infusion placement | | EMT w/IV therapy skill X | X | X |
| During the Certification Period | | | | | |
| | Pediatric airway management | | EMR & EMT X | X | X |
| | Supraglottic airway placement | | EMT w/supraglottic airway skill X | X | X |
| | Defibrillation | X | X | X | X |
| Later Certification Periods | | | | | |
| <input type="checkbox"/> | Annual Requirements | | | | |
| | IV starts | | EMT w/IV therapy skill X | X | X |
| | Human endotracheal intubation | | | | 2 |
| | Intraosseous infusion placement | | EMT w/IV therapy skill X | X | X |
| <input type="checkbox"/> | During the Certification Period | | | | |
| | Pediatric airway management | | EMR & EMT X | X | X |

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| | Supraglottic airway placement | | EMT w/supraglottic airway skill | X | X |
| | | | X | | |
| | Defibrillation | X | X | X | X |

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Appendix D - South Central Region Patient Care Procedures

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| 6 | EMS/Medical Control Communications..... |
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| 8 | Cross Border Transport..... |
| 9 | Inter-Facility Transport Procedure..... |
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| 10.2 | All Hazards..... |
| 10.3 | Highly Infectious Disease (Ebola Like) |

The following regulations provide guidance on the subject matter contained in this document. Please note, that this is not an inclusive list. For more information please contact a Department of Health Emergency Care System representative.

Regulations

1.1 Revised Code of Washington (RCW):

- A. **RCW 18.73** – Emergency medical care and transportation services
 - 1. RCW 18.73.030 - Definitions
- B. **RCW Chapter 70.168** – Statewide Trauma Care System
 - 1. RCW 70.168.015 – Definitions
 - 2. RCW 70.168.100 – Regional Emergency Medical Services and Trauma Care Councils
 - 3. RCW 70.168.170 – Ambulance services – Work Group – Patient transportation – Mental health or chemical dependency services

1.2 Washington Administrative Code (WAC):

- A. **WAC Chapter 246-976** – Emergency Medical Services and Trauma Care Systems
 - 1. WAC 246-976-920 – Medical Program Director
 - 2. WAC 246-976-960 – Regional Emergency Medical Services and Trauma Care Councils
 - 3. WAC 246-976-970 – Local Emergency Medical Services and Trauma Care Councils

1. Level of Medical Care Personnel to Be Dispatched to An Emergency Scene

1. PURPOSE:

The appropriate level of emergency, BLS, ILS, ALS personnel, aid or ambulance services will be dispatched to the emergency incident scene to provide timely patient care.

2. SCOPE:

Appropriate licensed and trauma verified aid and ambulance services are dispatched to all emergency medical and trauma incidents within an identified service area.

3. GENERAL PROCEDURES:

a. Dispatch

- i. Local EMS and Trauma Care Council's should identify primary and secondary Public Safety Answering Point (PSAP)/dispatch in each county and provide information to the Region Council of any changes.
- ii. Dispatchers should be trained in and use an Emergency Medical Dispatch (EMD) Guidelines Program to include pre-arrival instructions.
- iii. The appropriate level of service will be dispatched to the incident.
- iv. EMS services should proceed in an emergency response mode until they have been advised of non-emergent status unless advised of non-emergent status by dispatch.
- v. EMS services are responsible to update; PSAP/dispatch Center, DOH, Local and Region Councils, of any response area changes as soon as possible.
- vi. In the event a patient approaches a service seeking help or a unit happens upon an incident, PSAP/dispatch must be contacted to activate the EMS system.

b. Response Times

Response times are measured from the time the call is received by the responding agency until the time the agency arrives on scene.

c. Cancellation of Response Criteria

In coming units and on-scene EMS providers will communicate patient status report before cancelling response when practical.

For all level EMS Agencies;

- i. The responsible party for patient care decisions is the highest-level EMS provider on scene with the patient.

- ii. Communication with PSAP/dispatch that no patient is found or non-injury or the following conditions are confirmed. (Proceed if requested by law enforcement.)
 - a. Decapitation
 - b. Decomposition
 - c. Incineration
 - d. Lividity and Rigor Mortis
- d. **Slow Down**
 - i. Transport units may be slowed by first in on scene emergency responder.
 - ii. The first in on scene unit may convey available patient information to responding transport units.
- e. **Diversion to another emergency call**

An EMS transport unit may be diverted to another call when:

 - i. It is obvious the second call is a life-threatening emergency and first-in EMT's and/or paramedics report that first call can await a second unit.
 - ii. A second ambulance is requested to the first call.
 - iii. The highest-level transport responding unit is closer to the second call and may be vital to the patient's outcome.
 - iv. If Priority Dispatch System used, follow local county operating procedures (COPs) for diversion to another call.
- f. **Staging/Standby**

Dispatch should provide ALL pertinent information to the responding units so they can make a determination as to whether to stage and provide the same information to law enforcement responding units. Units will advise Dispatch of intent to stage and request Law Enforcement response.

4. **APPENDICES: None**

| Submitted by: | Change/Action: | Date: | Type of Change | |
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| Regional Council | Approved | 5/28/20 | <input checked="" type="checkbox"/> Major | <input type="checkbox"/> Minor |
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2. Guidelines for Rendezvous with Agencies That Offer Higher Level of Care

1. PURPOSE:

To guide EMS providers to initiate rendezvous with a higher level of care while en route to a receiving hospital based on patient needs and resource availability.

2. SCOPE:

BLS or ILS units may rendezvous with a higher level of care. Rendezvous is appropriate when;

- a. Patient may benefit from a higher level of care.
- b. Resources may be limited or not available.

3. GENERAL PROCEDURES:

- a. The BLS/ILS ambulance may request ALS ambulance rendezvous by contacting dispatch.
- b. Ground ambulance should rendezvous with a higher level of care based on patient illness or injury,
- c. Benefit to patient should outweigh increase to out of hospital time.
- d. Based on updated information, requesting units may cancel the rendezvous by contacting dispatch.
- e. EMS providers should use effective communication with all incoming and on scene emergency responders at all times with patient care as their highest priority.
- f. Communication should include patient report when appropriate.

4. APPENDICES: None

| Submitted by: | Change/Action: | Date: | Type of Change |
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| Regional Council | Approved | 5/28/20 | X Major <input type="checkbox"/> Minor |
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3. Air Medical Services - Activation and Utilization

1. PURPOSE:

Air Medical Service activation and utilization provides expeditious transport of critically ill or injured patients to the appropriate hospital including designated/categorized receiving facilities.

2. SCOPE:

Licensed and trauma verified aid and/or ambulance services utilize the county protocols and county operating procedures (COPs) consistent with current “WA Statewide Recommendations for EMS Use Air Medical” (within the WA State Air Medical Plan) to identify and direct activation and utilization of air medical services.

3. GENERAL PROCEDURES:

- a. For scene transport to be efficacious and optimize patient outcome, the air medical response should take significantly less time (greater than 20 minutes time savings) than it takes to travel by ground to the closest appropriate facility. If this is not the case, strong consideration should be given to activating the helicopter from the scene, and meeting at the local hospital. This decision should be made in conjunction with local medical control. This is particularly important for head injured and hypotensive patients.
- b. Responders should involve dispatch to contact and activate air medical response to maintain system safety and integrity. The dispatching agency will provide the helicopter with the correct radio frequency to use for contacting EMS ground units.
- c. Responding EMS service may activate air medical service prior to arrival on scene based on dispatch information or upon arrival on scene based on initial assessment.
- d. Air medical Service will provide ETA of available fully staffed closest air ambulance.
- e. The final patient transport and destination decisions will be made on the scene.
- f. Air medical service will notify PSAP/dispatch when activated by a mechanism outside the emergency dispatch system.

Air Medical transport is recommended for the following: Trauma:

- a. Head injured patients with one of the following:

- i. Revised Trauma score <12 or deteriorating
 - ii. Pediatric Revised Trauma score <10 or deteriorating
 - iii. Change in LOC and/or neurological deficits
 - iv. Significant penetrating injury above mid-thigh, torso, or head.
- b. Patients with the following chest injuries:
 - i. Possible tension pneumothorax
 - ii. Major chest wall injury
 - iii. Potential cardiac injury
 - iv. Penetrating chest wound
- c. Patients with unstable vital signs including hypotension, tachypnea, severe respiratory failure.
- d. Patient with burns of greater than 10% BSA or major burns of face, hands, feet, or perineum.
- e. Major electrical or chemical burns.
- f. Patients with spine injuries with neurologic involvement and potential airway/breathing compromise.
- g. Amputation or near amputation.
- h. Two or more long bone fractures or a major pelvic fracture.
- i. Patients with scalping injury or “degloving” injury.
- j. Patients with a significant mechanism of injury, hemodynamic instability, and associated signs and symptoms including:
 - i. MVA with significant structural intrusion into victim’s space.
 - ii. Speed of vehicle >55 mph.
 - iii. MVA with extrication time >15 minutes or prolonged entrapment time.
 - iv. MVA with patient ejected.
 - v. MVA with associated fatalities.
 - vi. Motorcycle victim ejected at >20 mph.
 - vii. Pedestrian struck and thrown >15 feet.
 - viii. Fall from a height of 20 feet or greater.
 - ix. Crushing injuries to the abdomen, chest, or head.
 - x. Near-drowning injuries, with or without existing hypothermia.
 - xi. Trauma patients <12 or >55 years old.

Non-trauma:

- a. Any patient airway that cannot be maintained.
- b. Patient with cardiac disease and is experiencing a progressively deteriorating course, is unstable, and/or requires measures not available en route (e.g. ALS level care, cardiac catheterization, thrombolytic therapy.)

- c. Patient is experiencing a severe neurological illness requiring neurosurgical or other intervention that is not available en route. (CVA, uncontrolled seizures, etc.)

EXCEPTIONS

Some patients that do not meet the above indications for air transport may still be candidates for air transport under the following circumstances:

- a. Long distance transport of critical patients (more than 2 hours by ground)
- b. Remote locations with isolated injury patients that could create a prolonged painful transport (i.e. logging injury).
- c. Situations where a ground CCT unit will not be available for an extended time period.
- d. Situations where resources at the sending facility and/or scene are severely limited.
- e. Mass casualty situations
- f. Lack of availability of ground transport
- g. Lack of availability of specialty care personnel (with a minimum of one registered nurse) to accompany patient
- h. Road conditions which may extend ground transport times (e.g. icy roads, flooding, remote locations, bridge openings, heavy traffic, etc.)
- i. Land transport would deplete the local community of vital EMS services for an extended period of time.
- j. EMS regional or state-approved protocol identifies need for on-scene air transport.

EXCLUSIONS

Patients for whom air medical transport is contraindicated include:

- a. Patients who have been pronounced dead. (The need for or potential for cardiopulmonary resuscitation is not a contraindication for air transport.)
- b. Obstetrical patients in advanced active labor and in whom an imminent and /or precipitous delivery can be expected.
- c. Patients with actual or potential for violent or self-destructive behavior that cannot be adequately and safely restrained or controlled using chemical or physical restraints.
- d. A patient in traumatic full arrest if another critically injured patient requires air transport and is determined to have a greater chance of surviving with rapid transport by air.

- e. HAZMAT victims not appropriately decontaminated that pose a risk to the crew or could potentially contaminate the aircraft.

4. APPENDICES:

Link to DOH website:

WA State Air Medical Plan

<https://www.doh.wa.gov/portals/1/Documents/Pubs/530129.pdf>

WA Trauma Triage Destination Procedure:

<https://www.doh.wa.gov/Portals/1/Documents/Pubs/530143.pdf>

| Submitted by: | Change/Action: | Date: | Type of Change | |
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4. On Scene Command

1. PURPOSE:

Provide coordinated and systematic delivery of patient centric emergency medical care and transport services at all incidents, to include single EMS agency, multi-agency, and multi-jurisdictional responses.

2. SCOPE:

The National Incident Management System (NIMS) Incident Command System (ICS) will be used when establishing on scene command.

3. GENERAL PROCEDURES:

- a. Agencies are responsible for ensuring responders are trained in NIMS ICS per FEMA guidelines at the appropriate level.
- b. ICS guidelines will be followed when establishing command and assigning other roles based on incident needs.
- c. The Medical Group Supervisor should be an individual trained in the ICS, familiar with both the local EMS resources and the county Mass Casualty Incident and Disaster Plan, and capable of coordinating the medical component of a multiple patient incident.
- d. Unified Command: An application of ICS used when there is more than one agency with incident jurisdiction or when incidents cross political jurisdictions. Agencies work together through the designated members of the Unified Command, often the senior person from agencies and/or disciplines participating in the Unified Command, to establish a common set of objectives and strategies and a single Incident Action Plan.

4. APPENDICES: None

| Submitted by: | Change/Action: | Date: | Type of Change | |
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| Regional Council | Approved | 5/28/20 | <input checked="" type="checkbox"/> Major | <input type="checkbox"/> Minor |
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5. Prehospital Triage and Destination Procedure

1. PURPOSE:

Provide guidance for transport destination decisions for Trauma, Cardiac, Stroke, Mental Health and Chemical Dependence patients from the emergency medical scene to the appropriate receiving facility.

2. SCOPE:

Coordinated system of care which identifies hospital levels of services available for specific categories of patient need. The triage destination procedures inform EMS providers of patient triage criteria algorithm to identify the transport destination to the appropriate designated/categorized hospital receiving facilities.

3. GENERAL PROCEDURES:

EMS providers use the statewide triage destination procedures to identify transport of critically ill or injured patients to the appropriate designated/categorized hospital receiving facilities for definitive care.

4. APPENDICES: None

| Submitted by: | Change/Action: | Date: | Type of Change | |
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| Regional Council | Approved | 5/28/20 | <input checked="" type="checkbox"/> Major | <input type="checkbox"/> Minor |
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5.1 Trauma Triage and Destination Procedure

1. PURPOSE:

Trauma patients are identified and transported to the most appropriate trauma designated hospital receiving facility to reduce death and disability.

2. SCOPE:

Licensed and trauma verified aid and/or ambulance services utilize the most current State of WA Prehospital Trauma Triage (Destination) Procedure to identify and direct transport of patients to the appropriate trauma designated hospital.

3. GENERAL PROCEDURES:

Prehospital providers will utilize the most current State of WA Prehospital Trauma Triage (Destination) Procedure, local COPs, and MPD protocols to direct prehospital providers to transport patients to an appropriate WA State trauma designated hospital receiving facility.

4. APPENDICES:

Link to DOH website: WA Trauma Triage Destination Procedure:

<https://www.doh.wa.gov/Portals/1/Documents/Pubs/530143.pdf>

| Submitted by: | Change/Action: | Date: | Type of Change | |
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5.2 Cardiac Triage and Destination Procedure

1. PURPOSE:

Patients presenting with signs and symptoms of acute cardiac distress are identified and transported to appropriate categorized WA State Emergency Cardiac System participating hospital to reduce death and disability.

2. SCOPE:

Licensed and trauma verified aid and/or ambulance services utilize the most current State of WA Prehospital Cardiac Triage Destination Procedure to identify patients with signs or symptoms of acute cardiac distress and transport to the appropriate categorized cardiac hospital.

3. GENERAL PROCEDURES:

Prehospital providers will utilize the most current State of WA Prehospital Cardiac Triage Destination Procedure, local COPs, and MPD protocols to direct prehospital providers to transport patients to an appropriate categorized WA State Emergency Cardiac System participating hospital.

4. APPENDICES:

Link to DOH website: WA Cardiac Triage Destination Procedure:

<https://www.doh.wa.gov/Portals/1/Documents/Pubs/346050.pdf>

Link to DOH website: List of WA State Emergency Cardiac and Stroke System Participating Hospitals

<https://www.doh.wa.gov/Portals/1/Documents/Pubs/345299.pdf>

| Submitted by: | Change/Action: | Date: | Type of Change |
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5.3 Stroke Triage and Destination Procedure

1. PURPOSE:

Patients presenting with signs and symptoms of acute stroke are; identified and transported to the appropriate categorized WA State Emergency Stroke System participating hospital to reduce death and disability.

2. SCOPE:

Licensed and trauma verified aid and/or ambulance services utilize the most current State of Washington Prehospital Stroke Triage Destination Procedure to identify patients with signs or symptoms of acute stroke and transport to the appropriate categorized stroke hospital.

3. GENERAL PROCEDURES:

Prehospital providers will utilize the most current State of WA Prehospital Stroke Triage Destination Procedure, local COPs, and MPD protocols to direct prehospital providers to transport patients to an appropriate categorized WA State Emergency Stroke System participating hospital.

4. APPENDICES:

Link to DOH website: WA Stroke Triage Destination Procedure:

<https://www.doh.wa.gov/Portals/1/Documents/Pubs/346049.pdf>

Link to DOH website: List of WA State Emergency Cardiac and Stroke System Participating Hospitals

<https://www.doh.wa.gov/Portals/1/Documents/Pubs/345299.pdf>

| Submitted by: | Change/Action: | Date: | Type of Change |
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5.4 Mental Health and Chemical Dependency Destination Procedure

1. PURPOSE:

Operationalize licensed ambulance services transport of patients from the field to alternate facilities for mental health or chemical dependency services.

2. SCOPE:

Licensed ambulances may transport patients from the field to mental health or chemical dependency services in accordance with RCW 70.168.170.

3. GENERAL PROCEDURES:

- a. Prehospital EMS agencies and receiving mental health and/or chemical dependency facility participation is voluntary.
- b. Participating agencies and facilities will adhere to the WA State Department of Health Guidelines in accordance with RCW 70.168.170.
- c. Facilities that participate will work with the MPD and EMS agencies to establish criteria for accepting patients.
- d. MPD and Local EMS and Trauma Care Council will develop county operating procedures.
- e. Upon implementation and during ongoing operation of transport to alternate receiving facilities the following will be in place with DOH approval;
 - i. County Operating Procedure (COPs)
 - ii. MPD patient care protocols
 - iii. EMS provider education

4. APPENDICES: none

| Submitted by: | Change/Action: | Date: | Type of Change | |
|------------------|----------------|---------|---|--------------------------------|
| Regional Council | Approved | 5/28/20 | <input checked="" type="checkbox"/> Major | <input type="checkbox"/> Minor |
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6. EMS/Medical Control Communications

1. PURPOSE:

Communications between prehospital personnel, base station hospital (online medical control) and all receiving healthcare facilities are interoperable to meet the system needs.

2. SCOPE:

Communications between prehospital personnel, base station hospital (online medical control) and all receiving health care facilities (to include designated trauma services and categorized cardiac and stroke services) utilize effective communication to expedite patient care information exchange.

3. GENERAL PROCEDURES:

- a. Communication between EMS providers and healthcare facilities may be done directly or indirectly via local PSAP/dispatch.
- b. Based on geographic area communication via radio and cell phone and telephone may be used to expedite the exchange of information as needed.
- c. EMS agencies and receiving healthcare facilities will maintain communication equipment and training to communicate effectively.

4. APPENDICES: none

| Submitted by: | Change/Action: | Date: | Type of Change | |
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| Regional Council | Approved | 5/28/20 | <input checked="" type="checkbox"/> Major | <input type="checkbox"/> Minor |
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7. Hospital Diversion

1. PURPOSE:

Hospitals have diversion policies to divert trauma, cardiac, or stroke patients to other appropriate facilities based on that facility's inability to provide care and intervention.

2. SCOPE:

All designated trauma services, and categorized cardiac and stroke hospitals within the Region have written policies to divert patients to other appropriate designated or categorized facilities.

3. GENERAL PROCEDURES:

- a. Hospitals identify communication procedures for redirection/diversion of trauma, cardiac and stroke patients to another facility when resources are unavailable. The hospital must notify the EMS transport agencies and other designated services in their area.
- b. Exceptions to redirection/diversion:
 - i. Airway compromise
 - ii. Cardiac arrest
 - iii. Active seizing
 - iv. Persistent shock
 - v. Uncontrolled hemorrhage
 - vi. Urgent need for IV access, chest tube, etc.
 - vii. Disaster Declaration
 - viii. Paramedic Discretion

4. APPENDICES: None

| Submitted by: | Change/Action: | Date: | Type of Change | |
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| Regional Council | Approved | 5/28/20 | <input checked="" type="checkbox"/> Major | <input type="checkbox"/> Minor |
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8. Cross International Border Transport

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1. PURPOSE:

2. SCOPE:

3. GENERAL PROCEDURES:

4. APPENDICES:

| Submitted by: | Change/Action: | Date: | Type of Change | |
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| Regional Council | Approved Draft | XX/XX/XXXX | <input type="checkbox"/> Major | <input type="checkbox"/> Minor |
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9. Inter-Facility Transport Procedure

1. **PURPOSE:**

Guidance on transferring high-risk trauma and medical patients without adverse impact to clinical outcomes.

2. **SCOPE:**

All interfacility patient transfers via ground or air shall be provided by appropriate licensed or verified service with appropriate certified personnel and equipment to meet the patient's needs.

3. **GENERAL PROCEDURES:**

- a. Medical responsibility during transport should be arranged at the time of the initial contact between referring and receiving physicians, and transfer orders should be written after consultation between them.
- b. Immediately upon determination that a patient's needs exceed the scope of practice and/or protocols, prehospital personnel shall advise the facility that they do not have the resources to do the transfer.
- c. When on line medical control is not available, prehospital protocols shall be followed during an EMS transport in the event that an emergency situation occurs while in route that is not anticipated prior to transport.
- d. While en route, the transporting agency should communicate patient status and estimated time of arrival to the receiving health care service per MPD local protocols and COPs.

4. **APPENDICES: none**

| Submitted by: | Change/Action: | Date: | Type of Change |
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| Regional Council | Approved | 5/28/20 | <input checked="" type="checkbox"/> Major <input type="checkbox"/> Minor |
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10. Procedures to Handle Types and Volumes of Patients That Exceed Regional Resources

1. PURPOSE:

To provide for the standardization and integration of Mass Casualty Incident (MCI) Plans between counties throughout the region.

2. SCOPE:

Major incidents/emergencies that create hazardous conditions that threaten public health that exceed local resources, and may involve multiple counties and states

3. GENERAL PROCEDURES:

All EMS agencies and Incident Commanders working during an MCI event shall operate within the National Incident Management System (NIMS).

Based on available local resources, prehospital EMS responders will use appropriate protocols and procedures consistent with the WA State DOH “Mass Casualty-All Hazard Field Protocols” during an All-Hazards-MCI incident. Prehospital EMS responders will additionally follow any other All-Hazards-MCI protocols/county operating procedures (COPs) set forth by the County Medical Program Director (MPD) and County EMS & Trauma Care Council.

The appropriate local Public Health Department will be notified where a public health threat exists. County Local Governing Officials with authority will proclaim a “state of emergency” for incidents/emergencies with health implications that threaten to overwhelm the emergency response resources and healthcare system.

4. APPENDICES: None

| Submitted by: | Change/Action: | Date: | Type of Change | |
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| Regional Council | Approved | 5/28/20 | <input checked="" type="checkbox"/> Major | <input type="checkbox"/> Minor |
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10.1 MCI

1. PURPOSE:

To provide for the standardization and integration of Mass Casualty Incident (MCI) Plans between counties throughout the region.

2. SCOPE:

The following material represents a broad guideline for the common practice of our EMS providers when dealing with a mass casualty event

3. GENERAL PROCEDURES:

a. Triage System:

- i. Initial triage should be rapid with an emphasis on identifying severe but survivable injuries.
- ii. A single system should be used throughout our EMS system. START and Jump/START are simple and effective tools for initial triage.
- iii. A triage tag or identifier should be applied at the time of initial EMS contact.
- iv. Secondary triage should be applied at the scene (treatment area) with a focus on identifying patients whose outcome will depend primarily on time critical hospital-based interventions (surgery/critical care).

b. Initial Treatment after triage may include:

- i. Immediate lifesaving treatments should be done as soon as possible at the time of initial EMS contact based on available resources.
 - a. Maintain open airway.
 - b. Control severe bleeding.
 - c. Treat open (sucking) chest wounds.
 - d. Treat for shock.
- ii. Secondary treatment
 - a. Spinal restriction (prior to moving the patient).
 - b. Definitive airway placement and oxygen administration.
 - c. Needle decompression of tension pneumothorax.

c. Transport:

- i. RED (critical) patients should be the priority for earliest transport to receiving hospitals with an emphasis on those that need immediate surgical interventions.
- ii. EMS staffed transport vehicles should be loaded to full capacity and provide ALS level EMS during transport, if possible.
- iii. When ambulance capacity is exceeded, alternate transport vehicles (buses, etc.) should be considered to move the less severely injured. EMS personnel should be assigned to the vehicles.

4. APPENDICES:

CONTAMINATED

Personal Property Receipt/ Evidence Tag *W0193596*

Destination: _____ Via: _____

All Risk® TRIAGE TAG

Solutions: Liberation Urticaria Dehydration GI Contents Emesis Meiosis

AUTO INJECTOR TYPE: _____

Yes/No Primary Decon Secondary Decon

Blunt Trauma Burn C-Spine Cardiac Crushing Fracture Laceration Penetrating Injury

Age: _____ Sex: Male Female

VITAL SIGNS

| | | | |
|------|------|----------|-------------|
| Time | B/P | Pulse | Respiration |
| | | | |
| Time | Drug | Solution | Dose |
| | | | |

PERSONAL INFORMATION

NAME: _____ ADDRESS: _____ CITY: _____ ST: _____ ZIP: _____ PHONE: _____ COMMENTS: _____ RELIGIOUS PREFERENCE: _____

CONTAMINATED

CONTAMINATED

| | | | |
|------------------|------------------|--|--|
| MORGUE | MORGUE | MORGUE Pulseless/Non-Breathing | |
| IMMEDIATE | IMMEDIATE | IMMEDIATE Life Threatening Injury | IMMEDIATE Life Threatening Injury |
| DELAYED | DELAYED | DELAYED Serious Non Life Threatening | DELAYED Serious Non Life Threatening |
| MINOR | MINOR | MINOR Walking Wounded | MINOR Walking Wounded |

CONTAMINATED

| | | | |
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| Submitted by: | Change/Action: | Date: | Type of Change |
| Regional Council | Approved | 5/28/20 | X Major <input type="checkbox"/> Minor |
| | | | <input type="checkbox"/> Major <input type="checkbox"/> Minor |
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| | | | <input type="checkbox"/> Major <input type="checkbox"/> Minor |

10.2 All Hazards

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1. PURPOSE:

2. SCOPE:

3. GENERAL PROCEDURES:

4. APPENDICES:

| Submitted by: | Change/Action: | Date: | Type of Change | |
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| Regional Council | Approved Draft | XX/XX/XXXX | <input type="checkbox"/> Major | <input type="checkbox"/> Minor |
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10.3 Highly Infectious Disease

1. PURPOSE:

To provide guidance to Medical Program Directors and EMS agencies regarding the identification, triage, treatment, transport, and post incident management of patients with suspected highly infectious diseases.

2. SCOPE:

The incidence and risk associated with highly infectious diseases and requires a modified level of response from Emergency Medical Services.

3. GENERAL PROCEDURES:

Use of the Interim Guidance for Emergency Medical Services (EMS) Systems and 9-1-1 Public Safety Answering Points (PSAPs) for Management of Patients under Investigation (PUIs) for in the United States as published by the Centers for Disease Control and Prevention (CDC) is endorsed by the Washington State Department of Health for inclusion in policies, procedures, and protocols.

EMS agencies that have self-identified as being capable of transporting patients with highly infectious diseases can be found on the WA State DOH website: [EMS & Trauma GIS Resource Map](#). This map also identifies the hospitals capable of assessing and/or treating HID's.

4. APPENDICES:

Link to DOH EMS & Trauma GIS Resource Map <https://fortress.wa.gov/doh/ems/index.html>

| Submitted by: | Change/Action: | Date: | Type of Change | |
|------------------|----------------|---------|---|--------------------------------|
| Regional Council | Approved | 5/28/20 | <input checked="" type="checkbox"/> Major | <input type="checkbox"/> Minor |
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| | | | <input type="checkbox"/> Major | <input type="checkbox"/> Minor |

APPENDIX E

BENTON FRANKLIN COUNTIES

PATIENT CARE GUIDELINES

**EMS Provider
Complaint Investigation
Guidelines**

Office of Medical Program Director

**Benton and Franklin County
Emergency Medical Services**



EMS Provider Complaint Investigation Guidelines

A handwritten signature in blue ink, appearing to read "Kevin Hodges", with a small arrow pointing to the right.

**Kevin Hodges, M.D.
Benton-Franklin Counties
Medical Program Director**

6/18/19

Date

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Overview

Medical Program Directors (MPDs) are physicians recognized to be knowledgeable in their county's administration and management of pre-hospital emergency care services. MPDs duties are required by statute RCW 18.71.212 and are described in WAC 246-976-920. These responsibilities at the County level include "on-line" and "off-line" medical control, developing written protocols and directing patient care, and being a conduit of information from local EMS & TC systems to State staff for purposes of the training, certification audit and discipline of EMS providers.

The purpose of this document is to identify a standard process by which complaints, concerning pre hospital emergency service providers are adequately investigated, documented and processed according to governing state laws. This document was developed utilizing the State of Washington Department of Health Uniform Disciplinary Act (RCW 18.71) and the Washington State Department of Health Office of Emergency Medical Services and Trauma System, Medical Program Director Handbook (Fourth Revision - November 2006)

The majority of incidents reported are related to interpersonal relationships and not clinical care. Such incidents should be handled at the lowest possible level, including provider-to-provider communication and resolution.

The MPD is responsible for the oversight of all pre hospital emergency medical care providers in Benton and Franklin Counties. As such, all incidents should be reported to the MPD in accordance with this document. When appropriate, the MPD will work with the employer/agency to facilitate resolution at the provider employer/agency level. In all cases, the procedures and educational plans contained in this document should be utilized.

It should be noted that even though an employer/agency has conducted their own investigation, the MPD is responsible for the investigation and enforcement related to certifications of those certified and accredited. It is beneficial for the employer/agency to immediately notify the MPD of issues and then work cooperatively.

Section 1: Complaint Investigation Procedures

Investigative Process

The following investigative process may be utilized for complaints related to pre-hospital care personnel in Benton and Franklin Counties.

Agency Responsibility

Normally the pre hospital care providers employer/agency will be the first to receive a complaint, however other parties such as the MPD may also receive complaints. If this is the case, the complaints must be forwarded to the pre-hospital care provider's employer/agency for proper handling. Many agencies have developed internal investigation procedures for processing complaints. All pre hospital provider complaints should be made known to the MPD or his/her designee.

MPD Complaint Involvement

MPDs are not required, nor are they to engage in any formal investigative action unless it is with the assistance of a DOH investigator. However MPD's can engage in fact finding in order to determine if the matter warrants DOH involvement.

Discovery and Preliminary Review

When a complaint is received, the employer/agency will begin to review the circumstances related to the complaint. In this phase actions such as, but not limited to, collection of patient care records, CAD data, incident reports, audiotapes, etc. may occur.

Upon preliminary review of the circumstances with the MPD. The MPD may either find the complaint to be unsubstantiated, close the case with an offer of a Performance Improvement Plan, proceed to a recommendation for formal disciplinary investigation by the Department of Health, or restrict the use of protocols as outlined under " Due process Rights of Licensed Providers" section 4.

Section 2. Formal Investigation Action

Description

“Disciplinary Action“: means the imposition of sanctions determined under the Uniform Disciplinary Act (UDA) process through the DOH.

MPDs must use the DOH Below Threshold Determination Guidelines when deciding whether MPD remedial counseling is in order or whether to make a written referral to the DOH.

Sanctions may include suspension, or revocation of certification, when continued certification is detrimental to public health. Lesser sanctions may be imposed, such as modification to a lower level of certification, remedial education, monitoring, censure, reprimand, probation, or other corrective action as appropriate to safe guard public health.

Due Process Rights of Licensed Providers

Certified providers have a right to “due process” before their property interests are impacted by state-imposed sanctions. Use of the Administrative Procedures Act (APA) by DOH ensures due process.

A providers “property interests” can be adversely impacted by an MPD’s exercise of medical control to the extent that the MPD’s action adversely affects the certified EMS provider’s interest in being employed. In other words, if the MPD precludes the provider from the opportunity to continue at the same level of certification. Even restricting protocols can have an adverse impact if it results in any form of pay loss, such as demotion or termination. If this happens, it requires “ due process”.

Corrective actions, such as verbal or written warnings or counseling are generally not significant enough to generate a “due process” issue under the APA. However, it is best to leave the decision of whether to exercise the due process protections of the APA to the Office of Emergency Medical Services and Trauma Systems staff.

The MPD can restrict the use of protocols or otherwise negatively impact a providers property rights outside of a DOH initiated process only if **all** of the following exist:

- Credible evidence (documented) that a certified individual represents a critical and immediate threat to public health and safety, and
- The restriction has been approved by DOH, and
- The provider has been given an opportunity to respond to allegations

In the event of a restriction of a providers use of protocols by an MPD, DOH will immediately initiate a formal investigation and may proceed with summary suspension in situations involving a restriction of protocols.

Description of the Disciplinary Process

1) Governing Regulations

WAC 246-976-191: Grounds for denial, revocation, or suspension of an EMT certificate include, but are not limited to, evidence that a certified provider has violated the provisions of the UDA, which includes the following:

- a) **Has been guilty of misrepresentation in obtaining the certificate.**
 - (1) EXPLANATION: Misrepresentation would be if an individual lied about his/her age (need to be 18 or older to enter training), - professional history, or possession of a high school diploma, or a General Equivalency Diploma (GED).

- b) **Has engaged, or attempted to engage in, or represented him/herself as entitled to perform, any service not authorized by the certificate.**
 - (1) EXPLANATION: Unauthorized service can be an EMT who performed an IV on a patient without proper certification.

- c) **Has demonstrated incompetence or has shown him/herself otherwise unable to provide adequate service.**
 - (1) EXPLANATION: Incompetence can be the failure to perform even the more routine functions. However, this is usually documented on more than one occasion.

- d) **Has violated or aided and abetted in the violation of any provision of RCW 18.73 or the rules and regulations promulgated there under.**
 - (1) EXPLANATION: A Violation of RCW 18.73 can be the falsification of records. Also, aiding and abetting in a violation of RCW 18.73 can be enabling the falsification of records.

- e) **Has demonstrated unprofessional conduct in the course of providing services.**
 - (1) EXPLANATION: Unprofessional conduct can be unsanitary personal habits as well as abusive language while attending patients.

f) **Has violated written patient care protocols which have been adopted by the approved MPD and which have been acknowledged in writing by the certified individual.**

(1) EXPLANATION: Evidence of failure to follow written protocols is a serious matter. However, you must make sure that you have provided the certified person with protocols appropriate to the level of certification. The best way to perform this function is to have a witness present when distributing the protocols, or, more appropriate, send the protocols to EMS personnel via certified mail.

g) **Has failed to maintain skills.**

(1) EXPLANATION: Failure to maintain skills and/or CME often go "hand in glove". EMS personnel need to understand the importance of documenting their CME and that you are the approval point for this process.

2) Tracking the Disciplinary Process

- a) Only the DOH is authorized to take definitive corrective action that affects a person's certification (property interest).
- b) Process for disciplinary action:
- (1) A written report containing allegations must be submitted to EMS & Trauma Section of the Department of Health by the MPD prior to initiating any investigative action.
 - (2) MPDs must consult with EMS & Trauma Section of the Department of Health in all forms of corrective actions.
 - (3) In order to take disciplinary action against certified EMS personnel, the DOH must issue a Stipulation to Informal Disposition or a Statement of Charges alleging the violations involved and notifies the individual of his/her right to request a hearing.
 - (4) Certified EMS personnel may appeal any decision on either the Stipulation or the Statement of Charges made by the Secretary of the DOH, or designee, in accordance with the UDA and the APA.
- c) Processing Reports of Employee Misconduct:
- (1) The report to DOH should provide a clear description of the incident(s) or situation.
 - (2) A report is not required if disciplinary action is taken by the certified person's employer regarding inadequate work performance, not in any way associated with the EMS certification.

- (3) A report initiated by the MPD must be immediately submitted to the EMS & Trauma Section of the Department of Health. The EMS & Trauma Section of the Department of Health will review the allegations and then may forward the matter to the Investigative Services Unit.
- (4) Anyone who has either witnessed an act, or has knowledge of the alleged misconduct by certified EMS personnel, should be identified in the report.
- (5) The certified person's employer may be informed by DOH in cases of suspected misconduct.
- (6) The EMS provider will be provided an opportunity by DOH to respond to the allegations.
- (7) Time limits in processing an investigation may vary from case to case, depending on case complexity and departmental workload.
- (8) If a completed investigation, and other documents referring to the allegation, does not reveal misconduct, DOH may close the case without further action. This decision would be shared with the certified person and his/her employer.
- (9) Where the EMS & Trauma Section of the Department of Health Section determines that incompetence or unprofessional conduct may have occurred, the report shall be forwarded to the AG to prepare an order for probation, modification, suspension, revocation, etc., of the certificate.

3) Suspected Criminal Activity

The MPD must first contact law enforcement regarding any suspected criminal activity. Suspected criminal activity must also be brought to the attention of DOH for formal action.

Section 3. Counseling and Remedial Action

- A. Substance Abuse Monitoring Program
 - 1) The MPD role in issues of substance abuse is to advise the DOH. The DOH has a substance abuse monitoring program. Additional information is available on the DOH, Washington Health Professional Service (WHPS) web site.
- B. Counseling
 - 1) Counseling can be considered a mutual exchange of ideas or opinions between people pertaining to a problem.
 - 2) Successful counseling is changing the attitude and behavior of the counselee. It may not be the advice that is the catalyst to the change, but the opportunity to see the facts. Another approach is “selling” the individual on adopting an improved attitude and behavior. The session should aim at bringing clarity to the analysis of the problem so the counselee can distinguish between the emotional and the factual aspects of the situation. However, it is important to remember that we must first hear the counselee out, and then pinpoint the facts that may have been distorted or ignored. The employer of the counselee should be involved in this process.
 - 3) At this point, we need to emphasize, in greater detail, the damage the counselee is doing to his/herself by failing to make the necessary improvements. Also, we must now clearly identify the ultimate consequence the counselee will pay if he/she does not correct the problem. This action must be in writing and signed by the MPD and the EMS certified person. Under no circumstances should we ever ignore continued violations.
 - 4) Finally, there is the need for follow-up, which is critical to the whole process. The counselee must know whether his/her training and skills are adequate or whether further improvement is necessary. Additional counseling may be required to resolve the problem.
 - 5) Recommended Process:
 - a) The MPD should review the MPD Checklist for Counseling. Next consider using the MPD Oral Counseling Record. In this situation, the performance of the certified person does not warrant a written memo nor does it necessitate notifying his/her employer. It simply provides the MPD with a mechanism to document the attempt to improve performance or behavior.

- b) If the results were less than satisfactory, the MPD should initiate written counseling. If this effort is unsuccessful, the MPD will need to recommend to the EMS & Trauma Section of the Department of Health, corrective action with the certified person.

Attached to this document is a list of specific conditions that would necessitate such action.

6) Policy Statement on Counseling

- a) All information regarding personnel counseling should be submitted to EMS & Trauma Section of the Department of Health at:

Section Manager,
Office of Emergency Medical Services and Trauma System
P.O. Box 47853
Olympia, Washington 98504-7853

Section 4. Below Threshold Determination Guidelines

I. Below Threshold Determination Guidelines

A. Purpose:

1. The purpose of these guidelines is to provide criteria and framework for the consistent identification of complaints that fall below the threshold level established by the statutory mandated disciplining authorities. In order to conserve scarce resources and to expedite the resolution of complaints above the threshold, the DOH, the disciplining authority, does not pursue complaints below the threshold.

B. What is A Below The Threshold Determination Complaint?

1. Below Threshold Determination Complaints are complaints that would not likely result in a Statement of Charges, of a Stipulation to Informal Disposition, if investigated. While it is possible that a Stipulation to Informal Disposition, Notice of Correction or No Cause for Action determination may result, the nature of the complaint does not appear to warrant allocation of resources for investigation.
2. Any complaint that is classified as Below Threshold may be reconsidered for investigation if new documentation is received, if a pattern of the violation occurs, or if the disciplining authority deems that an investigation is appropriate.
3. Complaints that are not within the disciplining authority's statutory mandated jurisdiction shall be classified as No Jurisdiction complaints and will not be classified as Below Threshold Complaints.
4. If a complaint or violation fails to meet the definitions in this section, it may not be closed under the Below Threshold Determination Policy.

C. Generally, When Can A Complaint Be Categorized As Below Threshold?

1. Generally, a complaint may be classified as a Below Threshold when one of the following is true:
 - a. When the allegation set forth in a complaint or violation poses minimal risk of harm or impact to the public health, safety and welfare, **OR**
 - b. When an investigation determines that a violation is Below Threshold, **OR**

The complaint, if investigated, would likely not result in a Statement of Charges or Stipulation of Informal Disposition, but may result in a Closure with No Cause for Action.

D. What Kinds of Cases Typically Are Below Threshold?

1. Communication Issues – The complaint appears to be the result of unintentional miscommunication, mis-transcription, or mistake of fact.
2. Personality Disputes – This category includes but is not limited to personality disputes that involve rudeness or minor verbal abuse.
3. Complainant Credibility – The complainant has previously demonstrated a lack of credibility.
4. Isolated Complaints.
5. Single or non-pattern complaints with little or no patient harm.
6. Repeated complaints of a similar nature could warrant further investigation.
7. Aged or Dated Complaints – Aged or dated complaints may be considered below threshold.
8. Otherwise Resolved Complaints – Complaints where the alleged violation has been resolved by another state agency, federal government, other entity, or the respondent, and other measures are not necessary to protect the public.
9. Expired License – Complaints, which solely allege that a practitioner is practicing with an expired license for a short period of time.

II. No Jurisdiction Determination

- A. This category involves complaints where the allegations are determined to be beyond or outside the sphere of authority of the disciplining authority. Each program's case management team must identify a specific statute or administrative code section that has been violated by the subject matter identified in the complaint or investigation report. In some cases this determination is not possible until after an investigation is conducted.
- B. Complaints of unlicensed practice shall be referred to the Unlicensed Practice Unit in accordance with DOH Division Policy No. D10.
- C. The following are examples of complaint allegations that would fall into the No-Jurisdiction category:
 1. Personnel Issues – Personnel issues that do not fall within the scope of the Uniform Disciplinary Act, a health care profession's practice act or administrative code.
 2. Misdemeanors Irrelevant to Professional Practice – Conduct which is considered a misdemeanor in a court of law, but it is not directly related to the practice of the profession.
 3. Fee Disputes – Fee disputes between the practitioner and patient or client are not normally within the jurisdiction of the disciplining authority.

III. Notice of Correction and Notice of Violation Guidelines

- A. Criteria and conditions under which a Notice of Correction (NOC) and a Notice of Violation (NOV) are employed are identical with one exception: whether or not the infraction is identified as part of a technical assistant visit requested by the credentialed provider (and is appropriately addressed through the mechanism of a notice), a NOTICE OF VIOLATION is utilized. If the infraction is identified under any other circumstances (and is appropriately addressed through the mechanism of a notice), a NOTICE OF CORRECTION is utilized. Consequently, the guidelines presented in this section apply to both types of notices.
- B. Typical Cases Where Violations and Corrections Should be Utilized Include:
1. Second time violations that were below threshold level the first time.
 2. Continuing education violations where the licensee did not complete all necessary hours or classes taken were not appropriate.
 3. Minor infection control violations
 4. Late renewals
 5. Minor inspection violations
 6. Minor record keeping/reporting problems
 7. Name tag violations
 8. Utilizing out of date references
 9. Advertising violations
 10. Failure to release records
 11. When mandatory client or patient public disclosure statements do not meet requirements
 12. Addressing patterns of minor medication errors during a limited time period
- C. What Are Notices Of Correction And Violation?
1. An administrative mechanism whereby the licensee is notified that violation of a statute or rule has been documented and the licensee is provided a reasonable period of time to correct the violation. Notices of Violations are used instead of Notices of Correction when the infraction is identified during a technical assistance visit that was requested by the licensee. Notices of Correction and Violation cannot be appealed under the APA.
- D. What is Achieved By Utilizing Notices?
1. By utilizing notices of occurrence of a violation, as well as education and assistance to the licensees and the correction of the areas of violation, a lengthy legal process or record of formal disciplinary action is not necessary.

- E. What Information is Provided Externally When Utilizing A Notice Of Correction Or Violation?
1. A copy of the Notice provided to the complainant after approval and issuance to the respondent. A closure letter is provided to all parties.
 2. A Notice should not be reported to professional organizations, other states, or national practitioner data banks unless these parties make a public disclosure request.
 3. Notices should be disclosed as a public record if requested.
 4. Mailing lists for Notices should not be maintained (note: in effect, such lists would be considered as reporting Notices of Correction).
 5. Names of Notice respondents should not be placed in board or commission minutes.
 6. No reporting of Notices should be made to the media, unless specifically requested by the media.
- F. What Documentation Is Included In Notices Of Correction And Violation?
1. A description of the condition that is not in compliance and a specific citation to the applicable law or rule including the text of the applicable law or rule;
 2. A statement of what action or condition is required to achieve compliance;
 3. The date by which the agency requires compliance to be achieved;
 4. Notice of the means to contact any technical assistance services provided by the agency or others;
 5. Notice of when, where, and to whom a request to extend the time to achieve compliance for good cause may be filed with the agency.
- G. What Steps Should Be Taken If A Notice Is Issued And The Practitioner Fails To Correct The Unlawful Conduct?
1. Upon verification that the practitioner failed to correct the infraction identified in the Notice of Correction or Violation, the disciplining authority may then issue a Statement of Charges or Statement of Allegations.

IV. Statement of Allegations and Stipulation to Informal Disposition Guidelines

- A. What are a Statement Of Allegations (SOA) and a Stipulation To Informal Disposition (STID)?
1. A Statement of Allegations is an administrative notification of an alleged violation.
 2. A Stipulation To Informal Disposition is an agreement to achieve compliance through imposed sanctions without formal disciplinary action.

- B. What Documentation Is Required To Accomplish a Statement Of Allegations and Stipulation To Informal Disposition?
1. Statement of the facts leading to the allegation of charges.
 2. Statement of the acts asserted to constitute unprofessional conduct or inability to practice with reasonable skill and safety.
 3. Statement that the stipulation is not to be construed as a finding of unprofessional conduct or inability to practice.
 4. Statement that the agreement is not reportable under RCW 18.130.110, but is disclosable under the state public records requirements.
 5. Acknowledgement that a finding of unprofessional conduct or inability to practice, if proven, constitutes grounds for discipline.
 6. Agreement by the respondent that sanctions under RCW 18.130.160 may be imposed except as limited by RCW 18.130.172.
 7. Agreement by the disciplining authority to forgo further disciplinary action.
- C. What Is The Text Of Statutes Governing The Use Of Statements Of Allegations And Stipulations To Informal Disposition?
- D. RCW 18.130.172 – Evidence Summary and Stipulations
1. Prior to serving a statement of charges under RCW 18.130, 190 or 18.130.170, The disciplinary authority may furnish a statement of allegations to the licensee or applicant along with a detailed summary of the evidence relied upon to establish the allegations and a proposed stipulation for informal resolution of the allegations. These documents shall be exempt from public disclosure until such time as the allegations are resolved either by stipulation or otherwise.
 2. The disciplinary authority and the applicant or licensee may stipulate that the allegations may be disposed of informally in accordance with this subsection. The stipulation shall contain a statement of the facts leading to the filing of the complaint; the act or acts of unprofessional conduct alleged to have been committed or the alleged basis for determining that the applicant or licensee is unable to practice with reasonable skill and safety; a statement that the stipulation is not to be construed as a finding of either unprofessional conduct or inability to practice; an acknowledgement that a finding of unprofessional conduct or inability to practice, if proven, constitutes grounds for discipline under this chapter; and an agreement on the part of the licensee or applicant that the sanctions set forth in RCW 18.130.160 except RCW 18.130.160 (1), (2), (6), and (8), may be imposed as part of the stipulation, except that no fine^{*} may be imposed but the licensee or applicant may agree to reimburse the disciplinary authority the costs of investigation and processing the complaint up to an amount not exceeding one thousand dollars per allegation; and an agreement on the part of the disciplinary authority to forego further disciplinary proceedings concerning the allegations. A stipulation entered into pursuant to this subsection shall not be considered formal disciplinary action.

3. If the licensee or applicant declines to agree to disposition of the charges by means of a stipulation pursuant to subsection (2) of this section, the disciplinary authority may proceed to formal disciplinary action pursuant to RCW 18.130.090 or 18.130.170.
4. Upon execution of a stipulation under subsection (2) of this section by both the licensee or applicant and the disciplinary authority, the complaint is deemed disposed of and shall become subject to public disclosure on the same basis and to the same extent as other records of the disciplinary authority. Should the licensee or applicant fail to pay any agreed reimbursement within thirty days of the date specified in the stipulation for payment, the disciplinary authority may seek collection of the agreed amount in the same manner as enforcement of a fine under RCW 18.130.165

V. Statement Of Charges Guidelines

A. What Is A Statement of Charges (SOC)?

1. A formal initiating document(s) alleging a violation of the UDA.

B. What is achieved by Utilizing a SOC?

1. Issuance of a SOC will result in a final order, usually an agreed order or an order issued pursuant to a hearing. The disciplinary order will contain sanctions necessary to protect or compensate the public any also include requirements designed to rehabilitate the credential holder or applicant.

C. Generally when should a SOC Be Utilized?

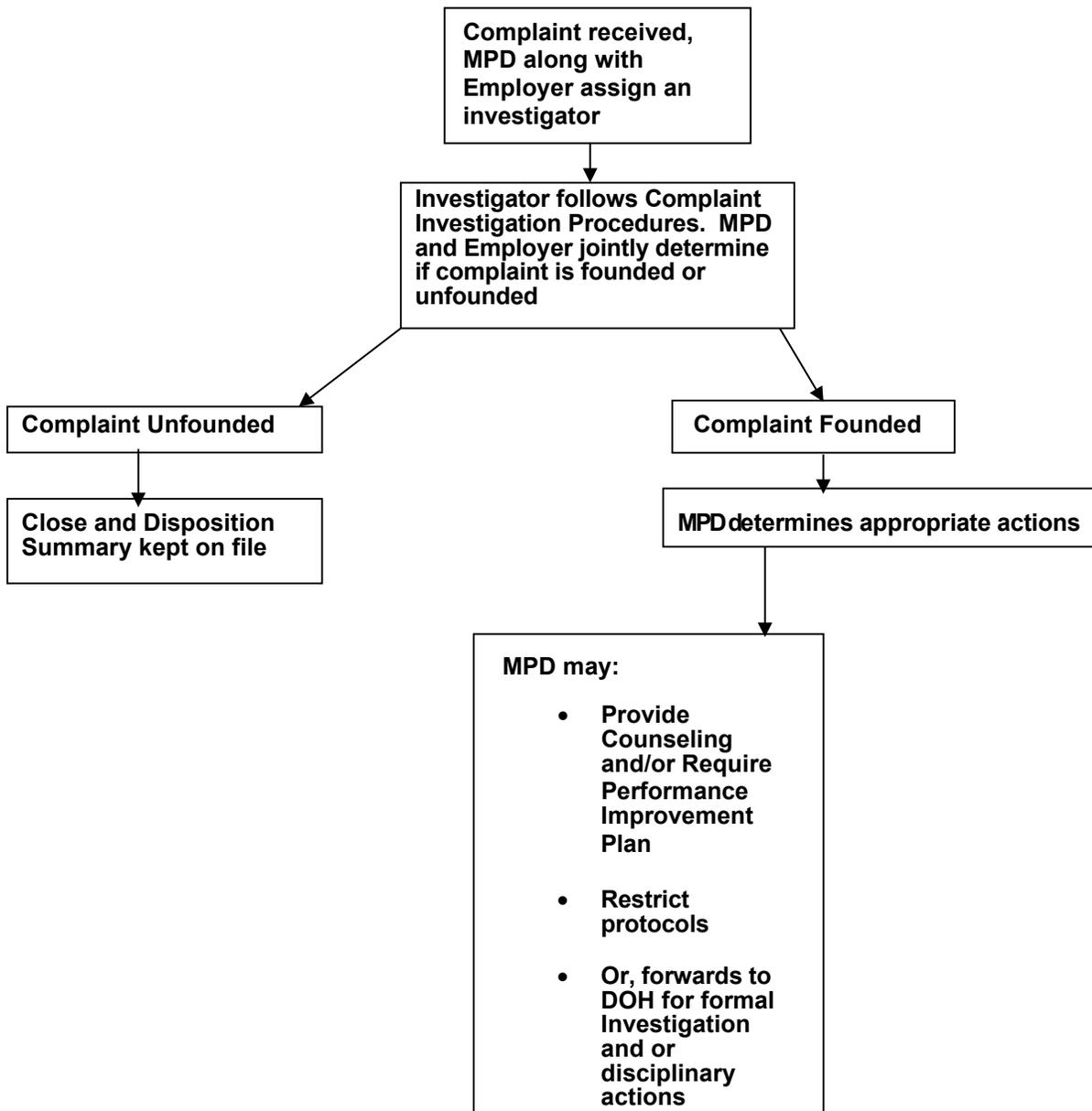
1. Violations(s) are moderate to severe in nature.
2. Violations(s) result in moderate to severe injury.
3. Violations(s) create a moderate to severe risk of harm.
4. Failure to comply with a previous disciplining authority order, STID, NOC or NOV.
5. Failure to reach agreement on a STID.

A clear pattern of behavior that violates the UDA.

7. Substantiated violation(s) of a specific rule or statute AND the disciplining authority has determined that the respondent's conduct was the reason for the violation.
8. After investigation, the evidence indicated the practitioner is unable to practice with reasonable skill and safety,
9. There is strong evidence to support violation(s).
10. When revocation or suspension of a credential or the placing of any conditions on the credential is required to assure public protection.

11. When allegations, if proven, would require reporting to national practitioner or national association data banks (so that other states would know about that practitioner's unprofessional conduct.)
12. When notice to the media, etc. is required for public protection.
13. When remedial action by the practitioner is necessary to ensure public protection.

EMS Complaint / Investigation Flow Chart



Steps in a Disciplinary Action by DOH

1. The EMS & Trauma Section of the Department of Health receives a complaint.
2. The EMS & Trauma Section of the Department of Health reviews the complaint to determine if it warrants an investigation, based on the following. If it does, the file is forwarded to the Investigation Services Unit (ISU) for action. If it does not, the case is closed, and the respective parties are notified of the decision.
 - a. Category I violations are minor in nature or create low risk of harm.
 - b. Category II violations are moderate in nature or create moderate risk of harm.
 - c. Category III violations have resulted in severe injury or create a significant potential for severe injury. They constitute top priority investigation.
3. Alleged violations are prioritized by ISU.
4. The EMS & Trauma Section of the Department of Health receives an investigative report from ISU and decides what action to take (options).
 - a. **Stipulation to Informal Disposition** is an attempt to resolve matters without admitting to guilt but agreeing to corrective action.
 - b. **Statement of Charges** is a formal proceeding with significant disciplinary action.
 - c. Close the file to lack of substantial evidence.
5. All participants are then notified regardless of what action is taken.

In steps 4a and 4b, the Assistant Attorney General is involved in advising and preparing legal documents.
6. The Department of Health offers the opportunity to have a hearing regardless of whether the action is a Stipulation to Informal Disposition or a Statement of Charges.
7. An administrative law judge conducts the hearing and provides the final decision in the matter.
8. Any sanctions that result are determined and imposed by the Department of Health. Sanctions are monitored for compliance by the Department of Health.

**1. Acquiring the necessary facts:**

- a) Did I contact the EMS & Trauma Section of the Department of Health for advice on this action?
- b) Did I allow the counselee the opportunity to tell his/her side of the story?
- c) Did I involve the counselee's immediate supervisor in the action?
- d) Did I consider other sources of information; i.e., run reports, and other aspects?
- e) Did I hold my interviews privately to avoid embarrassing the counselee?
- f) Did I exert every effort to avoid letting personalities affect my decision?
- g) Did I clearly state how the counselee can prevent a similar situation in the future?

2. Follow-up

- a) Have I reviewed this case within the time frame specified?
- b) Have I made a determination as to whether further counseling is necessary?
- c) If there have been adequate improvements, have I complimented the counselee?
- d) If improvements have not been made, have I identified the next possible course of action with the counselee?
- e) Have I contacted the EMS & Trauma Section of the Department of Health with the suggested course of corrective action?
- f) Has the EMS & Trauma Section of the Department of Health communicated to me approval of the suggested course of action?
- g) Have I received formal notification of the course of action from the EMS & Trauma Section of the Department of Health?

Office of Emergency Medical Services and Trauma System



MPD Oral Counseling Record

Certified Person's Name _____ Certification Level _____

Service Affiliation _____ Supervisor's Name _____

What behavior needed attention? (Briefly note each)

1. _____

2. _____

3. _____

What actions will be taken by the certified person and when? (Briefly note each)

1. _____

_____ Target Date _____

2. _____

_____ Target Date _____

3. _____

_____ Target Date _____

A review of accomplishments for this plan of action is _____

What were the results? _____

MPD Signature _____ Date _____

Office of Emergency Medical Services and Trauma System

Situations Requiring Consultation With The Department of Health

The DOH must be consulted when an MPD is aware of issues including, but not limited to:

1. Repeated failure to follow MPD protocols and/or standing orders.
2. Repeated failure to maintain patient confidentiality.
3. Has engaged in the use of alcohol or a controlled substance that affects the certified EMS person's ability to render care according to procedures or protocols.
4. Represents that he/she is qualified at any level other than his/her current certification.
5. Repeated abandonment of a patient to a lesser level of care.
6. Alters any Department certificate or possesses any such altered certificate.
7. Violates probation.
8. Cheats and/or assists another to cheat on a Department examination
9. Assists another to obtain certification by fraud, forgery, deception, misrepresentation or subterfuge.
10. Illegally dispenses, administers or distributes any controlled substance.
11. Has been convicted of a gross misdemeanor that affects his/her ability to function under certification.
12. Falsifies any patient record.
13. Failure to provide the Department with true information pertinent to certification, recertification, etc., upon request.
14. Falsifies any application for certification or recertification.
15. Has demonstrated incompetence or has shown himself/herself otherwise unable to provide adequate service.
16. Has been convicted of a felony.
17. Has failed to complete continuing education requirements and/or any MPD remedial training.
18. Violates any rule or regulation that would jeopardize the health or safety of a patient, or has a potential negative effect on the health or safety of a patient.
19. Performs any medical procedure beyond those permitted by the MPD.
20. Performs any medical procedure beyond those provided in approved training.

